

MOT JUSTE

ADMINISTRATORS' MESSAGE

- Ronald Cadieux & Sharla Cockriell

Collège Pierre-Elliott-Trudeau welcomed two new members to the CPET staff in September: Mme Aucoin comes to us from the *Bureau d'éducation française* and is teaching French. M. Coppinger is assuming the Biology courses left behind by unrestricted free agent M. Miron as a result of a two-way trade with École Munroe.

We are completing our first reporting period and parent-teacher conferences. Report cards are posted exclusively to the Parent Portal where parents can regularly consult daily attendance, report cards, and academic history. Please do not hesitate to contact the office if you require assistance accessing the Parent Portal or report card information.

Student council members overcame cool weather and a colder non-functioning BBQ to pull off yet another successful *Journée d'accueil* at Kildonan Park in September. They coordinated a fundraising drive, a Halloween gym riot, Remembrance Day ceremony, Adopt-A-Highway autumn clean-up and are now planning the winter food hamper drive.

Our sports programs are well under way. Volleyball and cross-country have already ended. Girls indoor soccer, curling, basketball, and hockey are in full flight. *Merci* to our athletes who consistently act as good ambassadors for Collège Pierre-Elliott-Trudeau while competing on the court, the field, or the ice.

The music program is as strong as ever with solid student enrollment and a busy schedule of events. Be sure to read about the musical goings-on later in this issue.



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ADMINISTRATORS' MESSAGE (CONT.)

Excursions this year include the September grade 11 hiking trip to Spruce Woods and the grade 12 canoe trip which are both a part of the physical education outdoor education elective. The France 2019 trip was launched last year and participants and chaperones continue their fundraising efforts in view of their spring break trip. We have re-launched a February ski and snowboard excursion to Giants Ridge, Minnesota which is open to students in grades 10-12.

This year, CPET is the designated host of the annual Tri-School Career Fair. In partnership with Transcona Collegiate and Murdoch MacKay Collegiate, we will have local post-secondary institutions and businesses on hand to provide information and answer questions you might have regarding post-secondary education, trades and employment. The fair will be held at CPET on Thursday, April 4, 2019 with more details to follow in the weeks leading up to the event.

We remind parents that CPET allows students to keep a share of profits from fundraising for their own school-related expenses. We have many activities here at Collège Trudeau and it is worth

bearing in mind that half of the profit generated from school fundraisers are deposited in your child's 'account' and can later be used to discount trips, fees or graduation expenses. Fundraising is one activity whereby students can assume some ownership for their own school activities.



Convocation this year will be held Tuesday morning, June 25, 2019 in the North Kildonan Menonite Brethren Church. The Dinner and Dance will follow on Thursday, June 27, 2019 in the Club Regent Event Centre adjacent to the CanadInns Regent Casino. Additional details will be shared with graduating students and their families over the next few months.

Ms. Jeannie Podolsky is our 2019 Safe Grad Chair and I encourage parents of graduating students to initiate contact with Ms. Podolsky at j4home@shaw.ca if you have not yet received any information about Safe Grad.

CPET is now in its third year of the Divisional *Positive Behaviour Interventions and Supports* (PBIS) initiative. This researched-based approach relies on data and strategies to increase students' sense of belonging at school and the approach is designed to establish clear and evident practices to foster a climate conducive to social well-being and academic success. This year, we will once again be addressing our four major areas of focus while providing lessons and incentives to increase attendance, school pride, student voice, sustainable development, and responsibility for one's own learning. Staff will continue to deliver planned related activities and lessons in our teacher advisor classes throughout the year.

Our school plan this year once again focuses on Divisional priorities pertaining to literacy, numeracy, and safe and inclusive schools. Staff professional development this year will reflect these priorities while we continue to incorporate the UNESCO principles of promoting a culture of peace and respect, Indigenous achievement, mental health and wellness, and PBIS, into our professional learning.

Matrix	I am	I am	I am	I am
PBIS	responsible	respectful of others	respectful of the environment	a proud <i>Canadien</i>
Definition	I demonstrate perseverance and resiliency in my learning	I learn to live together and I support a safe and inclusive school	I help keep the school clean and I adopt sustainable practices	I am proud to be bilingual and proud of my school

CPET's PBIS matrix outlining our identified teachings

ADMINISTRATORS' MESSAGE (CONT.)

Our current Parent Advisory Chairperson remains Leanne Paulicelli and she extends a warm invitation to all parents to participate on parent council. Our parent advisory council does not have a fundraising mandate and meetings are opportunities for open dialogue surrounding school direction, initiatives and challenges. We look forward to seeing you at our next council meeting January 16, 2019 at 6:30 pm in the CPET staffroom.

We invite you to regularly consult our school web site at www.cpet.retsd.mb.ca for all the latest school information, calendar events and announcements along with your Parent Advisory Council information.

Please enjoy this edition of our newsletter. While some of the articles will elaborate on some of the activities, we hope you will also find our student articles informative and entertaining. We believe the Mot juste is just one of many ways to encourage student voice in our school community.



Chers élèves, soyez responsables, respectueux et demeurez fiers d'être Canadiens et Canadiennes du Collège Pierre-Elliott-Trudeau. Embrassez la langue française et les nombreuses opportunités tant académiques que culturelles que nous vous offrons. Que vous profitiez de cette année scolaire pour connaître des grands succès!

- M. Cadieux & Mme Cockriell



*RETSd is on Facebook and Twitter!
Like and follow us to stay up-to-date on what's
happening in the division.*



Varsity Girls Volleyball Season Report

- Mme Alanna Zaluski



Mme Zaluski and Mme Hébert would like to thank the Varsity Girls Volleyball team for the terrific season.

We had so much fun coaching these talented girls. The girls fought hard throughout the season. We were fortunate enough to participate in a tournament at Maples Collegiate at the beginning of the season where the girls had to play against AAAA teams, and still they held their own.

We are sad to see our grade 12 girls leave: Hanna Marshall, Sydney Meilleur, Solaye Rheault, Jasmine Romero, and Cheyenne Woloskoski and we wish them nothing but success in their future endeavours. We also want to thank our grade 11 girls, Kathrin Kumock, Aleisha Michaud, Sofia Sarmiento and Katiya Tremblay who held their own amongst the older girls.

Our team's final game was action packed until the end of the 5th set and we could not be prouder of our girls. Thank you all for the amazing season.

STUDENT VOICE

“Acceptance”

*Written By Emma Gillich, Grade 10 student
in Mme Kjernisted's English 20F class*

For many, values encompass who you are as a person, or who you aspire to be. One's values may change over the years like the tide, ebbing, flowing, and changing. Or it could be set in stone, carved into the metaphorical rock that is your mind. I am young, my values may change as I grow older, but right now, the value that I treasure most, the one that I try and uphold to the best of my abilities, is acceptance.

In the society of today, many refuse to accept those who are different than they are. Whether it be a difference in religion, looks, ethnic group, or simply who one choses to love. I aspire to be better than that. I want to help make a world where you do not have to live in fear because of your skin colour, a world where your religion is respected, and not shunned, a world

where we can love and not be afraid of being killed for something you cannot control. Some may think that acceptance also forces you to accept someone's negative views, yet is that not a paradox? I will accept when your opinions are different than mine, when they do not disrespect or shun someone else's existence. Discrimination is rooted deeply within our society, we hate and hate until that hatred and anger is the only thing we see.

I think it's time for some love in our world, some compassion. At the end of the day, I would rather die surrounded by those I love and treasure, in a world where diversity is celebrated, than in a world where hate divides us, and we stay behind the imaginary walls of our ignorance.

PHOTOGRAPHY 101

We're the students from Mme Kellsey's grade 10 photography class here to give you a few tips and tricks on how to take better pictures!

We've learned a lot throughout the course and we have become much better photographers.

A few highlights of the semester are when we went on a photography and historical buildings tour in the Exchange District and when we held a mini photography exposition in the library to show off our photos.

In this class, we are constantly challenged to be our best, creatively and personally and we are excited to continue with film for the rest of the semester



-Grade 10 imagerie numérique students



- * Follow the rule of thirds - imagine that you have a 3x3 grid when taking a picture and line up your vertical lines and horizontal lines (you can even turn on this grid on your phone camera).
- * Lighting is key - we learned how to transmit emotion through our photographs by focusing on and changing the lighting in our images.
- * Experiment by taking pictures using different angles and perspectives. Most images we take are taken at eye level - be different!
- * Last, but most importantly, be creative and take risks! Experiment with different lighting, backgrounds and angles to capture the best possible image.

HIKING TRIP TO SPRUCE WOODS PROVINCIAL PARK

- Mme Chantal Hébert



Once again, some determined grade 11's who are taking part in the Grade 11 Outdoor Physical Education class, journeyed off into the beautiful scenery at Spruce Woods Provincial Park.

The students spent three days hiking on the Newfoundland Trail and hiked a total of 51km including a mini hike on the first day of

arrival at camp. Although the weather was cold, the students spent time making fires, cooking food and living in the outdoors.

The trip was definitely a challenge and bodies were aching and sore, but spending time with friends and classmates was definitely the highlight of this successful trip!!



CPET MUSIC NEWS

- M. Brady Gill

Grade 9 Band Camp—contributed by Gr.9 student Jordan Dust

The grade 9 band camp was amazing! We had the opportunity to learn more about our instruments with fantastic clinicians and student helpers. It was a wonderful experience to have them play with us in full band rehearsal. We had fun working in ensembles and performing for each other. Despite the cold weather, the outdoor activities were exhilarating. Everyone had a great time!

Senior Honour Band—contributed by Gr. 12 student Dylan Pilcher

CPET had 5 students audition for the Manitoba Senior Honour Band. Congratulations to all the students for their hard work in preparing the audience and special congratulations to Evander, Dylan and Riley for being selected. Bravo Senior honour band was such a great opportunity progress musically. It was also a good way to meet and connect with new people that share my musical interests.

Make sure to mark December 6th on your calendar and join us for our annual Winter Concert. This year's concert will feature all of our concert bands, jazz bands and choir.

Remembrance Day

Congratulations to the Senior band and choir for their participation in our Remembrance Day ceremony. Your participation made the ceremony memorable and special for all in attendance.



CPET bands with the WSO

After many hours of rehearsal and preparation, 108 CPET band students, along with band students from Murdoch MacKay and Miles MacDonnell Collegiate, performed 4 pieces with the Winnipeg Symphony at the Concert Hall. It was a fantastic concert and the bands sounded great! Congratulations to all students who participated, it was a great learning and performance experience.

Music Shirts

Students new to the CPET music program should pick up their shirts from Mr. Gill. Information regarding payment, (\$30.00) will be distributed to students and available on Mr. Gill's website.

Peak of the Market

The Music program will start the Peak of the Market vegetable fundraiser on Wednesday November 21st. All orders are due with payment by Thursday December 6th. Orders will be delivered to the school on December 17th and can be picked up between 2:00 pm and 6:00 pm. All orders not picked up by Wednesday December 19th will be donated to a local food bank.



JUNIOR VARSITY GIRLS VOLLEYBALL



CPET was well-represented this year by the Junior Varsity girls team. With four games of volleyball a week, it was a short and intense season and the girls brought their best efforts forward every time. One of the highlights of the season occurred during a tournament at Calvin Christian School where the girls reached the semi-finals after playing one of the best games we saw all season.

Thank you to our group of incredible athletes who made coaching very enjoyable. The girls were able to handle all of the serve receive, switching and transitioning that we threw at them. We had some great leaders develop, on and off the court, throughout the season and we are excited to see what next year holds for this group of athletes.

Bien fait les filles et à l'année prochaine! Nous sommes vraiment fiers de vous autres!

- Mme Kellsey, M. Coppinger et Shaylie Woloskoski



Student Support Services

Students requiring supports in the form of:

- peer tutoring
- test or exam preparation
- assistance with study skills and homework
- career or education counselling
- social or personal counselling

may contact Mme Goulet or Mme Klausen in the Student Services Department.

Pay It Forward

RETSD Youth Programming invites students to participate in their next Youth Empowerment Project, “Pay it Forward”.

The event will take place Tuesday, December 11th from 6 – 8pm at Bernie Wolfe Community School. Students are invited to participate in this group activity to give back to the community.

Refreshment will be provided. Space is limited. See Mme Klausen for more information

STUDENT SERVICES SCENE

- Mme Lillian Klausen

Many grade 12 students attended an information session Tuesday October 2nd in the school library regarding opportunities for scholarships and bursaries. Students were encouraged to begin their search.

Here is a list of searchable databases for scholarships, bursaries, grants and other financial awards available to Canadian students:

www.scholarshipscanada.com

www.aucc.ca

www.canlearn.ca

www.studentsawards.com

Students can find more scholarship information on Mme Klausen’s web page: www.lklausen.weebly.com under “Scholarships”.



Mme Lillian Klausen and Mme Michèle Goulet

HIGH SCHOOL APPRENTICE PROGRAM

The High School Apprenticeship Program (HSAP) allows students to learn career and technical skills while still in high school. HSAP is an extension of Apprenticeship Manitoba’s existing apprenticeship program but allows students to start working in their trade while enrolled in high school. This provides students 16 years of age and older with the opportunity to :

- Learn a skilled trade while earning high school credits
- Collect hours toward trade certification and earn an income while in school
- Earn tuition incentives to continue their technical training upon graduation

High School Apprenticeship is a great opportunity for students who:

- Are interested in a career in the skilled trades
- Are enrolled in either academic or vocational programming
- * Have parents working in a skilled trade

If you would like more information about HSAP, contact Mrs. Cat Westlake, Apprenticeship Support Teacher, RETSD, at 204.223.0529 or apprenticeship@retsd.mb.ca

POST-SECONDARY INFORMATION PRESENTATIONS

Manitoba universities and colleges visited CPET this fall to present their programs and discuss admission procedures. Students and parents who still have questions or are looking for assistance with the application process, can make

an appointment with Mme Klausen. Campus tours of many post-secondary institutions are also available throughout the school year. Students are asked to sign up in advance through the individual schools’ websites.

UNESCO

Impacting the school community 4...or 5 projects at a time.



Staff and students recognized Orange Shirt Day at the end of September. The purpose of this day is to acknowledge and identify the difference in access to education and the injustices that were forced upon the Indigenous peoples of Canada. In recognition of this effort, students participated in an informative campaign providing links to articles, videos, Indigenous artists and historical facts. A viewing of APTN's First Contact episode 1 over lunch hour provided for valuable discussion.

Several students and staff worked tirelessly to plan and prepare a truly heartfelt Remembrance Day ceremony which featured veterans (Lorne Tyson), a Transcona Legions colour party, an alumnus student on the bagpipes, a military guest speaker (Major Sophie Beaulieu) and the always fabulous CPET band and choir.

Additionally, the UNESCO group has started an energetic Environment Club who have begun classroom composting and are currently working on a recycling information campaign. This group has big plans to also beautify the school

grounds with hopes of natural prairie gardens and some much-needed outdoor student seating. This work will be possible thanks to a divisional grant that we received.

Ethics Bowl preparation is in full force. Our ethics team has been meeting regularly to research and discuss the 10 different cases that we were presented at the beginning of October. The cases require strong critical thinking skills from the students - it is impressive to see their ability to discuss such complex ideas and to evaluate diverse viewpoints within every case. The Ethics Bowl competition takes place December 12th at the University of Manitoba where we will be competing against 16 other schools from around the province.

*- M. Alan Binne, M. Chris Coppinger and Mme
Kaitlyn Kellsey*

Club d'art

- Mme Kelina Parent

We had a great start to our club this year! Our first project was a simple watercolour painting of peacock feathers to give us a chance to familiarize ourselves with how watercolours work. The students were able to use watercolour pencil crayons, crayons, traditional tubed paint and metallic half pan paints to find out their preferred method of medium. Each type (tube or stick) provides a unique aspect to painting with water. This first "lesson" led up to our seascape paintings. The finished products of our seascapes are up on our wall for viewing pleasure!

Some of our other plans are sculpting with Monster Clay, caricature drawing with a guest artist, oil and acrylic painting, and an indigenous project to display at the Divisional Powwow.

As always, everyone is welcome. All projects are adaptable to the skill level of the student. Input into the club is always appreciated. This year my goal is to make the club more student-led; to have peers leading peers. We meet Tuesdays and Thursdays from 12:10-1:10pm in the resource room.

If you have questions please email Mme Parent at kparent@retsd.mb.ca



Emma Boughen



Dorothea Hepp



COMMUNITY
Bulletin Board

Check out our new digital Community Bulletin Board to learn more about events, camps, and special offers for RETSD students and their families.

retsd.mb.ca/community

CPET Canadiennes Hockey and Curling Mid-season Report

- Mme Chantal Hébert



Our second season is underway as CPET is icing a team of 15 skaters and 1 goalie. Our team consist of 12 returning vets from last season, adding a grade 12 Ringette player Mia Rogerson, and 3 Grade 9 rookies: Alyssa Trudeau, Becca Segal and Jayden Vickery, to complete our fun and energetic hockey team!

We started off strong with a pre-season 4-1-2 record allowing us to get back into game mode and ready for the regular season to start. With 8 regular season games under our belts, we are at a .500 record, with Jaida Silvaggio leading our forwards with 7 points, finding herself in the top ten point getters thus far in our division. Following not far behind we have Samantha Onyebuchi, defenseman, with 5 points of her own.

This talented group of girls are working hard and having fun doing it!! Coaches are looking forward to the rest of the season and continuing to play CPET Hockey!!!



This year, CPET is being represented in the curling world! A group of girls have come together to represent our school in SCAC competitions. Although this group of girls are new to curling, they always show up to the ice with smiles on their faces willing and ready to learn!! The girls play every Tuesday at 4:30 at the St. Vital Curling Club. Good luck for the rest of the season!!

