



Kildonan-East Collegiate

Clubs & Teams

2025/2026





Anime Club

(September - June): All Grades:

Ms. Adam-Omer, Ms. Gardiner

Join us to celebrate and explore Japanese animation, manga, and culture! Anime Club is a welcoming space where students can watch shows, discuss favorite characters, share artwork, and connect with others who love anime.

Tuesdays at lunch in Room 121



Art Club

**(September – June): All
Grades:**

Ms. Land Diaz

All students are welcome to drop in for some studio time in the art room each Thursday at lunch. Students can eat lunch, look at art, and take time to make art.

**Thursdays at Lunch in Room
218**

Badminton

(January - May): All Grades:

Mr. Sims, Ms. Kulas, Mr. Sun

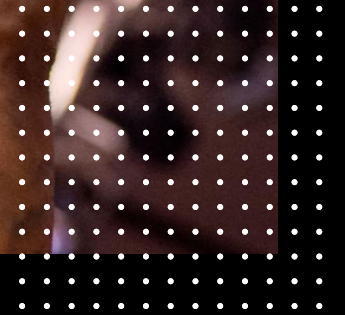
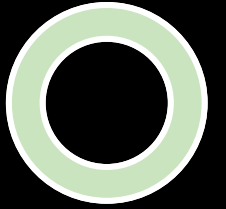
For badminton lovers we are getting a head start on the season. When available in the morning or evening, the gym will be supervised and open for students of all grades who wish to practice or play badminton. Dates to be announced. See Mr. Sims or Mr. Sun if you are interested.

Early Mornings & Afterschool in the Gym



Basketball

See your Phys. Ed. teacher for more information.





Book to Movie Club

(September – June): All Grades:

Mr. Buckinx

Students will be encouraged to read literature that has been adapted to the big screen. Students take turns picking books for the group to read and once completed watch the movie based on the book.

**Thursdays or Fridays at Lunch in
Room 207**



Bible Study

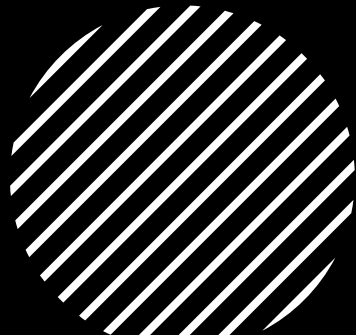


(September - June): All Grades: Everyone is welcome!

Ms. Niemczyk

**Student led bible study,
discussing verses and books
from the Bible, understanding
and discussing how it relates to
our everyday lives.**

Room 214 on Wednesdays at lunch.



KEC Boys Hockey

(September – March): All Grades:

Ms. Gordon

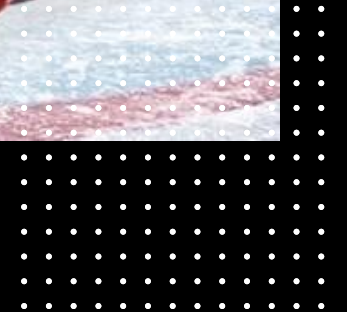
Reiver Hockey:

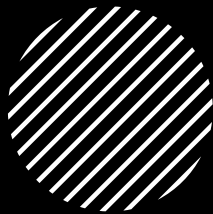
The KEC Reiver hockey team is a FULL CONTACT team that participates competitively in the Winnipeg High School Hockey League.

- Equipment is NOT provided.

**TRYOUTS FOR THE BOYS HOCKEY TEAM
WILL BEGIN ON SEPT.9**

See Ms. Gordon in the counselling area to sign up.





Boys Soccer

(End of April – May): All Grades:

Mr. Ragbirsingh, Ms. Sykes

Join our soccer team as we compete in the outdoor KPAC tournament in May!

3:30pm – 5pm, Football Field

See Mr. Ragbirsingh for more information.

Canoe Trip

(September - June): Grades 11-12:

Mr. Buckinx, Mr. Guspodarchuk, Ms. Ervick

KEC outdoor education canoe club will be taking a 3-day canoe trip into the whiteshell.

See Mr. Buckinx for more details.



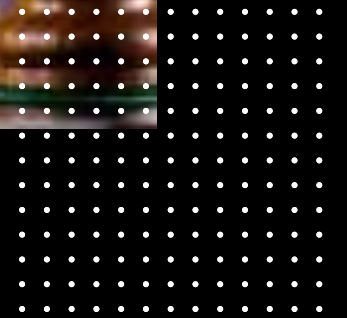
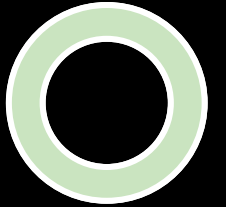
Chess Club

(September - June): All Grades:

Mr. Boughen

Join the High School Chess Club — where strategy meets fun! Whether you're a seasoned player or just learning the moves, everyone is welcome. We meet regularly to play, learn, and grow together, with a couple of exciting tournaments throughout the year to test your skills and enjoy some friendly competition. Come sharpen your mind, make new friends, and be part of a community that celebrates all levels of play!

Tuesdays at lunch in Room 209



Creative Wellness

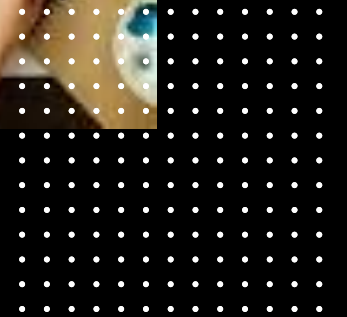
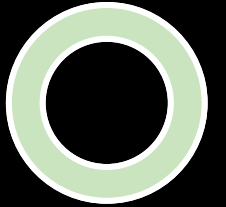
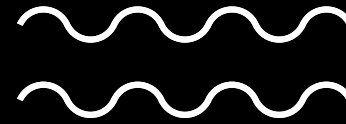
(October – May): All Grades:

Ms. Guspodarchuk

In this club, students will participate in guided and independent art activities to support self-care and wellbeing. This club will run from October to May in Room 116. All supplies will be provided.

Lunch in Room 116

See Ms. Guspodarchuk for more information.





Cross Country, Indoor Track, and Outdoor Track & Field

See your Phys. Ed. teacher for more information.



Cultural Dance Club

(September – June): All Grades:

Ms. Sidhu, Ms. Koundal

Step into the rhythm! Our club explores dances from across the globe, including Afro Fusion, Latino, Bhangra, and more. We learn new styles together, build confidence through performance, and celebrate the joy of movement and culture. Whether you've danced before or just want to try something new, this is a space to connect, move, and have fun.

After school & Lunch in the Theatre

See Ms. Sidhu for more information.



Dance Company

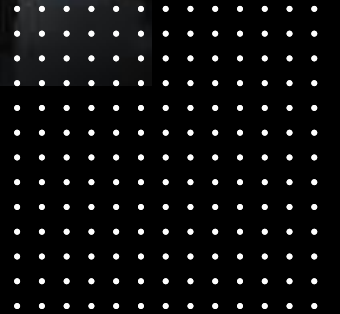
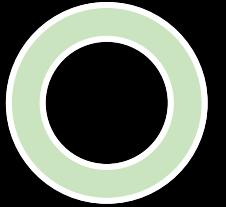
(September - June): All Grades:

Ms. Thomas

KEC's Dance Company gives you the chance to learn, create, and perform choreography in a variety of styles. There are two shows each year, one in December and one in May.

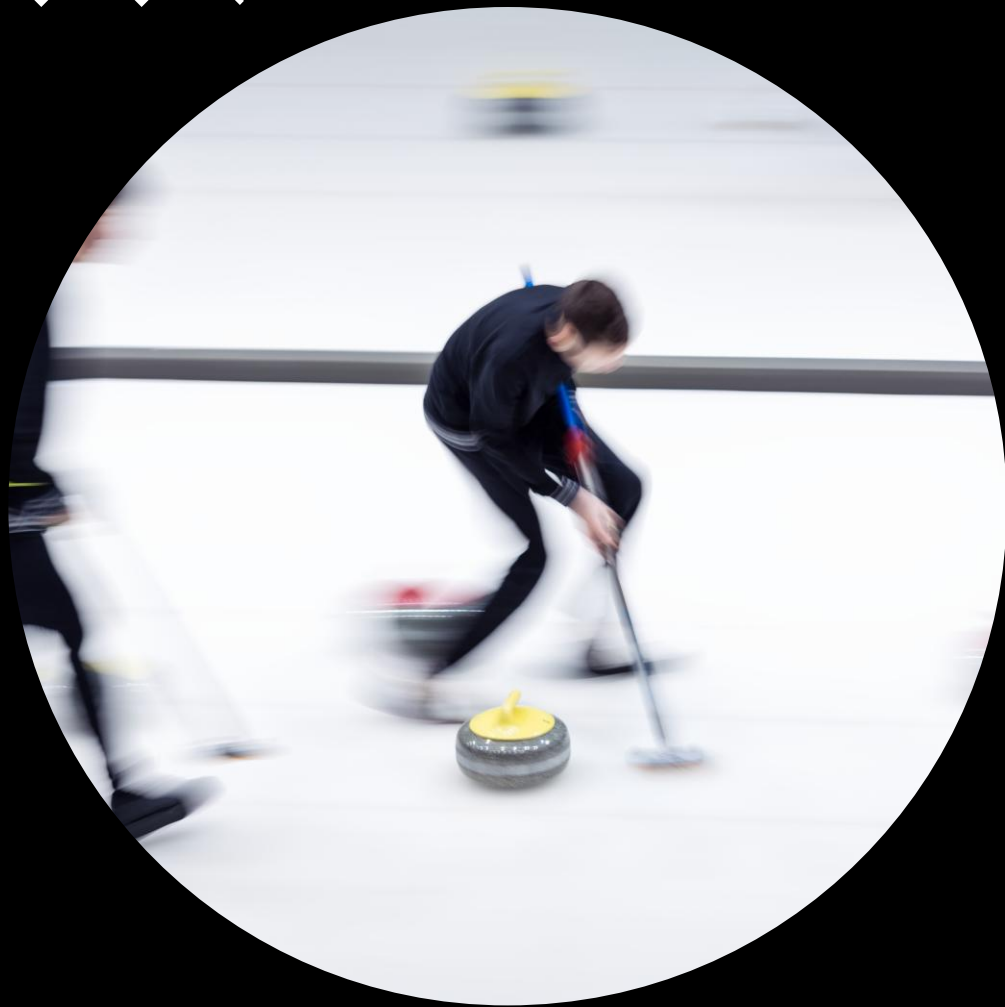
After school & Lunch in the Theatre

See Ms. Thomas for more information.





Curling



See your Phys. Ed. teacher for more information.





Diversity Alliance

(October – June): All Grades:

Mr. Toor

This group is for people who want to help our community learn about and celebrate the diversity of our student body.

Bi-weekly on Wednesdays, 12:15 – 12:45 in the Open Area



Dungeons & Dragons

(October – June): All Grades:

Mr. Sun, Mr. Friesen

Students new to DnD will learn how to play and enjoy the turn based tabletop game and have chances to meet new friends and engage with a friendly and active KEC DnD community. Experienced players will have materials in safe and dedicated spaces to play with their groups.

Lunch in Rooms 215 & 212





KEC eSports

(September - May): All Grades:

Mr. Sun, Mr. Sims, Mr. Salazar (Rm 215 and 211)

Current MSEA eSports tournament seasons:

- Fortnite: Sept - Oct
- Rocket League Fall Season: Oct - Nov
- Smash Bros: 4 events - Nov, Dec, Feb, and Apr
- Brawlhalla: Feb - Mar
- Valorant: Mar-Apr
- Rocket League Spring: Apr-May

Registrations open approximately a week before tournament season start.



Football



See Mr. Van Dyke, Mr. Van Dyke, Ms. Way, or Ms. Weisshaar for more information.

Girls Strength Training

(September - June): All Grades:

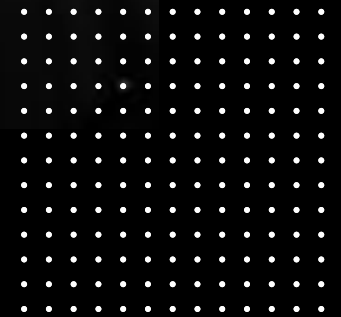
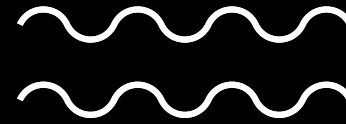
Ms. D'Antonio, Ms. Fenn, Ms. Redekopp

Looking to build strength, confidence and peer connections??

Our Girls Strength Training club is just for you!! This is a fully inclusive environment, where all female students are welcome whether you are new to strength training or already feeling strong and want to keep it up! We will focus on learning proper techniques, rotating through a set workout plan and supporting each other's goals.

Come get stronger, inside and out, while connecting with an amazing group of ladies.

Wednesdays from 3:30 – 4:30 in the Weight Room.



Golf

See Mr. Didyk for more information.



Knit Happens

(September - June): All Grades:

Ms. Gardiner, Ms. Omar-Adams

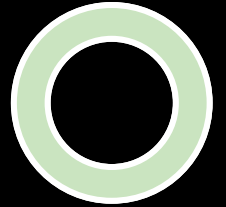
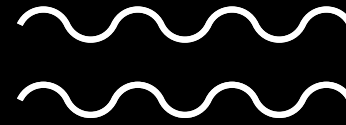
Always wanted to learn to knit or crochet? Maybe you just want to partake in a good old stitch and "chat" and connect with your fellow crafters. Stop by for a relaxed time and maybe make yourself a granny square or two. Also, it is scientifically proven that yarn is an excellent stress reliever. 🧶

No experience is necessary!

Tuesdays at lunch in the Open Area



Land-Based Learning



(October - June): All Grades:

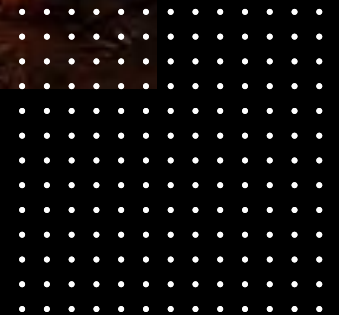
Ms. Kalinin, Mr. Torrance

The Land-Based Indigenous Learning Club is dedicated to exploring, honoring, and engaging with Indigenous knowledge systems through hands-on, land-based education. Rooted in respect for the land and Indigenous ways of knowing, this club creates space for experiential learning that connects participants to nature, community, culture, and history.

Activities may include traditional teachings from Indigenous Elders and Knowledge Keepers, plant and medicine walks, seasonal ceremonies, storytelling, sustainable harvesting, and discussions on Indigenous worldviews, treaties, and land stewardship. Whether you're Indigenous or non-Indigenous, all are welcome to join with an open heart and a willingness to learn.

This is not just a club — it's a journey of reconnection, responsibility, and relationship with the land and each other.

See Ms. Kalinin for more information.



Math & Science Help

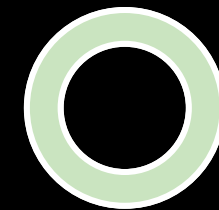
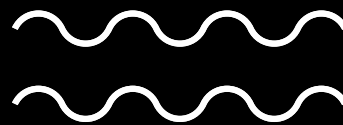
(September – June): All Grades:

Ms. Kolodziej, Ms. Grewal

Math & Science Help Club

Struggling with math or science? The Math & Science Help Club is here to support you! Our club provides a friendly, collaborative environment where students can get help with homework, review challenging concepts, and strengthen their skills. Whether you need a little extra guidance or want to build confidence in your understanding, we're here to help you succeed.

Tuesdays and Thursdays at Lunch in Room 101.





Mr. Bach's Cafe

(September - June): All Grades:

Mr. Bach

Mr. Bach's Cafe as a safe and inclusive space for creative individuals who wish to get together with others to play guitar, bass or whatever instrument you may already possess. There will be a focus on songwriting and also... standup comedy!! If you wish to hone your skills at live-musical performance, song writing, comedy, or perhaps you just want to get together to have some creative fun, then this club is for you!

Wednesdays at lunch in the Band Room or Room 115



MUNA: Model United Nations

(September - June): All Grades:

Mr. Hanson, Ms. Manuel

MUNA is all about debating world politics, collaboration, and global issues.

Wednesdays at lunch in Room 109





KEC Newspaper Club

(September - June): All Grades:

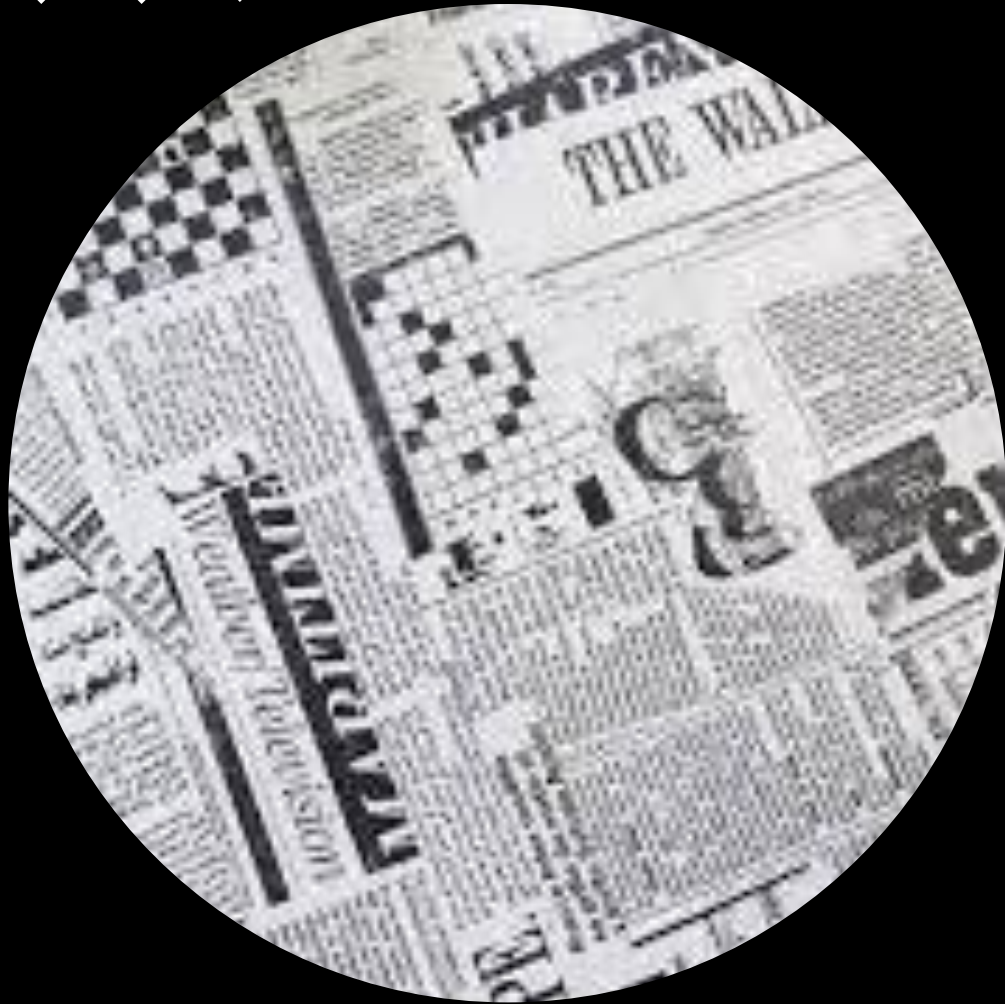
Ms. Manuel, Ms. Tien

Love telling stories, sharing ideas, or taking photos?

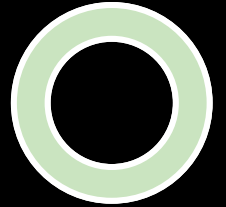
The KEC Newspaper Club is the place for you! We write about everything happening around school—from sports and teacher interviews to student spotlights and trending topics.

No experience needed!

Mondays at lunch in Room 109



KEC Podcasting Club




(September - June): All Grades:

Mr. Bach

Are you passionate about sharing ideas, speaking your mind, or sparking meaningful conversations? Join the KEC Podcasting Club, where your voice takes the spotlight!

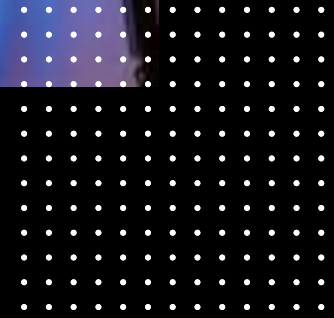
Each week, students from Grades 9–12 will come together to discuss, debate, and deep-dive into current events, hot topics, teen issues, and anything that matters to you. Whether you're outspoken or just starting to find your voice, this is a space to grow your skills, confidence, and creativity.

 Learn how to:

- Plan and host engaging podcast episodes
- Master the art of public speaking and respectful debate
- Record and edit audio like a pro
- Collaborate with a team to share powerful stories and opinions

Your podcasts will be published for your school and community to hear — real voices, real conversations, real impact.

Thursdays at lunch in Room 115



Poetry In Voice

(December - May): All Grades:

Ms. Francis

Poetry in Voice (PIV) is a group for students to rehearse the performance of poetry. This is a recitation club that focuses on the provincial and national PIV competitions where students perform selected poems from the PIV anthology. We are always looking for new voices so please consider joining this brave group!

See Ms. Francis in the Theatre for more information.



Heart Barabad (Right): Second Place Poetry In Voice Finalist: Kildonan-East Collegiate: Won \$2,000 in the 2025 competition.



Problematic Prodigies

(September – June): All Grades:

Ms. Blais, Ms. Sidhu

Love a good challenge? Join us to tackle fun math problems and puzzles while building skills for contests like the University of Waterloo math competitions. Whether you're looking to sharpen your problem-solving or just enjoy brain-teasers, this is the place for you!

Thursdays at lunch in Room 212.



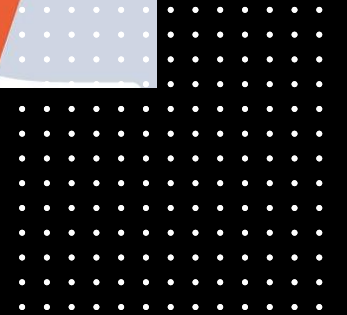
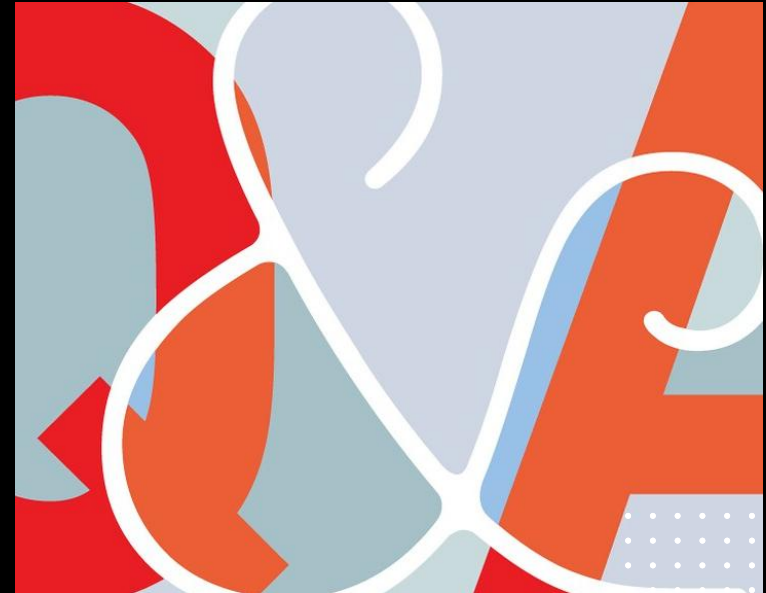
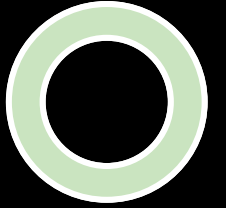
Q&A

(September – June): All Grades:

Mr. Hanson, Ms. Day, Ms. Manuel

Q&A is a safe space for queer and ally youth who are interested in activism, building community and lots of fun!

Thursdays at Lunch in the Open Area



Resonance

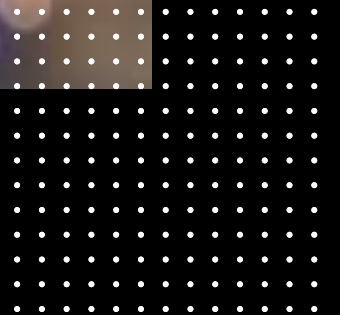
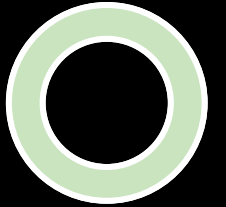
(September - June):

Ms. Isaac-Martens

Resonance is an auditioned Contemporary Music group. We perform at Brandon Jazz Fest and around the community at various assorted events. Students in this group can be instrumentalists or vocalists, but must be confident on a stage and have some basic music skills.

Mondays & Wednesdays from 3:30pm – 4:30pm in Room 134

See Ms. Isaac-Martens for more information.





Skate Club

(Single Session): All Grades:

Mr. Friesen

Students who are interested in skateboarding will have the opportunity to spend a day skateboarding at Pitikwe Skatepark. No experience required, instructors can be arranged depending on interest.

See Mr. Friesen in the Carpentry Shop for more information.



Student Leadership

(September - June): All Grades:

Ms. Thomas, Ms. Redekopp, Ms. Beal, Mr. Sims

Make a lasting impact on your community!

Are you a passionate student who loves to get involved and take initiative? We're a collaborative group of individuals who host and create the fun events you see around the school. With lots of volunteer opportunities and chances to make your voice heard, KEC's Grade Representatives work hard and have fun.

We can't wait to work with you!

Mondays at lunch





Student-Led Mental Health

(September - May): All Grades:

Ms. Brereton

Our student-led mental health committee will be working together to promote mental wellness, reduce stigma around mental health, and create a supportive school environment. The committee will organize awareness campaigns, plan events and activities focused on self-care and stress management and serve as a bridge between students and school staff by providing input on mental health needs and concerns. If you would like more information, feel free to connect with Ms. Brereton in the counselling office.

Mondays at lunch



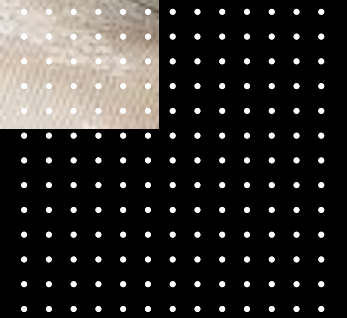
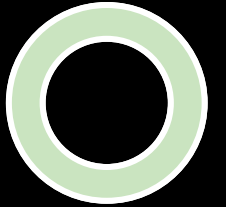
Tea Club

(September - June): All Grades:

Ms. Brereton

KEC tea club is a student-led group that brings together individuals who share an interest in tea, culture, and relaxation. The club provides a calm, welcoming space where members can sample and learn about different types of tea from around the world, explore the cultural traditions behind tea-drinking, and enjoy meaningful conversations. Activities may include tea tastings, themed events, and mindfulness practices, all aimed at building community and promoting wellness in a low-stress environment.

In the Open Area





Varsity Dance Team

(September - June): All Grades:

Ms. Thomas

The Varsity Dance Team is a group formed by an audition process. This team performs at KEC Remembrance Day services, in the December and May dance productions, and at local dance competitions and/or events.

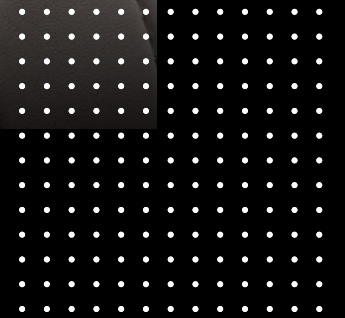
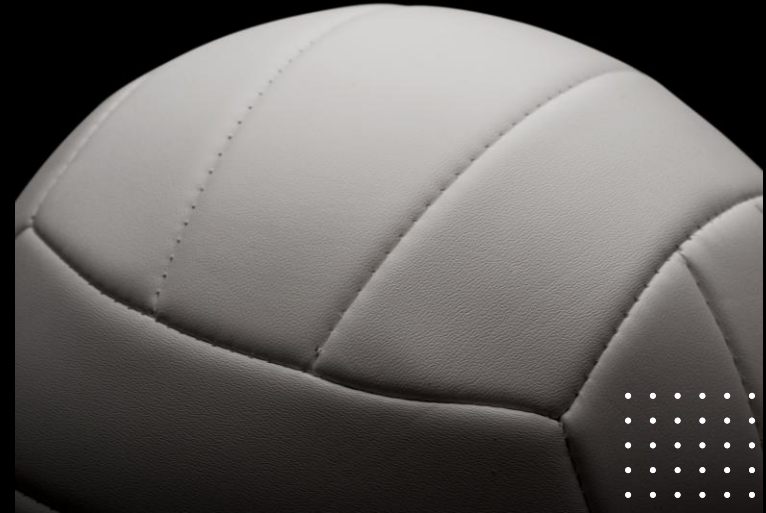
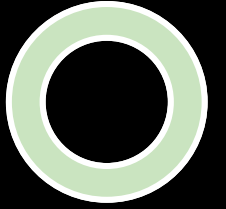
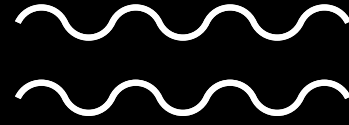
Fridays after school in the Theatre.

See Ms. Thomas for more information.



Volleyball

See your Phys. Ed. teacher for more information.





Yearbook Club

(September – June): All Grades:

Mr. Gower

Want to help capture the memories of the school year? Join Yearbook Club! From photography and writing to design and layout, you'll get the chance to showcase your creativity and be part of something every student will treasure for years to come. Come join us and help tell KEC's story!

Wednesdays at lunch in Room 203.

