



# KINDERLINKS

## Parenting Support

**Programming for Preschool Parents & Caregivers | October to December, 2025**

**204.669.4043 • [kinderlinks@retsd.mb.ca](mailto:kinderlinks@retsd.mb.ca) • Supported by Child and Youth Services, Department of Families**



**All in-person workshops will be held  
at Maple Leaf School, 251 McIvor Ave.**

### PARENTING SUPPORT WORKSHOPS

Kinder Links is pleased to offer a variety of FREE parenting support workshops this fall, intended for parents and caregivers who live in the River East Transcona area. Registration is required for all workshops. Childcare is provided unless otherwise noted—all children requiring care must be registered in advance.

#### VIRTUAL Toilet Training with Confidence

Looking to start toilet training your child? This educational workshop will provide parents/caregivers with the opportunity to learn about the signs of readiness, common challenges you may encounter, and how to start training. The goal is to send caregivers into toilet training with confidence, so they can have fun with their child during this process. Workshop link will be sent upon registration

**Monday, Oct. 6**

6–7:30 p.m.

A workshop link, will be provided upon registration



#### Guiding Misbehaviour

*Childcare will be provided for this workshop*

Are you looking for new strategies to help guide your child's behaviour? Join us for a two-session program designed to provide parents with the tools and strategies to build co-operation, strengthen relationships, and encourage positive behaviour. Through simple, proven techniques you will learn how to set clear expectations, respond effectively to challenges, and foster your child's confidence and self-control.

**Thursdays, Oct. 16 & 23**

6–7 p.m.

Maple Leaf School

#### Co-parenting Through Separation & Divorce

*Childcare is not provided for this workshop*

Co-parenting can be emotionally difficult for so many reasons and even the very best parents can sometimes lose sight of how their child is being affected. In this presentation, we will cover the emotional blockages that often arise, how our children cue or miscue their needs, what is the "right" thing to do or say, and how to manage ourselves so we give our kiddos the very best of us. Joanne Brown is co-chair of the Attachment Network of Manitoba, ([www.attachmentnetwork.ca](http://www.attachmentnetwork.ca)) and has been a clinician for over 30 years, working with families who are in states of struggle and success.

**Saturday, Oct. 18**

10 a.m.–12 p.m.

Maple Leaf School

#### Understanding Your Child's Temperament

*Childcare will not be provided for this workshop*

Temperament is the way that people learn and respond to their world, and what makes us special. This interactive workshop looks at the different kinds of temperaments and the effect they play on a child's behaviour, a parent's behaviour, and overall family dynamics. Through group conversation, participants will discuss ways to appreciate the benefits and challenges of different temperaments and brainstorm ways to remain open-minded, flexible, and responsive to their child's needs.

**Tuesday, Nov. 4**

6–7:15 p.m.

Maple Leaf School

#### Nobody's Perfect

*Childcare will be provided for this workshop*

Meet with other parents and caregivers of young children, and share questions, concerns, and ideas about being a parent. Learn about child development, safety, health, and behaviour. Discuss real-life parenting solutions and discover positive ways of parenting. A light lunch and childcare will be provided.

**Fridays, Nov. 7–28**

12–1:30 p.m.

Maple Leaf School







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### KINDER LINKS ADVISORY GROUP

Are you interested in sharing your ideas to help shape Kinder Links parent-child programming? We're recruiting new members for our Kinder Links Advisory Group, which meets virtually to discuss and provide feedback on our free early learning programs. Contact Kinder Links at [kinderlinks@retsd.mb.ca](mailto:kinderlinks@retsd.mb.ca) or 204.669.4043 for more information.

### THE EARLY LEARNING TEAM

We're pleased to provide early learning and family support to families living in River East Transcona. Feel free to contact us if you have questions about our preschool initiatives.



### REGISTRATION

Registration is required for all parenting support workshops. To register, complete the [Online Form](#), email [kinderlinks@retsd.mb.ca](mailto:kinderlinks@retsd.mb.ca), or leave a message at 204.669.4043.

### FREE BABY GIFT FOR NEW PARENTS

Did you just have a baby? RETSD and the Early Childhood Matters Parent Child Coalitions in River East and Transcona would like to help you celebrate this wonderful event. We have a book, *I Love It When You*, which we'd love to give to you to keep and enjoy. To receive your FREE book, contact us at [kinderlinks@retsd.mb.ca](mailto:kinderlinks@retsd.mb.ca) or 204.669.4043. Please leave us your mailing address, child's name, and date of birth.

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The Board of Trustees meets the first and third Tuesday of each month. You are welcome to attend, either in person or online. For more information about the Board of Trustees, visit: [www.retsd.mb.ca](http://www.retsd.mb.ca) > Your RETSD > Board of Trustees