



Winter 2023 Newsletter

ÉCOLE REGENT PARK

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PRINCIPAL: MME LUCIA GRANDE
VICE-PRINCIPAL: M. CHRIS COPPINGER

River East Transcona School Division is located on the original lands of the Anishinaabeg, Ininiwak, Anishininiwak, Dakota, and Dene peoples, and on the homeland of the Red River Métis. We recognize our part of the Treaty relationship and, as acknowledgement of the harms done, we commit to collaborating with Indigenous communities in the shared spirit of Truth and Reconciliation for the healing and inclusion of all who share this Land.



Your River East Transcona School Division Trustees

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2IÈME ANNÉE - GRADE 2

We have been busy in grade 2! In Science we created models to demonstrate particles as solids, liquids, and gases. In Français we worked with friends to go over check lists for our writing en Français.

We had lots of fun decorating our tree for the school's Festival of Trees! To celebrate all our hard work we watched Mario in French.

All the best in the new year!





3IÈME ANNÉE - GRADE 3

Our grade three classes have been busy this winter working on a variety of exciting projects and activities. Some of our favourite highlights from the start of the school year include:

- Creating and sharing board games that use forces and motion
- Visiting the Canadian Aviation Museum
- 3A's performance of The Day the Crayons Quit (and visit from the Minister of education Honourable Nello Altomare, School Trustee Colleen Carswell, and Superintendent Sandra Herbst!)
- Storytelling through loose parts lessons with Mme. Ambrose
- Exploring numeracy on Math Mondays with Mme Thompson and Mme Baylee
- Promoting the Transcona Food Bank collection by creating posters, filming ads for Télésorpion and decorating cookies.

We wish everyone a wonderful winter break, and are excited to see you all in the new year!

Mme. Ferguson, Mme. Chmeliuk, Mme. Rachelle





4IÈME ANNÉE - GRADE 4

4A

In science, the students of 4A learned all about habitats and communities in Term 1. They each had to research an animal of their choice and create a PowerPoint about their animal in which they presented to their classmates. Students also designed and created a diorama of a habitat using recyclable materials, plasticine, and paint. They had to include all the essential needs of the animals and plants within the habitat. The students were so engaged and creative in the process of their design! The Grade 4s also participated in an outdoor field trip to Fort Whyte Alive where they played a game of survival in which they acted as prey and predators. To further apply their knowledge in class, 4A students worked in groups to create a food chain with different herbivores, omnivores and carnivores and then created a Stop Motion video using an iPad to present their understanding.



4B

Hello families!

Room 104 has been a busy place lately! We finished reading a short chapter book called Chocochat and then, with partners, have been working hard to finish a stop motion movie based on the story. Students have been practicing so many important life skills, such as collaboration, patience and problem solving. In Social Studies, we finished up a writing piece explaining symbols of Canada. Students in 4B have also been enjoying our first round of French songs. Some class favourites are On a mange le soleil, Le plus fort du monde and On ira. We will be discovering new artists and songs in the New Year! In Math, we have been finishing up addition and subtraction. We've also started on some multiplication. Feel free to practice some math facts over the break and work on multiplications up to 9x9. Wishing everyone a very happy and relaxing holiday!





5IÈME ANNÉE - GRADE 5

Grade 5s have been doing some amazing work! In science they completed their operation board games using technology. In social studies, students have been researching cultures and traditions of the First Peoples in Canada. Next, they will be creating their dioramas. Wishing you all a Happy Holiday!

M. Labelle and Mme Leslie





6IÈME ANNÉE - GRADE 6



Dear parents and guardians,

With Winter Break upon us, we have an opportunity to reflect on the first portion of the school year. The grade 6 students and teachers have had many wonderful learning opportunities and will continue to do so when we return in January.

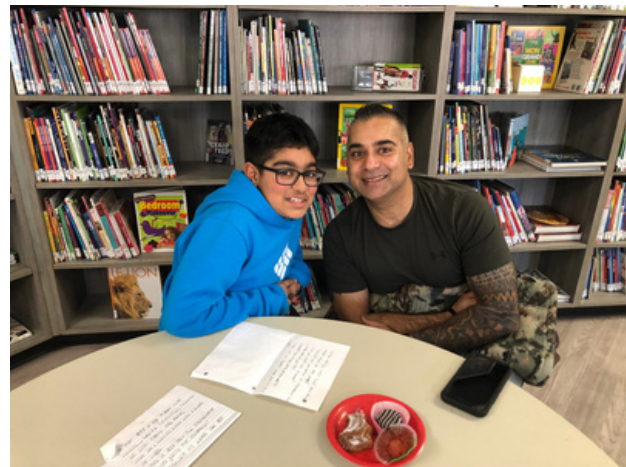
The last week before the Winter Break is busy for everyone. Along with spirit week and our annual students vs. staff hockey game, we are all working hard to finish up projects and assignments before the bell rings on Friday afternoon. We have been finishing novel studies, we are working on projects in mathematics, we have been researching Holiday Celebrations around the world, and we have been designing and constructing arthropods out of recycled materials. We hope you enjoy the pictures below. It really has been busy in grade 6!

Winter Break is a time for family, rest, relaxation, and recharging. So, from the grade 6 team, we wish you a safe and relaxing Winter Break and we will see everyone in the New Year.



7IÈME ANNÉE - GRADE 7

How often do children get the chance to interview their elders, in an effort to simply listen and learn from them? Mme Earl from 7D recognized that it was not something many students had done before, therefore decided to host a special afternoon just for that! The event was called **Learning from our Elders: Afternoon Tea with 7D** and it took place at school on December 19th. Each student from the class invited someone from whom they could learn, prepared questions to ask them about their youth, found interesting facts about their year and place of birth, and prepared an array of food and tea for their special guests. Everyone participated, the energy was wonderful, and the faces were filled with smiles! It was a beautiful experience incorporating both youth and elder perspectives and voices. An event we hope to repeat next year!





8IÈME ANNÉE - GRADE 8

Grade 8 Leadership Club

Our school would not be able to offer all the clubs and activities it does without the help of our grade 8 leaders. Our group of leaders have demonstrated so much responsibility and dedication as they help organized and run lunch-hour gym activities, school canteen, spirit weeks, tutoring, our weekly video announcements TélÉScorpion, and holiday games and activities...just to name a few!

It is important that we celebrate and show our appreciation for our leaders who give up so much of their time and energy for ERP. Some students were able to attend a Jets Practice, others chose a movie and treats, while all were treated to a pancake breakfast! MERCI LEADERS!





COUNSELLORS CORNER

December is a busy time of year! A perfect time to practice some self-care. Don't forget to take time to rest and recharge over the holidays, share laughter, and make memories with loved ones near and far.

Holiday



SELF-CARE BINGO

Spend some time outside.	Rest & give yourself breaks.	Take naps to recharge.	Take breaks from technology.
Get creative, draw, or build something.	Curl up with a blanket and a good book.	Play a game.	Be grateful for the things you have.
Listen to music.	Act(s) of kindness.	Share a happy holiday memory.	Go to bed early / sleep in if you can.
Try to count snowflakes.	Don't say yes to everything.	Connect with a friend.	Practice some deep breathing.





COUNSELLORS CORNER

Overview of programming

Our students continue developing their self-awareness through mindfulness activities and emotional regulation tools. It is wonderful to see the growth and progress that they have made.

We will continue to encourage their growth and development both in small group sessions as well as through classroom supports to continue fostering positive problem solving, self-regulation and emotional awareness which all contribute to a successful school year at ÉRP.

Upcoming Events

We are continuing to offer opportunities for student to engage with social emotional learning. We have seen success with Friendship Room, Dog Therapy and are excited to begin Art Therapy in the New Year.

Happy Holidays from Luca and Mme LaFleur



Luca – our Therapy Dog





NEWS FROM THE GYM

Volleyball season has officially ended. Congratulations to all students who participated this year, from grades 4-8; we had lots of fun and competition throughout the season. A huge thank you to our coaches: Mme Campbell, Mme Chmeliuk, Mme Lépine, Mme Fuhro, Mme Baylee, M Trudeau and Mme Pierce.



Basketball season has begun for grades 7+8. After a week of identification camp, students have been placed in tier 1, 2, or 3, and have begun practicing with their coaches (thanks to Mme Taylor, Mme Pierce, M Trudeau, M Duma, M Braga, M Kilpatrick, Coach Arnold and Coach David). Practice schedules can, as always, be found in the 'Athletics' section of the ERP website. Game schedules should be out by early January, and will be posted in the same section as soon as they're available.

A reminder to students that while we await our fabulous gym renovation, we will still frequently have classes outdoors. Please dress for the weather, including jackets, mittens, toques, boots, and ski-pants. We appreciate your patience and flexibility!

Physical activity of all kinds improves focus, mental wellness and overall quality of life for people of all ages! Please find on the next page a Winter Break Challenge, with ideas on ways to stay physically active as a family. We finally have snow and can do so many fun things with it!

Physical Education Department: Mme Pierce, M. Trudeau, M. Kilpatrick



Défi des vacances d'hiver



Combien de ces activités peux-tu faire pendant les vacances?

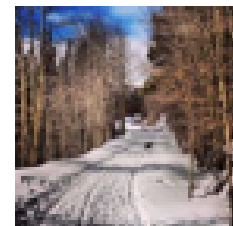
Construire un bonhomme de neige



Pelleter la neige (bonus: pelleter pour un voisin aussi!)



Marcher au Bioreserve, Tall Grass Prairie Reserve, or Birds Hill Park



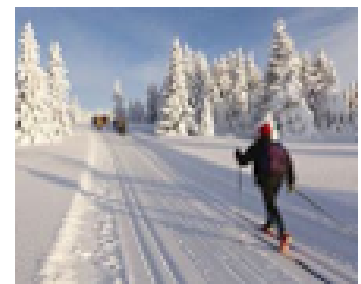
Faire du toboggan



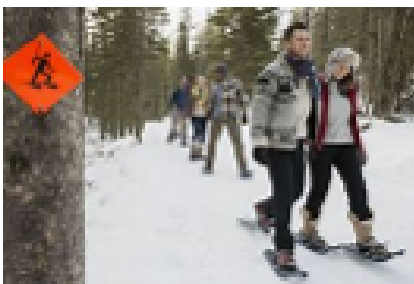
Essayer un nouveau sport ou type de mouvement



Faire du ski alpin/de fond ou planche à neige.



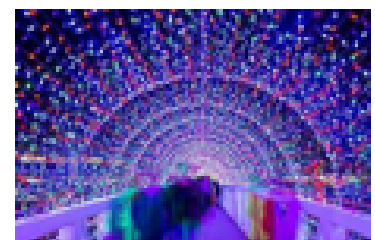
Marcher avec des raquettes



Faire quelque chose de gentil pour quelqu'un d'autre



Regarder les décorations dans ton quartier ou au Fourches





MUSIC

Winter Band Concerts

Congratulations to all the grade 6-8 band students on their performances at the Winter Band Concerts! Thank you to all families and friends who came out to support our students and thank you to the staff who helped out during the day and evening.

Winter Elementary Concerts - January 17 and 18

We are looking forward to our Winter Elementary Concerts in January. Please refer to the letters sent out via email earlier this week for more information.

Holiday Carols at No Frills

Congratulations to the grade 8 band students who performed holiday carols at No Frills on December 15 and 19. Thank you to the families and friends who came out to support our students!





ESPORTS NEWS

The École Regent Park Middle Years Esports Team participated in the division wide inaugural Brawlhalla Tournament December 20th.

This was a live competition against every middle school in the entire division, and I am very pleased to announce that ERP placed exceptionally well.

Overall, our 7 players went 8-1 in the round robin, with all 3 teams advancing to either the finals or semi-finals.

ERP was the only school to have two teams in the championship finals (AAA & AAAA divisions).

We are very happy to announce the team of Ben Sturby & Alex Majoros won the AAAA championship finals. This is the top level of competitive play in the entire division – Alex & Ben took home the highest level of championship! They won a nailbiter of a best of 5, edging John Henderson Middle School 3-2. Well done!

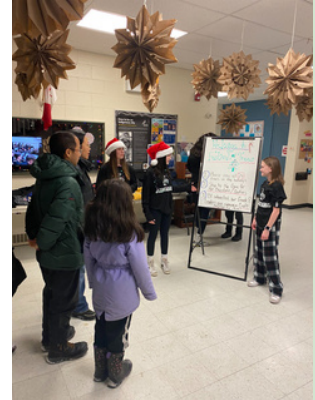
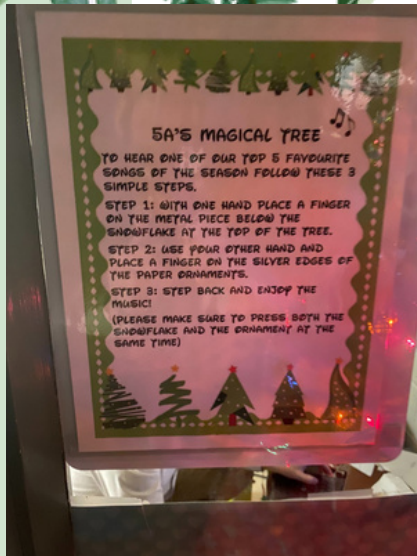
Special shoutout to our other competitors who also played exceptionally well: Ben Van Vyvere, MJ Van Steelandt, Elijah Harder, Estefano Bolanos, and Branson Wildeman. The team of Elijah, Estefano, and Ben V made it all the way to the AAA finals as well. MJ & Branson advanced far, only to get knocked out of the AAAA tournament by the eventual victors Ben & Alex in the semi-finals!

All members demonstrated exceptional sportsmanship and played with respect and dignity. We will resume Esports in the New Year – stay tuned. Great job!





FESTIVAL OF TREES



On Dec. 19th, we had our Festival of Trees community event at ERP! We had a HUGE turn out, as families enjoyed the 24 uniquely decorated trees, enjoyed hot chocolate and cookies, and helped support local charities such as Koats for Kids and Transcona Food Bank. Thank you to our PAC who helped support the event, our grade 8 leaders and our staff and students for their contributions to kick off the holiday season in such a positive way!



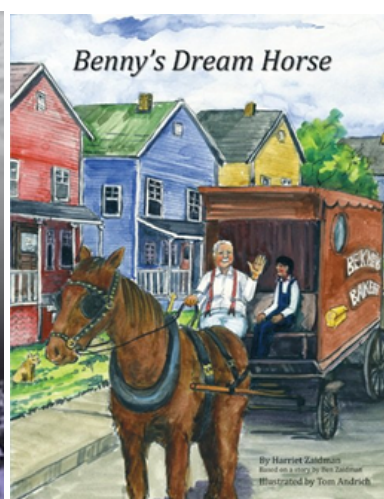
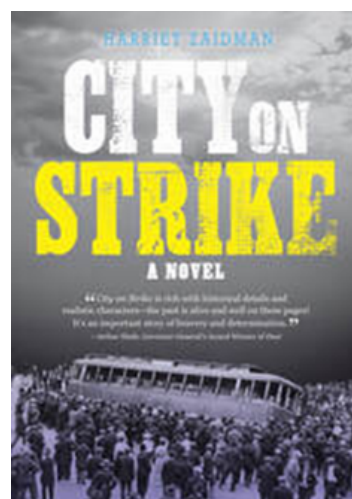


NEWS FROM THE LITERACY COMMITTEE

During our I Love to Read month here at ERP, we will be welcoming author Harriet Zaidman to discuss her books and the historical fiction genre. She will visit with our grade 6 to 8 students on the morning of January 12th.

Her young adult novel, *Second Chances* (Red Deer Press 2021) recalls the frightening polio epidemics of the 1950s, when children were stricken with paralysis or died from this terrible disease. It also addresses the racism and injustices inflicted on residents of Rooster Town, a Metis community in Winnipeg. *Second Chances* was awarded the prestigious Geoffrey Bilson Award for Historical Fiction for Young People in 2022.

Her middle years novel, *City on Strike* (Red Deer Press 2019), is set during the turmoil of the 1919 Winnipeg General Strike. It was shortlisted for the 2020 Geoffrey Bilson Award for Historical Fiction for Young People.





NEWS FROM THE LIBRARY

The library has been a central hub for learning, reading, and connecting this fall.

Our library has acquired many new additions after purchasing new books in French and English. Our bookfair was a huge success and we are grateful for family support. During the lunch hours, our library is a zone for homework, reading, crafting, drawing, playing board games and just relaxing. Students love popping in!!! Our lunch hours are always filled with your amazing children in our bustling little library.

As we have many students interested in reading True Crime, we launched a writing contest in the library. A “crime” was committed in the library a couple of weeks ago, “police” came to tape off the area, and students were left to write a story telling their version of what happened. We received hundreds of engaging, creative, and at times, hilarious stories. All participants were entered to win daily prizes, some students read their stories during morning announcements and even a few students were recorded and featured on Téléscorpions!!

Inquiry Based Learning (IBL) has been an integral part of the Grade 2 to 8 library programs. Students have learned all about research skills, creating questions for curious learning, learned about traditional note taking, sketch notes and the list goes on. There are author studies, novel studies and many other great literary activities happening as well!

MYRCA (Manitoba Young Readers’ Choice Award) books are checked out and being read regularly. Students will begin a MYRCA club after break in preparation for the divisional Battle of the Books.

We are looking forward to celebrating I Love to Read Month in January. Many exciting school wide activities are planned. We are looking forward to a Gym Read-in, Character Dress-Up Day, an Author visit, a BookTasting and many other surprises.

We look forward to continuing with all the exciting learning, reading and activities in the New Year.

Mme Krylov and Mme Brakel





ART NEWS

Students have been working hard in the art program making, creating, connecting, and responding to visual arts. Thank you, art students, for all your work with the décor in the front foyer for our Festival of Trees.

Grade 7 students had a fantastic learning and exploring experience at camp in October developing their painting skills, playing art and drama games while enjoying the outdoors.

Walking the halls of our school, we notice the talent and effort our artists have put into artful techniques that they are learning and mastering. Students are developing skills in representing, proportion, light, value and shadows, colour, lines, many techniques and other ways to express themselves artistically. We look forward to future works of art that we know will be both inspiring and aesthetically pleasing to our halls!!



NEWS FROM RETLIFE

Why Not Give the Gift of Learning?

If you are in search of last minute gift ideas for your loved ones, please visit [RETLife](#) for ideas to thrill all ages!

For the chef in your family:

[Kids Can Cook – Cooking Basics Bonanza! \(8 – 12 years old\) – Thursdays, January 25 – March 14, 2024 – Transcona Collegiate Institute – RETLife](#)

[Chocolate Decorations with Don Pattie – \(ages 18 and up\) – Saturday, February 3, 2024 – Kildonan East Collegiate – RETLife](#)

For the adventurer:

[Mastering Lightsaber Martial Arts – Unleash Your Inner Jedi \(adults 18+\) – Thursdays, January 11 – February 15, 2024 – John W. Gunn Middle School – RETLife](#)

[Stay Safe! \(ages 9 – 13\) – Saturday, January 27, 2024 – College Pierre Elliott Trudeau – RETLife](#)

For the scientist or engineer:

[Basic Robot Training With LEGO® – Becoming a Robo Creator \(ages 8 – 12\) – Saturday, March 16, 2024 – College Miles Macdonell Collegiate – RETLife](#)

[Drones for Youth – \(ages 10 – 15\) Saturday, February 10, 2024 – Emerson School – RETLife](#)

[Kids Can Make a Marshmallow Bridge for Apprentice Engineers \(ages 8 – 12\) – Wednesday, January 31, 2024 – Ecole Regent Park – RETLife](#)

For the nature lover:

[Blizzards and Biodiversity: The Transcona Bioreserve Walking Tour with FortWhyte Alive – \(16 years and up Families Welcome!\) Saturday, January 27, 2024 – RETLife](#)

[Discover Owls! \(All ages\) – Tuesday, March 5, 2024 – Ecole Regent Park School – RETLife](#)

[Honk If You Love Safety: Living With Our Goose Neighbours – Wednesday, March 13, 2024 – Ecole Regent Park – RETLife](#)

For the artist:

[Creating Beats for Beginners: Crafting Your Signature Sound! \(Ages 14 and up\) – February 20 – April 16, 2024 \(no class on March 26\) – McLeod Education Centre – RETLife](#)

[The Art of Floral Design: Creating Beauty With Blooms \(ages 18 and up\) – Tuesday, March 19, 2024 – Chief Peguis Middle School – RETLife](#)

[Kids Can Create – Crazy Characters Toy Hacks \(ages 6 – 13\) – January 20, 2024 – College Miles Macdonell Collegiate – RETLife](#)

For the athlete:

[Adult Dance Fitness \(18 years and up\) – Thursdays, January 18 – February 29, 2024 – College Miles Macdonnell Collegiate – RETLife](#)

[Circuit Training \(14 and over\) – Mondays, January 15 – March 4, 2024 \(No classes on February 5 or Louis Riel Day\) – Ecole Springfield Heights School – RETLife](#)

[NEW LOCATION! Restorative Yin Yoga With Shell Andrea \(for adults\) – Mondays, January 29 – March 18, 2024 \(no class on Louis Riel Day\) Lord Wolseley School – RETLife](#)

Looking for more ideas? Visit [RETLife.ca](#) to view more than 50 programs in the River Transcona School Division!



Happy Holidays
and Happy New
Year!