

HAMPSTEAD SCHOOL E-MEMO



JAN 26-30

Jan 26-30

Jan 26: HPA Meeting
Jan 28: Hot Lunch
Jan 29: Swimming class for all grade 4 & 5 students
Jan 30: Co-ordinated Day (no classes)

Down the Road

Feb 2: Co-ordinated Day (no classes)
Feb 11: Olympic Day
Feb 12: Hampstead's Family Curling & Chili Night
Feb 16: Louis Riel Day (no school)
Feb 23: HPA Meeting
Feb 25: Hot Lunch

Information

Dress for the Weather!!!

Please ensure students come to school dressed for the weather. There are two 30-minute recesses during the day, and students will sometimes be outside for gym class.

Weather appropriate **jackets, snowpants, mitts, toques, scarves, boots**, etc. should be brought to school and worn while outside.

If you need some support in finding warm clothing, please contact Morgan at 204-654-1818 or mbrandt2@retsd.mb.ca.



Chili & Curling Night

We are looking forward to welcoming families to our school for Hampstead's Curling & Chili Night on Thursday, February 12th! More details will be provided soon!

Swimming Classes

Swimming class continues every Thursday for all our grade 4 & 5 students this term. Please help students remember to bring their bathing suits and towels on Thursdays and have them arrive **on time** as some students leave for swimming first thing!

Hampstead Lunch Program

We are looking for daily and casual lunch supervisors! Please see the flyer on the next page, and email hampsteadlunchprogram@outlook.com if you're interested in joining our amazing team!

Hampstead School Lunch Program

We are looking for daily and casual lunch supervisors!

DO YOU NEED SOME FRESH AIR?

Are you feeling Bored?

DO YOU LIKE CHILDREN?

If so, come join our amazing team and spend some time with the awesome students at Hampstead School!

What is needed? Lunch Supervisors must:

- ⇒ Have some experience working with children
- ⇒ Be available every school day between 12:45 and 1:55 outside for a minimum of 35 minutes up to -27° C
- ⇒ Be able to understand and reinforce all school expectations
- ⇒ Complete a Child Abuse Registry form at the school

SUPERVISORS receive \$17.00/Day PLUS Vacation Pay

If you are interested in joining our team, please send your contact information to:
hampsteadlunchprogram@outlook.com



TIME TO BUNDLE UP!

RETSD Cold Weather Guidelines

Sometimes, severe weather requires us to make changes to busing, outdoor recess, and safety patrolling to keep your children safe.

School Closures

Schools very rarely close due to winter weather.

Winter Clothing

Please ensure that your child comes dressed appropriately for the weather each day. When the temperature or wind chill is between -27°C and -34°C , warm winter clothing is essential, and facial protection is recommended. When it is below -34°C , facial protection is essential, and it's recommended that children avoid going outdoors unaccompanied—skin will freeze in less than 10 minutes.

Busing

When the temperature is -35°C and/or wind chill is -45°C or colder at The Forks, metro Winnipeg school divisions (RETSD included) cancel buses for the entire day—but schools usually remain open.

We will post a cancellation alert on the RETSD website home page if buses are cancelled, and alert the media. If we have not posted a cancellation alert by 6:45 a.m., buses are running.

School Patrols

When the temperature or wind chill is between -27°C and -34°C , patrols will remain on post for 10 minutes. When it is -35°C to -39°C , patrols will remain on post for five minutes. When it is -40°C and below, no patrols will be on duty.

Recess

When the temperature or wind chill is between -25°C and -27°C , a shortened recess period may be warranted. When it is below -27°C , recess is usually moved indoors. This is at the discretion of the principal. **with the exception of Polar Bear Club students*

Polar Bear Club Recess

For schools participating in Polar Bear Club Recess:

- Participation is voluntary.
- Parental consent is required.
- Students who have consent can participate in all or none of the recess breaks.
- Students must be dressed appropriately, including a warm toque/hat; snow pants; face covering; warm, insulated jacket; mittens; and snow boots.
- Students can go back inside at any time.
- Staff supervision will be provided.

 **All students will remain inside when the temperature/ windchill is -40°C or below. If you have any questions not addressed by these guidelines, please contact your child's school.**

Nobody's Perfect Parenting Program

Join us for **FREE** Nobody's Perfect Parenting for Parents and Guardians of children aged 0 to 5.

Hampstead School
920 Hampstead Ave.

Tuesdays, February 3, 10, 17 & 24
from 6:00 to 7:30pm

Space is limited to **12** families. Families will be notified by email confirmation of their acceptance into the program.

Child care is provided.

All children requiring care must be registered in advance.

Registration opens Wednesday January 21 at NOON.

Click **HERE** to register.

For more information contact Katie Patteson at kpatteson@retsd.mb.ca or 204-669-9412 or Marlene Jackson at mjackson@retsd.mb.ca

Meet with other parents/caregivers of young children; share questions, concerns, and ideas about being a parent; learn about child development, safety, health, and behaviour; discuss real-life parenting solutions; and discover positive ways of parenting.



WINTER 2026 Newsletter

Kinder Links programs provide families with young children (birth to age five) with opportunities to play, learn, and connect with each other. These FREE parent-child programs feature fun, educational ways to explore literacy, numeracy, physical health, well-being, and creativity through art experiences, rhymes, stories, activities, and games. They're an excellent way for young children to develop a lifelong passion for learning, develop their skills and self-confidence, and prepare for the adventure of school!



Free parent-child programs in RETSD

kinderlinks@retsd.mb.ca or 204-669-4043



RETLife is dedicated to helping people connect to living The Good Life.

We value:

- making connections
- providing opportunities for people to share their passion with other people
- growth based learning at all levels for community members, instructors, and administrators.

Whether you are looking to participate in a fitness class or leisure activity, or build your skills so you can land your dream job, we have a class for you – whatever age or stage you're at. And the best part? You can stay close to home and do it all in the River East Transcona School Division.

Happy New Year from RETLife!

[RETLife](#) still has spaces available in several of its Winter classes, but space is selling quickly!

Some of [RETLife's](#) Winter Programming for kids includes:

[Creating a Vision Board for 2026 for Kids](#)

[Babysitting](#)

[Cooking Classes](#)

[Dance Classes](#)

[NOTE WORTHY Choral Singing Classes](#)

[Scholarship Planning \(and how starting early can help!\)](#)

[Crochet a Hat for Kids](#)

[Drama Classes](#)

[Kids Can Draw](#)

And much more!!

Call or visit [RETLife](#) with any questions you may have! Phone: 204 667 6193.