

# Authorization for Administration of Epinephrine & Anaphylaxis Standard Health Care Plan (SHCP) (To be completed by parent/guardian)



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udent informatio	<u>n</u>			
Name:		Birthdate:		
Address:		Year 	Month Day	
	): PHIN # (9 d			
arent/guardian in	<u>formation</u>			
Parent/guardiar	າ:	Daytime phone(s	)	
Parent/guardian:		Daytime phone(s	)	
Emergency contact:		Daytime phone(s)		
edical information	<u>!</u>			
Name & Dose	EpiPen® Jr 0.15 mg (green)	Allerject® 0.15 mg (blue)	☐ Emerade™ 0.3 mg	
	EpiPen® 0.3 mg (yellow)	Allerject® 0.3 mg (orange)	☐ Emerade™ 0.5 mg	
Name of prescr	ibing physician:			
The par	rent/guardian has the option of supp n but unlocked for quick access.	to school Location:lying an extra epinephrine auto-injec		
-		arry their epinephrine auto-inject	or on their person.	
I, the pare	•	named above carries their epiner	·	
change The ph The pa	rization to administer epinephrine e in medication. armacy label must be on the epir	e is renewed annually with studen nephrine auto-injector. replacing expired medication as w		
	st and authorize the school to ada attached Anaphylaxis Standard F	minister the medication named al Health Care Plan.	bove to my child as	
Parent/guardia	an signature:	Date:		
nooi administrate	or signature:	Date: _		





### **Anaphylaxis Standard Health Care Plan (SHCP)**

The Anaphylaxis SHCP is based on the clinical practice guidelines developed by the Unified Referral and Intake System (URIS) in consultation with Children's Allergy and Asthma Education Centre (CAAEC) at Health Sciences Centre. These clinical practice guidelines are available on the URIS website. <a href="Unified Referral and Intake System">Unified Referral and Intake System</a> (URIS) | Manitoba Education and Early Childhood Learning (gov.mb.ca)

#### **IF YOU SEE THIS:**



## If ANY combination of the following signs is present and there is reason to suspect anaphylaxis:

#### **Face**

- Red, watering eyes
- Runny nose
- Redness and swelling of face, lips and tongue
- Hives (red, raised & itchy rash)

#### Airway

- A sensation of throat tightness
- Hoarseness or other change of voice
- Difficulty swallowing
- Difficulty breathing
- Coughing
- Wheezing
- Drooling

#### **Stomach**

- Severe vomiting
- Severe diarrhea
- Severe cramps

#### **Total body**

- Hives
- Feeling a "sense of doom"
- Change in behavior
- Pale or bluish skin
- Dizziness
- Fainting
- Loss of consciousness

#### DO THIS:

- 1. Inject the epinephrine auto-injector in the outer middle thigh.
  - a) Secure the child's leg. The child should be sitting or lying down in a position of comfort.
  - b) Identify the injection area on the outer middle thigh.
  - c) Hold the epinephrine auto-injector correctly.
  - d) Remove the safety cap by pulling it straight off.
  - e) Firmly press the tip into the outer middle thigh at a 90° angle until you hear or feel a click. Hold in place to ensure all the medication is injected.
  - f) Discard the used epinephrine auto-injector following the community program's policy for disposal of sharps or give to EMS.personnel.
- 2. Activate 911/EMS.

Activating 911/EMS should be done simultaneously with injecting the epinephrine auto-injector by delegating the task to a responsible person.

- 3. Notify parent/guardian.
- 4. A second dose of epinephrine may be administered within 5-15 minutes after the first dose is given IF symptoms have not improved.
- 5. Stay with child until EMS personnel arrive.

  Prevent the child from sitting up or standing quickly as this may cause a dangerous drop in blood pressure.

Antihistamines are <u>NOT</u> used in managing lifethreatening allergies in the school.