

HAMPSTEAD SCHOOL E-MEMO

JAN 19-23



Jan 19-23

Jan 22: Swimming class for all grade 4 & 5 students

Down the Road

Jan 26: HPA Meeting
Jan 28: Hot Lunch
Jan 30: Co-ordinated Day (no classes)
Feb 2: Co-ordinated Day (no classes)
Feb 11: Olympic Day
Feb 12: Hampstead's Family Curling & Chili Night
Feb 16: Louis Riel Day (no school)
Feb 23: HPA Meeting
Feb 25: Hot Lunch

Information

Swimming Classes

Swimming class continue every Thursday for our grade 4 & 5 students for this term. Please help students remember to bring their bathing suit and towel and have them arrive **on time** as some students leave for swimming first thing!

Balanced School Day Feedback

We are just about halfway through our first year with a Balanced School Day schedule, and we would appreciate your feedback! Please click on the link below to fill out the form. We always value input from the Hampstead Community!

[Parent and Community Check-In: Balanced School Day – Fill in form](#)

School Fees & Lunch Fees

Reminder notices have been sent out to families with outstanding school fees. Please pay these fees as soon as possible as the funds are used to purchase supplies for students to use in school. Lunch fee notices will also be sent to families with outstanding balances.

Chili & Curling Night

We are looking forward to welcoming families to our school for Hampstead's Curling & Chili Night on Thursday, February 12th! More details will be provided soon!

Dress for the Weather

Just a reminder to ensure students come to school dressed for the weather. There are two 30-minute recesses during the day, and students will sometimes be outside for gym class.

Attendance

Daily school attendance is important for all students. If arriving late, please ensure your child comes to the office for an arrival slip. If you are finding it challenging to get your child to school (and on time), we are here to help! Feel free to email us at hamp@retsd.mb.ca or call us at 204-654-1818. More information regarding attendance can be found on the divisional website at: retsd.mb.ca/attendance



RETLife is dedicated to helping people connect to living The Good Life.

We value:

- making connections
- providing opportunities for people to share their passion with other people
- growth based learning at all levels for community members, instructors, and administrators.

Whether you are looking to participate in a fitness class or leisure activity, or build your skills so you can land your dream job, we have a class for you – whatever age or stage you're at. And the best part? You can stay close to home and do it all in the River East Transcona School Division.

Happy New Year from RETLife!

[RETLife](#) still has spaces available in several of its Winter classes, but space is selling quickly!

Some of [RETLife's](#) Winter Programming for kids includes:

[Creating a Vision Board for 2026 for Kids](#)

[Babysitting](#)

[Cooking Classes](#)

[Dance Classes](#)

[NOTE WORTHY Choral Singing Classes](#)

[Scholarship Planning \(and how starting early can help!\)](#)

[Crochet a Hat for Kids](#)

[Drama Classes](#)

[Kids Can Draw](#)

And much more!!

Call or visit [RETLife](#) with any questions you may have! Phone: 204 667 6193.



TIME TO BUNDLE UP!

Cold Weather Guidelines

Sometimes, severe weather requires us to make changes to busing, safety patrolling, and outdoor recess to keep your children safe. All metro Winnipeg school divisions, including River East Transcona, use the temperature reading at The Forks as our guide.

School Closures

Schools very rarely close due to winter weather.

Winter Clothing

Please ensure your child comes dressed appropriately for the weather each day. When the temperature or wind chill is between -27°C and -34°C , warm winter clothing is essential, and facial protection is recommended. When it's below -34°C , facial protection is essential, and it's recommended that children avoid going outdoors unaccompanied, because skin will freeze in less than 10 minutes.

Busing

When the temperature or wind chill is between -35°C and -45°C (or colder), buses will be cancelled for the entire day, but schools usually remain open.

We'll post a cancellation alert on the RETSD website home page if buses are cancelled, and alert the media. If we haven't posted a cancellation alert by 7:15 a.m., buses are running.

School Patrols

When the temperature or wind chill is between -27°C and -34°C , patrols will remain on post for 10 minutes. When it's -35°C to -39°C , patrols will remain on post for five minutes. When it's -40°C and below, no patrols will be on duty.

Recess

When the temperature or wind chill is between -25°C and -27°C , a shortened recess period may be warranted. When it's below -27°C , recess is usually moved indoors.* This is at the discretion of the principal. *with the exception of Polar Bear Club Recess participants

Polar Bear Club Recess

For schools taking part in Polar Bear Club Recess:

- Student participation is voluntary.
- Parental consent is required.
- Students who have consent can participate in all or none of the recess breaks.
- Students must be dressed appropriately in a warm tuque/hat, snow pants, face covering, warm insulated jacket, mittens, and snow boots.
- Students can go back inside at any time.
- Staff supervision will be provided.

 **All students will remain inside when the temperature or wind chill is -40°C or below. If you have any questions that haven't been addressed by these guidelines, please contact your child's school.**



WINTER 2026 Newsletter

Kinder Links programs provide families with young children (birth to age five) with opportunities to play, learn, and connect with each other. These FREE parent-child programs feature fun, educational ways to explore literacy, numeracy, physical health, well-being, and creativity through art experiences, rhymes, stories, activities, and games. They're an excellent way for young children to develop a lifelong passion for learning, develop their skills and self-confidence, and prepare for the adventure of school!



Free parent-child programs in RETSD

kinderlinks@retsd.mb.ca or 204-669-4043