



# KINDERLINKS Indoors



## Programming for Preschoolers & Their Parents | September–December 2023

204.669.4043 • [kinderlinks@retsd.mb.ca](mailto:kinderlinks@retsd.mb.ca) • Supported by Child and Youth Services, Department of Families



All Kinder Links programs are offered at Bernie Wolfe School, 95 Bournais Dr., and Maple Leaf School, 251 McIvor Ave., unless otherwise noted. Registration is required for these FREE classes, with the exception of Wee Play & Learn—Drop-in Group.

Kinder Links programs provide young families—with children birth to age five—with the opportunity to play, learn, and connect with each other. These **FREE** parent-child programs feature fun, educational ways to explore literacy, numeracy, physical health and well-being, and creativity through art experiences, rhymes, stories, activities, and games.

Kinder Links programs are an excellent way for young children to develop a lifelong passion for learning, develop their skills and self-confidence, and help prepare them for the adventure of school!



### Baby Bumblebees

*Best enjoyed by children birth to crawling*

Introduce your baby to the joy of songs, rhymes, and finger plays! Sing along to your favourites while learning new lap songs, diapering songs, and lullabies that are sure to delight and stimulate your little one. Each week, parents will enjoy time to connect and chat with other new parents. Interesting parenting resources and tip sheets will be provided to participants.

**Mondays, Oct. 16–Nov. 27**

1–2 p.m.

Bernie Wolfe School

**Tuesdays, Oct. 10–Nov, 28**

11:30 a.m.–12:30 p.m.

Maple Leaf School

**Thursdays, Oct. 5–Nov. 30**

9:30–10:30 a.m.

Maple Leaf School

### Itsy Bitsy Playtime

*Best enjoyed by children ages 6 to 23 months*

*Itsy Bitsy Playtime* is a relaxed toddler program featuring free play with toys and lots of time to move, explore, and create.

This class is ideal for busy babies and toddlers to shake out their wiggles and share some giggles as we play, learn, and enjoy each other's company. Each class ends with a group circle time experience and a special board book!

**Tuesdays, Oct. 10–Nov. 28**

9:30–10:45 a.m.

Maple Leaf School

**Wednesdays, Oct. 4–Nov. 29**

9–10:15 a.m.

Bernie Wolfe School

### I'm a Little Yogi

*Best enjoyed by children ages 7 months to 5 years*

*I'm a Little Yogi* is a fun-loving, supportive parent-child program designed to playfully teach yoga to young children. They will learn interesting yoga poses, including crane, tree, and downward dog. *I'm a Little Yogi* builds the parent-child bond and helps children feel happier and more confident while honouring their explorative and physical nature. Participants are asked to dress comfortably and bring their own yoga mat or blanket for the program.

**Saturdays, Oct. 7–Nov. 18**

Bernie Wolfe School

*Class canceled Nov. 11*

**TOTS CLASS** (ages 7 to 20 months)

9:30–10:15 a.m.

**TYKES CLASS** (ages 21 months to 5 years)

10:30–11:15 a.m.

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### Free Play Fridays

*Best enjoyed by children ages 9 months to 5 years*

With a focus on friendly conversations and free play with toys, participants are sure to have a fantastic time making new friends and having fun! Together, we will play to learn and learn to play co-operatively, through songs, stories, creative art, and opportunities to use our imagination.

#### Fridays, Oct. 6–Dec. 1

9:30–10:45 a.m.

Bernie Wolfe School

*Class cancelled Oct. 20 & Nov. 24*

#### Fridays, Oct. 6–Dec. 1

9:30–10:45 a.m.

11:15 a.m.–12:30 p.m.

Maple Leaf School

*Class cancelled Oct. 20 & Nov. 24*

### Hop, Skip & Jump Into Play!

*Best enjoyed by children ages 1 to 5 years*

This exciting program features active play in the school gym and free play in the Kinder Links classroom. Our time together will also include getting creative with Play-Doh, making the “craft of the day,” and a circle time filled with puppets, books, songs, and rhymes.

#### Sundays, Sept. 24–Nov. 19

10:30 a.m.–12 p.m.

Maple Leaf School

*Class cancelled Oct. 8 & 29*

#### Mondays, Oct. 16–Nov. 27

9:30–10:45 a.m.

Bernie Wolfe School

#### Tuesdays, Oct. 10–Nov. 21

5:45–6:45 p.m.

Bernie Wolfe School

*Class cancelled Oct. 31*

### Leap Frogs

*Best enjoyed by children ages 1 to 5 years*

Hop into our school gymnasium and enjoy this in-motion program where parents/ caregivers and children play and stay active together! *Leap Frogs* features easy stretches to nursery rhymes, co-operative group games, a high-energy circle, and time to play with the parachute. All participants are asked to bring indoor shoes to wear in the gym.

#### Wednesdays, Oct. 4–Nov. 29

10:45–11:30 a.m.

Bernie Wolfe School

#### Wednesdays, Oct. 4–Nov. 22

5:15–6 p.m.

Maple Leaf School

### Night Owls

*Best enjoyed by children ages 1 to 5 years*

Have a hoot playing games, singing songs, and listening to bedtime stories and lullabies at *Night Owls* this fall. Children will love playing with toys and visiting with our puppet friend, Snowy the Owl, who flies in during our lively rhyme circle.

#### Thursdays, Oct. 5–Nov. 23

5:45–6:45 p.m.

Bernie Wolfe School

#### Fridays, Oct. 6–Nov. 10

5:45–6:46 p.m.

Maple Leaf School

### Old MacDonald’s Farmyard Friends

*Best enjoyed by children ages 1 to 3 years*

MacDonald’s farm is quite a busy place with cute barnyard friends wandering all over! On this imaginary field trip, we’ll see colourful puppets, read books about animals and farm equipment, and play active games and activities! E-I-E-I, oh what fun we’ll have in this farmyard program!

#### Wednesdays, Sept. 13–27

10–11 a.m.

River East Personal Care Home

1275 Molson St.

### Once Upon a Rhyme

*Best enjoyed by children ages 1 to 3 years*

Busy toddlers are sure to have a great time at *Once Upon a Rhyme*! This fast-paced program features favourite movement-based activities, songs, and felt-board fun. Young participants will also meet colourful puppets who will make story time even more interesting! Each class features the chance to play, build, and make artwork.

#### Wednesdays, Oct. 4–Nov. 29

9:30–10:45 a.m.

Maple Leaf School

### Follow the Leaffer

*Best enjoyed by children ages 18 months to 5 years*

Together, we’ll explore the beautiful sights, sounds, and animals of autumn through interactive stories and poems. Young participants will enjoy expressing their creativity with fall-inspired crafts and learning new songs about colourful leaves. This parent-child program features both indoor and outdoor play, weather permitting. Please remember to dress comfortably to play outside.

#### Mondays, Sept. 18–Oct. 2

10–11 a.m.

River East Personal Care Home

1375 Molson St.

#### Fridays, Sept. 15–29

9:30–10:45 a.m.

Bernie Wolfe School







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### Oodles of Doodles

*Best enjoyed by children ages 18 months to 5 years*

Get ready for messy, creative fun at *Oodles of Doodles*! Each class, little artists will have the opportunity to make 2–3 crafts and collage activities using paint, chalk, markers, pom poms, and more! Our time together includes a parent-child circle time featuring favourite songs and rhymes, group stories, and book sharing.

**Wednesdays, Oct. 4–Nov. 22**

6:15–7 p.m.

Maple Leaf School

**Saturdays, Oct. 7–Nov. 18**

12:30–1:30 p.m.

*Class cancelled Nov. 11*

**Sundays, Sept. 24–Nov. 19**

11 a.m.–12:15 p.m.

Bernie Wolfe School

*Class cancelled Oct. 8 & 29*

### Painter's Playhouse

*Best enjoyed by children ages 2 to 5*

Create some beautiful painted masterpieces! Using fingers and feet, paintbrushes, and interesting household items to create unique art, young artists will explore different textures and rich colours in their painting projects. The program features a circle time filled with rhymes, stories, colours and shapes, and interactive games.

**Mondays, Oct. 16–Nov. 20**

5:45–6:45 p.m.

Maple Leaf School

### Shake, Rattle & Rhyme

*Best enjoyed by children ages 18 months to 5 years*

We've got the beat! During this musically themed class, participants will play a variety of instruments, like maracas, cymbals, drums, and tambourines. Imagine how much fun we'll have singing, dancing, and getting active using colourful scarves and ribbons!

**Mondays, Oct. 16–Nov. 27**

10–11:15 a.m.

Maple Leaf School

**Thursdays, Oct. 5–Nov. 30**

10–11:15 a.m.

Bernie Wolfe School

### Whale Tales

*Best enjoyed by children ages 18 months to 5 years*

Journey under the sea for an adventure where we will play, learn, and laugh! Together, we'll dive into fantastic books, games, and math activities celebrating our friends who live in the deep blue sea. Enjoy participating in a seaside serenade and making an underwater craft.

**Sundays, Sept. 24–Nov. 19**

9:30–10:45 a.m.

Maple Leaf School

*Class cancelled Oct. 8 & 29*

**Thursdays, Oct. 5–Nov. 30**

1–2:15 p.m.

Maple Leaf School

### 1, 2, Buckle My Shoe

*Best enjoyed by children ages 2 to 5 years*

Count on having a great time at 1, 2, *Buckle My Shoe*! Families will enjoy songs and books focusing on counting and early math. Classes feature easy ways for children to incorporate counting into their lives, exploring numbers through crafts, educational games, and activities

**Thursdays, Oct. 5–Nov. 30**

11 a.m.–12:15 p.m.

Maple Leaf School

### Wheels on the Bus

*Best enjoyed by children ages 2 to 5 years*

Drivers, start your engines and join us for a fast-paced, action-packed literacy program! Together, we'll explore the world of cars, trucks, buses, and construction vehicles with songs, stories, and interactive games. Before the checkered flag signals the end of class, participants will enjoy a creative art experience with a transportation theme.

**Wednesdays, Oct. 4–Nov. 29**

11:15 a.m.–12:30 p.m.

Maple Leaf School

### Dancing Feet

*Best enjoyed by children ages 2 to 5 years*

Tap your toes and move those feet as trained dance instructor Miss Laura and the Kinder Links team teach us some groovy moves! Enjoy lively music and rhythms as you express yourself creatively. As we dance and move, we'll explore shapes, colours, numbers, and animals. Wear comfy clothes and bring indoor shoes and a water bottle for this free dance program!

**Saturdays, Oct. 7–Nov. 18**

9:15–10 a.m.

Maple Leaf School

*Class cancelled Nov. 11*

**Sundays, Sept. 24–Nov. 19**

12:30–1:15 p.m.

Maple Leaf School

*Class cancelled Oct. 8 & 29*

### Diggin' with the Dinos

*Best enjoyed by children ages 2 to 5 years*

Be prepared to have a ROARing good time as we bravely explore the world of dinosaurs both large and small. On this journey, participants will learn about the T-Rex, Stegosaurus, and other interesting dinosaur friends through songs, books, puzzles, active games, and creative art experiences.

**Tuesdays, Oct. 10–Nov. 28**

10–11:15 a.m.

Bernie Wolfe School



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### NEW PROGRAM! Tiny Tumblers

*Best enjoyed by children ages 2 ½ to 5 years*

Introducing a literacy-based gymnastics program designed to keep little ones moving and having fun while developing their gross motor skills. During this active parent-child session, we'll warm up and learn the pizza, butterfly, and fishing stretches, as well as the mountain and motorcycle poses. Our tiny tumblers will get to use scarves and practise basic balancing activities and somersaults. The gym portion of this class is 45 minutes, followed by 30 minutes of free play, crafts, and stories.

**Saturdays, Oct. 7–Nov. 18**

10:15–11:30 a.m.

11:30 a.m.–12:45 p.m.

Maple Leaf School

*Class cancelled Nov. 11*

### NEW PROGRAM! Soccer Stars

#### Storytime

*Best enjoyed by children ages 2 ½ to 5 years*

Soccer fans are sure to get a kick out of this new high-energy class! Each session starts with warmup activities and stretching our bodies. We'll have fun working as a team, practising skills, like dribbling, passing, shooting, and cheering on our new friends. Circle time will feature a variety of our favourite Kinder Links songs and stories.

**Tuesdays, Oct. 10–Nov. 28**

1–2 p.m.

Bernie Wolfe School

**Saturdays, Oct. 7–Nov. 18**

11:30 a.m.–12:30 p.m.

Bernie Wolfe School

*Class cancelled Nov. 11*

**Sundays, Sept. 24–Nov. 19**

9:30–10:30 a.m.

Bernie Wolfe School

*Class cancelled Oct. 8 & 29*



### NEW TO KINDER LINKS?

For families new to Kinder Links programming, you are welcome to sign up for a special introductory session to meet our facilitators, see the classroom, sing along to favourite songs and rhymes, and make a craft!

**Saturday, Sept. 16**

10–11:15 a.m.

Maple Leaf School

**Tuesday, Sept. 19**

10–11:15 a.m.

Bernie Wolfe School

**Thursday, Sept. 21**

10–11:15 a.m.

5:45–6:45 p.m.

Maple Leaf School

**Saturday, Sept. 23**

10–11:15 a.m.

Bernie Wolfe School

**Tuesday, Sept. 26**

1–2:15 p.m.

Maple Leaf School

### SPECIAL EVENTS

#### Halloween Trick-or-Treat Party

*Best enjoyed by children ages 1 to 5 years*

Grab your favourite costume and join the Kinder Links team for FREE Halloween fun! Little trick-or-treaters and their families will stroll from station to station to learn songs about pumpkins and spiders, listen

to stories of Halloween adventures, create special artwork, and get active. At each station, there will be a Halloween surprise!

**Sunday, Oct. 29**

10:30–11:45 a.m.

Maple Leaf School

### DROP-IN SESSIONS

(no registration required)

#### Wee Play & Learn—Drop-In Group

*Best enjoyed by children ages 1 to 5 years*

Let's shake out those wiggles and share some giggles as we play, learn, and enjoy each other's company. This relaxed drop-in program features free play with toys, puzzles, and Play-Doh, and the opportunity to make a craft. Our time together ends with a lively circle time filled with favourite songs and stories.

**Mondays, Sept. 18–Nov. 13**

12:30–1:45 p.m.

Maple Leaf School

*Class cancelled Oct. 9*

**Wednesdays, Sept. 20–Nov. 15**

1–2:15 p.m.

Bernie Wolfe School

*Class cancelled Oct. 3*

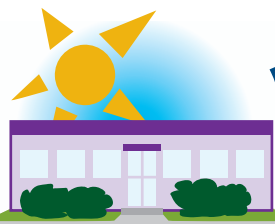
**Thursdays, Sept. 21–Nov. 16**

1–2:15 p.m.

Bernie Wolfe School







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Registration begins immediately by completing the [Online Form](#), emailing us at [kinderlinks@retsd.mb.ca](mailto:kinderlinks@retsd.mb.ca), or leaving a message at 204.669.4043. When registering, please provide the following information:

- Parent/caregiver name
- Names and ages of all children to attend the program
- Home/cellphone number
- Home address
- Email address where you wish to be contacted
- Program(s) you wish to register for (name of program, date, and time)

### KINDER LINKS PEN PALS

Introduce your child—ages three to five—to the joys of reading and writing through RETSD's Kinder Links Pen Pals program. Our team of Kinder Links facilitators is looking forward to connecting with preschool families this year. As a Kinder Links Pen Pal, your child will receive a special package in the mail featuring a short letter, notes, songs, rhymes, a joke, stickers, and a seasonal activity to try. The best part of being a pen pal is writing back!

We can hardly wait to start receiving letters and drawings from your child. For every letter sent to the Kinder Links office, we'll reply with a special package filled with fun activities for your child. This is an excellent way to get them excited about literacy while having fun practising their printing, drawing, and numeracy skills. Submissions can be mailed to:

Kelly Martino  
Kinder Links Office  
Maple Leaf School  
251 McIvor Ave.  
Winnipeg, MB R2G 0Z7



### FREE BABY GIFT FOR NEW PARENTS

Did you just have a baby? River East Transcona School Division and the Early Childhood Matters Parent Child Coalitions in River East and Transcona would like to help you celebrate this wonderful event. We have a book, *I Love It When You*, which we'd love to give to you to keep and enjoy. To receive your **FREE** book and parenting resources, contact us at [kmartino@retsd.mb.ca](mailto:kmartino@retsd.mb.ca) or 204.669.4043. Please leave us your mailing address, child's name, and date of birth.

### KINDER LINKS ADVISORY GROUP

Are you interested in sharing your ideas to help shape Kinder Links parent-child programming? We are recruiting new members for our Kinder Links Advisory Group, which meets virtually to discuss and provide feedback on our free early learning programs. Contact Kinder Links at [kinderlinks@retsd.mb.ca](mailto:kinderlinks@retsd.mb.ca) or 204.669.4043 for more information.

### THE EARLY LEARNING TEAM

We are pleased to provide early learning and family support to families living in River East Transcona. Feel free to contact us if you have questions about our preschool initiatives.

#### Jason Drysdale

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