



KINDERLINKS Indoors



Programming for Preschoolers & Their Parents | April–June 2023

204.669.4043 • kinderlinks@retsd.mb.ca • Supported by Child and Youth Services, Department of Families



All Kinder Links programs are offered at Bernie Wolfe School, 95 Bournais Dr., or Maple Leaf School, 251 McIvor Ave., unless otherwise stated. Registration is required for all classes.

Kinder Links programs provide young families—with children birth to age five—with the opportunity to play, learn, and connect with each other. These **FREE** parent-child programs feature fun, educational ways to explore literacy, numeracy, physical health and well-being, and creativity through art experiences, rhymes, stories, activities, and games.

Kinder Links programs are an excellent way for young children to develop a lifelong passion for learning, develop their skills and self-confidence, and help prepare them for the adventure of school!

Baby Bumblebees

Best enjoyed by children birth to crawling

Introduce your baby to the joy of songs, rhymes, and finger plays! Sing along to your favourites while learning new lap songs, diapering songs, and lullabies that are sure to delight and stimulate your little one. Each week, parents will enjoy time to connect and chat with other new parents. Interesting parenting resources and tip sheets will be provided to participants.

Saturdays, April 8–May 13

10:30–11:30 a.m.

Bernie Wolfe School

Mondays, April 10–May 15

9:45–10:45 a.m.

Maple Leaf School

Tuesdays, April 11–May 30

12:30–1:30 p.m.

Maple Leaf School

Wednesdays, April 12–May 31

1–2 p.m.

Student Services, 760 Kildare Ave. E.

NEW! Itsy Bitsy Playtime

Best enjoyed by children ages 6 to 23 months

Introducing a new program for younger participants. *Itsy Bitsy Playtime* is a relaxed toddler program featuring free play with toys and lots of time to move, explore, and create. This class is ideal for busy babies and toddlers to shake out their wiggles and share some giggles as we play, learn, and enjoy each other's company. Each class ends

with a group circle time experience and a special board book!

Wednesdays, April 12–May 31

10–11:15 a.m.

Maple Leaf School

Thursdays, April 13–June 1

10–11:15 a.m.

Bernie Wolfe School

I'm a Little Yogi

Best enjoyed by children ages 7 months to 5 years

I'm a Little Yogi is a fun-loving, supportive parent-child program designed to playfully teach yoga to young children. They will learn interesting yoga poses, including crane, tree, and downward dog. *I'm a Little Yogi* builds the parent-child bond and helps children feel happier and more confident while honouring their explorative and physical nature. Participants are asked to dress comfortably and bring their own yoga mat or blanket for the program.

NEW LOCATION

Saturdays, April 8–May 13

Maple Leaf School

TYKES CLASS (ages 21 months to 5 years)

9:30–10:15 a.m.

TOTS CLASS (ages 7 to 20 months)

10:30–11:15 a.m.

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Free Play Fridays

Best enjoyed by children ages 9 months to 5 years

With a focus on friendly conversations and free play with toys, participants are sure to have a fantastic time making new friends and having fun! Together, we will play to learn and learn to play co-operatively, through songs, stories, creative art, and opportunities to use our imagination.

Fridays, April 21–May 26

10–11:15 a.m.

Bernie Wolfe School

Fridays, April 21–May 26

10–11:15 a.m.

12:30–1:45 p.m.

Maple Leaf School

Hop, Skip & Jump into Play!

Best enjoyed by children ages 1 to 5 years

This exciting program features active play in the school gym and free play in the Kinder Links classroom. Our time together will also include getting creative with Play-Doh, making the “craft of the day,” and a circle time filled with puppets, books, songs, and rhymes.

Saturdays, April 8–May 13

10:30 a.m.–12 p.m.

Maple Leaf School

Sundays, April 16–May 14

10:30 a.m.–12 p.m.

Maple Leaf School

Mondays, April 10–May 15

5:45–7 p.m.

Bernie Wolfe School

Tuesdays, April 11–May 30

10–11:15 a.m.

Bernie Wolfe School



Leap Frogs

Best enjoyed by children ages 1 to 5 years

Hop into our school gymnasium and enjoy this in-motion program where parents/ caregivers and children play and stay active together! *Leap Frogs* features easy stretches to nursery rhymes, co-operative group games, a high-energy circle, and time to play with the parachute. All participants are asked to bring indoor shoes to wear in the gym.

Thursdays, April 13–May 18

5:15–6 p.m.

Maple Leaf School

Thursdays, April 13–June 1

1–1:45 p.m.

Bernie Wolfe School

Animal Crackers

Best enjoyed by children ages 18 months to 5 years

Animal Crackers is an exciting program where families learn about animals large and small! Through interactive group stories, activities, and crafts, participants will meet a different animal each week. Be on the lookout for monkeys, lions, giraffes, elephants, and other animals that live in the zoo.

Thursdays, April 13–June 1

10–11:15 a.m.

Maple Leaf School

Old MacDonald’s Farmyard Friends

Best enjoyed by children ages 18 months to 5 years

Old MacDonald’s farm is quite a busy place with cute barnyard friends wandering all over! On this imaginary field trip, we’ll see colourful puppets, read books about animals and farm equipment, and play active games and activities! E-I-E-I, oh what fun we’ll have in this farmyard program!

Sundays, April 16–May 14

9:30–10:45 a.m.

Maple Leaf School

Tuesdays, April 11–May 16

5:45–7 p.m.

Maple Leaf School

Purple Stew

Best enjoyed by children ages 18 months to 5 years

Through books, rhymes, and conversation, this program serves up a fun way for young participants to learn about food, nutrition, and a healthy lifestyle. At *Purple Stew*, the weekly art experience will be inspired by the kitchen, garden, and even the grocery store, and kids will make a special placemat to use at home. Enjoy playing with the toy kitchen in the Kinder Links classroom and lots of other exciting toys, too.

Mondays, April 10–May 15

11 a.m.–12:15 p.m.

Maple Leaf School



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Spring Frogs & Polliwogs

Best enjoyed by children ages 18 months to 5 years

Stories, crafts, and games will keep participants hopping at this celebration of spring. Together, families will enjoy a high-energy singalong featuring green frogs, brown bunnies, yellow ducks, red ladybugs, and brilliantly coloured butterflies.

Mondays, April 10–May 15

10–11:15 a.m.

Bernie Wolfe School

Mr. Golden Sun!

Best enjoyed by children ages 18 months to 5 years

Join us for “fun in the sun” as we sing songs and enjoy summer-inspired stories, games, and crafts. Feel free to dress for the tropics!

Wednesdays, April 12–May 31

2:15–3:30 p.m.

Maple Leaf School

Whale Tales

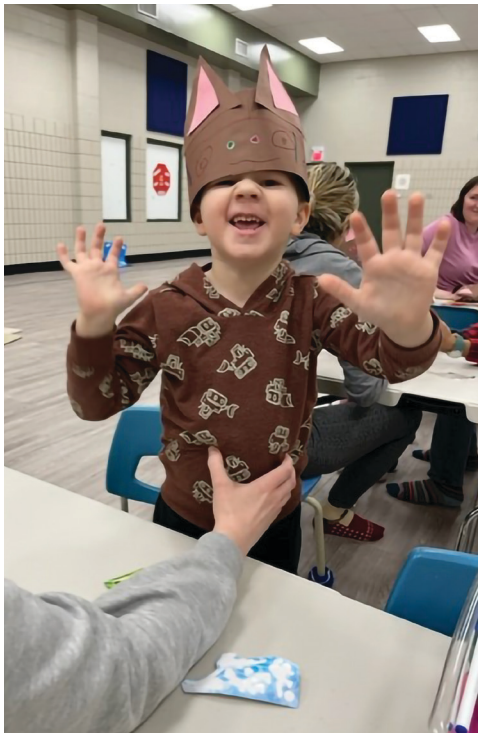
Best enjoyed by children ages 18 months to 5 years

Journey under the sea for an adventure where we will play, learn, and laugh. Together, we’ll dive into fantastic books, games, and math activities celebrating our friends who live in the deep blue sea. Enjoy participating in a seaside serenade and making an underwater craft.

Wednesdays, April 12–May 31

10–11:15 a.m.

Bernie Wolfe School



1, 2, Buckle My Shoe

Best enjoyed by children ages 2 to 5 years

Count on having a great time at 1, 2, *Buckle My Shoe!* Families will enjoy songs and books focusing on counting and early math. Classes feature easy ways for children to incorporate counting into their lives, exploring numbers through crafts, educational games, and activities.

Thursdays, April 13–May 18

6:15–7 p.m.

Maple Leaf School

Bookworms

Best enjoyed by children ages 2 to 5 years

If you love to dive into a good book and read-read-read, *Bookworms* is definitely the program for you! Together, we’ll enjoy stories written by notable children’s authors through educational games, activities, and artwork. Along with an amazing selection of songs, rhymes, and finger plays, circle time will feature two special stories from the “author of the day.”

Tuesdays, April 11–May 30

10–11:15 a.m.

Maple Leaf School

Dancing Feet

Best enjoyed by children ages 2 to 5 years

Tap your toes and move those feet as trained dance instructor Miss Laura and the Kinder Links team teach us some groovy moves! Enjoy lively music and rhythms as you express yourself creatively. As we dance and move, we’ll explore shapes, colours, numbers, and animals. Wear comfy clothes and bring indoor shoes for this free dance program!

Saturdays, April 8–May 13

9:30–10:15 a.m.

Bernie Wolfe School

Saturdays, April 8–May 13

12:30–1:15 p.m.

Maple Leaf School

All Aboard the Friend Ship

Best enjoyed by children ages 3 to 5 years

Join the crew as we set sail on an interesting voyage filled with songs, books, puppets, and games. On the “Friend Ship,” participants will have fun learning about being a good friend, taking turns, understanding and managing their emotions, and developing problem-solving skills.

Thursdays, April 13–June 1

12:30–1:45 p.m.

Maple Leaf School





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SPECIAL EVENTS

The Paper Bag Princess: A Puppetry Workshop

This performance/workshop is geared for children 3 to 5 years and older, due to the size of pieces used to create each child's puppet

One of Robert Munsch's most popular stories comes to life with a princess, a prince, and a castle. But we've forgotten the most important character—the dragon, of course! Each child will create their own dragon puppet with a movable mouth and stick-on wings, scales, tongue, and eyes. We will then read through the story, with their puppets playing the important dragon role. They will fly around the world—and perhaps even write their own ending!

Thursday, March 23

5–5:45 p.m.

6:15–7 p.m.

Maple Leaf School

Friday, March 24

10–10:45 a.m.

Maple Leaf School

Little Métis Sing with Me

Best enjoyed by children ages 18 months to 5 years

Led by the talented staff at the Louis Riel Institute, *Little Métis Sing With Me* will bring families together to enjoy literacy activities, learn to jig, and make a beautiful paper bag moccasin craft to take home.

Monday, April 3

10–11 a.m.

11:30 a.m.–12:30 p.m.

Maple Leaf School



Pyjama Band

Best enjoyed by children ages 18 months to 5 years

Putting the “jam” into pyjamas, this musical evening will feature a variety of instruments, like maracas, cymbals, drums, and tambourines. Get ready to join a marching band as we travel the hallways playing marvellous melodies. Together, we'll enjoy stories, play with toys and puzzles, and make some art. Don't forget to wear your PJs!

Wednesday, April 12

5:45–7 p.m.

Maple Leaf School

Earth Day Artists

Best enjoyed by children ages 18 months to 5 years

The Kinder Links team is excited to celebrate Earth Day through colourful artwork, preschool stories, and environmentally themed activities. This special event is an excellent opportunity for the whole family to develop a deeper appreciation of the world around us and how we can take better care of our planet.

Wednesday, April 19

1–2:15 p.m.

Bernie Wolfe School

Wednesday, April 19

5:45–7 p.m.

Maple Leaf School

Dress Up & Play

Best enjoyed by children ages 18 months to 5 years

Get ready for a dress-up evening with your Kinder Links friends. Wear your favourite costume for an epic adventure of songs, stories, counting games, and activities. Together, we will play like pirates, waltz like princesses, hop like bunnies, and swing into action like brave superheroes.

Wednesday, April 26

5:45–7 p.m.

Maple Leaf School

PARENTING SUPPORT

VIRTUAL Nobody's Perfect for Fathers & Grandfathers

Meet virtually with other fathers and grandfathers to share questions, concerns, and ideas about being a parent, learn about child development, safety, health, and behaviour, discuss real-life parenting solutions, and discover positive ways of parenting.

Wednesdays, April 5–26

6:30–7:30 p.m.

IN-PERSON Nobody's Perfect

Childminding is provided. All children requiring care must be registered in advance.

Meet with other parents/caregivers of young children, share questions, concerns, and ideas about being a parent, learn about child development, safety, health, and behaviour, discuss real-life parenting solutions, and discover positive ways of parenting.

Wednesdays, April 12–May 17

12:30–2 p.m.

Maple Leaf School





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Registration is required for all Kinder Links Indoors classes. Registration begins immediately by completing the [registration form](#), by emailing us at kinderlinks@retsd.mb.ca, or by leaving a message at 204.669.4043. When registering, please provide the following information:

- Parent/caregiver name
- Names and ages of all children to attend the program
- Home/cellphone number
- Home address
- Email address where you wish to be contacted
- Program(s) you wish to register for (name of program, date, and time)

KINDER LINKS PEN PALS

Introduce your child—ages three to five—to the joys of reading and writing through RETSD's Kinder Links Pen Pals program. Our team of Kinder Links facilitators is looking forward to connecting with preschool families this year. As a Kinder Links Pen Pal, your child will receive a special package in the mail featuring a short letter, notes, songs, rhymes, a joke, stickers, and a seasonal activity to try.

The best part of being a pen pal is writing back! We can hardly wait to start receiving letters and drawings from your child(ren). For every letter sent to the Kinder Links office, we'll reply with a special package filled with fun activities for your child. This is an excellent way to get your child excited about literacy while having fun practising their printing, drawing, and numeracy skills.

Submissions can be mailed to:

Kelly Martino
Kinder Links Office
Maple Leaf School
251 Mclvor Ave.
Winnipeg, MB R2G 0Z7



FREE BABY GIFT FOR NEW PARENTS

Did you just have a baby? River East Transcona School Division and the Early Childhood Matters Parent Child Coalitions in River East and Transcona would like to help you celebrate this wonderful event. We have a book, *I Love It When You*, which we'd love to give to you to keep and enjoy. To receive your **FREE** book, contact us at kmartino@retsd.mb.ca or 204.669.4043. Please leave us your mailing address, child's name, and date of birth.

KINDER LINKS ADVISORY GROUP

Are you interested in sharing your ideas to help shape Kinder Links parent-child programming? We are recruiting new members for our Kinder Links Advisory Group, which meets virtually to discuss and provide feedback on our free early learning programs. Contact Kinder Links at kinderlinks@retsd.mb.ca or 204.669.4043 for more information.

THE EARLY LEARNING TEAM

We are pleased to provide early learning and family support to families living in River East Transcona. Feel free to contact us if you have questions about our preschool initiatives.

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