



École Regent Park

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January 13, 2023

Dear ERP families,

We hope this memo finds you well and healthy! We are full steam ahead with our learning at ERP. We have been reviewing **Zones of Regulation** (identifying and managing our emotions) in grade 4 and 5, and we have been discussing **Wellness** with our grade 6, 7 and 8 students (Physical, emotional, mental, and spiritual balance). Two students from each class were trained and delivered these lessons to their homeroom. Students learning and helping one another. It is wonderful to see the collaboration amongst peers! We will also be focussing on a school wide learning around **Responsibility- Independence** next week.

Some of you may be asking, with all of that construction happening at ERP, what is the plan for September? **Excellent Question.** We will know more in the coming weeks. Please stay tuned to see what grade levels, in addition to our grades 4-8, we will be adding to our ERP school next year!

Please find attached some additional memos pertaining to Remote Learning and Y MIND youth after school activities.

Pizza Hot Lunch Days-

Grade 4- Tuesday, Jan. 24th

Grade 5- Wednesday, Jan. 25th

Grade 6- Thursday, Jan. 26th

Grade 7 & 8- Friday, Jan. 27th

No school at ERP on Friday, Jan. 20th!

Please stay tuned for **I LOVE TO READ** activities and **Festival du Voyageur** activities coming to ERP soon!

Have yourself a wonderful weekend,

ERP Staff



Grade 5 Abstract Art