

Children need healthy food and physical activity for growth and development. It is expected that students be taught the principles of healthy eating as part of a comprehensive school health framework. This framework which River East Transcona School Division believes in, aims to improve educational outcomes while addressing school health, of which nutrition is a key element, in a planned, integrated and holistic way. Children also learn from what role models say and do. The school environment must support this learning by promoting nutritious food choices in canteens, cafeterias, classrooms, and offices. In addition, breakfast programs, where applicable, should provide students with the energy required to learn and be physically active each day.

All foods sold and/or served within schools in the division will be based on *Moving Forward with School Nutrition Guidelines*, Manitoba Healthy Schools, February 2015.

Food selections must omit foods outlined in Regulation JLCG-R2 – Anaphylaxis Avoidance Strategies.

This policy does not impact on lunches, snacks, etc., which students or staff members bring from home.

Effective Date:	April 17, 2007	Review Date: December 12, 2017
Amended Date:	March 20, 2018; March 21, 2023	
Board Motion(s):	141/07;58/18;65/23	
Legal/Cross Reference:	JLCG-R2 – Anaphylaxis Avoidance Strategies; JJE – School Fundraising	