

## E-Memo December 13, 2024

**Reminder:** Friday is early dismissal at 2:20pm and there will be NO pizza sales this week.

## Spirit Week: December 16-20

Monday: Pyjama Day

Tuesday: Dress to Impress

Wednesday: Ugly Sweater Day

Thursday: Red and White Day

Friday: Dress for Activity

## Cold Weather Guidelines



**TIME TO BUNDLE UP!**  
RETSD Cold Weather Guidelines

Sometimes, severe weather requires us to make changes to busing, outdoor recess, and safety patrolling to keep your children safe.

**School Closures**  
Schools very rarely close due to winter weather.

**Winter Clothing**  
Please ensure that your child comes dressed appropriately for the weather each day. When the temperature or wind chill is between -27°C and -34°C, warm winter clothing is essential, and facial protection is recommended. When it is below -34°C, facial protection is essential, and it's recommended that children avoid going outdoors unaccompanied—skin will freeze in less than 10 minutes.

**Busing**  
When the temperature is -35°C and/or wind chill is -45°C or colder at The Forks, metro Winnipeg school divisions (RETSD included) cancel buses for the entire day—but schools usually remain open.

We will post a cancellation alert on the RETSD website home page if buses are cancelled, and alert the media. If we have not posted a cancellation alert by 6:45 a.m., buses are running.

**School Patrols**  
When the temperature or wind chill is between -27°C and -34°C, patrols will remain on post for 10 minutes. When it is -35°C to -39°C, patrols will remain on post for five minutes. When it is -40°C and below, no patrols will be on duty.

**Recess**  
When the temperature or wind chill is between -25°C and -27°C, a shortened recess period may be warranted. When it is below -27°C, recess is usually moved indoors. This is at the discretion of the principal. *\*with the exception of Polar Bear Club students*

**Polar Bear Club Recess**  
For schools participating in Polar Bear Club Recess:

- Participation is voluntary.
- Parental consent is required.
- Students who have consent can participate in all or none of the recess breaks.
- Students must be dressed appropriately, including a warm toque/hat; snow pants; face covering; warm, insulated jacket; mittens; and snow boots.
- Students can go back inside at any time.
- Staff supervision will be provided.

**All students will remain inside when the temperature/ windchill is -40°C or below. If you have any questions not addressed by these guidelines, please contact your child's school.**

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creating student success



The Forks National Historic Site of Canada, MB - 7 Day Forecast - Environment Canada

## **Wheelchair Basketball**

At the start of the week, we were fortunate to have Joey Johnson, Director of Wheelchair Sport Manitoba, gold medalist, and Hall of Famer, visit our school and lead a school-wide demonstration on wheelchair basketball.

Throughout the week, students had the chance to actively engage with the sport and develop new skills in their PE classes. We want to thank all of our students for their enthusiasm and participation. This experience provided valuable insights into the sport and helped foster a greater appreciation for inclusivity, making it a memorable and impactful learning opportunity!

[Paralympian Joey Johnson Named New Program Coordinator for Manitoba Wheelchair Sports - Basketball Manitoba](#)

## **Pie in the Face - Cheerboard Fundraiser**

A huge thank you goes out to our school community who donated to our annual Pie in the Face contest. We raised \$461.00 for the Christmas Cheerboard hampers which will go towards any groceries that may still be needed and gifts for those families.

## **Health Huddle**

Please click on the link for December's Health Huddle: Binge Drinking [December Health Huddle](#)

## **Koats for Kids**

We are accepting donations for Koats for Kids. If you have gently used coats, scarfs, mitts or hats please send them to room 7.

## **Grade 7/8 Ski Trip ... IS BACK**

École John Henderson is excited to announce that the ski trip is back! This year's trip will take place on March 5 and 6 to Asessippi Ski Resort in Russell, MB for any students currently enrolled in grade 7 or 8.

Deposits of \$50.00 (non-refundable) will be accepted starting January 6 on a first come, first serve basis. Skiers and snowboarders of all ski levels are invited to attend this exciting opportunity to visit one of the top ski resorts that Manitoba has to offer.

**Cost:** \$250.00 (covers transportation, lift passes and rentals) plus \$75.00 for meals (\$25.00 x 3, supper for March 5, lunch and supper for March 6)

**Why:** Exciting opportunity to travel within the province, with friends, on an overnight trip, to ski/snowboard during the winter months.

**Educational Value:** Several Physical Education outcomes related to Movement, Fitness and Healthy Lifestyle Practices.

**Timeline:**

Monday, January 6, 2025 - Deposits accepted to guarantee a spot (\$50.00, non-refundable). Full payments accepted any time.

Friday, January 31, 2025 - Deadline for deposits

Wednesday, February 5, 2025 - Parent Meeting (7:30 pm in the library)

Friday, February 21, 2025 - Deadline for final payment

Wednesday and Thursday, March 5/6, 2025 - Ski Trip

For more information or to register (with your \$50.00 deposit), please email Mr. Holland ([jholland@retsd.mb.ca](mailto:jholland@retsd.mb.ca)).

**RETLife Winter 2025 Programming - Space is still available and NEW CLASSES are open for registration**

If you are still looking for some exciting options for holiday gifts, [RETLife](#) still has spaces available for its Winter Programming! New classes have also been added, so book early!

NEW! [Intro to FPV Drone Technology](#)

NEW! [Indoor Soccer for Kids \(8 – 10\)](#)

NEW! [Parent and Child Taiko Drumming](#)

NEW! [Babysitting](#)

[Hula Hooping and Other Circus Skills with Sarah Teakle](#)

[Juggling and Other Circus Skills with Sarah Teakle](#)

[Plate Spinning and Other Circus Skills with Sarah Teakle](#)

[Basketball for Youth \(ages 11 – 12\)](#)

[Basketball for Youth \(ages 13 – 14\)](#)

[Mastering the Lightsaber!](#)

Visit [RETLife](#) to register or to view more than 60 classes available this winter.

Leigh Stachniak and Sheri Stoesz

Monday Dec. 16	Tuesday Dec. 17	Wednesday Dec. 18	Thursday Dec. 19	Friday Dec. 20
Day 1	Day 2	Day 3	Day 4	Day 5
PYJAMA DAY	DRESS TO IMPRESS	UGLY SWEATER DAY	RED AND WHITE DAY	DRESS FOR ACTIVITY
7:30-8:45 TIER 1 GIRLS BASKETBALL	7:30-8:30 RIBBON SKIRT MAKING	7:30-8:45 TIER 1 GIRLS BASKETBALL	7:30-8:30 RIBBON SKIRT MAKING	8:45-11:45 WINTER ACTIVITY MORNING
3:30-4:30 GR 7/8 DRAMA CLUB	7:30-8:45 TIER 2 BOYS BASKETBALL	3:30-5:00 TIER 1 BOYS BASKETBALL	7:30-8:45 TIER 3 BASKETBALL	2:20 EARLY DISMISSAL FOR WINTER BREAK
3:30-5:00 TIER 1 BOYS BASKETBALL	3:30-5:00 TIER 2 GIRLS BASKETBALL		8:30-9:30 TIER 2 GIRLS BASKETBALL	
	3:30-5:30 KITCHEN BRIGADES		3:30-5:00 TIER 2 BOYS BASKETBALL	