



Collège Miles Macdonell Collegiate

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Winter 2024

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For more information about the board of trustees, visit: www.retsdb.ca > Your RETSD > Board of Trustees



*RETSD is on Facebook and Twitter!
Like and follow us to stay up-to-date on what's
happening in the division.*



Collège Miles Macdonell Alumni Association

Here is a wonderful way to stay connected to Miles Macdonell Collegiate!

Please consider joining the Alumni Association.

Most importantly, this is the group that organizes multi-year reunions for all MMC graduates. The Alumni Association also carries on a few activities that are of value to current and former students alike, such as:

- Scholarships for graduating students
- Grants for changes to and equipment for the school
- Pizza lunches for EAL students
- Sale of digital versions of MMC Year Books dating back to 1952-53.

With the next major milestone reunion expected to be the 75th in 2027, the current slate of Association directors is unlikely to be the group that organizes it.

In addition, the funds in the trust that allows the Association to provide the scholarships and other grants for school changes and equipment will require on-going attention.

The best ways you can get in touch with the group are by visiting and liking their Facebook page at www.facebook.com/MMCAA, or you can contact the current Board of Directors elected officers directly via email as follows:

- Honorary Chair Darlene Lindsay (Former teacher)
- Chair: Ronald N. Storozuk ronstorozuk@mts.net
- Vice-Chair: **Position Vacant**
- Treasurer: Donna Cudmore dc2cd@shaw.ca
- Secretary: Maureen Silk mtsilk@shaw.ca

Other Directors are **Rick Dondo and Carmen Dondo**



They look forward to hearing from you!

Have you tried Pay Pal?

Did you know that you can pay your student's outstanding fees online? You can sign into the Parent Portal, and you will see a series of tiles, one of which is "Fees & Billing".

Fees owing are visible, and you now have the option of paying for outstanding fees this way. There is a nominal fee to use this service.

It is a great way to stay on top of all fees owing!



Attendance Telephone Number

Did you know that Collège Miles Macdonell Collegiate has a designated Attendance telephone line?

This is the phone number you need to call when your student will be absent for any reason. It is a voicemail messaging system. You can leave a message on this line stating your student's name, the date, and the reason for the absence at the following number:

CMMC Attendance Line:

(204) 663-4068

Please always use this number to report an absence





Parents & Guardians

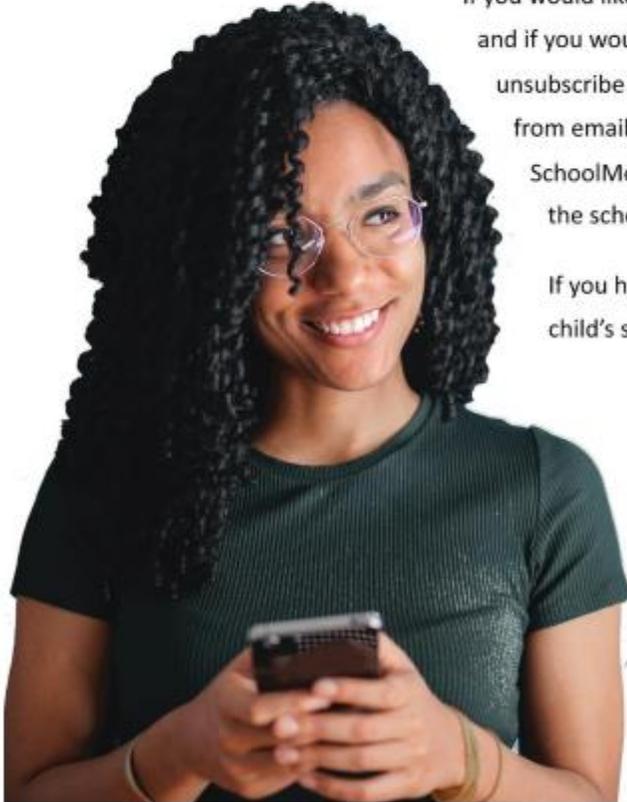
Get texts and emails about bus delays right to your phone!

The RETSD transportation department uses SchoolMessenger to deliver texts and emails about bus delays, route cancellations, and more, directly to your child's primary contact with a cellphone number and email address in the system.

If you wish to continue receiving the texts and emails, no further action is needed apart from ensuring your contact information is up to date with the school(s), with a cellphone number and email address for the primary contact.

If you would like to opt out of texts, simply reply STOP, and if you would like to opt out of emails, click the unsubscribe link. **Please note:** If you unsubscribe from emails, you will be unsubscribed from all SchoolMessenger emails, including ones from the school that may pertain to your child(ren).

If you have any questions, please contact your child's school for assistance. 



PROJECT LIFE NEWS

PROJECT LIFE UPDATE

Teachers: Kristin Madsen and Joel Schreyer
Job Coaches: Nicole Munoz and Jodi Van Gerwen



Project Life is a unique independent living and job skills transition program for high school students living with a developmental disability. We are excited to be piloting this program for the first time at CMMC. Students in Project Life head off every morning with their job coach to their workplace, where they learn and work towards meeting employer standards on the job. In the afternoon, students have daily lessons related to independent living, and reinforce skills learned on the job.

Currently, students are partnering with Bergen Gardens and Concordia Hospital, where they work in various roles, including food services, store cashier, sanitation, water delivery to patients, and helping to run a recreation program for seniors. Our workplace partners consistently express how much they enjoy and appreciate the strong work ethic, professionalism and dedication shown by our Project Life students and job coaches.

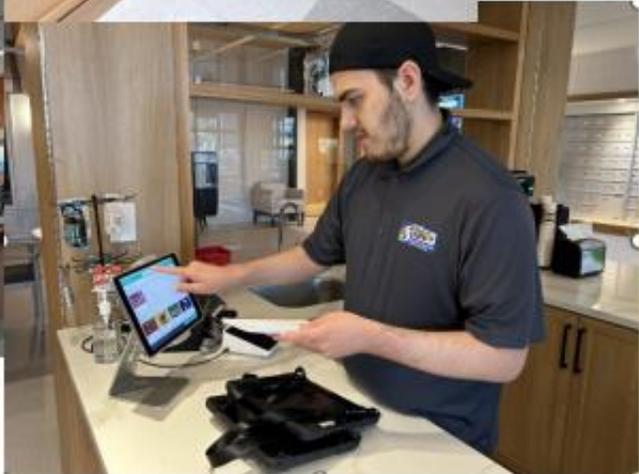


In term 2, students focused on developing their own micro-business plan, including market research, advertising, creating a budget plan, and hosted a “Shark-tank” style sales pitch for “investors” from the RETSD Board Office who generously offered to provide business start-up costs to support our students.

Beginning in February, students will run their own student led microbusinesses, PopLife and CafLife, selling popcorn and specialty coffees to staff and students every Friday at lunch. They look forward to learning business management, customer service and money handling skills.



PROJECT LIFE



STUCO NEWS

December

We are delighted to share a recap of the winter grade wars, specifically the gym riot, organized by your Student Council (STUCO). The gym riot consisted of traditional favorites such as Limbo, Musical Chairs, Four Corners, and Tug-O-War. STUCO would also like to give a special thanks to ACE Dance Crew for their incredible performance to conclude our winter gym riot.



The Winter Grade War points are as the following!

- Grade 12s – 23900 points
- Grade 11s – 15700 points
- Grade 10s – 13100 points
- Grade 9 s – 7100 points

Congratulations to the grade 12s for winning the winter grade wars!



We extend our sincere appreciation to all students, and staff who actively participated, contributed, and supported the winter gym riot. Look out for second gym riot in March.

Way to show school spirit Buckeyes!

STUCO NEWS

JANUARY NEWS

STUCO has also been active in the buckeye community for the month of January with initiatives for Valentine's Day, I love to Read Month and Black History Month, and our very own CMMC Peer Mentorship Program.

For Valentine's Day, STUCO continued to participate in the annual fundraiser of selling roses to students across the school. The roses were sold at the end of January and were delivered just in time for Valentine's Day to spread positivity amongst the buckeye community and among friends.

Another initiative that STUCO spear-headed in February was an I Love to Read Month "Blind Book Date" challenge featuring black authors and their esteemed work. The goal was to wrap book covers written by these authors in brown paper and challenge the students to not reveal the cover of the book until they had checked it out of the library. This initiative encouraged students to learn more about black authors who have made an impact on the world of literature, and also to not judge a book by its cover when reading it.

The CMMC Peer Mentorship program is one that launched in the month of October and was successful among students in the buckeye community. Whether it was students in older grades signing up to be a mentor, or students in younger grades hoping to become mentees, the program has built relationships of trust and learning among students across the building. With a change in classes for semester two, STUCO is in the process of re-evaluating the program and reaching out to students once again to join the program if they did not get a chance to for semester one. This will accommodate the needs of the students with a change in schedule, along with providing more flexibility to mentors who may have more time to provide their mentees with.

BOYS HOCKEY – Nova Scotia Trip

In early January the Boys Hockey team travelled to Halifax/Dartmouth to take part in the City of Lakes Tournament. The competition out east was fierce, and wins were hard to come by, but the boys acquitted themselves well. We exchanged Manitoba themed gifts with each team before our games to develop some interprovincial friendship. The boys and coaches also took the opportunity to explore the history and culture of the area. We made visits to the famous lighthouse at Peggy's Cove, the Pier 21 Immigration Museum, the Citadel, and Government House (NS Legislature), and a Halifax Mooseheads hockey game. We also made sure to experience the local seafood cuisine, a must for prairie people! A highlight was an opportunity to visit and get a guided tour of the HMCS Sackville, a WW2 era naval corvette. It was amazing to hear how young men, including many from Manitoba, served in such challenging circumstances on the high seas. We found friendly people throughout Nova Scotia that took an interest in us and made efforts to show us around their beautiful province.

The team is currently working hard towards our local city playoffs. Check out www.winnipegshl.com for our results and for updates as well as our Instagram page @mmcuckeyeshockey

Coach Fritzsche



BOYS HOCKEY – Nova Scotia Trip



BOYS HOCKEY – Nova Scotia Trip





ESD NEWS

ESD (Education for Sustainable Development) News Submitted by the ESD Co-Chairs Jonah Henwood, Precious Ola-Joseph, and Lukwasa Faragalla

Teacher Leaders: Kara Street and Laura McCrindle

October marked an important beginning for ESD as it was a time when members joined, and the main initiatives of the year were outlined. We focused on various ideas including our outdoor classroom maintenance and the watershed projects initiated by our members. The stationary recycling project, led by a student - Cherry Wang, aims to recycle writing instruments. The bins strategically placed around the schools have been filling up as students bring in their share of recyclables, our team has emptied them several times now which proves the success of the initiative. ESD has their own battery and e-waste collection as well, the project urging to properly recycle these materials instead of throwing them in the garbage. Perhaps the most exciting part of October was ESD's first-ever eco-tips. Eco tips are announced every Thursday and include different things the student body can do to help save our planet. They encourage everyone to be mindful of their impact and spread ESD's message about education for sustainable development.

For November we held a sustainable café in the tunnel. We sold Tall Grass Prairie cinnamon buns like we did last year, alongside our vegan pumpkin spice lattes. Our lattes were flavoured with homegrown Miles Mac pumpkin that was processed by a member of the culinary program and ESD, Nathaniel Coutu. To top off our "café vibe" we had students from our music program perform some live jazz in the background. Overall, our sustainable café was a huge success as we sold all our stock within the first lunch hour and will be something to look forward to in the coming year.

During the month of December, ESD put on various festivities. Initially, we put on our first Holiday Café, where we sold fair trade hot chocolate with various toppings such as candy cane crumbs, whipped cream, marshmallows, and more! We also had ESD members graciously bring in baked goods ranging from cookies and cupcakes to cake pops to peppermint treats. Our Holiday Café saw record community engagement – we were sold out of everything by the end of the lunch period. Additionally, we hosted a wooden ornament sale. ESD committee members spent several lunch periods decorating our ornaments using sustainable birch discs. Using a variety of paints, recyclable materials, and the creativity of ESD members we sold beautifully created ornaments to our Miles Mac community. By delivering specially ordered ornaments to individual classrooms, we hoped we spread a little holiday cheer! To end the month, we hosted a pizza party to celebrate ESD's achievements!

In February, ESD sold handmade jewellery for affordable prices. We sold earrings, bracelets, and necklaces which ranged from \$3-\$5 each. Each piece was made by Hannah Cachero, an ESD member and small business owner. She created each piece from recyclable materials, thereby promoting the ESD message. With this sale, we focused on how buying from small businesses and gifts that are not the wasteful plastic novelty ones aids our environment. Valentine's Day is very wasteful and by buying gifts from a small business that does sustainable practices, you are contributing to a less wasteful holiday!

And in April, we will throw our biggest event of the year, Earth Week! We have already begun to plan for Earth Week and plan to keep many of our old events but with new twists! As it stands, we plan to start up our ESD Thrift Store where our school population will be able to purchase donated clothes for very low prices! We placed a bin out in January and will continue to collect clothes until April! Before the Thrift Store, we will throw our fashion show! In the theatre, students will dress up in the donated clothes before they are sold at the thrift store! This initiative is used to promote thrifting and clothing donation as opposed to just discarding your clothes! These will be alongside Hack Club's hack-a-thon where students will code for a to-be-determined because that relates to the environment and our many workshops and guest speakers on the last day of the week!

As the year progresses, ESD would like to focus on advocacy and educating our school population. In the month of March, we plan to run a documentary in the theatre that educates our students on a current environmental issue. Additionally, our Earth Week workshops, and guest speakers too will educate our school population on ways to be more sustainable and what is going on in our world. In June, we'd further spread our message by organizing community cleanups that each student can participate in!





Sustainable Ornament Drive
\$2.00 per ornament
Buy for yourself or as a gift
All ornaments are made from recycled materials
*Delivered on Dec 14th 2021

HOL
CAFE
Hot Chocolate \$2
Coffee \$2
Reusable Mug \$1.50
Baked Goods \$1-3
Donations \$10

Indoor Track and Field News

The Indoor Track and Field team is off to a great start competing in 3 meets so far as part of the Championship Series held at the University of Manitoba. A special shout out goes out the following athletes that had top 12 finishes in their events as the top 12 finishers at the end of the series for each event will qualify for the Championship Meet on March 16th.

Meet 1

Varsity Girls 1500m- Izzy Mann 2nd, Sarah Madsen 5th, Kendra LePage 6th, Izzy Frost 9th

JV Girls High Jump- Portia Diakiw 2nd, Cameron Hrysio- 3rd

JV Girls 1500m- Hailey Page 4th, Riley Fontaine 5th

JV Girls 60m Hurdles- Hi-Ling Lao 7th

JV Girls Shot Put- Elyana Blahey 5th

Varsity Boys 60m- Eshoi Ewers 2nd

Varsity Boys 1500m- Isaak Smith 8th

Varsity Boys Triple Jump- Jack Henwood 11th

JV Boys 200m- Jonathan Snider 7th

JV Boys 1500m- Isaac Nichol 6th, Jonathan Snyder 8th, Sebastian Galaz 12th

JV Boys 60m Hurdles- Micheal Bukola 11th, Ilian El Khallaa 12th

Meet 2

Varsity Girls 800m- Sara Madsen 9th, Brooklyn Marion 12th

Varsity Girls Hurdles- Luca Kennedy 5th, Faith Sodloski 10th

Varsity Girls Medley- 3rd

Varsity Girls Long Jump- Eliana Stark 2nd

JV Girls 400m- Emily Harmacy 10th, Hai-Ling Lao 11th

JV Girls 800m- Hailey Page 9th, Riley Fontaine 12th

JV Girls Medley- 2nd and 6th

Varsity Boys 200m- Eli Dawkins 7th

Indoor Track and Field News

Meet 2 - continued

Varsity Boys Hurdles- Jack Henwood 11th

Varsity Boys 800m- Isaak Smith 9th

Varsity Boys Shot Put- Nathaniel Coutu 2nd, Alejandra Escobar 11th

JV Boys 400m- Jonathan Snider 4th

JV Boys 800m- Isaac Nichol 6th

JV Boys Medly- 1st and 11th

JV Boys High Jump- Oaklin Malmquist-Hamelin 5th, Elliot Smith 9th

JV Boys Shot Put- Aidan Skrabek 9th

Meet 3

Varsity Girls 400m- Eliana Stark-12th

Varsity Girls 1500m- Sarah Madsen- 6th, Brooklyn Marion 8th

Varsity Girls High Jump- Eliana Stark- 6th

Varsity Girls Shot Put- Luca Kennedy- 7th

JV Girls 1500m- Hailey Page- 4th, Riley Fontaine 8th

JV Girls 60m Hurdles- Riley Fontaine- 9th, Hai-Ling Lao- 10th

JV Girls High Jump- Cameron Hrysio- 4th, Portia Diakiw- 5th

Varsity Boys 60m- Eshoi Ewers- 3rd

Varsity Boys 400m- Eli Dawkins- 4th

Varsity Boys Shot Put- Nathaniel Coutu- 5th

JV Boys 200m- Jonathan Snider- 7th

JV Boys 1500m- Isaac Nichol- 7th, Jonathan Snider- 9th

Junior Varsity Boys Long Jump- Jaryne Dela Rosa- 6th, Benjamin Mulimbwa- 9th



Ethics Bowl News

On Friday, February 23rd we will be sending a team of 7 students to participate in 10th Annual Manitoba Regional Ethics Bowl. This event, put on by The Manitoba Association for Rights and Liberties, and the University of Manitoba Centre for Professional and Applied Ethics, will be held at the University of Manitoba University College Building.

Our team is coached by Ms. Street and consists of grade 12 students Gagandeep Sahota, Precious Ola-Joseph, Nyla Hicock and Sarah Madsen, grade 11 students Kyna Burdeniuk and Delices-Shaloom Solotshi and grade 10 student Lisa Berezovksa.

The winning team at the regional event will then move on to compete the in the national event in April. An Ethics Bowl is a collaborative yet competitive event in which teams analyze a series of wide-ranging ethical dilemmas. Judges rate responses according to the quality of a team's reasoning and how well team members: organize and present their case; attend to and analyze the morally relevant features of the case; anticipate and pre-emptively respond to commentary and questions.

Teams met at the Canadian Museum for Human Rights for a training session in December and have been spending the past couple of months since then preparing for the event. The Ethics Bowl allows for deeper critical thinking by examining Canadian and international issues as they unfold, while always looking for the best solution possible. Students who have participated say they love the format because of the respectful discussion on difficult issues and many of them have stated it has encouraged them to be more open to ideas.



Grade 9 Canada in the Contemporary World Trip

Ms. Street's Grade 9 Canada in the Contemporary World class visited the Canadian Museum for Human Rights in January to take part in the Rights and Indigenous Peoples in Canada Program.

As part of the Opportunities and Challenges in Canada Unit, students were introduced to a variety of films, artifacts, and stories to help educate them and inspire them to take a positive role in reconciliation between Indigenous and non-Indigenous peoples in Canada.

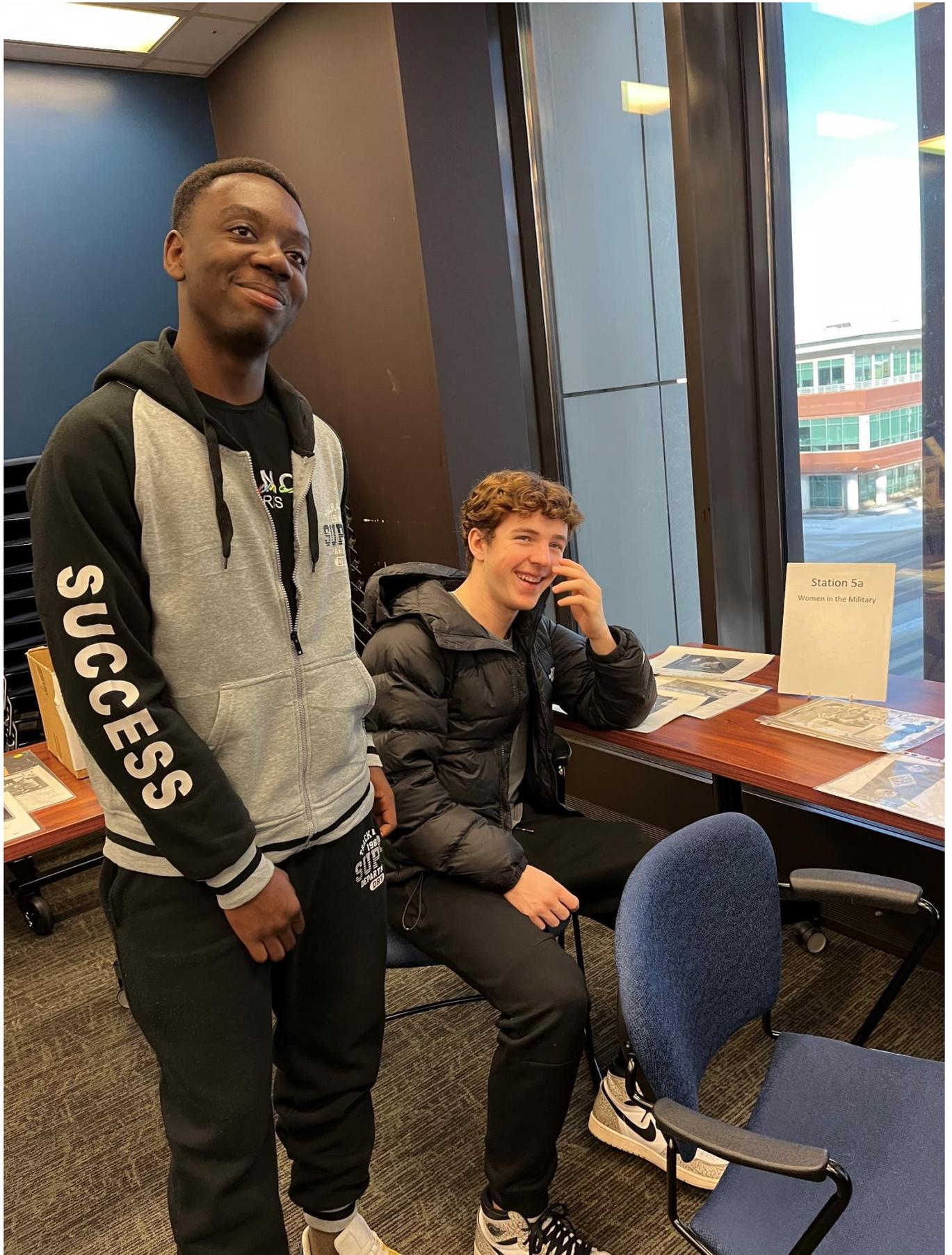


Grade 11 History Class – Manitoba Museum Trip

Students in Mme Santos' grade 11 History classes visited the Manitoba Museum used primary source evidence to learn about contributions of Manitobans in World War 2. But we couldn't leave without seeing the Nonsuch!















Dance News

The beginning of the 2023-24 school year has been a remarkably busy one for ACE Dance Crew. This year over 60 dancers showed up for the auditions that took place in September. The dancers selected started rehearsing right away to be ready for the upcoming performances. The dancers have danced on many unique occasions and have expanded their dancing repertoire to also include Lyrical Hip Hop. Here are a few of the highlights of this past winter where ACE shared their love for dance and their talent with the audience.

For the first time, ACE Dance Crew performed at the Remembrance Day Ceremony at Collège Miles Macdonell Collegiate. The dancers performed a solemn lyrical hip hop piece that showed their respect for this important day.

Another first for ACE happened at the Gym Riot put on by StuCo in December. After the competition between the grades was over, ACE performed their newest dance for the students. The crowd was electric, and the dancers were thrilled to be able to perform in front of the students of Collège Miles Macdonell Collegiate. During the dance, each grade level cheered on the dancers in the grade level when they had solos. It was so great to see the students supporting the dancers. The dancers were thrilled to share their passion and talent with the other students. We cannot wait to do this again at the next Gym Riot!

Children's Winter Arts Festival

On Thursday, December 21st, Collège Miles Macdonell Collegiate's Performing Arts and Fine Arts students along with StuCo members welcomed the Grade 1 and 2 students from École Springfield Heights School and Polson school for a morning to celebrate the arts. The Children's Winter Arts Festival started with everyone meeting in the theatre and then splitting into small groups to go to the different activities. The different stations included: Face Painting, Singing, Drama Games, Dancing and then a little time to relax with our Story and Snack station (run by Ms. Kowalyk and her Grade 12 English students). The last stop of the morning was back to the theatre for a performance by Compass and the dancers in the Miles Mac Dance Program.

Believe it or not, there was even a visit from a special someone from the North Pole to finish off the morning. All the students, young and old, had a huge smile on their face at the end of the morning. And the biggest question was "Can we do this again next year?" And the answer of course is, "DEFINITELY!!" See you all next year!

Mikey Harris and Tinikling

This semester, the Dance program students were so lucky to be able to learn about the importance of cultural dances. We had two guest teachers come in to teach us two completely different styles of dance and we had a blast.

Our first guest was Mikey Harris. Mikey is a Metis dancer who started Jigging when he was 4 years old. Recently, he has created his own style where he does traditional Jigging to Hip Hop music.

Mikey came in and taught the dancers a new dance that he had just choreographed. All of the dancers were so impressed with Mikey's talent and kindness.

Our second guest was Goldie, who came to teach the students about the traditional Filipino dance called Tinikling. The students learned about the origins of this dance and were able to learn the intricate steps and how to use the bamboo sticks at the same time as their partner was dancing. The students could not believe how easy it looked but how difficult it was to do. A lot of laughs and good moments were shared while learning about this cultural dance.

An evening of student Choreography

Students in the Collège Miles Macdonell Collegiate's Dance Program proudly presented "An evening of Student Choreography" on Thursday, January 25th at 7 pm in the theatre. Parents and friends came out to see an incredible performance that showcased the many talents of the dancers at Miles Mac. The audience was treated to student choreography of so many different dance genres. There was Ballet, Tap, Modern/Lyrical, Hip Hop and Jazz. The students in the Dance Program also presented their Hip Hop choreography that they learnt with our guest instructor, Ms. Makenzie Frias. What a show!

Thank you so much to all parents, friends and families who came out to support the dancers and the program.

The Collège Miles Macdonell Collegiate Dance program will be presenting their next show on Thursday, May 13th at 7pm in the Theatre. The show is called "Dancing with the Staff" and includes the staff competing for the trophy of Best Group. Hope to see you all there!

Performing Arts Tour 2024!

Sometimes it is hard to know which options you want to take in grade 9, when you are filling out your registration form for your big move to high school. The students at École John Henderson Middle School and École Munroe Middle School had some help from the Performing Arts students at Collège Miles Macdonell Collegiate. On Friday, January 26th, 60 Drama, Music, Choir and Dance students performed for both of these middle years schools. Mr. Rempel along with Compass performed 3 songs from their repertoire and some students shared their experiences of what the music program is like at Miles Mac. While Compass was playing, the students were treated to a slideshow that highlighted the many talented artists from the Fine Arts Program that is taught by Ms. Fraser and Ms. Kruger. Ms. Belton's talented Drama students played a fun improvisation game that had everyone laughing! And Mme. Ybanez's dance students wowed the audiences with their energy and their expertise. The day was a lot of work, especially for the music students with the setup and takedown of the instruments, speakers, mics, etc.

All students had a wonderful time, especially with that Pizza lunch!! And we can hardly wait to see the students from these two schools walking the hall of Miles Mac and hopefully participating in the awesome arts programs at Collège Miles Macdonell Collegiate.













Black History Month

February was Black History Month at College Miles Mac Collegiate (CMMC) we are proud of the many accomplishments to recognize the significant contributions of Black people in our community.

Our Anti-Racism Committee (ARC) met more than usual to plan events that would take place over the course of the month and that would involve all of the student body. The activities that were organised were meant to engage both students and staff.

The list of activities is below:

- There was a BHM historical figure scavenger hunt.
- A weekly BHM trivia that covered a variety of themes from sports to pop culture, significant women, and History.
- Student art was created and displayed proudly in our hallways.
- A BHM Panel discussion took place on February 28 in the theatre. Sherry Jones (MTS Staff Officer), Praise Okwamabua (Business owner), Andre Sheppard (Canadian Military) and Linzy Jones (True North Executive Vice President and CMMC alumni) were our guest speakers. Our panel was diverse, engaging, and enthusiastic with all of their responses.
- Bakes sales
- Posters displaying Black musicians and their contributions throughout history.

February is normally a cold and dark month but within the walls of CMMC, our students and staff were able to be warmed up by the many activities that took place throughout the month. We thank everyone for their participation and hope that it was something that can continue to grow in the future.

