

E-Memo September 15, 2023

Thank you to all of the families that came to the meet and greet, it was a huge success.

Pizza Day

École John Henderson students are able to buy a pizza lunch every Friday (Thursdays if Friday is a Co-ordinated Day). Student's bring in \$5.00 and get 2 slices of pizza and a juice box.

Interactive Start - September 18-29

We are happy to announce that Interactive Start will be starting on Monday. Please see the attached document for the list of activities that are being offered to students.

[September Interactive Start Schedule](#)

Before and After School

Unless the weather is too cold or raining, students need to remain outside of the school until the entry bell rings and leave the building at the end of the school day. Only students who are in supervised clubs and activities are permitted to be in the school outside of school hours.

School Clothing

Anyone interested in purchasing school clothing (and adding a little school spirit to their wardrobe)

[École John Henderson Middle School Spirit Wear \(promoplace.com\)](#)

Orders are due: September 30. Proceeds go to supporting our PE staff with the purchase of new equipment. Orders will be delivered mid November.

Breakfast Program

École John Henderson Middle School is pleased to once again offer a before-school breakfast program for the 2023-2024 school year.

Sign-ups from last year will not be carried over, so please resubmit the form this year if you would like your student to participate again. Submit the form separately for each student you wish to sign up. [Click here for sign up](#)

Cross Country

Coaches: M. Kilpatrick ckilpatrick@retsd.mb.ca, Ms. McCreedy kmcreedy@retsd.mb.ca and Mr. Bargaen tbargaen@retsd.mb.ca

Volleyball

Boys Coaches:

Tier I - Mr. Holland (jholland@retsd.mb.ca)

Tier II Black - Mr. Enns (lenns@retsd.mb.ca)

Tier II Red - Mr. Coates (tcoates@retsd.mb.ca)

Girls Coaches:

Tier I - Mme. Glufka (aglufka@retsd.mb.ca)

Tier II Black - Mr. Kelsey (dkelsey2@retsd.mb.ca)

Tier III - (coed) Mrs. Cook (rcook@retsd.mb.ca)

RETLife Fall Programming

Space is still available to register for RETLife classes starting this Fall! No need to worry about lineups or creating an account – it’s all available at retlife.ca

Here are just a few classes for kids and teens that still have space available! Don’t delay and register today!

[Creative Writing for Dungeons and Dragons](#)

[Recreational Dancing for Pre-Teens and Teens](#)

[Gym Ringette](#)

[Parent and Child Yoga](#)

[Magnet Hop for Junior Engineers](#)

[Stay Safe](#)

[Babysitting](#)

Visit [RETLife](#) to view more than 50 programs in the River East Transcona School Division!

Make sure to follow [RETLife](#) on Instagram, Twitter, and Facebook for more class and workshop options and updates!

RETLife is dedicated to helping people connect to living The Good Life by making connections and providing opportunities for people to share their passion with other people. We value growth-based learning at all levels for all community members, instructors, and administrators.

Leigh Stachniak and Deanna Michaleski

Monday Sept. 18	Tuesday Sept. 19	Wednesday Sept. 20	Thursday Sept. 21	Friday Sept. 22
Day 4	Day 5	Day 6	Day 1	Day 2
7:30-8:45 Gr. 7-8 boys volleyball	3:30-5:00 Tier 1 boys volleyball	7:30-8:45 Tier 1 girls volleyball	8:30-9:30 Tier 2 girls (Teams RED and BLACK)	PIZZA DAY 7:30-8:45 Tier 2 boys volleyball
3:30-4:30 Cross Country		8:00-8:40 Cross Country	3:30-5:00 Tier 1 girls volleyball	8:30-9:30 Tier 3 boys and girls volleyball
		8:30-9:30 Tier 2 girls (Teams RED and BLACK)		
		3:30-5:00 Tier 1 boys volleyball		