KEC Uncovered

Tuesday, April, 21, 2026 Vol 3

School Sports at KEC

FOOTBALL AT KEC

Football at Kildonan-East Collegiate continues to build a strong reputation for teamwork, determination, and school pride through the success of the KEC Reivers. Known as the “Reiver Nation,” the team has become an important part of student life at school.

Some of the team’s biggest highlights were during the 2025–26 year as the KEC Reivers demonstrated determination, teamwork, and strong athletic performance. The team competed with confidence against tough opponents in the Winnipeg High School Football League, earning the respect of students, coaches, and parents across the city. Their hard work, discipline, and school spirit helped make it an exciting and memorable football season.

Head coach Jason Hawkins has played a major role in building the football program since the beginning of 2006. Coaches and players have focused not only on winning games, but also on leadership and personal growth. “Respect all, fear none” has become one of the team’s well-known mottos.

The school’s athletic success is not only just football. The KEC Reivers basketball team celebrated a historic season in 2025 by winning the AAAA boys basketball provincial championship with a 67–52 victory over the Dakota Lancers. The team completed the season undefeated, and earned the school’s first basketball provincial title since 1990!

OTHER SPORTS AT KEC

Other sports such as Flag football, badminton, and soccer have also demonstrated strong determination and skill throughout the season. JV and varsity came extremely close to winning as they went into overtime, but ultimately lost. As we say, you either win or learn. Now you might ask, what does it take to turn a season of near misses into a win? For the grade nines it was grit, skills, and hard work by coaches and players. Not to forget about our Flag footballers who scored touchdowns back-to-back but unfortunately lost 3-5 during the final quarter against West Kildonan Collegiate.

But don’t let that get you because it’s only the beginning of the season. Big congratulations to Esports who secured a provincial win for KEC.

FINAL THOUGHTS

Students at KEC continue to play sports along with a strong academic performance with pride and enthusiasm. From football games and basketball championships, to near misses, Reiver athletes represent their school with hard work, sportsmanship, and determination. KEC athletics has helped strengthen school spirit and has inspired many students to become involved in sports and extracurricular activities.

Written by: Mahinpreet Kaur

KEC Uncovered

Thursday, April, 23, 2026 Vol 3

A Symphony of Six: RETSD Voices Unite at River East Collegiate

On April 23rd, the quiet auditorium of River East Collegiate (REC) was transformed into a powerhouse of sound as students from across the division gathered for the 3rd annual Choir Divisional Day. It wasn't just a series of performances; it was a full-scale celebration of music. Talent from REC, KEC, MM, Murdoch, TCI, and CPET, all brought together.

BREAKING THE ICE WITH HARMONY

The day kicked off with a powerful moment of unity. Hundreds of students from all six schools stood together for a massive collective warm-up, singing "Love is Love" by Abbie Betinis. The room was instantly determined, shifting from six individual schools to one massive divisional choir. That initial harmony set a tone of support and high energy that carried through the entire event.

THE ULTIMATE FINALE

To cap off a day of incredible talent, every student returned to the risers for a final, massive collaboration. The day ended on a high note—quite literally—as the entire division joined together to sing "Hey Jude." Hearing the legendary chorus swell as hundreds of voices from different schools blended into one was a truly glorious moment.

THE SPOTLIGHT SHINES

Once the warm-up wrapped up, each school took to the risers to showcase their unique style. The range of music was staggering, proving that choir is about so much more than just classic hymns—it's about storytelling and theatrical flair.

Standout Performances Included:

The High Energy: A driving, rhythmic rendition of "Pompeii," which had the whole room vibing.

The Creativity: A crowd-favourite, "Cups Song" that brought a unique percussive element to the stage.

The Soul: A deeply moving performance of "Time" that showcased the vocal control and emotional range of the singers.

The Drama: A show-stopping delivery of "No One Mourns the Wicked," bringing some serious Broadway energy to the REC stage.

MORE THAN JUST A PERFORMANCE

Beyond the music, the day was a reminder of the community we've built within RETSD. It was amazing to see all the schools come together, just to let the choirs have fun and showcase their hard work. At the end of the day, no matter what school you represented, everyone left REC with a little more rhythm in their step, and a whole lot more pride in their division.

Written by: Pamilerin Oresanya | Photos from: Ms. Issac-Martens-

KILDONAN-EAST COLLEGIATE

KEC Uncovered

Friday, May, 15, 2026 Vol 3

Beyond the Bells: The KEC Spirit Week Recap

If you walked into KEC during the second week of May, you probably would have done a double-take. We hit pause on the usual routine to let loose for KEC Spirit Week (May 11th–15th), and the school was a total vibe from start to finish.

BREAK-DOWN OF THE PAST WEEK

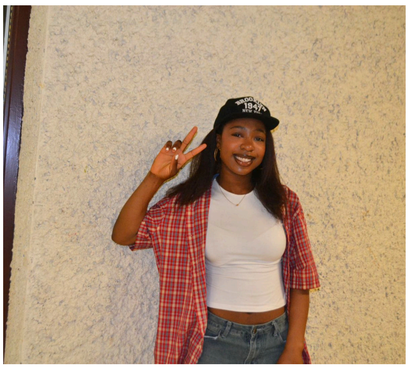
The participation was next-level as everyone brought their A-game to the theme days:

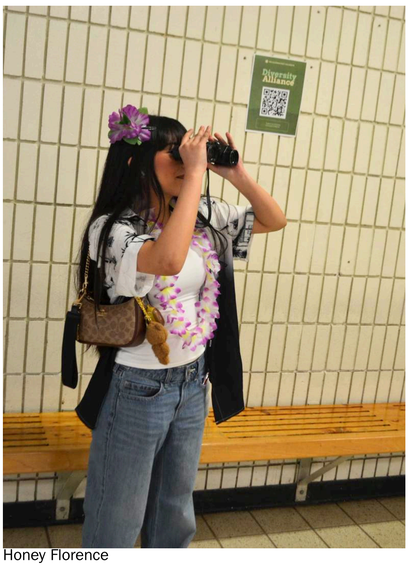
MONDAY - VACATION MODE:

The halls were flooded with "tourists" that were rocking bold Hawaiian prints, and the classic socks-with-sandals combo. It was pretty clear that a lot of you already have your minds on summer break!

TUESDAY- COUNTRY VS. COUNTRY CLUB:

This was the day of the ultimate aesthetic crossover. Cassya pulled up in a flannel outfit that fit the country vibe perfectly, while Tony went all out with a cowboy hat that definitely caught everyone's attention throughout the afternoon. If you were walking down the hallways that day, you definitely couldn't miss the rhythmic sound of all the cowboy boots hitting the floor





Honey Florence

WEDNESDAY - GYM RAT VS. PILATES PRO:

For Wednesday, the school turned into a high-end fitness center, and it was glorious to see the effort everyone put in. From the heavy-duty "gym rat" pump covers, to the sea of super cute, coordinated pilates sets, the aesthetic was a 10/10.

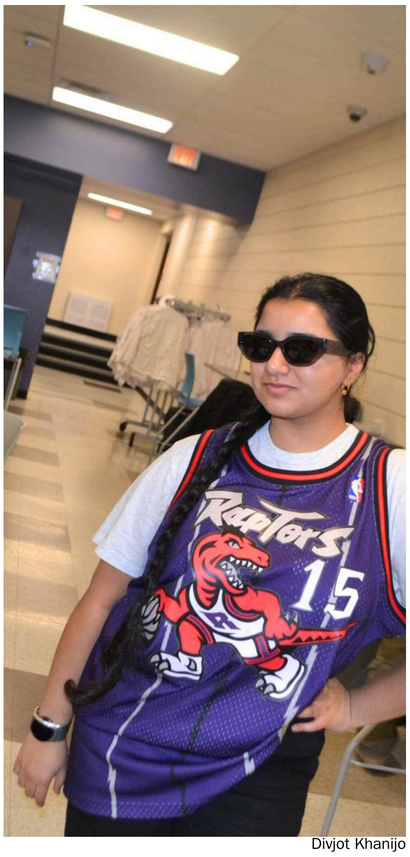
THURSDAY - FLASHBACK FEVER:

We dialed the clock way back for Thursday's Throwback Day, ranging from early 2000's, to the Renaissance Era. In my opinion, Tony was the MVP of the week—he dressed up almost every single day, but his Thursday look was a mystery that gave off major Prince energy.

FRIDAY - MASCOT MADNESS & GRADE WARS:

We capped off the week by celebrating Reiver the Retriever's Birthday with a massive party, and the highly anticipated Grade Wars. Since I couldn't make it out to the action myself, I got the full inside scoop from Sofia Meier, and it sure sounds like the gym was absolute chaos. The rivalry was real from the very first whistle. The Grade 11s took early bragging rights by sweeping the first event, which turned out to be a high-stakes game of Duck Duck Goose. However, the Grade 12s quickly fired back in Pin the Tail on the Dog. Sofia mentioned it was hilarious to watch because the participants got spun around, so much so, that they were wandering in every single direction except towards the actual target.

To settle the score, the afternoon wrapped up with a massive, all-grade Just Dance battle. The Grade 12s walked away with the final crown, though according to Sofia, they might have had a slight advantage just by sheer numbers—there were practically 100 of them out there flooding the gym floor!



Divjot Khanijo

Written by: Pamilerin Oresanya | Photos from: Varvara Lukianova

KEC Uncovered

Thursday, May, 21, 2026 Vol 3

Strings & Voices: The Kildonan-East Choir and Guitar Concert

The stage was set, the instruments tuned, and the energy in the room was palpable as Kildonan-East Collegiate hosted its highly anticipated Choir and Guitar Concert. With a packed house and a diverse program, the evening proved to be a spectacular showcase of the incredible musical talent thriving in our school.

SETTING THE STAGE: THE PRE-SHOW

Before the main event kicked off, the audience was treated to an incredible lineup of pre-show performances that set a high bar for the rest of the night.

The early crowd was treated to the musical talents of individual duos and soloists:

Acoustic Vibes: Soulful opening songs from soloists and duets got the room focused on the music early on.

Collaborative Sets: Group sets brought a beautiful mix of instrumental, and vocal depth to the stage, proving right from the start how much effort everyone had put into preparing for this night.

HEAVY HARMONIES & SHOW-STOPPERS

The main performance kicked off with the vocal group, Resonance, who brought an undeniable presence to the stage. Their harmonies were tightly brought together as they delivered stunning renditions of classic tracks like "Jolene" and "The Chain," alongside modern hits like "Can't Catch Me Now".

Right before the full choir took over, Ms. Isaac-Martens stepped up to slice through the tense backstage air with a couple of classic dad jokes, perfectly resetting the room and breaking up the anticipation with some laughs.

When the full choir took the risers, the scale of the sound expanded completely, bringing a beautiful depth of storytelling to the audience. Beyond just singing the notes, the concert became an educational experience. The audience learned about the rich history behind the song "Amovolovolo," discovering its origins and how it is traditionally utilized as a Zulu dowry song today.

Moving smoothly through a massive emotional and cultural range, the choir captivated the room with a set list that had something for everyone:

The Heart: Opening with the powerful, unifying theme of "Love Is Love Is Love."

The Drama: Bringing massive theatrical energy and Broadway flair to the stage with "No One Mourns the Wicked."

The Rhythm: Delivering soulful movement and cultural pride with pieces like "Bring Me Little Water Sylvie" and the historically rich "Amovolovolo."

The Crowd Favorites: Capturing the audience with the clever, rhythmic percussion of the "Cup Song (When I'm Gone)" and a massive, heartwarming rendition of "Hey Jude."

Written by: Pamilerin Oresanya | Photos from: Abenezer Massore

KEC Uncovered

Thursday, May, 21, 2026 Vol 3

Strings & Voices: The Kildonan-East Choir and Guitar Concert

TURNING UP THE VOLTS: GUITAR CLASS

Switching gears, the Guitar Class took over the spotlight to inject some classic rock energy into the auditorium. The fretboards were flying as they ran through iconic riffs, delivering high energy performances of classic rock staples such as, "No Sugar Tonight" and "Day Tripper" which had the crowd nodding along to every single beat.

The Grand Finale & Behind-the-Scenes Crew

To bring a glorious night of music to its perfect end, both the choir and the guitar class joined forces on stage for a massive collective performance of "Grace in the Sun".

Blending hundreds of voices together with the rich layer of acoustic and electric strings. The Grand Finale was a beautiful testament to what happens when our music department comes together just to create something unforgettable.

While the performers under the spotlights did an incredible job, a huge shout out goes to the dedicated crew working behind the scenes. A massive thank you to everyone who helped set up the stage beforehand, and stayed late to clean up everything afterward — events like this couldn't happen without your hard work!

Huge props go out to every single singer, guitarist, director, and stagehand who poured their hearts into making this concert an absolute 10/10 masterclass in school talent!

What was your favorite performance or song from the night?

Written by: Pamilerin Oresanya | Photos from: Abenezer Massore

KEC Uncovered

Friday, May, 15, 2026 Vol 3

Global Citizens: The KEC International Experience

While most of us are worried about our next tests and assignments, a group of our peers are busy navigating an entirely different world. For KEC's international students, being here isn't just about the credits—it's about the hustle of adapting to a new life thousands of miles from home

FROM CULTURE SHOCK TO CONNECTION

For students like Varvara Lukianova, the road to KEC started in places like Spain and Germany. These students didn't just join our classes; they brought global perspectives to our hallways. The transition wasn't always easy. Imagine trying to stay focused on a lecture while dealing with the culture shock of Winnipeg life—like the fact that some people here eat dinner at 6:30 PM (which, according to Varvara, is "kinda early"!). From the initial stress of the first time speaking English in public, to finally mastering the local slang, they've shown us what true resilience looks like.

FINDING HOME IN THE HALLWAYS

Despite the distance, our international crew found their rhythm. Whether it was the thrill of receiving a scholarship, or realizing that KEC can offer a better path to learn new languages, or even landing future jobs, they made every moment count.

They didn't just stay in their shells, either. We saw them:

Connecting: Trading the solo grind to work with new partners and build real friendships.

Competing: Jumping into sports and fueling up on cafeteria food to keep the energy high.

Succeeding: Taking pride in those hard-earned grades and finally enjoying those well-deserved spares.

THE NEXT GLOBAL CHAPTER

As the school year winds down, our international students are looking at a map that's wide open. They are leaving KEC more confident, more skilled, and ready to take on the professional world.

To our international peers: Thank you for choosing KEC as your "home town" away from home. You remind us that once you're in these halls, you're part of the family

Written by: Pamilerin Oresanya

KILDONAN-EAST COLLEGIATE

KEC Uncovered

Friday, February, 13, Vol 3

VOGUE: Recreated with KEC Photography

Students in the KEC photography intensive program constantly stretch their creative minds with new projects and different photoshoots. One of the class's favourite projects this semester was the VOGUE assignment

VOGUE is a household name, whether you know it from "Voguing," a Madonna song, or the iconic magazine. Coming up with three "VOGUE worthy" photos was a challenge because of the giant legacy VOGUE has built for itself.

There are many branches and international versions of VOGUE which made finding inspiration for our photoshoot's fun and exciting. The VOGUE assignment had us look at how different countries or place's view beauty and how we as photographers can manage our time, improvise, and think outside the box. During this project, we learned about fashion photography.

Fashion photography is a category of photography which is specifically made to display different types of clothing and other articles of clothing.

Whether it's making a new fashion statement and creating new trends or reminiscing on old trends and wondering if certain styles should come back into style or not.

Mostly, fashion photography is made for advertisements like fashion magazines for VOGUE or Vanity Fair. Over the years, fashion and photography have both grown and created their own artistic visions where clothes, and other fashion choices are enhanced by picturesque locations and charming accessories. Fashion also brings out the creativity of both the model as well as the photographer.

Students brainstormed ideas to make their projects look like a professional fashion magazine cover. We used props like hats, clothing, shoes and or brought our own props to make a concept of high fashion photography.

We had people come from all over the school to model for our VOGUE assignment. People even went so far as to bring their own props and paint themselves to match the "vibe" of fashion magazines.

A lot of our models come from across the world. VOGUE is an international magazine, so we felt that it helped show fashion from other countries around the world.

The VOGUE assignment took over a week to do. Our models all have different schedules so we had to find time where they could come in to take their photos (plus the editing process).

We worked on photo editing to improve the quality and creativity of our pictures. We adjust lighting, colors, and details to make our images more unique and professional. Editing also helps us develop our artistic skills and communicate emotions through our work.

Working on set was another crucial part of this assignment. We see the studio like a blank canvas where you can create whatever you want. A set is a specific area with cool backgrounds and props that match a certain theme or mood. You can change the background with big rolls of coloured paper or fabric to totally change the photo's feeling.

Studio lights, umbrellas, and soft boxes are set up to make sure the lighting looks good. For us, a photo studio and its sets give you lots of freedom to be creative and are comfortable for you and your model. This assignment called for a variety of emotions and feelings, and we were all able to turn our sets into what we were looking for.

The class loved working on the VOGUE assignment and thought that it really pushed our photography skills. It was a great experience, and we would be happy to do it again in the future.

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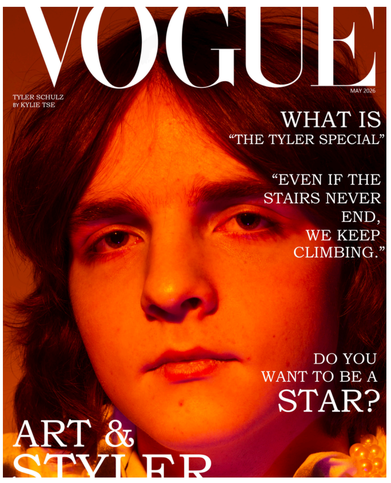
KILDONAN-EAST COLLEGIATE

KEC Uncovered

Friday, February, 13, Vol 3

VOGUE: Recreated by KEC Photography



Written by: KEC Photography | Photos from: KEC Photography

KEC Uncovered

Friday, June, 12, 2026 Vol 3

The Next Horizon: A Farewell to the Grade 12 Class

As the final bells of the school year approach, it is time to look back at the journey that brought us to this moment. The Class of 2026 has officially left its mark on these hallways, and walking out of these doors means closing a chapter full of unforgettable highlights, growth, and shared memories.

From the first day of high school to the final walk across the stage, this class has shown incredible determination, creativity, and heart. Whether it was bringing the energy to the gym during school events, showcasing talent in creative performances, or simply supporting one another through the daily grind of classes and exams. The bonds shared by this group has been the defining feature of the year.

High school is a collection of moments—the laughter in the corridors, the shared stress before a major test, and the collective pride of achieving long-term goals. While the routines of the school day will soon be behind us, the friendships built and the lessons learned within these walls are what will truly last.

TO THE GRADUATING CLASS OF 2026:

You have shown up, worked hard, and made these years count. As you step out into the adult world, walking through your next chapters, you will carry that same drive, passion, and resilience with you.

Congratulations, grads—the future is completely yours!

Written by: Pamilerin Oresanya