

# FALL NEWSLETTER 2025

## Les Nouvelles de l'École Centrale

September was an extremely busy month at École Centrale! Our first few weeks were filled with special events including Meet the Teacher, Strong Connections, and the National Day for Truth and Reconciliation (Orange Shirt Day). Over the past month our students and teachers have spent time getting to know each other and have settled into classroom routines. It is wonderful to see all the excitement about learning new things when I walk into classrooms.

As we move into October, we have a lot to look forward to! We thank you for your support as we began a new school year and look forward to an incredible year working together!

I want to thank the staff for their dedication to making the school start up as smooth as possible. I hope that everyone has a wonderful Thanksgiving with your family and reflect on all the things we are thankful for.



### Cold Weather Reminder



So far, we have been very lucky with fantastic weather. However, it is beginning to change and when students are not dressed appropriately, 30-minute recess can seem like a long time to be outside! Just a reminder that we can see a difference in temperature during the day, so please make sure students are dressing in layers. Please have your child dress for the weather including proper wet/winter footwear, headwear, and gloves/mittens. It is helpful for us when you put your child's name in their boots and clothing! It is important to have the children outside running around getting some exercise, breathing fresh air, and engaging with friends during recess.





## Halloween at school



Our Halloween classroom activities will take place on Thursday October, 31st. Students are invited to dress up in costumes. When choosing Halloween costumes, please remember that replica weapons are not permitted at school (this includes replica guns, knives, axes, etc.). Halloween is fast approaching and while we will have opportunities for students to dress up and take part in celebrations and community building, we need to be clear that no one's culture or identity is to be used as a costume. Costumes that involve cultural appropriation are not acceptable. Students will be able to bring their own treat to have during their class activity, students are not allowed to share or give any treats to fellow classmates due to numerous allergies and food intolerances at school; only packaged treats with a list of ingredients will be allowed at school; or a fruit or veggie.



## Open House/Meet the Teacher

THANK YOU to all parents who came to our Open House/Meet the Teacher this year – it was a fabulous turnout! Thank you to all the parents who signed up to be on either Parent Council or Lunch Program Committee.

## PBIS

Here at École Centrale, we are implementing our classroom treaty within our PBIS framework. This is a division-wide initiative. In designing classrooms and our school day, we seek to create spaces and systems that will enable students to be academically and emotionally successful. If we are going to maximize learning opportunities, we must create environments where children are able to process their emotions and transform their inner states. They must be enveloped by a responsive school culture that acknowledges their inner lives as well as their external behaviors and accomplishments.

well done!

## A few important items for the upcoming month:

- Lunch Program Registrations and Fees are now due. Lunch time at École Centrale is a fee for service. These fees allow the Lunch Program Committee to determine and hire the number of lunch supervisors during the lunch hour. At present we have 330 students regularly for lunch but only 214 registrations and fees. This means we are short lunch program supervisors for this reason.
- **October 9** and 10 RETSD coordinated days (**no classes**)
- **October 24** province wide in-service for teachers MTS-PD Day. (**no classes**)
- October 31 Halloween classroom celebrations.



## ATTENDANCE

If your child is going to be absent or late for school for any reason, please contact the office at 204-958-6426. If you are unable to speak to us directly, you may leave a message on the voice mail system to report the absence. Please be specific when calling your child in. If it is an illness, we do need to know the symptoms the child is having as well as the best number to reach you at if we have any further questions.

Absences are considered "unexcused" if we do not hear from a parent/guardian by 9 am. A student who is absent less than 10 minutes of a day shall be recorded as tardy. Please keep this in mind as you schedule appointments for your children. It is always best to schedule appointments during non-school hours. Students are expected to be in class from 8:20 am to 3:00 pm daily.

As a child learns to read and acquires basic math skills, it is important that they practice those new skills daily. Regular attendance promotes new learning. Children begin to learn how to socialize with others, follow directions and solve problems creatively while at school. If a child is not part of the classroom, some of these social skills cannot be practiced. Something to keep in mind, if a child misses two classes a month times ten months that makes 20 days of schooling missed which comes close to a whole month.

**Michelle Williams, Principal**

Email: [mwilliams@retsd.mb.ca](mailto:mwilliams@retsd.mb.ca)

**Lauren Telencoe, Vice Principal**

Email: [ltelencoe@retsd.mb.ca](mailto:ltelencoe@retsd.mb.ca)

## Upcoming Important Dates for École Centrale

### October

THURSDAY 9: CO-ORDINATED DAY **NO CLASSES**  
FRIDAY 10: CO-ORDINATED DAY **NO CLASSES**  
MONDAY 13: THANKSGIVING DAY **NO SCHOOL**  
FRIDAY 24: CO-ORDINATED DAY **NO CLASSES**

### November

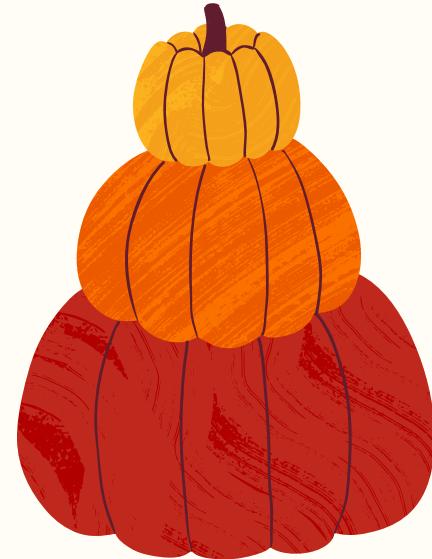
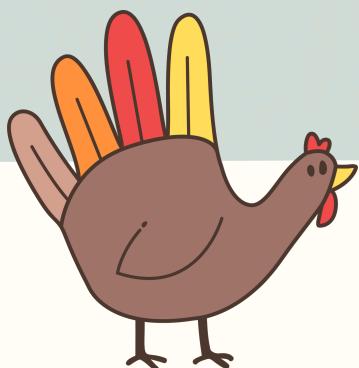
TUESDAY 11: REMEMBRANCE DAY **NO SCHOOL**

### December

FRIDAY 19: LAST DAY OF CLASSES BEFORE WINTER  
**BREAK EARLY DISMISSAL**

### Breaks

- Winter Break December 22, 2025–January 2, 2026
- Spring Break March 30, 2026–April 3, 2026



### Contact Info

**École Centrale Office**  
Email: [ec@retsd.mb.ca](mailto:ec@retsd.mb.ca)  
Phone: (204) 958-6426

# Musique



## Did you know?

Studies show that when jazz pianists play, their brains have an extremely efficient connection between the different parts of the frontal lobe compared to non-musicians. That's a big deal – the frontal lobe is responsible for integrating a ton of information into decision-making. It plays a major role in problem solving, language, spontaneity, decision-making and social behavior.

September has gone by so fast! Students in kindergarten, grade 1, and grade 2 have been working hard on getting our singing voices back in shape. Students in grade 3 are working on playing movement games and singing at the same time.

Students in grade 4 are looking forward to writing spooky stories and using sound effects to help convey the story. Students in grade 5 will be doing a unit in conjunction with art class that focusses on Kandinsky; we will be using his style of abstract art as a starting point to compose our own digital music!

## Lunch Choir:

Our lunchtime choir will also be starting up again this year! It is open to any students in grades 3, 4, and 5. It will take place during lunch recess on day 1.

Upcoming lunch choir practices:

October 7, October 16, October 29 (school day 4), November 3

## RECORDER REMINDERS:

Students in grade 3 are asked to either bring a recorder labelled with their name to school or \$8 to purchase a recorder from the school. Recorders will be kept in the music room so that we always have access to them when we are learning. Families who have still not completed the recorder survey are asked to fill it out here: [Click Here!](#)

Students in grades 4 and 5 who took their recorders home for the summer are asked to please bring them back. If you have lost your recorder, please reach out and we can get you a replacement one.

### Upcoming Events:

**November 6** – Lunch Choir Performance.

\*\*Info will be given to students directly\*\*

**December 3** – 1:00 pm Even-day  
Kindergarten Winter Performance

**December 3** – 6:00 pm Grade 1 Winter  
Concert

**December 4** – 1:00 pm Odd-Day  
Kindergarten Winter Performance

**December** – 6:00 pm Grade 2 Winter  
Concert

### Contact Info

**Mme Alyssah – Music Specialist**

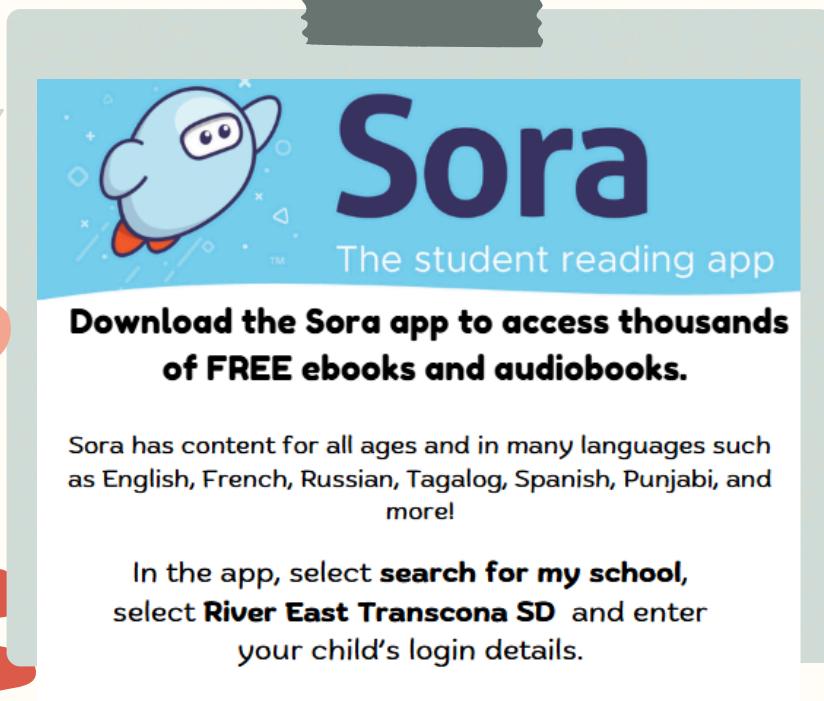
Email: [apoiron@retsd.mb.ca](mailto:apoiron@retsd.mb.ca)



# BIBLIO



In honor of our former student Justice Chester. **We are collecting new sock donations** to help keep many pairs of feet warm, dry and healthy this winter by helping the Main Street Project collect 30,000 pairs of new socks during the month of October. **There will be a box in the library where students can drop off their donations.**



**Sora**  
The student reading app

**Download the Sora app to access thousands of FREE ebooks and audiobooks.**

Sora has content for all ages and in many languages such as English, French, Russian, Tagalog, Spanish, Punjabi, and more!

In the app, select **search for my school**, select **River East Transcona SD** and enter your child's login details.

Contact your child's classroom teacher if you need their username and password.

If you are registered with the Winnipeg Public Library, you can add their library to Sora using the last 4-digits of the phone number you registered with.



## Contact Info

**Mme Telencoe - Teacher Librarian**

Email: [Itelencoe@retsd.mb.ca](mailto:Itelencoe@retsd.mb.ca)

**Mme Hudzick - Librarian**

Email: [phudzick@retsd.mb.ca](mailto:phudzick@retsd.mb.ca)

# Education Physique

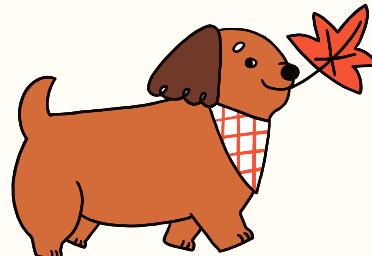


## **Flag Football**

Our Flag Football tournament is coming up on October 15th at Kildonan East Collegiate

## **Volleyball**

Club de Volleyball will be starting up in soon, more details to follow



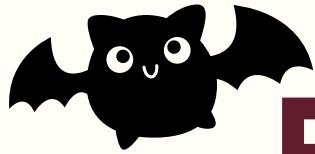
### **Contact Info**

**Mme Kertesz - Gym Teacher**

Email: nkertesz@retsd.mb.ca

**Mme Lee - Gym Teacher (PM)**

Email: jlee2@retsd.mb.ca



# PAC NEWS



## THE HALLOWEEN HOWL

**WHERE:** ÉCOLE CENTRALE

**WHEN:** THURSDAY, OCTOBER 23RD 6:00-8:00 PM

Doors Open at 6:00pm

**WHAT:** WEAR YOUR COSTUME AND JOIN US FOR DANCING, HALLOWEEN STORIES, GAMES, AND LOTS OF FUN!

BRING A PRE-CARVED PUMPKIN TO DISPLAY (DON'T FORGET A FLAMELESS CANDLE)

### Wristbands

\*\*Adults and kids under 3 are free!\*\*

\$5.00 each

### Juice Box

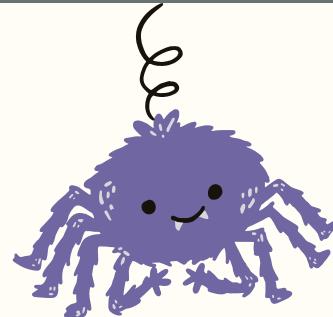
\$0.50 each

### Bottled Water

\$0.50 each

### Bags of Chips

\$0.50 each



THE HALLOWEEN HOWL IS NOT POSSIBLE WITHOUT VOLUNTEERS. IF YOU WOULD LIKE TO VOLUNTEER, PLEASE SIGN UP HERE

### Contact Info

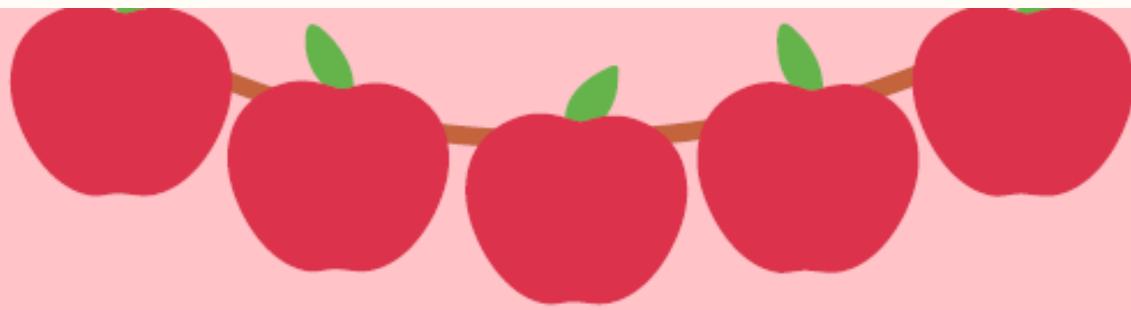
**Kim Teerhuis**

Email: [k\\_teerhuis@hotmail.com](mailto:k_teerhuis@hotmail.com)

**Volunteer Link**

[Sign-Up Here!](#)





# HUMAN LIBRARY

## WHAT IS A HUMAN LIBRARY?

A HUMAN LIBRARY IS AN INTERACTIVE EXPERIENCE, WHERE YOU CAN HAVE CONVERSATIONS AND SHARE STORIES ABOUT YOUR JOB OR HOBBY WITH STUDENTS IN A FUN AND ENGAGING ENVIRONMENT.

WHAT: WE ARE LOOKING FOR PEOPLE WITH INTERESTING AND EXCITING JOBS OR HOBBIES TO SHARE WITH STUDENTS. WHEN YOU PARTICIPATE IN THE HUMAN LIBRARY WE ASK THAT YOU PROVIDE A SHORT EXPLANATION ABOUT WHAT YOU DO. THIS IS A GREAT WAY TO SHARE WITH STUDENTS ABOUT WHAT YOU DO AND CREATE AN OPPORTUNITY FOR THEM TO ASK QUESTIONS AND EXPLORE. PLEASE FILL OUT THIS FORM IF YOU ARE INTERESTED.

WHEN: MAY 1ST, 2026, FROM 10:00 AM TO 2:00PM.

IF YOU ARE INTERESTED PLEASE FILL OUT THE FORM:

[HUMAN LIBRARY LINK](#)





# OCTOBER

monday	tuesday	wednesday	thursday	friday
		1	2	3
6	7	8	9 Co-ordinated Day <b>NO CLASSES</b>	10 Co-ordinated Day <b>NO CLASSES</b>
13 Thanksgiving <b>NO SCHOOL</b> 	14	15	16	17
20 How Many Candies are in the Jar - Oct 30 	21	22	23 Halloween Howl 6:00-8:00 pm	24 Co-ordinated Day <b>NO CLASSES</b>
27	28	29	30 Caterpillar Picture Day/ Re-take Day	31 <b>HAPPY HALLOWEEN</b> 



# NOVEMBER



monday	tuesday	wednesday	thursday	friday
3 Vision & Hearing Screening	4 Vision & Hearing Screening	5	6	7
10	11 Remembrance Day <b>NO SCHOOL</b> 	12	13	14
17	18	19	20	21
24	25	26	27	28 