# WHAT'S UP at DOC?



## Dr. F.W.L. Hamilton School e-memo

Date	School Day	
Monday, December 16	6	Open Gym for Grade 5 Bas/Derk at Lunch Recess
Tuesday, December 17	1	Grade 1 Arts & Crafts Club at Lunch Recess
	- <b>E</b>	Open Gym for Grade 4/5 Merluza at Lunch Recess
Wednesday, December 18	2	Grade 4 & 5 Holiday Read Aloud at a.m. Recess (Library)
		Grade 1 Makerspace at Lunch Recess (Library)
		Grade 2 Arts & Crafts Club at Lunch Recess
Thursday, December 19	3	HOT LUNCH
	- <b>E</b>	Grade 3 Arts & Crafts Club at Lunch Recess
Friday, December 20	4	Last Day of Classes
	÷	2:55 Dismissal

### **UPCOMING IMPORTANT DATES**

January 6 First Day of Classes after Winter Break (Day 5 – Ladybug Kinder Day)

# **HOLIDAY SPIRIT WEEK**

Ms. Popovich's Class has planned a Holiday Spirit Week! Here are the details. (90's Day: think neon)!



# WHAT'S UP at DOC?



# **POLAR BEAR RECESS**

Polar Bear recess will begin after the Winter Break at Dr. Hamilton School. This will allow for students to play outside even when the weather calls for indoor recess. Please watch for a permission form that will come home next week with your child(ren). See the graphic below for more details ...



# POLAR BEAR CLUB RECESS

### What is it?

Outdoor play every day throughout the winter! Recess continues outside in temperatures as low as -39°C. Kids simply dress appropriately for the weather.

#### Why?

Because winter shouldn't stop kids from enjoying the outdoor play they need! Access to active play in nature and outdoors is an important part of healthy child development.

### Principles:

- Participation is voluntary.
- Parental consent required.
- Students who have consent can participate in all or none of the recess breaks.
- Students must be dressed appropriately, including a warm toque/hat; snow pants; face covering; warm, insulated jacket; mittens; and snow boots.
- Students can go back inside at any time.
- Staff supervision will be provided.
- All students will remain inside when the temperature/windchill is -40°C or below.

# Please contact your school to learn more.

Please phone the school at any time with any questions you may have!