

# KINDERLINKS Indoors



Programming for Preschoolers & Their Parents | September to December 2024

204.669.4043 • [kinderlinks@retsd.mb.ca](mailto:kinderlinks@retsd.mb.ca) • Supported by Child and Youth Services, Department of Families



### DROP-IN SESSIONS

No registration required

#### Wee Play & Learn—Drop-In Group

Best enjoyed by children ages 6 months to 5 years

Let's shake out those wiggles and share some giggles as we play, learn, and enjoy each other's company. This relaxed drop-in program features free play with toys, puzzles, and Play-Doh, and the opportunity to make a craft. Our time together ends with a lively circle time filled with favourite songs and stories.

#### **Mondays, Oct. 21–Dec. 16**

10–11:30 a.m.

Maple Leaf School

*Cancelled Nov. 11*

#### **Fridays, Oct. 4–Dec. 20**

9:30–11 a.m.

Westview School

*Cancelled Oct. 25 & Nov. 22*

#### **Monday to Friday, Dec. 2–20**

9:30–11 a.m.

Westview School

#### **Monday to Friday, Dec. 2–20**

10–11:30 a.m.

Maple Leaf School

### REGISTERED PROGRAMS

#### New to Kinder Links?

For families new to Kinder Links programming, you are welcome to sign up for a special introductory session to meet our facilitators, see the classroom, sing along to favourite songs and rhymes, and make a craft!

#### **Sunday, Sept. 8**

10–11:15 a.m.

Maple Leaf School

#### **Sunday, Sept. 15**

10–11:15 a.m.

Westview School

#### **Monday, Sept. 16**

9:30–10:45 a.m.

Westview School

#### **Monday, Sept. 23**

10–11:15 a.m.

Maple Leaf School

All Kinder Links programs are offered at Maple Leaf School, 251 McIvor Ave., or Westview School, 600 Hoka St. Registration is required for these FREE parent-child classes, unless otherwise noted.

Kinder Links programs provide young families—with children birth to age five—with the opportunity to play, learn, and connect with each other. These free parent-child programs feature fun, educational ways to explore literacy, numeracy, physical health and well-being, and creativity through art experiences, rhymes, stories, activities, and games.

Kinder Links programs are an excellent way for young children to develop a lifelong passion for learning, develop their skills and self-confidence, and help prepare them for the adventure of school!

## Your River East Transcona School Division Trustees

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For more information about the Board of Trustees, visit: [www.retsd.mb.ca](http://www.retsd.mb.ca) > Your RETSD > Board of Trustees  
Scroll down to *What it means to be a trustee* to watch an informative video



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## MINI PROGRAMS

### Follow the Leaffer

Best enjoyed by children ages 18 months to 5 years

Together, we'll explore the beautiful sights, sounds, and animals of autumn through interactive stories and poems. Young participants will enjoy expressing their creativity with fall-inspired crafts and learning new songs about colourful leaves.

#### Wednesdays, Sept. 11–25

9:30–10:45 a.m.  
Westview School

#### Thursdays, Sept. 12–26

10–11:15 a.m.  
Maple Leaf School

#### Thursdays, Sept. 12–26

5:45–6:45 p.m.  
Maple Leaf School

### Oodles of Doodles

Best enjoyed by children ages 1 to 5 years

Get ready for messy, creative fun at *Oodles of Doodles!* Each class, little artists will have the opportunity to make 2–3 crafts and collage activities using paint, chalk, markers, pom poms, and more! Our time together includes a parent-child circle time featuring favourite songs and rhymes, group stories, and book sharing.

#### Tuesdays, Sept. 10–24

12:30–1:45 p.m.  
Maple Leaf School

#### Fridays, Sept. 13–27

9:30–10:45 a.m.  
Westview School

#### Fridays, Sept 27–Nov. 15

5:45–6:45 p.m.  
Maple Leaf School

## FEATURE LENGTH PROGRAMS

### Baby Bumblebees

Best enjoyed by children birth to crawling

Introduce your baby to the joy of songs, rhymes, and finger plays! Sing along to your favourites while learning new lap songs, diapering songs, and lullabies that are sure to delight and stimulate your little one. Each week, parents will enjoy time to connect and chat with other new parents. Interesting parenting resources and tip sheets will be provided to participants.

#### Mondays, Oct. 21–Nov. 18

11:30 a.m.–12:30 p.m.  
Westview School  
*Cancelled Nov. 11*

#### Tuesdays, Oct. 1–Nov. 19

12:30–1:30 p.m.  
Maple Leaf School

#### Thursdays, Oct. 3–Nov. 21

9:30–10:30 a.m.  
Westview School

### Itsy Bitsy Playtime

Best enjoyed by children ages 6 to 23 months

*Itsy Bitsy Playtime* is a relaxed toddler program featuring free play with toys and lots of time to move, explore, and create. This class is ideal for busy babies and toddlers to shake out their wiggles and share some giggles as we play, learn, and enjoy each other's company. Each class ends with a group circle time experience and a special board book!

#### Tuesdays, Oct. 1–Nov. 19

10–11:15 a.m.  
Maple Leaf School

#### Sunday, Sept. 29–Nov. 24

10–11:15 a.m.  
Westview School  
*Cancelled Oct. 13 & 27*



### Weekend Free Play

Best enjoyed by children ages 6 months to 5 years

Join us for a relaxing, loosely structured weekend session where children get to play, create, build, and craft together. Each week, there will be time for stories, songs, and sharing. What a fun way to spend a Saturday morning with your friends!

#### Saturdays, Oct. 19–Nov. 23

9:30–10:45 a.m.  
Westview School

#### Sundays, Sept. 29–Nov. 24

9:30–10:45 a.m.  
Maple Leaf School  
*Cancelled Oct. 13 & 27*

### I'm a Little Yogi

Best enjoyed by children ages 7 months to 5 years

*I'm a Little Yogi* is a fun-loving, supportive parent-child program designed to playfully teach yoga to young children. They will learn interesting yoga poses, including crane, tree, and downward dog. *I'm a Little Yogi* builds the parent-child bond and helps children feel happier and more confident while honouring their explorative and physical nature. Participants are asked to dress comfortably and bring their own yoga mat or blanket for the program.

#### Saturdays, Sept. 14–Oct. 12

Westview School

#### TOTS CLASS (ages 7 to 20 months)

10:30–11:15 a.m.

#### TYKES CLASS (ages 21 months to 5 years)

9:30–10:15 a.m.



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## Hop, Skip & Jump Into Play!

Best enjoyed by children ages 1 to 5 years

This exciting program features active play in the school gym and free play in the Kinder Links classroom. Our time together will also include getting creative with Play-Doh, making the “craft of the day,” and a circle time filled with puppets, books, songs, and rhymes.

**Thursdays, Oct. 3–Nov. 21**

5:45–6:45 p.m.

Westview School

*Cancelled Oct. 31*

**Fridays, Sept. 27–Nov. 15**

5:45–7 p.m.

Maple Leaf School

**Sundays, Sept. 29–Nov. 24**

10–11:15 a.m.

Maple Leaf School

*Cancelled Oct. 13 & 27*

## Night Owls

Best enjoyed by children ages 1 to 5 years

Have a hoot playing games, singing songs, and listening to bedtime stories and lullabies at *Night Owls* this fall. Children will love playing with toys and visiting with our friend and puppet, Snowy the Owl, who flies in during our lively rhyme circle.

**Thursdays, Oct. 3–Nov. 21**

5:45–6:45 p.m.

Maple Leaf School

*Cancelled Oct. 31*



## Old MacDonald’s Farmyard Friends

Best enjoyed by children ages 1 to 3 years

MacDonald’s farm is quite a busy place with cute barnyard friends wandering all over! On this imaginary field trip, we’ll see colourful puppets, read books about animals and farm equipment, and play active games and activities! E-I-E-I oh what fun we’ll have in this farmyard program!

**Wednesdays, Oct. 2–Nov. 20**

5:45–6:45 p.m.

Maple Leaf School

## Once Upon a Rhyme

Best enjoyed by children ages 1 to 3 years

Busy toddlers are sure to have a great time at *Once Upon a Rhyme*! This fast-paced program features favourite movement-based activities, songs, and felt-board fun. Young participants will also meet colourful puppets who will make storytime even more interesting! Each class features the chance to play, build, and make artwork.

**Wednesdays, Oct. 2–Nov. 20**

9:30–10:45 a.m.

Westview School

## Animal Crackers

Best enjoyed by children ages 18 months to 5 years

*Animal Crackers* is an exciting program where families learn about animals large and small! Through interactive group stories, activities, and crafts, participants will meet a different animal each week.

**Saturdays, Oct. 5–Nov. 23**

11 a.m.–12:15 p.m.

Maple Leaf School

**Mondays, Oct. 21–Nov. 18**

9:30–10:45 a.m.

Westview School

*Cancelled Nov. 11*

## Pirate & Princess Playtime

Best enjoyed by children ages 18 months to 5 years

Get ready for a dress-up evening with your Kinder Links friends! Wear your favourite costume for an epic adventure of songs, stories, counting games, and activities. Together, we’ll play like pirates, waltz like princesses, hop like bunnies, and swing into action like brave superheroes.

**Mondays, Oct. 21–Nov. 18**

5:45–6:45 p.m.

Maple Leaf School

*Cancelled Nov. 11*

## Shake, Rattle & Rhyme

Best enjoyed by children ages 18 months to 5 years

We’ve got the beat! During this musically themed class, participants will play a variety of instruments, like maracas, cymbals, drums, and tambourines. Imagine how much fun we’ll have singing, dancing, and getting active using colourful scarves and ribbons!

**Thursdays, Oct. 3–Nov. 21**

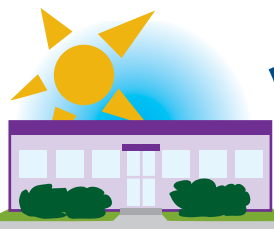
10–11:15 a.m.

Maple Leaf School

**Tuesdays, Oct. 1–Nov. 19**

5:45–6:45 p.m.

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## 1, 2, Buckle My Shoe

Best enjoyed by children ages 2 to 5 years

Count on having a great time at 1, 2, *Buckle My Shoe!* Families will enjoy songs and books focusing on counting and early math. Classes feature easy ways for children to incorporate counting into their lives, exploring numbers through crafts, educational games, and activities

**Tuesdays, Oct. 1–Nov. 19**

12:30–1:45 p.m.

Westview School

## Bookworms

Best enjoyed by children ages 2 to 5 years

If you love to dive into a good book and read-read-read, *Bookworms* is definitely the program for you! Together, we'll enjoy stories written by notable children's authors through educational games, activities, and artwork. Along with an amazing selection of songs, rhymes, and finger plays, circle time will feature two special stories from the "author of the day."

**Wednesdays, Oct. 2–Nov. 20**

11 a.m.–12:15 p.m.

Westview School

## Painter's Playhouse

Best enjoyed by children ages 2 to 5 years

Create some beautiful painted masterpieces! Using fingers and feet, paintbrushes, and interesting household items to create unique art, young artists will explore different textures and rich colours in their painting projects. The program features a circle time filled with rhymes, stories, colours and shapes, and interactive games.

**Mondays, Oct. 21–Nov. 18**

12:30–1:45 p.m.

Maple Leaf School

*Cancelled Nov. 11*

**Tuesdays, Oct. 1–Nov. 19**

9:30–10:45 a.m.

Westview School

**Sundays, Sept. 29–Nov. 24**

11 a.m.–12:15 p.m.

Maple Leaf School

*Cancelled Oct. 13 & 27*

## Whale Tales

Best enjoyed by children ages 18 months to 5 years

Journey under the sea for an adventure where we will play, learn, and laugh. Together, we'll dive into fantastic books, games, and math activities celebrating our friends who live in the deep blue sea. Enjoy participating in a seaside serenade and making an underwater craft.

**Fridays, Oct. 4–Nov. 15**

10–11:15 a.m.

Maple Leaf School

*Cancelled Oct. 25*

## Wheels on the Bus

Best enjoyed by children ages 18 months to 5 years

Drivers, start your engines and join us for a fast-paced, action-packed literacy program! Together, we'll explore the world of cars, trucks, buses, and construction vehicles with songs, stories, and interactive games. Before the checkered flag signals the end of class, participants will enjoy a creative art experience with a transportation theme.

**Wednesdays, Oct. 2–Nov. 20**

10–11:15 a.m.

Maple Leaf School



## Dancing Feet

Best enjoyed by children ages 2 to 5 years

Tap your toes and move those feet as the Kinder Links team teaches some groovy moves! Enjoy lively music and rhythms as you express yourself creatively. As we dance and move, we'll explore shapes, colours, numbers, and animals. Wear comfy clothes and bring indoor shoes and a water bottle for this free dance program!

**Saturdays, Sept. 14–Oct. 12**

10:30–11:15 a.m.

Maple Leaf School

**Sundays, Sept. 29–Nov. 24**

11–11:45 a.m.

Westview School

*Cancelled Oct. 13 & 27*



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### Diggin' with the Dinos

Best enjoyed by children ages 2 to 5 years

Be prepared to have a "ROARing" good time as we bravely explore the world of dinosaurs both large and small. On this journey, participants will learn about the T-Rex, Stegosaurus, and other interesting dinosaur friends through songs, books, puzzles, active games, and creative art experiences

**Tuesdays, Oct. 1–Nov. 19**

5:45–6:45 p.m.

Westview School

**Thursdays, Oct. 3–Nov. 21**

11 a.m.–12:15 p.m.

Westview School

### Tiny Tumblers

Best enjoyed by children ages 2 ½ to 5 years

Introducing a literacy-based gymnastics program designed to keep little ones moving and have fun while developing their gross motor skills. During this active parent-child session, we'll warm up and learn the pizza, butterfly, and fishing stretches, as well as the mountain and motorcycle poses. Our tiny tumblers will have the chance to use scarves and practise basic balancing activities and somersaults. The gym portion of this class is 45 minutes, followed by 30 minutes of free play, crafts, and stories.

**Saturdays, Oct. 19–Nov. 23**

9:30–10:45 a.m.

Maple Leaf School

**Sundays, Sept. 29–Nov. 24**

9:30–10:45 a.m.

Westview School

Cancelled Oct. 13 & 27



### Soccer Stars Storytime

Best enjoyed by children ages 2 ½ to 5 years

Soccer enthusiasts are sure to get a "kick" out of this new high energy class! Each session starts with warm-up activities and stretching our bodies. We'll have fun working as a team practising skills like dribbling, passing, shooting, and cheering on our new friends. Circle time will feature a variety of Kinder Links favourite songs and stories.

**Saturdays, Sept. 14–Oct. 12**

9–10 a.m.

Maple Leaf School

**Saturdays, Oct. 19–Nov. 23**

11 a.m.–12 p.m.

Westview School

### SPECIAL EVENTS

These large-group, station-based events take place in the school gymnasium

#### Halloween 'Mask'rade

Best enjoyed by children ages 1 to 5 years

Grab your favourite costume and join the Kinder Links team for FREE Halloween fun! Stroll from station to station to find pumpkins and spiders, listen to stories of Halloween adventures, create special artwork, and play active games like bowling and ring toss. Our Halloween event winds up with a group sing along.

**Sunday, Oct. 27**

9:30–10:45 a.m.

11:15 a.m.–12:30 p.m.

Westview School



### Jingle Bells Holiday Extravaganza

Best enjoyed by children ages 1 to 5 years

Get ready to jingle and mingle holiday-style with your friends at Kinder Links! Highlights of this extravaganza include decorating a delicious gingerbread cookie, making seasonal crafts, and playing exciting games like bingo and "What's in the stocking?" Be sure to check out the reindeer training camp. Together, we'll spread holiday cheer as we wrap up this party with festive songs about green trees, silver bells, red reindeer noses, and colourful candy treats.

**Saturday, Nov. 30**

9:30–10:45 a.m.

11:15 a.m.–12:30 p.m.

Maple Leaf School



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## LOWER-SENSORY PROGRAMMING

If your family may benefit from a lower-sensory experience, please contact the Kinder Links office for more information on programming times.

Registration begins immediately by completing the [Online Registration Form](#), by emailing us at [kinderlinks@retsd.mb.ca](mailto:kinderlinks@retsd.mb.ca), or by leaving a message at 204.669.4043. Upon registration, you'll receive a confirmation email that your request has been processed. Before the start of each program, participants will receive a reminder email and phone call.

## FREE BABY GIFT FOR NEW PARENTS

Did you just have a baby? RETSD and the Early Childhood Matters Parent Child Coalitions in River East and Transcona would like to help you celebrate this wonderful event. We have a book, *I Love It When You*, which we'd love to give to you to keep and enjoy. To receive your FREE book, contact us at [kmartino@retsd.mb.ca](mailto:kmartino@retsd.mb.ca) or 204.669.4043. Please leave us your mailing address, child's name, and date of birth.

## KINDER LINKS PEN PALS

Introduce your child—ages three to five—to the joys of reading and writing through RETSD's Kinder Links Pen Pals program. Our team of Kinder Links facilitators is looking forward to connecting with preschool families this year. As a Kinder Links Pen Pal, your child will receive a special package in the mail featuring a short letter, notes, songs, rhymes, a joke, stickers, and a seasonal activity to try. The best part of being a pen pal is writing back!

We can hardly wait to start receiving letters and drawings from your child. For every letter sent to the Kinder Links office, we'll reply with a special package filled with fun activities. This is an excellent way to get your child excited about literacy while they have fun practising their printing, drawing, and numeracy skills. Submissions can be mailed to:

Kelly Martino  
Kinder Links Office  
Maple Leaf School  
251 McIvor Ave.  
Winnipeg, MB R2G 0Z7

## KINDER LINKS ADVISORY GROUP

Are you interested in sharing your ideas to help shape Kinder Links parent-child programming? We are recruiting new members for our Kinder Links Advisory Group, which meets virtually to discuss and provide feedback on our free early learning programs. Contact Kinder Links at [kinderlinks@retsd.mb.ca](mailto:kinderlinks@retsd.mb.ca) or 204.669.4043 for more information.

## THE EARLY LEARNING TEAM

We are pleased to provide early learning and family support to families living in River East Transcona. Feel free to contact us if you have questions about our preschool initiatives.

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