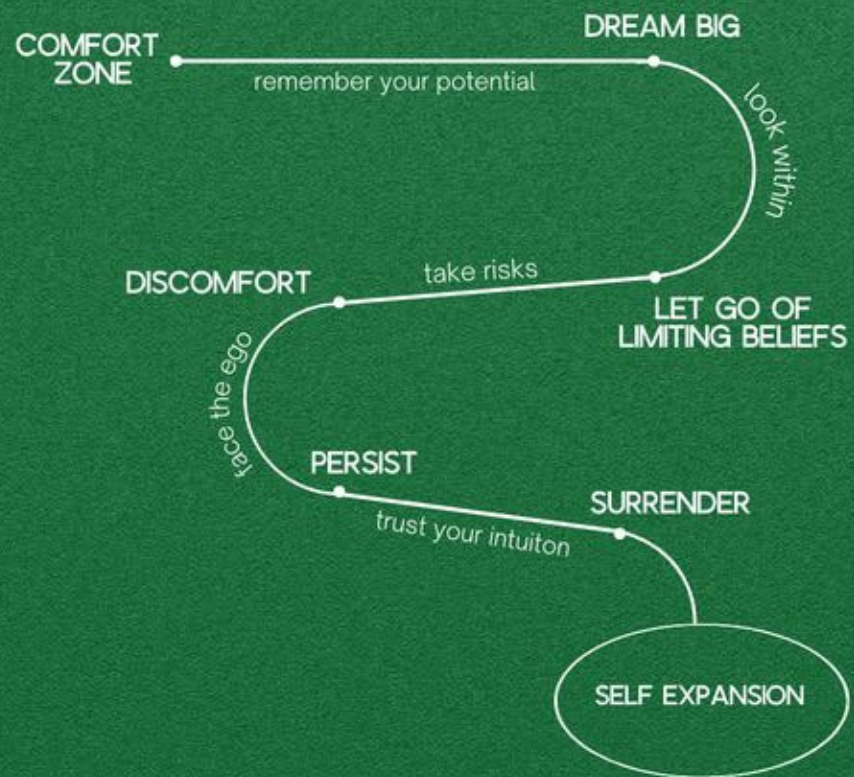




CMMC Planning Beyond Graduation

2024-2025

THE JOURNEY OF Growth



@INNERGROWTH.CO



Collège Miles Macdonell Collegiate

**EXPLORING THE FUTURE
&
POST-SECONDARY
PLANNING**



2024 | 2025

Your ONE-STOP SHOP Planning tool!

- Located on the CMMC website:
[Collège Miles Macdonell Collegiate \(retsd.mb.ca\)](http://Collège Miles Macdonell Collegiate (retsd.mb.ca)) under DOCUMENTS & FORMS → Graduation Information

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My Grade 12 Checklist!

| TIMELINE | TASK |  |
|--|---|---|
| - ONGOING - ALL POTENTIAL GRADS MUST DO THIS! | -Attend Post-Secondary presentations in the theatre - Attend T.A. – Important grad information will be shared -Listen to announcements -Check the Grade 12 Teams and Scholarship blog regularly -Request copies of your transcript from the main office for scholarship and university / college and scholarship applications, if necessary | |
| - ONGOING - | RED RIVER COLLEGE POLYTECH - See website for specific dates! <u>NOTE:</u> Program specific info sessions and virtual tours available throughout year. | |
| OCTOBER | Keep up to date with Teams and Scholarship blog! Attend post-secondary presentations in the theatre. | |
| OCTOBER 29, 2024 5:30- 8:30 p.m. | UNIVERSITY OF MANITOBA — Fall Open House— in person and online *Be sure to register for a chance to win 1 of 3 \$1,000 tuition prizes! | |
| NOVEMBER 15, 2023 5:30-8:00 p.m. | UNIVERSITÉ de ST. BONIFACE—Fall Open House *Be sure to register for a chance to win 1 of 3 \$1,000 tuition prizes! | |
| NOVEMBER 26 2024 6:00-8:30 p.m. | UNIVERSITY OF WINNIPEG — Future Students Night (FSN) *Grade 12 students who register for FSN will automatically be entered in an annual \$5,000 tuition credit draw! Indigenous Grads: If you have not yet done so, check in with your band office about sponsorship for post-secondary studies. | |
| JANUARY 15, 2025 7:00 a.m.—12:00 p.m. | UNIVERSITY OF MANITOBA—Virtual Open House for International Students *Chat live with UM representatives and watch live presentations Registration will open in December 2024 | |
| FEBRUARY | 19 UNIVERSITY OF WINNIPEG - See website for more info! 19 RRC POLYTECH winter Open House - See website for more info! 20 UNIVERSITY OF MANITOBA Winter Open House 9 a.m. - 3 p.m. | |
| FEBRUARY 26TH—MARCH 1ST | UNIVERSITÉ DE ST. BONIFACE—ETUDIANT D'UN JOUR Pick one day from this week to spend a day as a student! Check out mini-classes, get a tour, and connect with USB students. Snacks and lunch are provided. Listen to announcements for registration information. | |
| IMPORTANT! MARCH 1 | UNIVERSITY OF WINNIPEG, UNIVERSITY OF MANITOBA & UNIVERSITÉ de SAINT BONIFACE Application Deadline for Special Entrance Scholarships at U of W. All students registered by March 1st will automatically be considered for entrance scholarships at U of M, U of W and USB. Students considering taking a GAP year should apply as the scholarship can be deferred one year (U of W only)! | |
| APRIL / MAY | Make sure you have paid ALL your graduation fees, purchased your Grad tickets, etc Attend presentations from U of M & U of W about the course selection process. | |
| Sunday - May 4 2025 | Preparing for university: U of M applicant Open House (focuses on next steps) | |
| May/beginning of June | Do a final update and submit your Grad Post-Secondary Planning & Internal Financial Awards Application Form. -End of May / Early June: Accept your admissions offer. (If applicable) -Apply for Manitoba Student Aid (if applicable) | |

Important Dates & Deadlines

October

- TBD U of M, U of W, CMU, USB applications open
- TBD CMMC Internal Scholarship Application Opens
- 15 Loran Award—online application (Up to \$100,000)
- 25 CMU Discover Days (full or half day) - Register ahead of time
- 29 University of Manitoba—Fall Open House 5:30—8:30 p.m.

November

- 1 Canadian Universities Fair, St. John's Ravenscourt, 6-8:30 p.m.
- 2 Canadian Universities Fair, Balmoral Hall, 6:30-8:30 p.m.
- TBD TD Scholarship for Indigenous Peoples (up to \$60,000 over 4 years)
- 13 TD Scholarship for Community Leadership (Up to \$70,000 over 4 years)
- 15 Université de St. Boniface—Open House 5:30 p.m. to 8:00 p.m.
- 22 CMU Discover Days (full or half day) - Register ahead of time
- 26 University of Winnipeg — Future Students Night 6—8:30 pm

December

- 1 Applications for Leader of Tomorrow & Indigenous Leader of Tomorrow Scholarships (U of M) (Up to \$16,000)
- 1 Terry Fox Humanitarian Award (Up to \$28,000)
- 20 Last day of classes before winter break

January

- 15 U of M Desautels Faculty of Music application deadline (for the fall)
- 15 U of M Virtual Open House for International Students
- 7-10 Grade 12 Provincial English Exam
- 8, 13-14 Grade 12 Provincial Français Exam
- 21 Grade 12 Provincial Applied Exam
- 22 Grade 12 Provincial Essential Exam
- 23 Grade 12 Provincial Pre-Cal Exam
- 31 CMU Discover Days (full or half day) - Register ahead of time

February

- 19 UNIVERSITY OF WINNIPEG - See website for more info!
- 19 RRC POLYTECH winter Open House - See website for more info! Rrc.ca/opendoors
- 20 UNIVERSITY OF MANITOBA winter Open House 9 a.m. - 3 p.m.
- 20 CANADIAN MENNONITE UNIVERSITY Open House 6 p.m.—8 p.m.
- TBD UNIVERSITE DE ST. BONIFACE Etudiant d'un jour (must register ahead of time)
- 28 CMU Discover Days (full or half day) - Register ahead of time

March

- 1 U of W, U of M and USB Regular Admission Deadline for the Fall
Apply by this date and automatically be considered for Special Entrance Awards / Scholarships!
- 31 Futures Forward: Youth-In-Care Tuition Waiver Applications Due

April / May

- Ongoing Continue to update your "CMMC Internal Scholarship Application Form"
- TBD Post-Secondary Info Sessions for Accepted Students to U of M / U of W

May

- TBD CMMC Internal Scholarship Application Closes
- 4 U of M Applicant Open House (Next Steps for accepted students)
- 26-29 Grade 12 Provincial English Exam
- 28 Grade 12 Provincial Français Exam

June

- 1 U of W Recommended Final Date for Applications (to allow University to request grades)
- 1 Apply early for MB Student Aid (edu.gov.mb.ca/msa)
- 2-3 Grade 12 Provincial Français Exam continued...
- 10 Grade 12 Provincial Pre-Cal Exam
- 11 Grade 12 Provincial Essential Exam
- 12 Grade 12 Provincial Applied Exam
- 24 Convocation
- 25 Grad Dinner & Dance

July

- 1 Final Recommended Deadline to submit MB Student Aid Application

Provincial Tests Calendar

2024-2025 School Year

| English Program | | | | |
|-----------------|-----------------------|------------------|------------------|------------------|
| Grade 12 | English Language Arts | Mathematics | | |
| Semester 1 | January 7-10, 2025 | Applied | Essential | Pre-Calculus |
| | | January 21, 2025 | January 22, 2025 | January 23, 2025 |
| Semester 2 | May 26-29, 2025 | June 12, 2025 | June 11, 2025 | June 10, 2025 |

| French Immersion Program | | | | | |
|--------------------------|-----------------------------------|---------------------------------|------------------|------------------|------------------|
| Grade 12 | Français langue seconde-immersion | English Language Arts *optional | Mathématiques | | |
| Semester 1 | January 8 and 13-14, 2025 | January 7-10, 2025 | appliquées | au quotidien | pré-calcul |
| | | | January 21, 2025 | January 22, 2025 | January 23, 2025 |
| Semester 2 | May 28 and June 2-3, 2025 | May 26-29, 2025 | June 12, 2025 | June 11, 2025 | June 10, 2025 |

Post High – What Comes Next?

Direct Entry University: For high school grads who know what they want to study in college or university.

College: Colleges offer a range of diploma and certificate programs that focus on practical skills and hands-on training.

University 1 (U1): A program for high school students who plan to go to university but aren't sure what they want to study yet.

Apprenticeship: Apprenticeship programs combine on-the-job training with classroom instruction, allowing individuals to learn a skilled trade or craft while earning a wage.

Travel: Experiencing new things before committing to further education or a career.

Volunteer Exchanges: Volunteer exchanges involve participating in volunteer programs abroad, offering the chance to contribute to communities and gain valuable life skills

Gap Year: Typically a year break, taken after high school, before starting college or university. Individuals may travel, work, volunteer, or engage in personal development activities to gain new experiences and perspectives.

Work: Some high school graduates enter the workforce directly, seeking employment opportunities in order to gain work experience.



CAREER Planning

I don't know what I want to do!

- ▶ It is okay to be unsure as to what you want to do in the future.
- ▶ It is okay to change your mind as to what you want to do.
- ▶ Keep an open mind.
- ▶ Your path may change as you grow and change.
- ▶ Students tend to change their minds up to three times in university as to what they want to major in.

Career Exploration:

myBlueprint

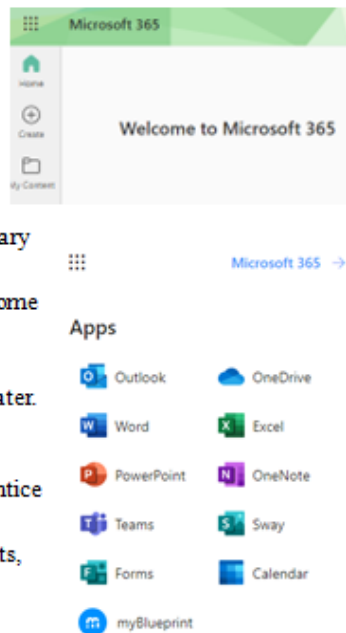
Not sure what Career you might be interested in?

That's okay! Start exploring myBlueprint! It is an online guide that will help you find information to begin your career exploration, start the job search and see job postings, plan your courses, track your graduation progress and even collect points to get prizes!

How to get started:

- 1) Login to your Office 365/Webmail school account
- 2) Click on the waffle on the top left hand corner to find myBlueprint
- 3) Click on the myBlueprint icon
- 4) Explore away! Complete surveys, explore post-secondary institutions and programs, learn about the world of work, make a resume and cover letter, apply for jobs and gain some financial planning skills.
- 5) Make portfolios and save your favourites to return to later.

Using career assessment tools, post-secondary and apprentice training and databases, students will be given access to hundreds of career profiles that showcase job requirements, incomes and daily tasks.



Write your **resume and **cover letter** using myBlueprint!*

There are samples to preview and tips to get you started as well!

Career Planning Resources:

[Career planning | Career Services | University of Manitoba \(umanitoba.ca\)](#)

On this page:

[Plan Your Career Path](#)

[Career Compass](#)

[One-to-one support](#)

[Exploring Educational Options](#)

[Mentorship & Networking](#)

[Career_Planner.pdf \(umanitoba.ca\)](#)


Finding a Part or Full-Time Job

It's always a good idea to look on specific company websites if you know where you want to work. Hand in resumes at places you want to work, and they will generally keep them on file until they are hiring again.

Check out:

- [Youth and student employment - Canada.ca](http://youthandstudentemployment-canada.ca)
- [Public Service Commission | Province of Manitoba | STEP Services \(gov.mb.ca\)](http://publicservicecommission.gov.mb.ca)
- <http://ca.indeed.com>
- <http://www.jobbank.gc.ca>
- [Home - Youth Employment Services \(yesmb.ca\)](http://yesmb.ca)

*Hiring firms such as [Pinnacle Staffing Agency | Manitoba, Winnipeg Jobs | Executive Search](#) can also help




Office Hours: Monday-Friday
8:30am-4:30pm

614 - 294 Portage Avenue
204-987-8661

YES is located on the 6th floor through the doors under the Somerset Place sign between the Radisson Hotel and Money Mart. Please Phone ahead of time as COVID restrictions may be in place.

What They Do:

- Provide free employment services to youth
- Learn new skills, develop confidence and feel supported during your transition to employment
- Offer monthly volunteering opportunities
- Resume and Cover Letter Workshops
- Interview Preparation
- Job Search Assistance



How to get services?

- Youth between 16-29 years old are eligible to receive free services
- Visit the office during office hours to register—all you need is your Social Insurance Number (S.I.N.)

Don't have a S.I.N card?

Visit a Service Canada Centre near you.


Service Canada Centre:

1 800-622-6232
393 Portage Ave #122 (inside Portage Place)

Ready to apply?

Job Search Checklist:

- Social Insurance Number
- Young Worker's Readiness Certificate (if under 16)
- Resume



Human Resources Development Canada / Développement des ressources humaines Canada

SOCIAL INSURANCE NUMBER / NUMÉRO D'ASSURANCE SOCIALE

000 000 000

FIRST NAME, LAST NAME



COLLEGE & UNIVERSITY

RECOMMENDED APPLICATION DEADLINES

- U OF M, U OF W, USB, CMU: **MARCH 1ST**
 - U OF M FACULTY OF MUSIC: JANUARY 15TH / U OF M LEADER OF TOMORROW SCHOLARSHIP: DECEMBER 1ST
- RRC/MITT : VARIES
- OUT-OF-PROVINCE: VARIES

Post-Secondary Presentations – QR Code Sign Up (Posters outside of Student Services)

| Date | Time Slot | Presenters | Location |
|-----------------------------|------------------------------|---------------------------------|--------------------------------------|
| Tuesday, October 8th | Period 2 | University of Winnipeg | Theatre |
| Tuesday, October 15th | Period 3 | University of Manitoba | Theatre |
| Monday, October 28th | Period 2 | Red River College Polytech | Theatre |
| Tuesday, October 29th | Period 3 | Université de St. Boniface | Theatre |
| Beginning of November (TBD) | AFTER SCHOOL/ On your own | National Universities Week/Fair | Balmoral Hall/St. John's Ravenscourt |

University of Manitoba



Fall Open House: Oct. 29th, 2024
5:30-8:30 P.M.

**Virtual Open House for
International Students:**

January 15, 2025

7 a.m. - 12 p.m. (Registration will
open in December)

Online Webinars:

[Online webinars \(Recruitment\) |
University of Manitoba
\(umanitoba.ca\)](#)

University of Manitoba- Useful Websites

Admission Requirements (U1 and Direct Entry): [umviewbook2022-admissionrequirements-web.pdf \(umanitoba.ca\)](https://umanitoba.ca/umviewbook2022-admissionrequirements-web.pdf)

To get more information on direct entry and planning courses for your first year, please see the **First Year Planning Guide**: [First Year Planning Guide by firstyearcentre - Issuu](#)

Digital Viewbook: [Explore UM | University of Manitoba \(umanitoba.ca\)](#)

Academic Course Guide (courses highlighted in blue can be used for entrance scholarship consideration): [40s-coursescholarship-list-100721.pdf \(umanitoba.ca\)](#)

How to Apply: <https://umanitoba.ca/explore/undergraduate-admissions/learn-how-apply>



University of Winnipeg



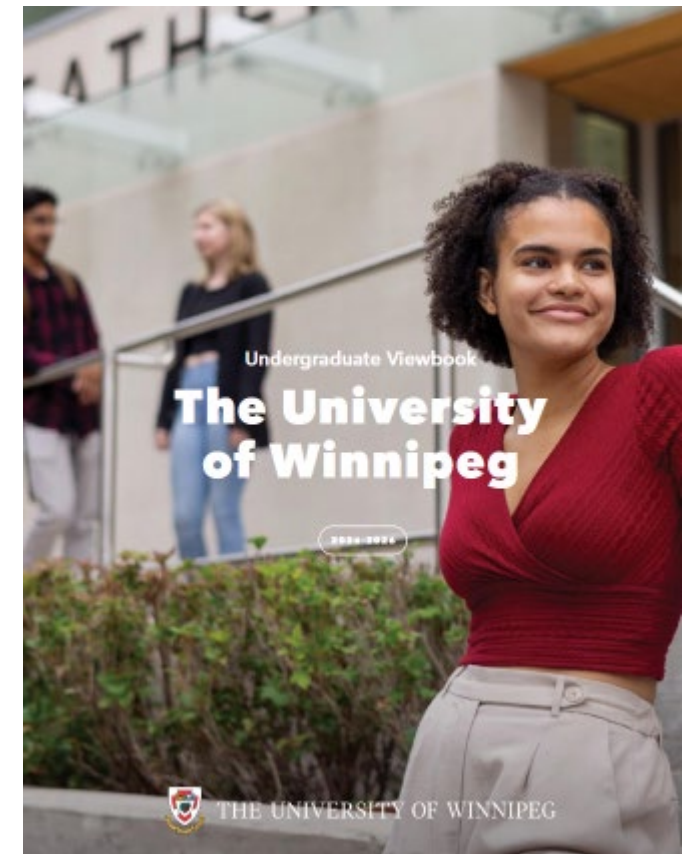
Future Student Night: November
26th, 2024, 5:30-8:30 P.M.
(Registration opens in October)

University of Winnipeg- Useful Websites

How to Apply (includes video tutorials): [Ready to Apply | Future Student | The University of Winnipeg \(uwinnipeg.ca\)](#)

Academic Program Fact Sheets (includes a description and which high school pre-requisites you may need to have): [Factsheets | Factsheets | The University of Winnipeg \(uwinnipeg.ca\)](#)

Undergraduate Viewbook: [2025-2026 Undergrad Domestic Viewbook \(uwinnipeg.ca\)](#)



CMU (Canadian Mennonite University)



Thursday, February 20, 2025 starting at 6:00 PM.
No registration required but encouraged! *Registration coming soon.*

**Discover Days 2024/25 on Friday, October 25,
November 22, January 31, February 28, or Music
Discover Day on Friday, February 7 (Full Day Only).**

- Full Day – 8:45 AM to 3:00 PM
- Afternoon Only – 12:45 PM to 3:00 PM

CMU – Useful Websites

How to Apply (includes virtual campus tour):[CMU](#)

[Undergraduate Admissions | CMU](#)

Academic Program Overview (includes a description and which high school pre-requisites you may need to have):

[Undergraduate Programs in Winnipeg, Manitoba | Academic Studies | CMU](#)

Undergraduate Viewbook:[Viewbook | Admissions | CMU](#)



Viewbook | 2025/26

MITT (Manitoba Institute of Trades and Technology)



Open House 2025:

Thursday, February 20th; 4:30-7:30

(Register online at
<https://mitt.ca/openhouse/>)

MITT - Useful Websites

How to Apply (includes important deadlines):

[Apply | Manitoba Institute of Trades and Technology \(mitt.ca\)](#)

Academic Program Overview (includes a description, video, and which high school pre-requisites you may need to have):

[Post-Secondary Certificate and Diploma Programs | Manitoba Institute of Trades and Technology \(mitt.ca\)](#)

Undergraduate Viewbook:

[Welcome to MITT | Domestic | MITT Digital Viewbook](#)



Université de St. Boniface



Portes-Ouvertes: November 14th,
2024, 5:30-8:00 P.M.

Etudiant d'un jour: February 24th –
February 28th (Pick one day from
this week to spend it like a student
– mini classes, tours, lunch, etc.)

Université of St. Boniface- Useful Websites

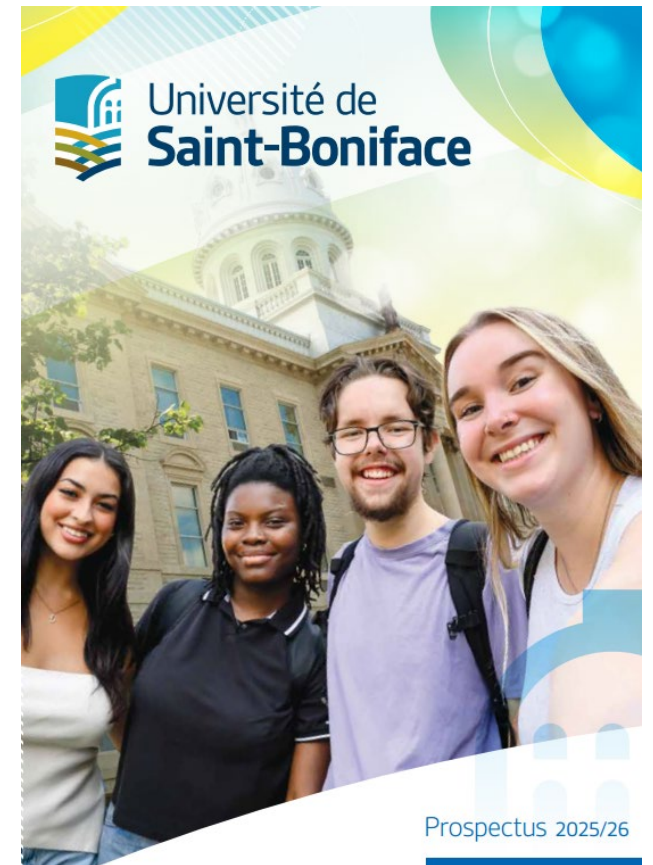
Admission Requirements: [exigences-dadmission-des-programmes.pdf \(ustboniface.ca\)](https://ustboniface.ca/exigences-dadmission-des-programmes.pdf)

Viewbook: [brochure.pdf \(ustboniface.ca\)](https://ustboniface.ca/brochure.pdf)

Profil Linguistique – a language placement assessment that accepted students must take:

[Profil linguistique en français - Université de Saint-Boniface \(ustboniface.ca\)](https://ustboniface.ca/profil-linguistique-en-francais)

Request a personalized tour: [In-person Tour! - Université de Saint-Boniface \(ustboniface.ca\)](https://ustboniface.ca/in-person-tour)



Reserved Spaces for USB Students

A Path to Medicine: A Path to Medicine - Université de Saint-Boniface (ustboniface.ca)

- ▶ UOttawa admits up to 8 students from outside of Ottawa and Quebec for French Speaking Students - NO MCAT REQUIRED. USB students are well-positioned to get these spots. (Note: U of M holds 3 spots for French Speaking students – subject to MCAT)



A Springboard to Common Law: <https://ustboniface.ca/en/law>

- ▶ USB has 10 spaces reserved in the Common Law programs at UOttawa and UMoncton in French for graduates from Bachelor of Arts or Bachelor of Science programs.
Assessment is application-based, LSAT is not required for admission!
- ▶ **NURSING is direct entry at USB!!** (different than other programs in Manitoba)



Red River College Polytech



Open Doors: Wednesday, February 19th, 2025 rrc.ca/opendoors

Online and in-person information sessions: [Future Student Events : RRC Polytech: Future Student Events](#)

Red River College Polytech - Useful Websites

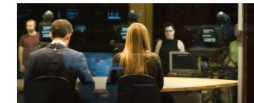
Virtual Viewbook: [RRC Polytech's Viewbook : RRC Polytech: Student Recruitment](#)

Program Explorer: [RRC Polytech: Program Explorer](#)

Application Deadlines: [Application Deadlines : RRC Polytech](#)

Application Process: [Application Processes : RRC Polytech](#)

Personalized Campus Tours: [Campus Tours : RRC Polytech: Future Student Events](#)



PROGRAM

Creative Communications
Tour
Various Dates
In Person



PROGRAM

Transportation Technology
Tour
Various Dates
In Person



PROGRAM

Information Technology Tour
Various Dates
In Person



PROGRAM

Administrative Assistant
October 2, 2024 at 6:30pm
In Person (Steinbach)



PROGRAM

Allied Health Sciences
Information Session
October 9, 2024 at 6pm
In Person



PROGRAM

Bachelor of Nursing
Information Session
October 23, 2024 at 6pm
In Person

Other Manitoba Universities



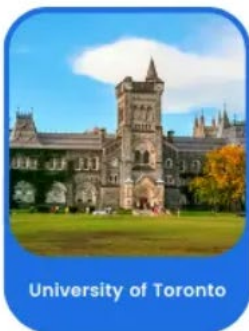
Brandon University



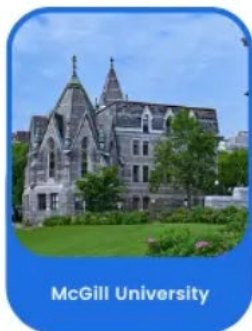
Booth University



Providence University College



University of Toronto



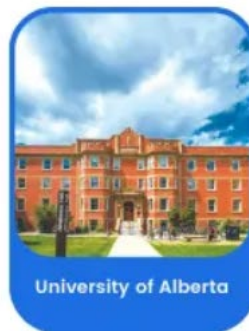
McGill University



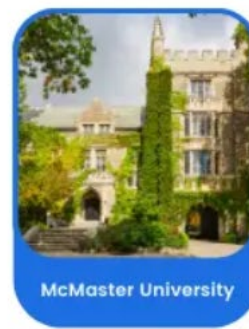
University of British
Columbia



Université de Montréal



University of Alberta



McMaster University



University of Waterloo



Western University



University of Ottawa



University of Calgary

Going to
University or
College
Outside
of Manitoba?

- **Deadlines differ than Manitoba. CHECK WITH YOUR INSTITUTION!**



- Applying to the **University of British Columbia?** Applicants must fill out a personal profile that outlines their community involvement: [Personal Profile](#)
- Applying to any **Universities in Ontario (Toronto, York, Waterloo, Western, etc.)?**
 - Applications must go through the Ontario Universities Application Centre (OUAC) using form 105 D (ideal completion date of OUAC form: Nov. 1st): [Application Guide](#)
 - Some math and science-based programs will require applicants to take Advanced Math Calculus in addition to Pre-Calculus. Check admission requirements early!
- If you are applying to university in the United States you may need to write the SAT or ACT early in your grade 12 year (check with your university of choice, some are no longer requiring entrance exams). You may want to consider taking an SAT prep course ahead of time. [The SAT – SAT Suite | College Board](#)



YOU ARE NOT ALONE!

Connect with all of the amazing Student Support Opportunities!

- **Indigenous Student Support**

- U of W: [Home | ISSC | The University of Winnipeg \(uwinnipeg.ca\)](#)
- U of M: [Student experience | Indigenous | University of Manitoba \(umanitoba.ca\)](#)
- RRC: [RRC Polytech: Indigenous Education](#)

- **International Students and Newcomer Support**

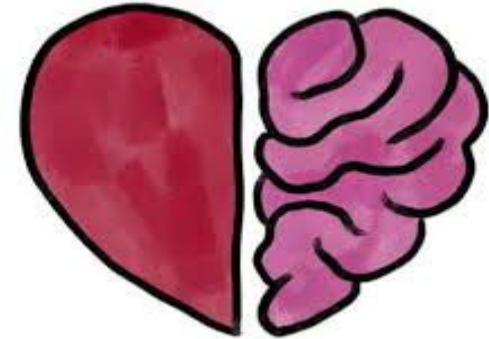
- U of W: [Student Initiatives | IRSS | The University of Winnipeg \(uwinnipeg.ca\)](#)
- U of M: [International students | University of Manitoba \(umanitoba.ca\)](#)
- RRC: [RRC Polytech: Centre for Newcomer Integration](#)

- **Accessibility Services (Get in touch with them before you start!)**

- U of W: [Home | Accessibility Services | The University of Winnipeg \(uwinnipeg.ca\)](#)
- U of M: [Accessibility for students | University of Manitoba \(umanitoba.ca\)](#)
- RRC: [RRC Polytech: Accessibility for Students](#)

- **Counselling Services**

- U of W: [Counselling | Student Wellness | The University of Winnipeg \(uwinnipeg.ca\)](#)
- U of M: [Student Counselling Centre \(SCC\) | University of Manitoba \(umanitoba.ca\)](#)
- RRC: [RRC Polytech: Counselling](#)





CONSIDERATIONS for when APPLYING

- ▶ TIPS AND TRICKS
- ▶ SELF-REPORTING GRADES
- ▶ TRANSCRIPTS
- ▶ PROOF OF ENGLISH LANGUAGE PROFICIENCY
- ▶ AP CREDITS

Tips and Tricks for APPLYING (October to March 1st)



- ▶ Have your MET # with you (this is different from your RETSD Student Number). Can be found on your report card or you can ask a teacher or Student Services Representative.
- ▶ Pay the application fee. Non-refundable. Typically ranges from \$100-\$150.
- ▶ When setting up an account with the university or college, use a PERSONAL EMAIL (not your RETSD student email).
- ▶ Make note of and remember passwords.
- ▶ Submit supporting documents when requested by the Admissions Office (through the application portal).
- ▶ Check your portal or email regularly. You may need to submit documents or accept offers.
- ▶ Most Manitoba institutions will request your transcript from the school division on your behalf if you APPLY BY MARCH 1st. If you apply after this date, or are applying to colleges or out of province, you will be responsible for submitting this.
- ▶ Apply for institution-specific scholarships and awards (when available)

Self-Reporting Grades



Self-reporting grades is part of the admission process. This involves submitting your FINAL or EXPECTED FINAL GRADES in order to be evaluated for admission.

- ▶ When you [apply for Admission online](#) a drop-down list of all of the Grade 12 high school courses in Manitoba will appear. Select the Grade 12 courses you have taken or are currently taking and enter your marks.
- ▶ The marks submitted will be either completed (*final*), or anticipate completing in the current year (*expected*). If you are not admissible on self-reported grades, you will be re-evaluated when the University receives official final Grade 12 information from the high schools in June/July.
- ▶ **TIP:** Estimate your final grades based on how well you did in similar courses in Grade 11, if you have received interim Grade 12 marks, or how well you are doing in the course so far, based on tests or papers you have done.

Transcripts

- ▶ **Transcripts:** Mid-Term & Final marks are submitted to universities in our province by our School Division -students do not need to submit a transcript (as long as you apply by the March 1st deadline date). They will request transcripts in...
 - ▶ April: First Semester final grades & Second Semester mid-term grades
 - ▶ June: Final grades
- ▶ **IMPORTANT:** Conditional offers and Entrance Scholarship offers are based on April transcript. Final transcript is reviewed to ensure marks are maintained. Scholarship offers may or may not be re-assessed.
- ▶ **OUT OF PROVINCE INSTITUTIONS AND LOCAL COLLEGES:** You will need to request and submit transcripts on your own.
- ▶ **NOTE:** To request a transcript, you will ask for this in the main office. Due to our shift to a new system, they are only printing these on Fridays and it will take up to a week to get your transcript.

| East High School Official Transcript | | | | Student Personal Information | | Date of Birth Parent/Guardian |
|---|-------------------|----------|-----------------|---|------|----------------------------------|
| 123 Mountain Road, Dead River, Maine 04000 | | | | Date of Enrollment | | Address Contact Info |
| Phone Website | | | | Date of Graduation | | |
| Learning Experience | Proficiency Level | Duration | Type | Academic Summary | | |
| 2009-2010 | | | | GPA: 3.75 | | |
| English 9 | 3.5 | Year | Honors | Magna Cum Laude | | |
| History 9 | 3.0 | Year | Course | | | |
| Geometry | 3.0 | Year | Course | SAT/ACT Scores | | |
| Spanish I | 3.5 | Year | Course | Academic Awards | | |
| Earth Science | 3.0 | Year | Course | Academic Achievements | | |
| Art I | 3.0 | Year | Course | Title of Capstone Project | | |
| 2010-2011 | | | | Grading System | | |
| English 10 | 3.5 | Year | Course | 3.6-4.0: Exceeds Proficiency | | |
| History 10 | 4.0 | Year | Honors | 3.0-3.5: Proficient | | |
| Algebra II | 4.0 | Year | Course | 2.0-2.9: Partially Proficient | | |
| Spanish II | 3.5 | Year | Course | 1.0-1.9: Insufficient Evidence | | |
| Chemistry | 4.0 | Year | Honors | Graduation Requirements | | |
| Drama | 4.0 | Semester | Course | Demonstrated Proficiency | | |
| 2011-2012 | | | | Maine Guiding Principles | | |
| English Language and Composition (AP) | 4.5 | Year | Honors | English Language Arts | | |
| US History | 3.0 | Year | Independent | Mathematics | | |
| Calculus | 3.5 | Year | Course | Science and Technology | | |
| Spanish III | 3.5 | Year | Course | Social Studies | | |
| Physics | 3.5 | Year | Course | Health Education and Physical Education | | |
| Software Development, Inc. | 3.5 | Year | Internship | World Languages | | |
| 2012-2013 | | | | Visual and Performing Arts | | |
| English 10 | 4.0 | Semester | Dual-Enrollment | Career Education and Development | | |
| Mountain Biotech Industries (STEM) | 3.5 | Year | Internship | Additional Graduation Requirements | | |
| Physical Education | 4.0 | Semester | Course | Capstone Project | | |
| Statistics (AP) | 3.8 | Year | Course | Service Learning Requirement | | |
| Health | 4.0 | Semester | Course | | | |
| Psychology (AP) | 4.0 | Semester | Honors | | | |
| Graduation Standards: Cross-Curricular Skills | | | | Proficiency Level | | |
| Maine Learning Results | | | | Clear and effective communicator | 3.0 | |
| Guiding Principles | | | | Self-directed and lifelong learner | 3.25 | |
| *The achievement of graduation standards is verified over time as students demonstrate proficiency through multiple assignments, projects, portfolios, and exhibitions. | | | | Creative and practical problem solver | 3.50 | |
| | | | | Responsible and involved citizen | 3.75 | |
| | | | | Integrative and informed thinker | 4.0 | |

Proof of English Language Proficiency



If English is not the student's first/primary language and they are not from an English Exempt Country (see next slide), they must provide supporting documentation to show they meet one of the conditions below. Students will not be admitted until this requirement has been met.

- **1.** Ten consecutive years of residency in Canada that may include years of study in Canada. The period of residency will be the time elapsed between the "Landed On" date on the Record of Landing Document and July 1 of the year of application, or
- **2.** Three years of full-time education in English at secondary (high school) or post-secondary (university or college) levels in Canada, or
- **3.** Graduation from a Manitoba high school with at least one Senior 4 Core English credit with a minimum grade of 70% (U of W) or 75% (U of M) (Comprehensive Focus, Literary Focus or Transactional Focus) (NOTE: For RRC you need 2 Grade 12 English Classes, with a minimum average of 75%)
- **4.** Completion of an English language test such as DuoLingo or IELTS (minimum score required)

FOR MORE INFORMATION:

- U of W: [English Language Requirements | Future Student | The University of Winnipeg \(uwinnipeg.ca\)](#)
- U of M: [English language proficiency requirements | Explore UM | University of Manitoba \(umanitoba.ca\)](#)
- RRC: [English Language Requirements \(ELR\) :: RRC Polytech Program & Course Catalogue](#)

Examples of English Exempt Countries

NOTE: This list will vary by institution. Double check the institution's website.

Approved ELR Exempt Countries

Antigua and Barbuda

Australia

The Bahamas

Barbados

Belize

Dominica

Ghana

Grenada

Guyana

Jamaica

Kenya

Ireland

New Zealand

Nigeria

St. Kitts and Nevis

St. Lucia

St. Vincent and the Grenadines

Trinidad and Tobago

The United Kingdom and British Overseas Territories

- Akrotiri and Dhekelia

- Anguilla

- Ascension Island

- Bermuda

- British Antarctic Territory

- British Indian Ocean Territory

- British Virgin Islands

- Cayman Islands

- Falkland Islands

- Gibraltar

- Montserrat

- Pitcairn, Henderson, Ducie and Oeno Islands

- Saint Helena

- South Georgia and the South Sandwich Islands

- Tristan da Cunha

- Turks and Caicos Islands

US Overseas Territories

- American Samoa

- Bajo Nuevo Bank

- Baker Island

- Guam

- Howland Island

- Jarvis Island

- Johnston Atoll

- Kingman Reef

- Midway Islands

- Navassa Island

- Northern Mariana Islands

- Palmyra Atoll

- Puerto Rico

- Serranilla Bank

- U.S. Virgin Islands

- Wake Island

How does AP credit transfer work for Universities?

Your AP Credits are eligible for university credits if your marks are strong enough. Even if strong enough, it is your choice if you want the credits to be transferred.

They are not automatically transferred. You must complete a form along with your official copy of your results.

Visit your
chosen
institution's
website →

U of W: [Advanced Placement \(AP\) and International Baccalaureate \(IB\) Information | Future Student | The University of Winnipeg \(uwinnipeg.ca\)](#)

U of M: [Transfer credit information | Explore UM | University of Manitoba \(umanitoba.ca\)](#)

USB: [Advanced Placement - Université de Saint-Boniface \(ustboniface.ca\)](#)

CMU – page 2: [Recommendation regarding Transfer Credit for International Baccalaureate Courses \(cmu.ca\)](#)

Advanced Placement (AP) – Transfer Credit Information

| | U of M <i>Transfer credit</i> Information Explore U of M University of Manitoba /www.uofm.ca | U of W <i>Advanced Placement (AP) and International Baccalaureate (IB)</i> Information Future Student The University of Waterloo /www.uofw.ca | USB <i>Advanced Placement</i> Université de Saint-Basile /www.usb.ca | CMU <i>Recommendation regarding Transfer Credit for International Baccalaureate Courses</i> /www.cmu.ca |
|--|--|---|--|--|
| AP MARKS <ul style="list-style-type: none"> • 5 and exam mark of 95% • 5 • 4 • 3 | <ul style="list-style-type: none"> • A+ • A • B • No credit | <ul style="list-style-type: none"> • A+ • A • B+ • B | <ul style="list-style-type: none"> • A • B • No credit | <ul style="list-style-type: none"> • A • B • No credit |
| Calculus AB 425 3 credit hours at university | MATH 1230 Differential Calculus (3) OR Math 1510 Applied Calc 1 (3) | MATH-1103/3 Introduction to Calculus 1 <i>*MINIMUM mark of 4 on AP exam</i> | MATH 1501 (3): Introduction au calcul OR MATH 1510 (3): Applied Calculus 1 | MATH-1020/3 Introduction to Calculus |
| Biology 425 6 credit hours at university | BIOL 1020 Bioprinciples (3) & BIOL 1030 Biodiversity (3) | BIOL-1115/3 Cells and Cellular Process & BIOL-1116/3 Evolution, Ecology and Biodiversity <i>*MINIMUM mark of 4 on AP exam</i> <i>NOTE: Students must have standing in Pre-Calculus or Applied Math 405 and Chemistry 405 to continue into upper level Biology Courses</i> | BIOL 1021 (3): Biologie 1: Thèmes et principes & BIOL 1031 (3): Biologie II: Diversité biologique, fonction et interaction | BIOL-1331/3 & 1341/3 Non-lab Biology 1 and 2 |
| Chemistry 425 6 credit hours at university | CHEM 1100 Introductory Chemistry I (3) & CHEM 1110 Introductory Chemistry 2 (3) & CHEM 112L Chemical Techniques (0) | CHEM-111/3 Introduction to Chemical Properties of Matter & CHEM-1112/3 Basic Principles of Chemical Reactivity <i>*MINIMUM mark of 4 on AP exam</i> <i>NOTE: Students must have standing in Pre-Calculus or Applied Math 405 to continue into upper level Chemistry Courses</i> | CHEM 1301 (3): Université I Chimie: La structure et la modélisation chimique & CHEM 1311 (3): Université I Chimie: Une introduction à la chimie physique | CHEM-1010/3 & 1020/3 Chemistry 1 and 2 |
| Physics 1 425 3 credit hours at university | PHYS 1020 Gen Physics 1 (3) | PHYS-1101/3 Foundations of Physics 1 | PHYS 1021 (3): Physique générale I | PHYS-0100-3 or unallocated Physics |
| English Literature & Composition 425 6 credit hours at university | ENGL 1200 Rep Lit Works (6) | ENGL-1001/6 English 1 <i>*MINIMUM mark of 4 on AP exam</i> | ENGL 1201 (6): Representative Literary Works | ENGL 1010/3 and 1020/3 English Literature 1 & 2 |



Specialized Training: Colleges, Trade Schools, & Continuing Education



APPRENTICESHIP

Apprenticeship Manitoba



Why consider becoming an apprentice?

There are over 55 trade programs in Manitoba: [Province of Manitoba | aesi - Manitoba Trades \(gov.mb.ca\)](https://www.gov.mb.ca/aesi/ManitobaTrades)

Being an apprentice fast-tracks you into Red River College Polytech

Most trades offer **great salaries**, and you get to **earn while you learn** and begin your post-training life with little to no debt.

If you complete all your training, you will be able to write an exam that certifies you to work anywhere in Canada, called a red seal exam.

Apprenticeship Manitoba



How do you become an apprentice?

You must find a professional in the field you're interested in that is willing to train you. Once you find someone to take you on as an apprentice, you and your employer fill out an application form, which can be found at:

[Province of Manitoba | aesi - Apprenticeship Manitoba \(gov.mb.ca\)](http://Province of Manitoba | aesi - Apprenticeship Manitoba (gov.mb.ca))

Then you start working, earning money and hours toward your Level 1 certification! Most trades require about 1800 hours of experience per level and have between 2 and 4 levels.



Funding Your Education

- EXTERNAL SCHOLARSHIPS AND AWARDS
- INTERNAL SCHOLARSHIPS AND AWARDS
- STUDENT AID
- TUITION WAIVER
- SPONSORSHIP AND GOVERNMENT FUNDING – INDIGENOUS STUDENTS

External Scholarships, Awards & Bursaries

How do I find scholarships?

- 1) Make sure you apply to university in time to be eligible for automatic entrance scholarships! Do a thorough search of all the scholarships, awards and bursaries available at the university/college you are planning to attend.
- 2) Check out the list on the CMMC Scholarship Blog: <http://cmmcscholarships.blogspot.com/>
- 3) Check out Winnipeg School Division's list of scholarship, organized by deadline month: [Scholarships \(winnipeg.sd.ca\)](http://winnipeg.sd.ca/Scholarships)
- 4) Check out Futures Forward Scholarship Guide – Scholarships for Students from Care, Indigenous Students, Scholarships and Bursaries Open to All, Sponsorship and Government Funding: [2024-2025-Scholarship-Guide.pdf \(futuresforward.ca\)](http://futuresforward.ca/2024-2025-Scholarship-Guide.pdf)
- 5) Make an account on a scholarship search site like:
 - <https://scholartree.ca/>
 - <https://www.scholarshipscanada.com/>
 - <https://yconic.com/>
 - Indspire Home - Indspire



Entrance Scholarships for Post-Secondary

***Apply by March 1st to be automatically considered for Entrance Scholarships based on Grades (85% average or higher based on 5 best 40S level classes)

University of Manitoba:

[Entrance awards | University of Manitoba \(umanitoba.ca\)](#)

***Note: There is a set list of 40S courses that are eligible for scholarship, while others are not. Please review this list to ensure you would qualify. If not, reach out to your Student Services contact to discuss further. [40s-coursescholarship-list-100721.pdf \(umanitoba.ca\)](#)

*** You may want to consider the Leader of Tomorrow or Indigenous Leader of Tomorrow Scholarship – application due December 1st

University of Winnipeg:

[Entrance Awards \(first-year students\) | Awards | The University of Winnipeg \(uwinnipeg.ca\)](#)

***Also has some Application-Based Required Entrance Scholarships – complete the application form (opens in November) by March 1st to be considered

Université de St. Boniface:

[Entrance Scholarships - Université de Saint-Boniface \(ustboniface.ca\)](#)

Red River College:

[Awards, bursaries, and scholarships :: RRC Polytech Program & Course Catalogue](#)

Canadian Mennonite University:

[Academic Scholarships for New, Returning, and Transfer Students | Undergraduate Scholarships & Awards | CMU](#)

Manitoba Institute of Trades and Technology:

[MITT Bursaries Scholarships and Awards | Manitoba Institute of Trades and Technology](#)

Tips For Applying For Awards, Scholarships & Bursaries

- Get started early.
- Be accurate and complete.
- Be personal and specific.
- Proofread your application.
- Choose your references carefully.
- Give your references time (min. 2 weeks)
- If needed, request your transcript from the office early. Save it as a PDF.
- Thank your references!
- Keep your contact information current.
- Check your email account frequently.
- Continue trying.
- Watch for Deadlines!
- Ask for help if needed.



Internal Scholarships & Awards

CMMC offers many internal scholarships. You will be required to complete a Microsoft Form detailing your extra-curricular involvements and other details to be eligible.

****This form will be editable so you can continue adding to it.

****Completing this one form allows you to be eligible for consideration for the many awards we offer.

****See Handbook which consists of a comprehensive list of school-based awards on the CMMC webpage to see which awards you may be eligible for.

**** Complete this form (QR CODE OR LINK) by March 1st to be considered for internal scholarships!

<https://forms.office.com/r/qa4JL77RHL?origin=lprLink>



Canada-Manitoba Integrated Student Aid



Manitoba Student Aid administers provincial and federal financial assistance for post-secondary studies in the form of loans, grants and bursaries for eligible applicants.

You can apply for **both** federal & provincial assistance in one application, directly with Manitoba Student Aid.

<https://www.edu.gov.mb.ca/msa/>

MB Student Aid Overview: [Manitoba Student Aid Presentation \(gov.mb.ca\)](https://www.edu.gov.mb.ca/msa/)

Benefits of Student Aid



Loans
Bursaries
Grants



We're not just for loans! One application qualifies you for bursaries and grants too!

- Not just a loan. There are many **non-repayable** grants & bursaries that they will automatically assess your eligibility for
- 0% interest & interest-free repayment
- No payments required while you are a full-time student
- Repayment assistance available if you are experiencing financial hardships



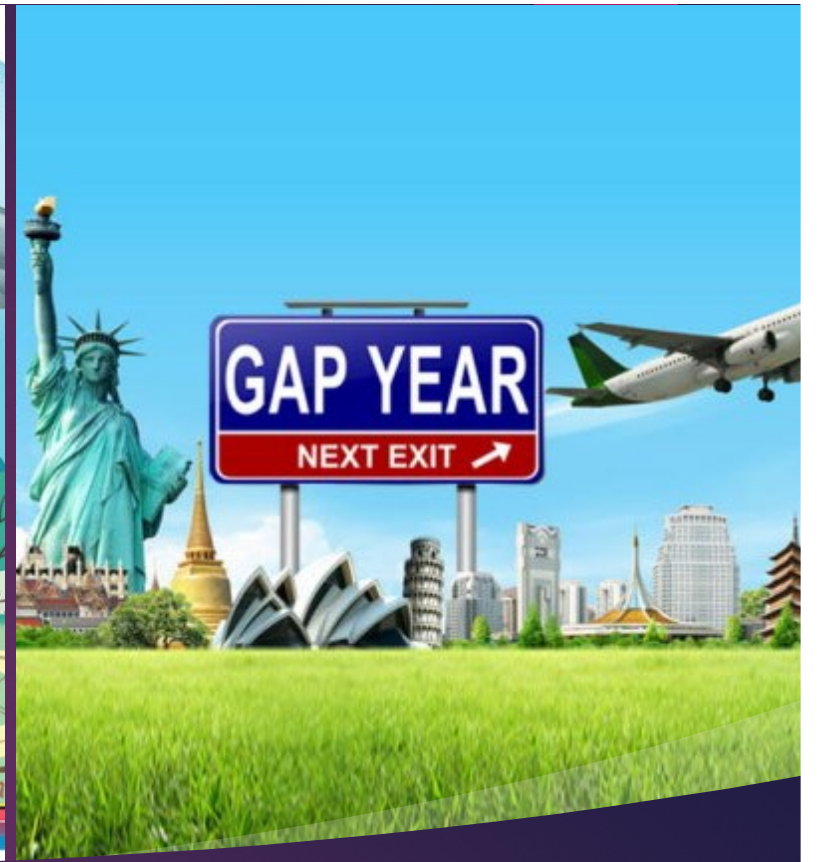
Futures Forward Tuition Waiver Program

- Ten colleges and universities in Manitoba offer a limited amount of Tuition Waivers for **current and former youth-in-care**
- Bursary may cover the tuition of a certificate, diploma or undergraduate program
- Tuition Waiver students are also eligible for Living Supports through Workforce Training & Employment (WTE) to sponsor books, supplies and a biweekly living allowance
- Deadline: March 31st

Indigenous Students: Sponsorship & Government Funding



- Financial sponsorship for eligible Indigenous students with Status and eligible Inuit students may include tuition, fees, mandatory books, supplies and allowance. Contact your band's local office for application forms and deadlines: Post-Secondary Student Support Program (sac-isc.gc.ca)
- Métis and Non-Status and Inuit students are advised to contact the Manitoba Métis Federation's Métis Employment & Training to check eligibility: Métis Employment & Training | Manitoba Métis Federation (mmf.mb.ca)
- Check out the Indspire Bursaries and Scholarships: Bursaries & Scholarships | Indspire
- Check out the following guide for other scholarship and funding opportunities for Indigenous Students: 2024-2025-Scholarship-Guide.pdf (futuresforward.ca)



GAP YEAR

Travel Opportunities for Students



Sites to get you started:

- **Canada World Youth** (volunteer exchange programs): [Canada World Youth | Volunteer Forever](#)
- **SWAP (Live and work abroad)**: www.swap.ca
- **Explore Program** (Five-week French language bursary program): www.myexplore.ca
- **Volunteer Eco Students Abroad**: [Volunteer Eco Students Abroad | Volunteer Forever](#)
- **Teach English Overseas**: www.globaltesol.com
- **Student Exchange Programs**: <https://asse.com/>
- **WWOOF** (live and learn on organic farms worldwide): <http://wwwoof.net/>
- **Volunteer and Intern Abroad**: www.projects-abroad.ca

National Experience

Katimavik's National Experience program offers a unique five-month journey in two locations. Dare to live with up to eleven young people from across Canada, and spend several days each week volunteering with community organizations.

You will be one of up to 12 people living under the same roof. Together, you will undergo a truly unique experience.

Your journey won't just last a week or two, but for over five months in two different communities.



FuturePerfect

Katimavik's employment program will help you develop your skills through real-life experiences and prepare you for your career.

FuturePerfect aims to create equal and inclusive opportunities for all the young people who participate in it. The program lasts 14 weeks, including 2 weeks of employability training.

Further Questions?

Please contact Mr. Schulz or Ms. Thompson

*A REMINDER to listen to announcements carefully, especially until the Student Services Teams is up and running.

