

INTERACTIVE START

Interactive Start allows each student and staff to begin their day by choosing from a variety of activities classified in one of four categories: Move - Build - Learn - Relax. We believe in empowering students to choose activities that will help them to self-regulate, build personal responsibility, and self-manage, as well as increase motivation and engagement at school. We believe that starting each day with positive, social, and active interactions will provide opportunities to:

- Increase levels of motivation and engagement
- Reduce anxiety and self-regulate
- Grow in imaginative play, creativity and innovation
- Build on our belief of multi-age community and cross-grade connections
- Foster relationships between students and between students and staff



FAQ:

WHAT DO TO IF MY CHILD IS AWAY OR WILL BE LATE?

Please call 204-661-2503 or email jh@retsd.mb.ca

BUSSING?

Bussing will be provided for students who are 1.6 km away from the school.

PARENT INVOLVEMENT

We have an active Parent Advisory Council as well as a Band Parents Association who welcome all parents/guardians.

WE VALUE

Respect - Responsibility - Kindness

contact us

930 Brazier Street
Winnipeg, MB R2K 2P3

Phone: 204.661.2503
Email: jh@retsd.mb.ca
www.retsd.mb.ca/jh



@ejhms_RETSD



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Welcome/Bienvenue

ÉJHMS

École John Henderson Middle School

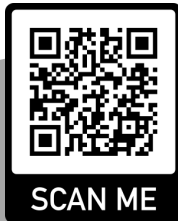
We are a grade 6 to 8 middle years, dual track school. We provide students with French Immersion and English options as their language of instruction.



WHAT DOES A SCHOOL DAY LOOK LIKE?

- 8:45 a.m.** STUDENTS ENTER & GO TO HOMEROOM
- 8:50 a.m.** ANNOUCEMENTS
- 9:00 a.m.** INTERACTIVE START
- 9:30 a.m.** PERIOD 1
- 10:15 a.m.** PERIOD 2
- 11:00 a.m.** PERIOD 3
- 11:45 a.m.** FIRST HALF
(students in homeroom)
- 12:12 p.m.** SECOND HALF
(field, clubs, intramurals library)
- 12:40 p.m.** HOMEROOM/ATTENDANCE
- 12:45 p.m.** LITERACY
- 1:00 p.m.** PERIOD 4
- 1:45 p.m.** PERIOD 5
- 2:30 p.m.** PERIOD 6
- 3:20 p.m.** DISMISSAL

Snapshot of life at ÉJHMS



Compulsory

Language Arts
Basic French/français
Social studies/sciences humaines
Mathematics/mathématiques
Science/science de la nature
Physical Education/l'éducation physique
Health/la santé

Applied Arts

Each term the school will place students in a new course so they receive the experience of three of the four classes listed below.

- Foods
- Clothing
- Woods
- Outdoor Education

Options

Students will select between options. See additional handout for more information about Art and Band.

- Art
- Music/Band
- Guitar (grade 7 & 8)

Get Involved:

House Teams:

We have 7 house teams - Team Bison, Owl, Turtle, Fox, Sturgeon, Polar Bear and Wolf. Students and staff are placed on a team. The teams compete for points received when displaying respect, responsibility, and kindness.

Intramurals:

During the lunch hour students have the opportunity to play all of our sports and activities.

Clubs:

We have many clubs for students to get involved in such as Embroidery, Digital Art, E-sports, Knitting, Drama, Chess, Baking, GSA, Planet Pals, Guitar, Community Connections, Jazz Band, Bike Club, and so much more.

Sports:

We offer a range of sports. Some examples are Cross-Country Running, Volleyball, Basketball, Indoor Track, Badminton, Pickleball, Outdoor Track Field, and Ultimate Frisbee.

Student Leadership:

Students organize, support and lead a number of activities in the school and community.