

KINDERGARTEN CHOICE BOARD

Here are some ideas for activities you and your child can take part in to support their learning, even before they start kindergarten! *Click on the images for links to additional resources.*



Read counting books, listen to counting songs, and have your child join in! Use everyday opportunities to have your child count collections.



Let your child help with measuring ingredients and setting the table. Plan meals together and try some child-friendly recipes.



Count coin collections together, play store, and have your child play with money.



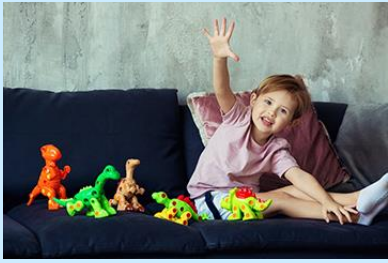
Read a variety of books with your child. Books with rhyme and repetition can be especially pleasing. Having your child pick their own books from the library can increase their engagement. Talk about the stories as you read together.



Have your child dictate a story to you and make it into a book. Read it together. Show enthusiasm when they read the book — memorizing is a first step to reading.



Provide magnetic or plastic letters. Let them play and explore making familiar words or their name. Engage in conversation about the sounds letters make.



Follow your child's interests. If they are interested in dinosaurs, watch videos together and read books. Encourage them to ask questions and be curious. Engage in an imaginative play with them or have them draw pictures or create models.



Imaginative play helps your child make sense of the world around them. By pretending to run a restaurant or open an animal hospital, children explore a variety of concepts. These can include, but are not limited to, math and language skills, negotiating roles and rules, and problem-solving.



Explore the outdoors. Heading outside can have a variety of benefits for your child. It allows them to interact with and ask questions about the natural world, as well as encouraging them to be physically active. Some ideas include playing in the snow, going on a scavenger hunt, walking around the neighbourhood or collecting items.