



# The Springfield Splash

## Principal's Message

This time of year is one of transitions. Hopefully we will soon see the world transition from winter to spring with the days getting longer, the weather turning warmer, the birds returning and the grass and leaves turning green. We are looking forward to a playground with green grass instead of the sheet of ice we have right now. We have put away the sleds, shovels, and pails, and are looking forward to bringing out the soccer balls, skipping ropes, scoops and frisbees. Inside the school we are also preparing for transitions. We have started the transition to kindergarten and grade 6 for the fall. Registration for new kindergarten students started in early March and grade 6 registration forms for our grade 5 students have been completed and sent to the middle years schools. Welcome to Kindergarten Events for our incoming kindergarten students are planned for April and May. Grade 5 students will visit the middle years schools later in the year.

For students currently in kindergarten to grade 4, we will soon start to look at next year class placements. As we move closer to the end of the year, students will be given opportunities to visit their new teacher and classmates in their new learning space for next year.

Before those transitions take place, there is more work to be done. Just before spring break, families gathered in classrooms to celebrate student learning from the second term, and to talk about student learning goals for the third term. It was wonderful to see the students proudly showing off their work to their families. If you were unable to join us at learning conferences, you can still contact your child's teacher to learn about the progress your child made during the last term. With teacher support, students will continue to work on their personal learning goals for the final term.

We look forward to the renewed energy from the coming of spring and a renewed focus on learning that comes after we return from spring break.

Kerry Cressall



### Springfield Heights

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F. 204-668-9285  
Email: [shs@retsd.mb.ca](mailto:shs@retsd.mb.ca)  
Twitter: @eshs\_RETSD

### Principal

Kerry Cressall

### Vice-Principal

Carrie Gillis

### SHS Lunch Program

springfieldheightslunchprogram@gmail.com

### Skipper Scholars

### Before & After School Program

P. 204-396-4203

### Little Skippers

### Kindergarten Daycare

P. 204-294-1083

### Transportation Department

P. 204-669-0202

### School Hours

Entry bell 8:55  
Announcements 9:05  
AM recess 10:30-10:45  
Lunch 11:55-12:55  
PM recess 2:05-2:20  
Dismissal 3:30pm

### Office hours

8:00am - 4:00pm

### In Service Days

Monday, April 22

Friday, June 7

## Your River East Transcona School Division Trustees

Ward 1	Ward 2	Ward 3	Ward 4	Ward 5
Colleen Carswell (board chair) 204.222.1486 <a href="mailto:ccarswell@retsd.mb.ca">ccarswell@retsd.mb.ca</a>	Rod Giesbrecht 204.661.5984 <a href="mailto:rgiesbrecht@retsd.mb.ca">rgiesbrecht@retsd.mb.ca</a>	Brianne Goertzen 204.955.6782 <a href="mailto:bgoertzen@retsd.mb.ca">bgoertzen@retsd.mb.ca</a>	Susan Olynik (board vice-chair) 204.661.6440 <a href="mailto:solynik@retsd.mb.ca">solynik@retsd.mb.ca</a>	Shannon Hiebert 204.771.8435 <a href="mailto:shiebert@retsd.mb.ca">shiebert@retsd.mb.ca</a>
Sheri Irwin 204.223.5079 <a href="mailto:sirwin@retsd.mb.ca">sirwin@retsd.mb.ca</a>	Sheri Hanson 204.915.7313 <a href="mailto:shanson2@retsd.mb.ca">shanson2@retsd.mb.ca</a>	Keith Morrison 204.795.3357 <a href="mailto:kmorrison@retsd.mb.ca">kmorrison@retsd.mb.ca</a>	Brenda Bage 204.221.2951 <a href="mailto:bbage@retsd.mb.ca">bbage@retsd.mb.ca</a>	

For more information about the Board of Trustees, visit: [www.retsd.mb.ca](http://www.retsd.mb.ca) > Your RETSD > Board of Trustees  
Scroll down to *What it means to be a trustee* to watch an informative video

## Bus Evacuation Drills

Students in Kindergarten to Grade 5 participated in bus evacuation drills today. Students in the Ladybug Kindergarten classes will participate in bus evacuation drills tomorrow.



A Message from the Transportation Department

The Public Schools Act, P250-R.M. 465/88 R - Pupil Instruction, states the following:

*"The school board shall ensure that at least twice in each school year each pupil is instructed in safe school bus riding practices and participates in emergency school bus evacuation drills which shall be conducted at least once during the fall term and at least once during the spring term of each school year."*

The River East Transcona Transportation Department has an excellent safety record.

In maintaining this record, we carry out Bus Evacuation programs in all of our schools in the early fall and late spring of each school year.

These practice drills are carried out so that in the event of an emergency, our students can evacuate the bus as quickly and safely as possible.

The safety of our children is of the utmost importance and must be given first consideration.



Thank you for your co-operation.

Martin Monette

Director of Transportation

## Staffing Updates

**Welcome!** We have welcomed new staff members to our school community.

We welcomed M. Nevakshonoff earlier this year who is teaching in Mme Jones' class while she is on maternity leave for the rest of this year.

Welcome to Ms. Cayer-Didzun who will be filling in for Ms. Kuzyk for the rest of the year while she is on maternity leave. We wish Ms. Kuzyk all the best as she prepares for the arrival of her baby.

Welcome back to Mrs. Finck who has returned from maternity leave. Thank you to Mrs. Busch who took great care of Mrs. Finck's class while she was gone. We wish her all the best.

Welcome back to Mrs. Weiss in the office. Mrs. Weiss will be returning half time in late April. Mrs. Galka will continue working in the office and will be working full time until Mrs. Weiss returns, and then half time until the end of the year.

## Welcome to Kindergarten Events

In February, we welcomed families of new kindergarten students for a visit and shared information about both the French Immersion and English Kindergarten Program. Several events are planned for our incoming kindergarten students so they can experience a little bit of what to expect in kindergarten. Please see the information below about two events scheduled for the kindergarten students of 2024-2025.

### Stay and Play



This event is organized and facilitated by École Springfield Heights School staff. Children entering kindergarten in the fall will come to Stay and Play with a parent and participate in activities throughout the school to get a taste of kindergarten. It gives the children a chance to get to know the staff of the school and try out some kindergarten activities. All students registered for kindergarten received an invitation for this event at the time of registration. Anyone who completes the registration for kindergarten before April 22<sup>nd</sup> will also receive an invitation for the event. Please be sure to RSVP to the invitation so we can include your child in our planning.

### Growing and Learning Days

On Wednesday, May 22<sup>nd</sup> between 4:30 and 6:30 p.m., the school division is hosting a Preschool Growing and Learning event. This event will take place at Princess Margaret School at 367 Hawthorne Avenue.

Staff from École Springfield Heights School and 5 other schools, along with staff from the school division will facilitate several activities for kindergarten students to explore. Community organizations also attend to provide information about their services to families. Kindergarten students must register for this event. To register, please call 204-669-4043 or register online at:

[Registration Preschool Growing and Learning Event](#)

If you have a child entering kindergarten in the fall, please make sure to register them for kindergarten as soon as possible so they can be included in these events. We are already planning for the kindergarten classes in the fall, and it is helpful to have students registered as soon as possible. Please contact the school office at 204-663-5078 or follow this link [École Springfield Heights School \(retsd.mb.ca\)](#) to the school website for more information about kindergarten registration.

If your child is currently in kindergarten to grade 4 and **WILL NOT BE RETURNING** to ÉSHS for the 2024-2025 school year, please email the school office at [shs@retsd.mb.ca](mailto:shs@retsd.mb.ca) as soon as possible. Please provide us with your child's name and the school they will be attending next school year.



**\*\*If your child will be returning to ÉSHS, there is no need to email the office\***



## Global School Play Day

Global School Play Day began in 2015 to promote opportunities for students to participate in free play. Free play is essential for children's healthy social and emotional development. In his [TEDx lecture](#), Peter Gray clearly argues the case that today's kids do not grow up playing and this has negatively impacted them in many ways. Over the years, opportunities for play have decreased and at the same time, anxiety, depression, feelings of helplessness, suicide, and narcissism in children and adolescents have increased. Retrieved from [Global School Play Day](#) on March 19, 2023.

We participated in our second annual Global School Play Day! Once again students were excited to investigate all of the activities that were offered throughout the school. Two new activities that were offered were painting and looming. Both of these activities were a hit.

Maps were hung in the halls and shared with students so they could find the activity they wanted to try. It is so nice to see our kindergarten students walk confidently throughout the halls upstairs and downstairs as they checked the maps on the wall in search of the activities.

There is a lot of work and organization behind the scenes to prepare for this event and a lot of support from volunteers and staff to help on the day of the event.



Thank you very much to all staff and the wonderful volunteers who helped our students as they explored throughout the day. Thank you also to all families who were able to donate supplies for this event.



## Room 28 Gets a Class Pet

Written by: Room 28

Way back in November, our class begged Mr. H for a class pet. We brainstormed different kinds of pets that could live in our classroom, and then researched them to find out which one would fit our classroom the best. We considered things like lifespan, living space, price, diet, and how we could physically engage and play with the animal.

We came to the decision that a hamster would be the best animal for a class pet. Over the Christmas holidays, Mr. H got us a hamster and hamster supplies from PetSmart. The store offered Mr. H the chance to adopt a hamster who had been injured by another hamster who had been sharing his cage.

Before Nugget arrived at ESHS in January, our class picked a few different names, before narrowing it down to one, by a class vote. We chose the name Chicken Nugget, but we all call him Nugget for short.

Nugget loves to eat popcorn, apples, yogurt drops, strawberries, and seeds. He drinks only water, from the “chug jug”, which we also named for him. Nugget is nocturnal, which means he sleeps during the day, and is most active at night. He still moves around during the day though and grabs the occasional midnight snack.

We took turns staying inside for recesses, in small groups, to help us get to know Nugget, and to get Nugget familiar with us and being held and handled.

Of course, we all love Nugget so much! If your classroom is looking for a class pet, we would suggest getting a hamster! And, if you find yourself around Room 28, you're welcome to pop in and say hello – just ask Mr. H.





**Inspired by the Grandfather of Woodland Art**  
**Written by the students of room 12**

Students in Mme Kerri's Grade 3 class are proud to present *Thunderbirds!*

*Thunderbirds* is a beautiful exhibit of student art and writing, on display in room 12 for a limited time. For this project, students studied the life and art of Indigenous artist Norval Morrisseau, known as the Grandfather of Woodland Art. Inspired by this Canadian icon, students created their own stunning eagle paintings (pictured here). In addition to painting beautiful eagles, students learned about biographies and practiced writing in this genre. Students participated in a whole-class "shared-write" about the inspiring artist (included below) and also wrote their own artist bios.

*Thunderbirds* is scheduled for disassembly in early April when student artwork and writing samples will be relocated to their permanent homes on fridges and living room walls throughout the community.



"Norval Morrisseau was a Canadian Indigenous artist, born and raised on Treaty 3 territory, near Kenora, Ontario. He was a prolific painter who created thousands of paintings in his life and founded in the Woodland School of Indigenous art. He was so well-known and respected that he is called the Grandfather of Woodland art. He is also known by his spirit name, Copper Thunderbird, which was given to him by a medicine woman when he was 19 years old. The experience of receiving his spirit name inspired one of his most beautiful pieces, called, "Man turning into Thunderbird". Some of his other artistic inspirations included his dreams, nature, and Indigenous stories and symbols.

Morrisseau's paintings are famously colourful. He used many bright colours, like red, yellow, orange, green, and blue. He rarely used pink and purple, or other pastel colours. Although colours were very important to Morrisseau's style, black was also very important. He used black to create a thick

outline around his characters, making them stand out from the background. He used patterns of black lines on the bodies of the characters, to represent bones. He also used black lines and circles in the background around the characters to represent connection and communication. Looking at Norval Morrisseau's work makes the viewer feel calm and happy. It can even bring about a feeling of one's own connection to nature.

Norval Morrisseau died in 2007 at the age of 75. Even though he has long since passed away, he remains one of the most influential Indigenous artists in Canada."

### Les droits d'enfants au Canada

La classe de la 4<sup>e</sup> année de Mme Jorgensen/ Mme Jorgensen's Grade 4 class

Nous avons étudié le système gouvernemental au Canada et les droits d'enfants.

Les Nations Unies représente 150 pays et le Canada a adoptée la convention relative aux droits d'enfants en 1991. Les élèves ont choisi un droit et a dessiner ce qu'il représente pour eux. Nous sommes reconnaissants de vivre dans un pays libre et un pays avec des droits qui nous protège.

We learned about the Canadian Government and Children's Rights.

The United Nations represents 150 countries, and Canada adopted the Convention on the Rights of Children in 1991. Students chose a right to draw a picture of how they connected with that right. We recognize that living in Canada that we are a free country and that we are protected by rights.



### Bill Comes to Visit

In celebration of “I Love to Read” month, staff from Access Credit Union visited École Springfield Heights with their “Director of Greetings,” Bill the St. Bernard dog, to read to the three Grade 2 French Immersion classes: Mme Jackson, Mme Boily, and M. Kampen. They read a book about finances, and Bill showed off some of his tricks. The visit was enjoyed by all!



### Music Education

A Musical Adventure!

Our grades 3/4, 4, 4/5 and 5 classes got the chance to experience our very own Winnipeg Symphony Orchestra this month at their annual school-based Adventures in Music program at the Centennial Concert Hall! What a joy-filled field trip for these students. In the months leading up to the field trip, we studied the music, instruments, and various composers presented, finding some familiar and new compositions inspiring and memorable!

Students raved about their favourite pieces: Beethoven's 9th Symphony 'Ode To Joy', Manitoba composer Danial Lavoie's 'Chanson de la Terre', and the 2001: A Space Odessey's famous piece by Richard Strauss 'Sprach Zarathustra'!

This rich experience is one of my favourite activities that Ecole Springfield Heights School offers as we dig deep into connecting music to our everyday lives and the impact it has on our souls. Culture and history are so important to our understanding of how and where music began.





## Physical Education

### Grade 4 and 5 Gymnastics – Tumbling Rally Club

Throughout January, February, and March our grade four and five Gymnastics Club students worked incredibly hard to prepare for the Tumbling Rally on March 18<sup>th</sup>, 2024. Gymnasts rehearsed a mass warm-up, several families of gymnastics skills, and our own creative routine. Our students did an incredible job of representing ÉSHS at this divisional event. We are so proud of you all! A special thank you to Mme Kruk for creating the mass warmup this year! Mrs. Buckinx and Mr. Humphreys would also like to thank Mme Finlay, Mme Meaghan, Ms. Okaluk, and Mme Kruk for all of their help with this club. It was a wonderful opportunity for our students to work together and showcase their skills for their friends and families.

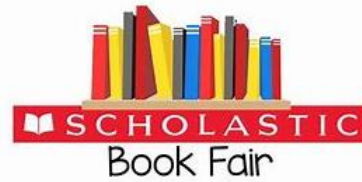


### Cross-country skiing at ÉSHS

During our beautiful mild winter, students in grades 3, 4, and 5 explored the sport of cross-country skiing. This year our school was very excited to purchase some new ski equipment to allow for more students to engage in this activity. This is a great opportunity for students to try something new and to explore being active outdoors!



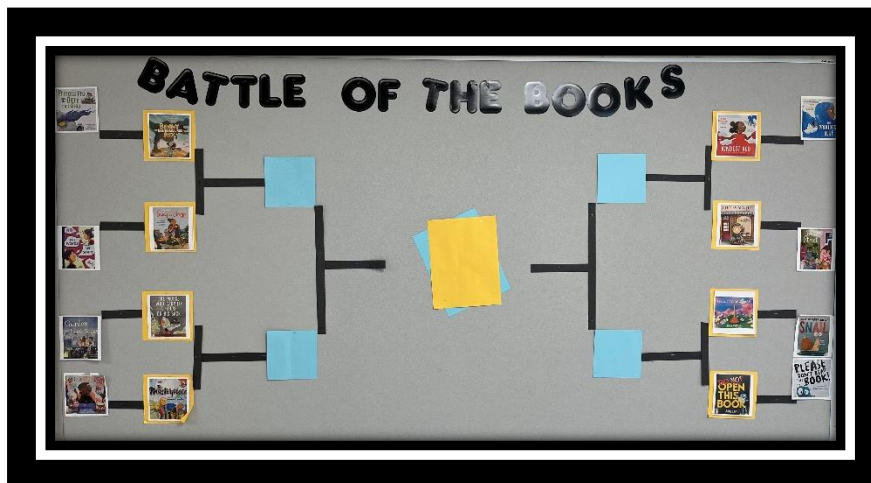
## From the Library



Our Scholastic's Book Fair was a huge success. We were able to purchase many new titles for the library with the profit we made. Thank you to everyone who came to support our fair. A special thank you to all our volunteers for spending time with us and helping to make our fair run smoothly. We are saying goodbye to 2 of our long time volunteers this year and will be looking to recruit in the fall. If you have a little extra time on the evenings of conferences, please consider helping us out.



Students have also enjoyed listening to their teachers' read books for The Battle of the Books. Classrooms then got to vote on their favourite book and see which books advance in our bracket. We will soon be announcing the winner! It is so fun to watch students in front of the bracket explaining the battle to their families and discussing books with their friends.












This month grades 3-5 students are visiting our Genre Café, for a book tasting in our library. Students are given a menu of books to explore, to introduce them to new books and find a genre that interests them. After their visit, they are very excited to come to their next library class so they can find these titles and bring them home to read.



## Well Being Committee

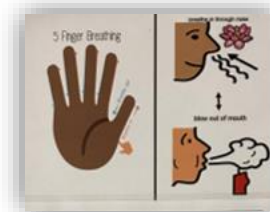
### Meeting Expectations of the Lunch Matrix

In conjunction with the lunch program, the Well Being Committee focussed their efforts on celebrating students who met expectations during lunch eating time during March. This has recently been a difficult time for students to meet expectations, especially for our older students. During the time when students were eating lunch, lunch supervisors handed out tickets to students who were meeting expectations. Students exchanged the tickets at the office for a ball to fill the bucket outside the office. Students worked towards three rewards. – pajama day, milk and cookies, and a movie day. Students successfully met all of the goals to earn the rewards. Students enjoyed a school wide pajama day. They enjoyed milk and cookies at lunch. Thank you to the many staff who helped buy, pour and distribute over 400 cups of milk and distribute over 400 cookies during lunch. Then on the last day before spring break, students enjoyed a movie and a snack. Thank you to the lunch program who supported the purchase of the milk and cookies, and the snack for students during the movie. Please take some time to review the lunch matrix with your child(ren) so they can be ready to meet these expectations for the remainder of the school year. If students have ongoing difficulty meeting expectations, parents will be informed with a phone call, an email, or a note that will be put into the lunch kit.

ÉSHS LUNCH MATRIX		
BE SAFE	BE RESPONSIBLE	BE RESPECTFUL
 Follow adult instruction	 Wash your hands once you're back from recess	 Listen to adult and student supervisors
 Eat your own food	 Put away your lunch kit.	 After recess, grab your lunch and go straight to your seat.
 Stay seated at your spot	 Throw away garbage and recycling	 Use a level 2 or 3 voice

## Chill Zones

One of the goals of the well-being committee this year is to establish chill zones in all learning spaces of the school. A chill zone is a calming space that allows students who are feeling stressed or emotionally dysregulated to remain in the classroom and use tools available to practice self-regulation and coping skills, and then return to learning with minimal disruption. Having common tools throughout the school allows student to quickly engage with the tools to help them self-regulate. The committee created chill zone buckets for all classrooms as well as other spaces children use throughout the day such as the gym, the music rooms, the library, and the office. Some of the items included in the chill zone basket are pictured below; a chart for grounding and a chart for calming as well as a breathing ball and a bendable sloth. We have also included a search and find book, ear protectors and a five minute sand timer.





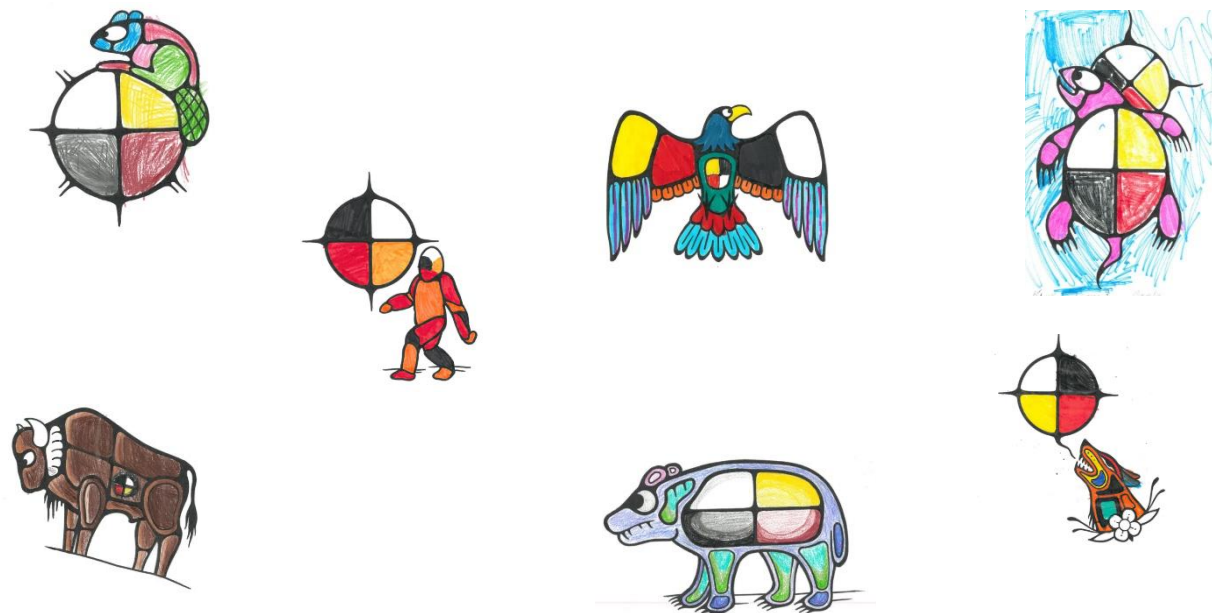
## School Mural Creation

Our school had the immense privilege of hosting Justine Proulx, a Métis mural artist from Winnipeg, for a wonderful presentation and interactive session with our students at an assembly in March. Justine, whose work intricately weaves the style of Woodlands art with contemporary themes, shared her journey and the narratives behind her murals, offering our students a glimpse into the beautiful world of her art. Justine also taught our students about the Seven Sacred Teachings, which represent respect, courage, honesty, wisdom, humility, truth, and love. Justine’s presentation allowed our students a deep appreciation for these values.

Prior to this assembly, all students and staff were invited to contribute to the concept of our school mural, that Justine will be painting in our main floor hallway. Using beautiful colouring pages that Justine created, students and staff had the opportunity to express which of the Seven Sacred Teachings resonated with them the most and which they felt represented values that they believe are important in our school community. Justine had a chance to look at all of our students’ ideas and to talk to our self-identified Indigenous students about their ideas and how to bring together many of the ideas of their peers. We are so excited that our upcoming mural will be such a true representation of our school's community spirit.

The experience with Justine was also complemented by discussions around the Medicine Wheel teachings, a theme our students have been exploring throughout the year during our Wednesday Mindful Start sessions. This exploration was further deepened by a visit in February from Carl Maywayashing, an Indigenous knowledge keeper, who enriched our understanding of these teachings. We are excited to announce that Justine Proulx will be painting our mural in the week of April 8th. Justine will be painting during the day so that our students can visit the main hallway and see their ideas come to life in her art. We are so proud of all the learning our students have been doing around Indigenous culture. We are also immensely proud of them for engaging so thoughtfully with Justine's presentation and for contributing their ideas and inspirations towards what we know will be a beautiful art piece for all of us to enjoy.

Thank you to Justine Proulx for her incredible work and to everyone in our school community for their enthusiastic participation! We can’t wait to share images of the final product with you soon!



## International Day of Happiness



In 2012, the United Nations General Assembly established the International Day of Happiness. This year's theme was "Reconnecting for Happiness-Building Resilient Communities." The core message of the International Day of Happiness is to promote global well-being and inspire acts of kindness and compassion.

We started our day with a dance party, dancing to Happy by Pharell Williams. Each classroom participated in an activity that made them happy and sent a picture. Each of those pictures are displayed in the hall and bring smiles to faces of people who stop to take a look at them. Below is a sampling of pictures.

Happiness is

...going outside in the sunshine



...smiling



...writing and hiding encouraging notes



## Celebrating Festival du Voyageur



Hé! Ho! École Springfield Heights celebrated Festival du Voyageur week with a number of activities that culminated with a winter activity day. Students enjoyed a kick off assembly, many crafts activities in classrooms, and a day of outdoor winter activities. Students enjoyed hot chocolate and Bannock with jam. Thank you to Mme Machado who led the day, and all the staff who facilitated the activities and supported students.



## Taking Care of the Earth and Others

At École Springfield Heights School we continue to collect the items listed below for recycling. Students and families can drop items in the recycling center in the front lobby throughout the school year. Many of our students have been involved in helping to count and track the number of items recycled.

### Eyeglasses



Don't throw away someone's chance for a clearer tomorrow! Donate your eyeglasses today! We will be collecting used eyeglasses which will be distributed to children and adults in developing countries. By 2017, this national organization had distributed 4,750,000 pairs of eyeglasses worldwide.



### Hygiene Products

Individual packaged hygiene products will be distributed to local shelters or used in hampers.



### Batteries

With the support of the Call 2 Recycle program, we are able to collect consumer dry cell batteries weighing 5 kg or less for recycling, this includes:

- Alkaline batteries (AA, AAA, etc.)
- Lithium ion (Li-ion) batteries
- Lithium primary batteries
- Nickel cadmium (Ni-Cd) batteries
- Nickel metal hydride batteries (Ni-MH)
- Nickel zinc batteries (Ni-Zn)
- Small Sealed Lead Acid (SLA) batteries
- Lithium ion (Li-ion) batteries for
  - electric bike
  - electric scooters
  - electric skateboards weighing 5 kg or less

**call2recycle®**  
Leading the charge for recycling™



**AT OUR SCHOOL**





**Writing Instruments and Ink Cartridges**

With the support of Staples, we will collect used ink cartridges and writing utensils including, pens, sharpeis, highlighters, markers etc. These items will be dropped off at Staples to be recycled.



**Metal Tabs**



Tabs from beverage containers such as pop cans, juice cans or other items such as fruit cans, pet food cans, etc. will be donated to the Tabs for Wheelchairs program. You can also take tabs, cans or metal of any kind and size (appliances etc.) to **Western Scrap Metals Inc.** at 18 Sutherland Ave. Inform them that the value of what you bring is to go to Tabs for Wheelchairs to credit their account.

**Meet Kyrie**

Kyrie is 7 years old and in grade 2. Kyrie was diagnosed with cerebral palsy at about 15 months. She does not sit, stand, or walk independently and very much enjoys her time spent in her stander and walker. Her speech is also affected, and she uses a combination of words, signs and an iPad to chat with her family and peers. She also loves driving her adapted power wheels car.

Kyrie’s other loves are school, music, playing with bubbles, and playing with Noni, the family dog. She also enjoys swimming and watching her favourite shows, Daniel Tiger, and Bluey.

Kyrie will be presented with a specialized wheelchair from the Tabs for Wheelchairs program this year.



Tab Math  
There are  
**approximately 1500 tabs in a pound.**  
**To purchase a \$6000 wheelchair, the organization needs:**  
approximately 14 million tabs which equals to about 9500 lbs.  
**To purchase a \$10,000 wheelchair, the organization needs:**  
approximately 24 million tabs which equals to about 16,000 lbs.

**IN OUR SCHOOL DIVISION**

## FEE-FOR-SERVICE BUSING



If Fee-For-Service transportation is required again for your student(s) for the upcoming school year, a 2024-25 application form must be submitted to the Transportation Department. Transportation Application – Fee-For-Service 2024-2025 forms are available from the school office or by clicking this link [Transportation Fee for Service Form](#) . Fee-For-Service applications must be submitted to the Transportation Department by **June 30<sup>th</sup>** of each school year. Applications received after June 30<sup>th</sup> will be reviewed on an individual basis.

## RETSO TV



RETSO TV connects with families to share tips from leaders across the school division on ways you can support your children today—right now—with their learning. These are system leaders who assist the school leaders, teachers, and other support staff in our division and with whom you may not be as familiar. Because in RETSO, we all work together in partnership with you, so we can educate our students—your children—to be inspired, skilled, responsible citizens. This first episode provides tips for parents on how to support their children with home reading. If you are interested in learning about self-regulation follow this link [RETSO TV](#) and watch episode 6 in which Occupational Therapist Jennifer Barr shares information about Self-Regulation

## MENTAL HEALTH & COMMUNITY RESOURCES

RETSO has compiled a list of phone numbers and website links to assist you in your search for mental health and community resources. The list includes information about resources for food support, shelters and help for homeless youth, as well as a number of counselling, crisis and addictions resources and services. Follow this link to access the information.

<https://www.retsd.mb.ca/page/11078/mental-health-community-resources>

## ATTENDANCE MEANS EXCELLENCE



Regular school attendance is a significant factor in student success. The school division created a video to help parents understand the significance of regular student attendance. Follow this link to view this very important video.

[Attendance Means Excellence.mp4 on Vimeo](#)

**IN OUR SCHOOL DIVISION**



River East Transcona School Division

# 2024 POWWOW

ALL WELCOME  
ADMISSION IS FREE



## WHEN & WHERE

Thursday, May 23, 2024  
Kildonan-East Collegiate  
845 Concordia Ave.  
(Concordia & London)

## TIMES

Pipe Ceremony: 4 p.m.  
Dancer/Drum Registration  
Begins: 4 p.m.  
Community Feast: 4:30 p.m.  
Grand Entry: 5:45 p.m.  
Closing Ceremony: 7:45 p.m.

## MASTER OF CEREMONIES

Coco Ray Stevenson

## ARENA DIRECTOR

Marcel French

## HOST DRUM

Buffalo Red Thunder  
Walking Wolf Singers

## CONTACT

Leanne Smith

204.669.9412, ext. 2967

First 10 Guest Drums and 150  
Dancers Registered Will Receive  
Honoraria

Honour Song to Recognize Grade 12  
Students Leaving the Division and  
Those Graduating

For the Sake of Mother Earth, Please  
Bring a Refillable Water Bottle,  
if Possible

  
River East Transcona  
SCHOOL DIVISION  
creating student success





**ÉCOLE SPRINGFIELD HEIGHTS SCHOOL**  
**IMPORTANT DATES**  
**2023-2024**

April	11	Subway Lunch Orders Due
April	17	Class Picture Day K Ladybugs and Grade 1-5 *
April	22	Coordinated Day (No Classes All Day)
April	26	Subway Lunch (Day 2)
May	20	Victoria Day (School Closed)
June	7	Coordinated Day (No Classes All Day)
June	28	Last Day of Classes Before Summer Break
June	28	2:30 Dismissal

\*K Caterpillar’s Class Picture Day to be announced

**Important Dates**  
**2024-2025**

Wednesday	September	4	First Day of School for Students
December 23, 2024 to January 3, 2025			Winter Break
March 31, 2025 to April 4, 2025			Spring Break
Monday	June	30	Last Day of School

**Spring is Here!**



Rubber boots and dry socks are a necessity for students as spring arrives. Spring brings warmer weather, but it also brings melting snow, puddles, and a very wet playground. Please ensure children come to school in rubber boots. It is also a good idea to pack several pairs of extra socks and maybe an entire extra set of clothes, along with a plastic bag to store wet clothes. Students have three recesses every day and although we ask students to stay out of puddles, sometimes children get wet. With over 400 children at school, we are unable to dry the wet clothes.

