MOT JUSTE

Collège Pierre-Elliott-Trudeau

Spring Edition

April 2018



"There is no school equal to a decent home and no teacher equal to a virtuous parent." ~ Mahatma Gandhi

Administrators' Message



- M. Ron Cadieux & Mme Sharla Cockriell

And there is no geography lesson like a trip abroad. Many parents and students traveled in March and here's hoping your travels were educational, relaxing and rewarding. For those of you who stayed home we hope your family plans allowed some respite from the rigours of winter, work, and school.

This edition of the Mot juste takes a moment to reflect on the past few months and to celebrate some of our students' achievements. Our Spring Edition traditionally reports on our winter sports and school activities while eyeing our final term of the academic year. This edition is no different.

We co-hosted the Tri-School Career Fair held March 15 at Murdoch MacKay that was very well attended by the community. To be fair, our neighbours deserve the credit since they coordinated most of the event in their capacity as the 2018 host school (Transcona Collegiate hosted in 2017). The event promises to be both challenging and rewarding for Collège Pierre-Elliott-Trudeau when we take our turn as primary organizers for the same event in spring 2019. We look forward to even more student and parent participation at the next Career Fair.

Administrators' Message (cont.)

We have had reason to celebrate athletics and student achievement this season. In sports, our Canadiennes were highly successful as you will be able to read further on. In academics, a full 47% of our student population earned Semester 1 honour roll status! This is an amazing figure.

At this time last year, the River East Transcona School Division opened up the Parent Portal for parents. Are you one of the 75% of our parents who have logged in to the parent portal? If not, you are depriving yourself of your child's current attendance, report cards and academic history information.

While this edition of the Mot juste allows us to glance back on past events, we are also increasing our student voice. We begin by incorporating some student articles having selected some from a body of work encouraged by Mr. Lange and Mme Kellsey. It is our hope that we can continue to feature student articles in future newsletters. We take pause to thank our editor Mme Kunkel for her ongoing efforts to coordinate our newsletter, and we thank all our writers who have shared their articles in this edition. Our summer edition will be published right about the time we will be celebrating the rites of summer and the accomplishments of the Class of 2018 -- right along with you, our esteemed decent and virtuous members of our school community. *Bonne lecture!*

MESSAGE DU DIRECTEUR

Chers Canadiens, profitez de ces derniers mois d'école pour relever les défis et de réaliser des succès. Vous n'êtes pas seuls...vos enseignants sont là pour vous appuyer jusqu'à la fin. Un dernier effort soutenu et vous aurez l'occasion de célébrer à la fin de juin!



Adopt-a-Highway

We finally have our signs on Deacon Rd.!!!

After a few years of hard work picking up litter on the sides of Highway #207 (between Deacon's corner and Dugald Road), we finally have our signs.

If you get a chance to drive on this stretch of road, look for both signs and know that the cleanliness of the road is the result of a lot of hard work from the Leadership classes of CPET (through the Adopt-A-Highway program). Safe travels!

Rewarding Season for Junior Varsity Girls Basketball Team



CPET Canadiennes JV Basketball Champions!!

Basketball season is now over and what a season it was! The JV Girls Basketball team consisted of 12 girls grades 9 and 10. We challenged our team by registering in the Steinbach Christian High School tournament before our season officially began. Our goal going into this tournament was to assess the skills and determine our strengths and challenges. Boy, were we pleasantly surprised when we won third place! This gave us a great boost in confidence and a sneak peek into what the season would look like...

We held two practices over the Christmas Break as league games began the week we came back. When we received our schedule, we were dismayed to see that four of the competing teams were ranked in the AAAA division. We knew we had some tough games ahead of us. With typical CPET pride and determination, we walked into each matchup knowing if we brought our best game forward, we would succeed-win or lose. We played the following teams Dakota Collegiate-win, JH Bruns-win, Collège Jeanne-Sauvé-loss, Collège St. Norbert-win, Windsor Park-win, St. John's Ravenscourt-win, Westgate-win, and Glenlawn-win. Our playoffs consisted of playing St. John's Ravenscourt and Westgate. We easily won against SJR but our final game against Westgate was tense and demanding. We made CPET history by winning the championship AND by only 3 points! It was great to see so many of our parents, students and staff at this game! Knowing that we had

such great support helped give us the push we needed to excel. This win automatically made us eligible for the Provincials. Our season's continued success ranked us first in the province for approximately 6 weeks. So going into the provincial tournament, we knew we were going to be playing against some of the best teams the province had to offer.

We went in nervous and not truly knowing what to expect. We were seeded to play against John Taylor Collegiate. It was a slow start but then we got our rhythm back when we began to treat this game as if it was just another regular game. We won with a score of 62-38. A nice boost of confidence for us. Our second matchup was against Swan Valley. The whole game the point spread was never more than 6 points. It was a very physical and aggressive game and the intensity never wavered, even at the last 0.7 seconds that remained in the 4th quarter. We lost that game by only 2 points. (49-47)This placed us in the 3rd place game that was played on Saturday. March 10th. We were up against RD Parker Trojans from Thompson. Despite a rough and physical game, our team came out on top and won the 3rd place championship. (35-25). There was much cheering and high-fiving (and even tears) all around! The girls played even when they felt they could not give more and their determination, commitment, endurance and sportsmanship all came together for an incredible end to the season.

Rewarding Season for Junior Varsity Girls Basketball Team (cont)

We would like to take this opportunity to thank you, the parents who drove our players to the games and the tournaments. Your unwavering support and presence meant a lot to all of our team. We would also like to thank you and your family members who came to cheer us on. It was great to see CPET supporters in the stands at every game.

- Mme Kelina Parent & Mme Nicole Vernaus

We were honoured to coach these twelve girls:

Aleisha Michaud #15 Sofia Sarmiento # 51 Daria Winzoski #13 (Captain) Arielle Bukowski #4 Aimsley Reid #5 Sam Onyebuchi #23 Rachel Winzoski #25 Katie Vernaus #1 Sydney Rudnicki #3 Ainsley Hodgert #20 (Captain) Yvonne Jung #11 Nicole Clayton #14



One Player's POV

"This year our basketball team was unbelievable. Each player brought a unique skill that made our team very strong. One skill that was our strongest of all was defense. Our #1 focus was that skill. Our coaches always said 'Offense wins games, defense wins championships'. We kept those words throughout the season, and that led to our record of 7 wins and 1 loss, winning 1st in our league and going to provincials for the first time. CPET isn't a school known for basketball; we've been around for nearly 30 years and this was the first banner for JV Girls basketball. It is a huge honour to be a part of this team and putting a banner up on the gym wall. During our successful season, many teachers and students were very supportive of our team. More people have been attending our games. "C WHAT? C-PET!" can be heard within the stands. I've been playing basketball for a long time and this was my first time going to high school provincials. This was a great experience, to see other teams from AAA and putting our team to the test to see how good we are. We came out 3rd in the province, which is really good for our first time attending the provincials. We wanted to show who CPET was and what we were made of. We may be a small school of around 350 students but we are very proud of being les Canadiens et les Canadiennes!"

- Sofia Sarmiento

Student Services Scene

Mme L. Klausen, Mme M. Goulet

Scholarships for Graduating Students

A number of scholarships and bursaries are available to graduating students. A list of the CPET scholarships and the application forms are available at <u>www.lklausen.weebly.com</u>.

New information about community scholarships is posted as it arrives, so check back often.

Grade 10 Students Attending Rotary Career Symposium

Wednesday April 18, 2018, all grade 10 students will be attending the Rotary Career Symposium at the Royal Bank Convention Centre. Students will be bussed from CPET at 9:50 and will return at 2:20. All students are required to attend their period 1 and period 5 classes. The symposium is open to the public on the following days:

Monday, April 16, 2018: 6 pm - 8 pm

Tuesday, April 17, 2018: 9 am - 3 pm

Wednesday, April 18, 2018: 9 am - 3 pm

You may visit the following link for more information about the symposium: www.careersymposium.ca

Summer School

Many school divisions are rolling out their summer school programs and schedules. RETSD will be offering a repeater summer school from July 3rd to July 25th (8 a.m. -10:40 a.m.) at a cost of \$190 per course. Subject to sufficient enrollment, the following classes will be offered:

Grade 9: Language Arts, Math

Grade 10 : English, Math (Essential, Intro to Applied and Pre-Cal)

Grade 11: English, Math (Essential, Applied, Pre-Cal)

Grade 12 : English, Math (Essential, Applied, Pre-Cal)

Registration forms are available in Student Services.

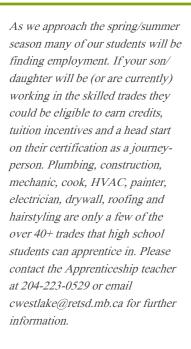
Other popular summer school programs:

Louis Riel School Division Summer School (for students needing to repeat Français credits)

Winnipeg School Division Summer School Inform Net Online Summer School

All 2018 summer school info will soon be posted to Mme Klausen's website at

http://lklausen.weebly.com/summer-school.html







Girls Soccer

- Mme Michèle Goulet



TEAM ROSTER: Jasmine Romero (G) Katrina Medeiros (D) Kara Alexander (D) Kortney Rogers (D) Corynn Karalash (D) Tasia Stroet (D) Rachel Winzoski (D) Brynn Larivière (M) Kate Alexander (M) Sydney Rudnicki (M) Rosalie Peterson (M) Daria Winzoski (M) Mariah Lameg (M) Savannah Laporte (S) Alyshia Loria (S) Madison Tucker (S) Katelyn Szmon (S)

Outdoor soccer

Coach Sarah and Coach Jon are getting Les Canadiennes ready for the outdoor season that will start on May 5th. Please, do a sun dance for us, as the girls are excited to play outside. In the meantime, the outdoor team will take part in the 1st West Kildonan Collegiate Invitation Soccer Tournament on April 23rd to April 25th. It is a great opportunity to enter a pre-season tournament to prepare for the 2018 Outdoor Season.



Indoor soccer

Congratulations to Collège Pierre-Elliott-Trudeau indoor soccer team on their 1-0 win over Miles Macdonnell Collegiate in the Girls Championship Division Final on March 2nd, 2018! Les Canadiennes played exceptionally hard during the semi-final against Westwood Collegiate and the final. They improved through hard work during practices and should be very proud of their accomplishments. Under the expert leadership of our coaches- Sarah McLarty and Jon Rudnicki - the team excelled and demonstrated great team spirit. Les Canadiennes would like to thank parents, teachers and friends for their support throughout the season. Merci à tous !

Canadiennes Girls Soccer Team Take the Gold

- Jasmine Romero-Bejarano

On March 2nd, 2018 at the Subway South Soccer Complex, the indoor soccer girls took on finals against Miles MacDonnell Collegiate with a 1-0 win. With only one goal scored from our defensive player Katrina Medeiros (#7) in a penalty kick, it was a very close and exciting game to watch! As the goalie, the game was very intense and tiring, but was no match for my teammates and I. "How" you may ask- how did we managed to earn the title as champions? Well one thing is for sure "defense always wins the game", Coach John says, co-coaching with Coach Sarah, along with fellow teacher Mme Goulet. Before entering the field coaches remind us to always control, look up, pass, and finally have fun. Obeying our coaches' orders that is exactly what everyone did when the whistle went off to start the golden match.

Fans, family, and friends filled the spectator stands to the maximum capacity, cheering both teams on. In the first half, the referee called on Miles MacDonnell Collegiate for foul play, in result the CPET girls got a free kick. Viewing the field from the other side, Katrina Medeiros (#7) got ready to kick the ball to the net, with CPET offense and MMC defense at the net. The whistle blew and the ball got through everyone and we scored the first goal for CPET and the game. The screaming fans, family, and friends excited the whole CPET team which

motivated us to play twice as hard. The first half ended, with CPET leading 1-0. The coaches calmed everyone down to remind everyone that we had not won yet, the game was still on. Coach Sarah tells us, "The game's restarting now, the score board may say 1-0, but for us it is 0-0". The second half began with more competition from both teams. MMC was fighting for a goal and got a chance with a penalty kick. A MMC player got ready to kick, but I (the goalie) saved the goal with relief. The game continued, and I saw that there were 3 minutes left, MMC was fighting harder than ever trying to get through the defense. CPET takes no pushing around so we played three times harder. "C-WHAT, C-PET," shouted CPET fans as the game came to an end. The Canadiennes took the gold while cheering and celebrating for our accomplishment. From last indoor season ning Champions in the Championship division was a drastic change! Both teams lined up to obtain the silver and gold medals, with the goalie from MMC winning MVP and our own Rachel Winzoski winning MVP as well! The girls are now training and preparing for outdoor with the hope to bring victory home once again.



CPET CANADIENS 2017-18 SEASON WRAP-UP

The CPET coaching staff would like to congratulate the 2017-18 Canadiens on a successful season. Their perseverance and effort lead to a respectable playoff run considering eleven of nineteen players in their first year of high school hockey. The Canadiens won their first round against Linden Christian. Unfortunately, the boys were unable to beat their rivals from Murdock in the semi-finals of the Price division. With the season now over, we would like to congratulate those players graduating this year: Chris Wootton, Parker Perchuk, Derek Moorhouse and Matthew Brown. Your experience, leadership and talents will be greatly missed. We wish you best of luck in your future endevours.

Practices for the rookie tournament have started with 28 players trying out. CPET will be participating in the WHSHL Rookie Classic, held at the Bell MTS Iceplex, the weekend of April 20th. We encourage all those interested to come watch future CPET hockey prospects take the ice.

The coaching staff would like to thank Dana Allaire for her dedication to managing the team this season and making our lives much easier. Additionally, we would also like to thank Ron Cadieux and the CPET staff for their support behind the scenes. Finally, we would like to thank the students and parents from CPET for coming out to support the boys throughout the season. Having people fill the stands is a reminder of how much the hockey program has grown at CPET and makes coming to the rink that much more enjoyable.

- submitted by Stephen Duynisveld on behalf of the coaching staff



Club D'Art



- Mme Kelina Parent

Spring break has come and gone, my house is incredibly dusty from renovations but that didn't stop me from thinking and planning for the last few months of club d'art. I routinely exhibit the paintings that I create in the resource room and the resource area. Some are acrylics, some are oils and I even have charcoal drawings up on my whiteboard. My goal is to show the group that you don't have to be a perfect artist to create unique work. My best work is usually the oil paintings I bring in. Many of my art group are asking "Mme, when can we paint using oils?" I have finally amassed a sizeable amount of oil paints (they are quite expensive) and we will be starting that soon. We will be creating a seascape with unique touches that each individual can add to their own painting.

We have also teamed up with UNESCO to create works of art that will be donated to the "Art Expo" silent auction fundraiser in our school. Last year was the first year we planned this and it was a success. We hope that this year's expo can be just as successful. Each member of our club was asked to donate one art piece. I have a small collection just waiting for new owners!

Leadership Students Create Work of Art



Hello, my name is **Kyle Baillie**. I am a grade 10 leadership student at CPET and I am also a proud member of the hockey team.

In early February, I put forward the idea of making a sculpture of a pink flamingo in front of our school because of its "background" in Transcona.

I would say the sculpture was a success as it was the longest lasting sculpture in our history of making them (it lasted until it melted). We also sculpted a "bear" but its head only lasted about 24 hours. In all, it was a great way to start our second semester, and to get to know and work with some of my new classmates.

Boys Varsity Basketball Season Report

With the season now over a month done, it's time to reflect on the positive strides that our team achieved.

As a team consisting of players from grades 9-12, we had a large variety of skill levels and experience. Most of the teams we faced were solely varsity players (grades 11/12 only). Therefore, our constant challenge was to remain competitive with more experienced opponents.

Having a larger team meant that we could do more frequent line changes and adjust our strategies. Our team stayed positive, focused and proud throughout the season. We didn't measure our success solely based on game outcomes, but included whether we met our target score, how many smart passes we were able to accomplish, how effective was our defense, etc.

We didn't win any of our games this year but I feel we gained life lessons that are more important: learning to play with teammates with varying skill levels, how to find positive aspects of a tough game, knowing what words to say to encourage each other, and most importantly, winning isn't always everything. The season was a tough one but we left each game smiling. And that's a great thing!

- Kelina Parent & Kayla Allard

Boys Varsity Basketball Roster

Evander De Guzman Brody McDowell Easton Swain Ade Orogun TJ Paguirigan Brandon Belshaw Quin Hiebert Mason Moorhouse Caleb Fell Austin Campbell Aaron Valencia Sam Blaquiere Ethan Hogan Iesse Fettig

Inclusion for All

Students Submission from Mme Kellsey's English Class



This school year CPET has had a major improvement in wheelchair accessibility. We welcomed a new student who made our school aware that we should be more accessible to everybody's needs.

For example, we added automatic door buttons, a new handicap parking spot, added new safety features for fire drills and created activities during our lunch hour to incorporate all the students.

Matthew was able to take the day to teach other students about the sport he is passionate about. He reached out to Sport Manitoba who made wheelchairs available for one week. This allowed the gym classes to play wheelchair basketball. CPET will continue to learn and grow as we move forward into the future.

"The school has been more than accommodating for my particular needs." -Matthew Wilton



Return to B'nai Brith Camp

(May 30—June 1)

Once again, our grade 9 students will be heading to B'nai Brith camp situated on Lake of the Woods. While at camp, students are able to socialize in a non-academic environment, to practice their French in a social setting and to make new friends; all while enjoying great outdoor activities. It is also an opportunity for students to have some fun and relieve some stress prior to final exams.

Have you signed up yet? If not, it is not too late! There are still spaces available if you would like to participate. Please hand in the completed camp package as well as a cheque to Mr. Devion as soon as possible as the Grade 9 Camp Committee will begin meeting soon.

- M. Sean Devion

News from the Phys. Ed Department

I began my first teaching role at College Pierre Elliot Trudeau as a fresh graduate from the University of Winnipeg in June 2017 and I am on a mission to get students involved in a healthy lifestyle any way that I can. Collège Pierre-Elliot-Trudeau has been an exceptional school in allowing this to happen.

Once I was told in January that I was would have a student in my class in a wheelchair, I started to think "how can I get this student physically active and involved as much as possible?" My goal as a physical education teacher is to have each student involved and aware of the possibilities. Therefore, I reached out to the Manitoba Wheelchair Sport Association. I discovered that I would be able to rent wheelchairs for my classes for an entire week!

April $2^{nd} - 5^{th}$ we played all sorts of games with the students while using the wheelchairs; games such as British Bulldog - the object is to have two taggers trying to get the rest of the students as they roll themselves from one side of the gym to the other, relay races to practice techniques of wheeling the chairs, and most importantly basketball wheelchair. We were also able to use the wheelchairs in intramural games during the lunch hour for those students who are not in my classes.



A big thank you goes to Matthew Wilton for the inspiration and extra time given to help others learn and understand the sport he loves!

- Mme Danielle Camara



Wheeler's View

April 2nd - 5th the school had the opportunity to try out a truly fantastic sport; wheelchair basketball. CPET rented ten sport chairs for the week to be used during physical education classes at Mme Hebert and Mme Camara's discretion.

I had the incredible opportunity to be excused from my classes on Monday so that I, the resident wheelchair basketball athlete and full time day chair user, could teach the students in phys. ed this semester how to move in the chairs and some of the rules of the sport. Of course the vast majority of sport for the first time so rules and eight seconds to get the b and were therefore excluded.

Many of the rules resemble those of stand-up basketball, such as the height of the nets, the boundaries, foul shots, etc. Some rules are more adapted such as traveling and "jump" ball; travelling in wheelchair basketball isn't simply moving with the ball without dribbling, whenever an athlete has the ball, they may touch their wheels twice before coasting (moving forward on momentum previously gained), dribbling, passing to a teammate or shooting - should they touch their wheels a third time it is a travel and the ball is given to the other team. Jump ball takes place in the jump circle with one member of each team facing sideways as the ball is thrown up, they then try to tip the ball with their hands towards a teammate waiting outside the circle to gain possession of the ball.

Of course the vast majority of students were just trying this sport for the first time so rules such as fouls, three in the key and eight seconds to get the ball over half weren't feasible and were therefore excluded.

All in all it was a great experience for everyone, many smiles could be seen in the gym whenever the sport chairs were being used. I am glad to have gotten to open up a whole new world of sport for all these students and I hope that in future years we can have the sport chairs return (perhaps annually?) and that our school can again enjoy and appreciate wheelchair sport.

- Matt "Wheeler" Wilton

CPET a Disappointment to the Recycling Community

An Editorial Contribution by students Jordan Podolsky & Riley Keller

Stop by a recycling bin the next time you see one, you will likely notice that non recyclables are being thrown in with the recycling. Big cities such as Toronto have implemented programs and facilities dedicated to sorting recyclables. Recently Winnipeg has followed in the footsteps of Toronto implementing a multimillion-dollar sorting facility dedicated exclusively to plastics and paper. However, many people continue to mix in trash with their recycling. Most of this trash is easily sorted by the machinery and workers, but tax money is continuously wasted on maintenance of these machines which are being damaged and jammed by plastic bags. Plastic bags are not recyclable! They are made from a polymer called low density polyethylene. This type of plastic is

usually fit for recycling, however, when they are in the form of plastic bags, it makes it extremely hard to recycle them because of their interesting ability to get stuck in machinery. We have recently had an issue with items such as: banana peels and apple cores ending up the Recycle Everywhere Bins items like these cause issues at sorting plants. In some jurisdictions all it takes is one banana peel or piece of trash for the whole load to be sent to the landfill. Our landfills are already overloaded and are extremely damaging to the environment in many ways.

You might think that throwing your plastic bottle or coffee sleeve in the recycling is helping out, but in reality no one is benefiting if only one person decides to carelessly mix in some trash.

The waste will then make its way to the landfill, which ultimately effects our rivers and streams.

That was a lot of information. Now let's end this on a positive note. We believe that students from CPET and schools everywhere have the power to create change! If we educate our students on the power and importance of recycling there will be hope for a brighter future for our planet. RECYCLING at SCHOOL

is just one more important step that needs to be taken in order to ensure our planet stays healthy. So please recycle everywhere.



April 2018

CPET 2018 Grad Newsletter

Ticket Prices and Ticket Sales

Tickets for the Graduation Dinner and Dance will be on sale in June. To purchase tickets, students must pay all outstanding student fees they might have accrued during the year.

Due to the number of graduates there might be a limit of tickets that an individual graduate can purchase.

Estimated ticket price is \$70.The price will be confirmed at a later date once all preparations have been made.

Liquor Laws

*A minor is a person under the age of 18 years. Except as permitted by The Liquor Control Act (see below), it is unlawful to serve liquor to a minor to handle, purchase, or consume liquor in licensed premises.

*Minors are not permitted to consume liquor in a dining room or private club unless it is purchased or provided by his or her parent or legal guardian who is at least 18 years of age, and it is consumed with a meal in their presence.

*Collège Pierre-Elliott-Trudeau, the River East Transcona School Division and the Club Regent Events Center adhere to MLCC laws.

*there is a zero tolerance policy for those who break the law. Minors who consume alcohol and those who purchase alcohol illegally for a minor will be ejected from the premises.

Convocation

The Convocation Ceremony of 2018 will take place on June 26 at 10:00 a.m. at North Kildonan Mennonite Brethren Church, located at 1315 Gateway Rd. Graduates are asked to arrive at 9:00 a.m. in order to don their caps and gowns and rehearse the procession and seating. Please be punctual. Each graduate must remit \$40 to the office by <u>May 1st</u> to pay for gown, venue rental, and other incidentals.

Graduates will not be permitted to purchase dinner and dance tickets unless this fee has been remitted.

Students are encouraged to use the money in their CPET student accounts to pay for convocation fees and/or dinner and dance tickets.

Graduate:

Included with the diploma that you receive at convocation will be a copy of your official transcript. Graduates who meet the requirements for French oral proficiency will receive a certificate attesting to their language skills. Scholarships and bursary recipients will find information for claiming their awards enclosed with their diplomas.

Dinner and Dance

The 2018 CPET Graduation Dinner and Dance will be held on June 28 . We are pleased to be returning to the Club Regent Events Center, located at 1425 Regent Ave West. Parking is available in various lots around the building. There is also a shuttle service to help you to the door if you wish.

There will be a room designated for the storage of 'safe grad' bags. The room will be locked and will not be opened until the end of the evening.

We will begin receiving guests around 5:30 p.m. Photo ID will be required for the purchase of alcohol. Dinner will be served (tentatively) at 6:30 p.m.

Please read the sidebar for information on Manitoba's liquor laws. Guest are asked to present their tickets at the reception table and they will be given their table assignments at that time.

We kindly ask that guests keep to their table assignments for the meal service. Feel free to tablehop after dinner.

Dinner will consist of a salad, a chicken entrée with sides and a dessert. Requests for vegetarian (or vegan) and gluten-free meals must be made at the time of ticket purchase. There is no additional charge for these requests.

Following dinner, speeches will be presented and then the dancing will begin. Music services will be provided by Platinum Productions. Guests and graduates are reminded that footwear is required at all times. Please pack dancing shoes if you will be tempted to remove high heel shoes on the dance floor. A Photo Booth will be set up from 7pm—11pm in the reception area. Graduates and their guests will be invited to pose for pictures, which will make endearing souvenirs of the evening. The booth will be provided by 4squareFOTO and an attendant will be onsite to assist users. There will be no user fee for this service.

Our aim is to organize a fun and safe evening in celebration of the class of 2018. We thank you in advance for your patience should any 'hiccups' happen.

At the end of the evening, all graduates not attending safe grad are to be picked up by a designated driver. Forms will be available upon ticket purchase which will indicate who the designated driver will be. This is to ensure the safety of all students.

What's with the silly hat?

Regalia originated in the monasteries of the Middle Ages, where university faculty were religious men. They wore the habit of their Order while teaching. Furthermore, long robes provided warmth in unheated buildings and the hood kept the head warm. Eventually, a cap replaced the hood.



The history of the mortar board dates to the high church dignitaries of the 16th century. These officials wore hats consisting of little more than a cap with a raised, squared crown. By the 18th century, the crown had evolved into a cloth-covered board and was donned by university officials. In the 19th century, the top knob was replaced by a tassel, and the cap became required student graduation attire.

Students dubbed the cap 'mortarboard' as it reminded them of the square board that masons used to hold mortar.

Sources:

Academicapparel.com

Www.sfu.ca/convocation/university/academic_dress_history.html

Convocation Dress Code

The cap and gown set (regalia) is the traditional attire for convocation ceremonies. However, graduates should still put thought into what they will wear underneath the gown.

Typically, semi-formal attire is worn under the graduation gown. Keep in mind that the hem of the gown stops midcalf, so legs and shoes are visible to the audience.

(Don't embarrass your family by wearing stained sweats and flipflops). Graduates customarily wear semi formal attire. A dress or skirt outfit or a dress shirt and slacks. The outfit being completed by a pair of dress shoes.

If you decide to wear heels, I recommend keeping the heel height under 2", as walking the procession line and then across the foyer and onto the stage to collect one's diploma can be an arduous journey in spiked heels or platform shoes.

A final point to consider is the temperature and weather. It can become warm in the church.

Graduation Checklist

- Tickets for the dinner and dance
- ID for the dinner and dance
- Flip flops or dancing shoes for ladies whose high heels might become uncomfortable
- Band-Aids for blisters
- Tissues
- Safety pins (you never know when an in-the-field repair will be needed)
- Stain wipes (like 'Tide to Go')
- Mints or gum
- Lip balm
- Camera
- Money
- Safe Grad backpack



Contacts

For more information about the dinner and dance, please contact Mme Lavergne via email at :

dlavergne@retsd.mb.ca

For inquiries about convocation, please contact the school office 204-958-6888.

CPET CANADIENNES' AMAZING INAUGURAL SEASON



CPET Canadiennes 2017-18 Team

If there is one word to describe the Canadiennes first year in existence, it would have to be amazing!

Amazing -the ability to put a team together in such a short amount of time. This is thanks in grand part to a great group of girls as well as a few parents who stepped up big time: Bev Baker, Guy and Michele Trudel (just to name a few).

Amazing - the development that was shown by each one of the players from the beginning of the year up until the last game. Every one of the girls from the "new" hockey players to the veteran ones, improved by leaps and bounds.

Amazing - that a first-year team was able to come in first place at the end of the regular season with a record of 12-7-1-1 (28 points).

Amazing - the effort and determination that was present up until the final whistle of the playoffs.

Amazing - we have FOUR players nominated for year-end awards. Sam Oneybuchi for top defense, Janvier Trudel for top goaltender, Jaida Silvaggio for top rookie and Jaylene St.Laurent for top sportswoman.

Speaking on behalf of the coaching staff, we want to say that even though we weren't able to win it all, we are extremely proud of all of the girls and their efforts this year. We couldn't have asked for a better group of girls to start a program with.

We would like to wish all the best to our three graduating players, Jessica Andrews, Arianna Snare and Joey Snare. Whatever your future holds, if you go at it with the same dedication you showed in hockey, we are certain that it will be bright. We would also like to thank our assistant coach/stat guy Frank Snare for all his help and efforts this year.

We are excited to see what next year has in store for us!

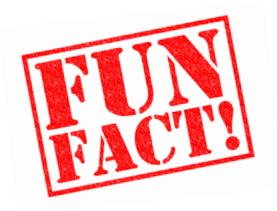
Explore life's biggest guestions

On February 20th, Collège Pierre-Elliott-Trudeau joined 18 high schools across the city of Winnipeg to be part of the Youth Alpha program. Alpha is a series of interactive sessions that explore the basics of the Christian faith. Students run it on Tuesdays at lunch; it allows anyone to explore life, faith and God in a friendly, open and informal environment. In each session, there is food, a short talk, and discussion in small groups.

The Alpha program will end on Saturday April 14th with the Alpha WKND. The Alpha WKND is a

1-day conference for students in Winnipeg who are currently a part of a Youth Alpha in their high schools. Over the course of the day, the students will hear from some of the top communicators in Winnipeg, have lunch, and dialogue and build relationships with students from other high schools. Thanks to Aleisha Michaud, Emily Klapprat, Abby Reimer, Keziah Bartel and Emma Riddel for their leadership, their love for others and their passion to change the world.

- Mme Michèle Goulet







2017-18 Semester 1 Honour Roll

Félicitations to all of our deserving students!



Grade 9

John Timothy Aguinaldo Devyn Allaire Sarah Antymis Vanessa Arnaud Nizana Bartel Keanan Boyce-Gaudreau Arielle Bukowski Rodrigue Buledi Mabelle Cabrillas Austin Campbell Ashleigh Chamberland Emma Choquette Nigelyn Cruz Paige Derksen Molly Espey Hannah Frain Devyn Gallant Elizabeth Gillich Emma Gillich Angeleen Gould **Emily Hiebert** Luciano Isaak Madeline Keller Aidan Klapprat Halimah Koroma **Riley Kotzer** Hilary Kowaluk Katerina Krywy

Keon Lysak Joshua Marshall Naomie Mbele Dana McCoy Jordan Murray Samantha Onyebuchi Liam Painter Rosalie Peterson Mitchell Reimer Myah Richard **Robert Saks** Jayda Scott Brenna Shaw Jaida Silvaggio Tasia Stroet Katelyn Szmon Roy Tang Avery Unger Arlynn Wildeman Matthew Wilton Daria Winzoski Rachel Winzoski Annika Yuill

Grade 10

Chloé Beauchesne Mathea Belluk Jillian Berard Kalen Boath Emma Boughen **Brooke Chapko** Nicole Clayton Gracy Coreau Evander De Guzman Jordan Denorer Jordynne Desrosiers Josiah Dyck Caleb Fell Brenden Gingras Nolan Gottfried Alex Grace Mikaela Groess Simon Hallik Lauren Hawkins Ainsley Hodgert Yvonne Jung Julianna Kinley Carly Klassen Ryan Kosheluk Kathrin Kumock Matthew Lopez Jack Melville Madeline Melville Aleisha Michaud Tristan Jae Paguirigan Noah Paulicelli Logan Peltier Dylan Pilcher

Ryley Prawdzik Deanna Rempel Jayden Rioux Sydney Rudnicki Braden Segal Cooper Smyth Cedey Souriyavong Rebekah Stephens Easton Swain Delaney Syntak Jackie Tran Katiya Tremblay Arianna Trudel Janvier Trudel Madison Tucker Kaitlyn Turner Rachael Verhaeghe Katelyn Vernaus Cole Vickery

Grade 11

Aidan Altomare Calem Anderson Benjamin Bezte Madisyn Blank Alyssa Bukowski Sarah Cockle Rachel Desrosiers Ginette Dupas Micah Dyck Alexandra Ellis Matthew Franks Leland German Martine Gervais Quinton Hiebert Kira Howell Riley Keller Julia Kowaluk Eric Krywy Mariah Lameg Shayla Lower Hanna Marshall Helen Martin Taylor McConnell Holly-Lyn McCorrie Leah McPhail Charlise Mitchell James Neufeld Victoria Penner Sydney Pinder Jordan Podolsky Mia Rogerson Jasmine Romero Bejarano Payton Slobodian Amber Smith Emily Smith Jaylene St Laurent Jacob Szmon Montana Vandendriessche Sarah Wong Serena Zaenali Wyatt Zechel

Grade 12

Kate Alexander Jessica Andrews Amanda Baessler Keziah Bartel Gideon Dauphinais Emma Espey Andrea Guarino Rhyann Howlett Emily Klapprat Janelle Laporte Savannah Laporte Gillian Lavallee Kaitlyn Lopez Justin Matabalan Kayla Morson Janelle Norman Jenna Ostanski Kayla Rayner Abigail Reimer Andrew Reyes-Thom Madyson Richard Kortney Rogers Erin Shaw Turner Smyth Callandra Stroet Jordan Takenaka Vicky Tang Noah Vandendriessche Lauren Verhaeghe Cassandra Vernaus Kaitlyn Voth Christopher Wootton Kassidy Zelinsky





Let's chart the **Future** of **French Language Education** Together

Manitoba Summit

Co-hosted by the Bureau de l'éducation française and the Partners for French Education.

Goal: To create a shared vision for French language education from cradle to careers for French Immersion and Français Programs and French

Participants: Educators, parents, students and any organization and community members interested in co-creating the future of French language education in Manitoba.

Facilitated in French with simultaneous translation.

Further information and registration details to follow.

789

abc



FIVE STARS

Submitted by Benjamin Bezte, Payton Slobodian, Shayla Lower, Calem Anderson



On February 22nd, the CPET senior band students competed in the Optimist Clubs of Winnipeg International Band Festival. The competition was held at the Convention Center where each musical group was judged by professional adjudicators. The band class of CPET was lead by Mr. Gill. The students rehearsed for months during lunch and after school in preparation for the performance. Jacquie, professor of band at the University of Manitoba, guided the students in rehearsal. The musicians of CPET, played two songs written by Pierre Laplante: Prairie Songs and In the Forest of the King. The judges were observing the group based on a five-star rating in the high school category. The students were anxious to receive their rating and the following day Mr. Gill gladly announced victory in obtaining a five-star performance.

Mr. Gill has been taking his band students to the festival for many years. Rarely have they had a perfect outcome like they had this year which is why the students are so proud of the performance. If anyone in the band program would like a digital copy of the group photo, please contact Mr. Gill.



Benefits of having a good drug and alcohol policy in all of RETSD



- Lindsay Vanderstel, Grade 10, edited by Brooke Young

College Pierre-Elliott-Trudeau, is creating a beneficial drug and alcohol-free environment for all students to have a safe and healthy education program. Transcona has many drug-alcohols involved issues and RETSD has put forth a plan to help minimize these issues. The code of conduct has three categories: prevention, intervention and consequences. When followed through, students are then able to create healthy and positive lifestyle choices.

Prevention demonstrates positive attitudes and skills to acknowledge students to be well concerned with substance abuse. The division policy states, " the purpose of a prevention curriculum is to reduce the incidence of alcohol and drug use". The division has each student enroll in physical education and to teach them strategies to resist the use and peer pressure of drugs or alcohol. If any student uses drug/alcohol during school hours or at any school event, can be suspended for up to five days and would be referred to see a counsellor and to be helped if needed. RETSD quotes "The goal of disciplinary action is to intervene appropriately with those

students whose behaviour and actions are harmful to themselves

and to protect the health and safety of all students". There are three offences to the school's policy. After the suspension, the student and their parents will go to a school re-entry meeting. Once the student is back in school they will have random bag and locker check every so often to make sure the student is no harm to anyone else. If he/she has any sort of drug, any object to use drugs or alcohol will be sent home with another five-day suspension, plus counselling. If it is a very concerning problem, the student could have a suspension up to ten days or even expelled depends on what the board thinks of the situation, they could also get the police involved too.

The RETSD school division has a very well processed policy that teaches students to learn from their mistakes and learn that there are better things in life than just substance abuse and students may always have a second chance at turning things around.

CPET Course Selection: A Student's Perspective

- submitted by Julia & Char

From 8:45 am until 3:30 pm, Collège Pierre Elliott Trudeau is where us students, aged from grades 9 to 12, spend our days. We are immersed in a widespread, French immersion environment that is filled with many positive and influential sources. As grade eleven students we have had the resources to continue our education here for the past 3 years, and participate in many educational and cultural based activities. As different individuals, intellectually, emotionally and physically, we see that it would be fit to offer more relatable options for potential future real life endeavors.

Many students would flourish with the chance to continue to excel academically in the well developed French immersion setting. Although if we were given the opportunity to partake in other extra curricular classes that offer a more broad view on real life concepts such as: cooking, metals, woodworking, automotive, learning to manage finances our education would also be broader. We feel that the majority of students enrolled here are held to a higher academic standard and are intellectually stronger due to the ability of speaking and writing in 2 or more languages. If we were given to opportunity to receive all of the same academic options as well as classes that are more extra curricular and life based, the students graduating from here would finish with, not only an enhanced academic status, but also an overall well rounded education and presentment as a person in result.

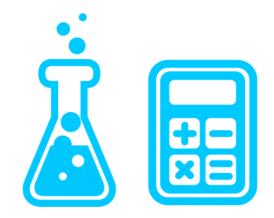
Creativity Endangered

- submitted by Rachel Desrosiers and Micah Dyck

As students progress throughout their high school lives, CPET offers an abundant array of possible math and science courses. However, its language and creative courses diminish in quantity. Students lose their interest in the arts as they get older due to society's push on facts and not creativity.

CPET offered this year for the grade 11's, 8 math and science courses compared to 5 language and music courses. This may seem like a multitude of options for the students, however, society points the students towards the sciences and math more than the creative courses. Due to this, the school offers the students less creative courses and more science and math courses.

A current grade 11 student told us, "I wanted to take 3 sciences this year along with band. However, my schedule could not fit band and the 3 sciences, and because I need the sciences for university, I chose to take out band." This happened to this student because society pushed and turned her towards the sciences, resulting in her leaving the band class. Thus, students are guided towards the analytical courses and thus, that is what the school offers.



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