



Springfield Heights

505 Sharron Bay

Winnipeg, MB R2G 0H8

P. 204-663-5078

F. 204-668-9285

Email: shs@retsd.mb.ca

Twitter: @eshs_RETSD

Principal

Kerry Cressall

Vice-Principal

Alyssa Spacek

SHS Lunch Program

springfieldheightslunchprogram@gmail.com

Skipper Scholars

Before & After School Program

P. 204-396-4203

Little Skippers

Kindergarten Daycare

P. 204-294-1083

Transportation Department

P. 204-669-0202

School Hours

Entry bell 8:55

Announcements 9:03

AM recess 10:30-10:45

Lunch 11:55-12:55

PM recess 2:05-2:20

Dismissal 3:30pm

Office hours

8:00am - 4:00pm

In Service Days (No School)

- September 30
- October 9
- October 10
- October 24
- November 10
- January 30
- February 27
- March 20
- April 10

The Springfield Splash

Principal's Message

We have had a very busy spring with a focus on getting students ready for their transition to next year. Part of the planning for the new school year supports our students who will be transitioning into and out of our school.

Many of the children who will be entering kindergarten in the fall took advantage of the school and divisional Welcome to Kindergarten events. At these events parents and children met school staff and the children explored activities they will do in kindergarten.

Students in Kindergarten to grade four had a chance visit their new teachers and classmates in their new classrooms to get ready for their transition for next year.

Our grade 5 students visited the Middle years schools to see what is ahead for them next year. Our grade 5 students have also enjoyed some special activities to celebrate their time at École Springfield Heights School.

We have many students leaving Springfield Heights and would like to wish them all the best as they move to new schools. We will miss them but know that they will continue to learn and grow wherever they go.

At this time of year, we must also bid farewell to staff who are leaving. Every adult who works in our school enriches our community by sharing their talents with us. The impact they make carries on even after they are gone. We would like to thank the following staff members for the positive impact they have made in the time they have spent with us.

Ms. Cayer-Didzun - educational assistant

Mr. Del Rosario - educational assistant

Mrs. Hermary - Kindergarten teacher

Mrs. Kaur - Grade 1 teacher

Mme Koop - Grade 4 teacher

Mr. Lambourne - Grade 3/4 teacher

Ms. Monika Kacperkiewicz - resource teacher

M Vielfaure - guidance counsellor

We would like to wish everyone a wonderful summer break with many moments of joy!

Kerry Cressall
Principal



Your River East Transcona School Division Trustees

Ward 1

Colleen Carswell (chair)
204.222.1486
ccarswell@retsd.mb.ca

Sheri Irwin
204.223.5079
sirwin@retsd.mb.ca

Ward 2

Rod Giesbrecht
204.661.5984
rgiesbrecht@retsd.mb.ca

Sheri Hanson
204.915.7313
shanson2@retsd.mb.ca

Ward 3

Brianne Goertzen (vice-chair)
204.955.6782
bgoertzen@retsd.mb.ca

Keith Morrison
204.795.3357
kmorrison@retsd.mb.ca

Ward 4

Susan Olynik
204.661.6440
solynik@retsd.mb.ca

Brenda Bage
204.221.2951
bbage@retsd.mb.ca

Ward 5

Shannon Hiebert
204.771.8435
shiebert@retsd.mb.ca

Bringing Music to our Community

The Grade 5 students from room 23 had the opportunity to visit one of our community senior housing buildings this month in honour of World Elder Abuse Awareness Day. They performed 3 songs from their music class using recorders, ukuleles, and their lovely voices. Seniors enjoyed their mini concert, especially our rendition of Ode to Joy, which we performed in German. Students then visited with the seniors and shared some sweet treats with them. Thank you to the Kingsford Haus for hosting us and sharing the afternoon with us. We had a memorable time!

Mme Courtney & Mme Brown



Asian Heritage Month

During May we brought attention to Asian Heritage Month in a variety of ways. We read stories based on Asian culture that talked about celebrating differences with curiosity and kindness. Mme Finlay introduced us to music in the Asian culture. We were excited to have people share presentations about Asian culture on Teams during our morning mindful start. We would like to thank Mrs. Yerama, Ellie and Alex's mom, who taught our students about Children's Day in Japan. We would also like to thank Ramneek in Mme Brown's class for sharing her presentation about Sikhism with the school.



Jordan's Principle

Bear Witness Day
May 10th



During the month of May, we have been learning about Jordan's Principle and Bear Witness Day. Jordan was a First Nations child from Norway House Cree Nation in Manitoba who died in 2005 at the age of five due to delays in accessing services. His case brought attention to the need for Jordan's Principle. Jordan's Principle is a step towards reconciliation and equity, highlighting the importance of defending the rights of Indigenous children. Bear Witness Day on May 10th is a day that invites people to "Bear Witness" and advocate for the full implementation of Jordan's Principle.

As part of our learning, Kindergarten students made plasticine bears with a medicine wheel. These represent the teddy bear Jordan had with him in the hospital.



Grade 5 students created a Witness Blanket to share their learning and experiences. Students chose to celebrate the culture and knowledge from Indigenous People, to highlight the crimes committed from the residential school system and to bear witness and push for a better future through truth and reconciliation.



Fire Safety



During the month of February, Public Education Officers from the Winnipeg Fire Department came to Springfield Heights. Students were engaged as the fire fighters shared important safety information during the presentations. In June, the Public Education Officers returned and brought the Fire Safety house which allows students to learn about fire situations in homes such as kitchens and fireplaces and participate in a simulation of evacuating a fire.



Little Green Sprouts in Room 9!

Written By: Ms. Okaluk's Grade 2/3 class in Room 9

In Room 9 we are participating in a program called Little Green Sprouts. Little Green Sprouts is a planting program that teaches us how to plant seeds and grow food. Since January we have planted five different seeds. We have planted fava beans, popcorn seeds, speckled peas, red radishes, and black-eyed beans! We learned a seed needs LAWNS (light, air, water, nutrients, and space) to grow healthy. After the sprouts were 6-9 inches tall, we harvested them and had a salad party! For our salad party, we cut other vegetables including carrots, bell peppers, and cucumbers. We then had a salad buffet with lettuce, croutons, the vegetables, ranch dressing, and of course our sprouts!

For our latest project with Little Green Sprouts, we created terrariums! The terrarium is pretty cool because it takes care of itself by using the water cycle to water the plant. We used jars, rocks, soil, charcoal, decorations, and black-eyed beans to create our terrariums. Next, we are going to plant sunflower seeds! We are excited to continue our learning using the Little Green Sprouts program!

Did You Know?

-Did you know big seeds can be soaked in water to speed up germination? Little seeds do not need to be soaked.

-Did you know some seeds need to have a "black out phase"? The black out phase is when seeds need to be in complete darkness to begin growing.

-Did you know there is a terrarium that has not been watered in 40 years?



Global School Play Day

Global School Play Day began in 2015 to promote opportunities for students to participate in free play. Free play is essential for children's healthy social and emotional development. In his [TEDx lecture](#), Peter Gray clearly argues the case that today's kids do not grow up playing and this has negatively impacted them in many ways. Over the years, opportunities for play have decreased and at the same time, anxiety, depression, feelings of helplessness, suicide, and narcissism in children and adolescents have increased. Retrieved from [Global School Play Day](#) on March 19, 2023.

On February 5, 2025, students at Springfield Heights participated in Global School Play Day. Throughout the day, students were allowed time to play in their classrooms with the toys and games they brought from home. Students also had time in the morning and in the afternoon to explore a variety of play experiences throughout the school. Look below to see some of the activities that the children enjoyed during the day. The smiles and laughter throughout the building were an indication that everyone had an amazing day!



Thank
You!!!

A special thank you to all the amazing family members who were able to volunteer for Global Play Day!

Global School Play Day by Mme Vokey and Mme Guillou's Class

This is room 2 reporting live about Global Play Day. We loved everything!!! Carlos' favourite was the music room. Lidia was excited to visit her dad in the forts. Delilah, Baani, Dean, and Jamie loved the jungle gym. Arthur couldn't wait to get back to the library and play with the cars. In Mme Mélanie and Mme Kruk's room, there was a playroom that Zoryana loved. Chase enjoyed teaching his friends: Silas, Artem, and Jamison how to play chess in the library. Dean, Luke, and Ryan liked making a giant yarn ball in Mme Koops class. The twinkly lights in Mme Kruk's class, were a favourite for Wesley, Eliana, and Taya.

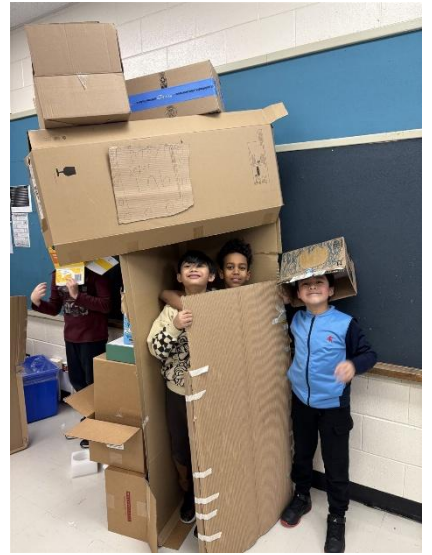
Thank you to all the grownups for helping out!

Bravo! Bravo!

Global School Play Day by Mme Jorgensen's Class

This year's play day was so much fun! We enjoyed meeting up with our friends and we loved the variety of activities from the yarn center to high energy centers like the gym! We hope to have it next year again and wish to have extra time so we can go and explore more centers. We want to remind students to follow the school matrices during the play day to keep everyone happy and safe. Thank you to all the staff and volunteers to make this day great for everyone!

Mme Jorgensen and the grade 4 students



Playground Project

The playground redevelopment project continues on our playground. The children have been watching the development of several areas of the playground from the ground up and have learned about design and construction as they have asked questions and had conversations with the construction crew as the work is being done. Students are anxiously waiting to see and be able to use the final product. We would like to thank the members of the Parent Advisory Council who have been planning and fundraising for several years to redevelop our playground. Our students will be enjoying the results of their hard work for many years to come.





We have so many people to thank for their support of our work every day. We could not do what we do for students without the support we receive from so many people. We would like to offer a very big thank you to:

- the families who support their children to be at school every day ready to learn
- the many volunteers who are able to come to school to support activities
- the parent council for all of the time they give us and the great work they do
- the lunch program committee and staff who offer a place for our students to eat lunch
- the many departments of the River East Transcona school division for their support
- the bus drivers who get our students to and from school safely
- students and parents for the support of the walkathon fundraising event which has allowed us to purchase items and equipment for special events such as Global School Play Day, field day, Welcome to Kindergarten Night, and Grade 5 Farewell, as well as snacks students for special events and celebrations.
- families for helping us keep our students safe by adhering to the anaphylaxis avoidance strategies as outlined in regulation JLCG-R2

I would also like to thank the amazing staff at École Springfield Heights School who work diligently to provide a safe, supportive and joyful space for students. Everyone who works in a school, no matter their role, has a hand in helping students to learn and grow. The children are supported to take risks in their learning, to manage and work through challenges in academic and social situations, to see themselves as citizens who can positively contribute to the community and so much more. Our staff work their magic every day to meet the needs of over 400 students. It is important work, and they are dedicated and passionate about that work.

We Recycle

We collect the following items throughout the year to help our community and the environment. Students and families can bring items to school and deposit them in the recycling center. As the buckets fill up, students will be involved in organizing items for distribution to organizations.

Eyeglasses

Don't throw away someone's chance for a clearer tomorrow! Donate your eyeglasses today! We will be collecting used eyeglasses which will be distributed to children and adults in developing countries. By 2017, this national organization had distributed 4,750,000 pairs of eyeglasses worldwide.



Hygiene Products

Individual packaged hygiene products will be distributed to local shelters or used in hampers.



Batteries

With the support of the Call 2 Recycle program, we are able to collect consumer dry cell batteries weighing 5 kg or less for recycling, this includes:



Alkaline (AA, AAA, etc.)	Lithium ion (Li-ion)	Lithium primary
Nickel cadmium (Ni-Cd)	Nickel metal hydride (Ni-MH)	Nickel zinc batteries (Ni-Zn)
Small Sealed Lead Acid (SLA)	Lithium ion (Li-ion) for electric bikes, scooters and skateboards	

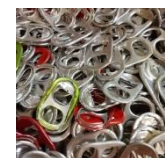
Writing Instruments and Ink Cartridges

With the support of Staples, we will collect used ink cartridges and writing utensils including, pens, sharpies, highlighters, markers etc. These items will be dropped off at Staples to be recycled.



Metal Tabs

Tabs from beverage containers such as pop cans, juice cans or other items such as fruit cans, pet food cans, etc. will be donated to the Tabs for Wheelchairs program. You can also take tabs, cans or metal of any kind and size (appliances etc.) to **Western Scrap Metals Inc.** at 18 Sutherland Ave. Inform them that the value of what you bring is to go to Tabs for Wheelchairs to credit their account.



TAB Math

There are approximately 1500 tabs in a pound.

14 million tabs will purchase a \$6000.00 wheelchair.

24 million tabs will purchase a \$10 000.00 wheelchair.

Field Trip Fun



IMPORTANT DATES FOR 2025 2026

September 3	First day for students
September 3-8	Scheduled Interviews for Kindergarten Students
September 11	Meet the Teacher (evening event)
September 30	No School-National Day of Truth and Reconciliation
October 9	No School-Coordinated Day-PD
October 10	No School-Coordinated Day-PD
October 13	No School-Thanksgiving Day
October 24	No School-Coordinated Day
November 10	No School Admin Day
November 11	No School-Remembrance Day
December 9, 10, 11	Winter Concert Dates-Schedule of Classes Performing to be determined
December 22-January 2	Winter Break
January 30	No School-Coordinated Day
February 16	No School-Louis Riel Day
February 27	No School-PD Day
March 20	No School-Coordinated Day
March 30-April 3	Spring Break
April 10	No School-Coordinated Day
May 18	No School-Victoria Day
June 30	Last Day of School

