

TITAN TIMES



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Badiou's Impact

By Brooke Dooley and Carrie Dela Cruz

Mr. Badiou has made a tremendous impact on the students, staff and faculty of Transcona Collegiate. It all started 38 and a half years ago, when he was hired as physical education teacher.

There are many reasons why Mr. Badiou loved the school, the main reason was because of the school size being smaller than most which made it easier to make connections between the staff and students.

Some of the best memories he made were joining the spirit weeks, becoming involved in pep rallies and grade wars. As some of you may know, Mr. Badiou was the host of these events, from his point of view watching 600 kids participate in events was amazing to watch. "Making that many kids happy at a single moment, was the best part." Mr. Badiou said.

Ms. Martin, one of the physical education teachers that shared an office with Badiou for many years has only great things to say about him. "Best quality is the energy he brings and the vibe he gives off is super positive." He has influenced her as a physical educator and as a teacher in general, "I see him as a mentor, I learnt so many things from him like different games and activities."

While Mr. Badiou taught at Transcona Collegiate, he used his creativity to create and put a spin on games that everyone can enjoy. He had put a spin on volleyball, thus making it four court volleyball, this then made the game not as competitive and you didn't need a strong ability to play and can still have fun. As for new games he brought to TCI "Badmarkosh", a game crossed with badminton, volleyball and soccer skill put together into one. "Norwegian nose game" was also a game he brought to TCI that was unique and put kids outside of their comfort zone together.

This past January, he cut ties with being a physical education teacher. He felt like retiring and cutting it off cold wasn't for him, he wanted to lean his way out of teaching by substituting. "I still get to teach, but now I can have my days off and do what I love which is spending time with my family and exercising everyday." Now that he has retired, he has taken up Tai Chi for relaxation and to stay physically fit.

When he officially cuts ties off with teaching, the one thing he'll miss most is interacting with the students. He'll also miss making jokes with the students and staff in his office.

"I thought it was time, I realized I gave someone the chance to do what I do, and hopefully love it as much as I do." Mr. Badiou has made a name for himself at TCI and his impact will continue on. Even though Mr. Badiou has left, his impact and dedication to this school will never end.

"I still get to teach, but now I can have my days off and do what I love which is spending time with my family and exercising everyday."

- Mr. Badiou

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TRANSCONA TITANS SPORTS PROGRAMS

By Ezekiel David

Transcona Collegiate has many sports programs such as; Basketball, Hockey, Volleyball, Lacrosse, and many more. Some of these sports are built with four different teams, Junior Varsity boys and girls, and Varsity boys and girls.

For Basketball, tryouts usually start in late November until early December. After the tryouts end, a team of 12-15 players is made, the players are also given a chance to pick out their desired jersey numbers. In the regular season, the teams play 8-10 games, play in three or four tournaments, and are always guaranteed to make the playoffs, therefore giving them extra games to play after the regular season ends. Registrations for tryouts are posted weeks before the actual tryouts in the gym office or outside the gym doors, they also announce it in the mornings and during lunch. Mr. Janzen, the varsity boys coach is hosting a training camp, this would give basketball players an early start to improve and prepare for the upcoming season. This camp is said to be happening in the gym.

For Volleyball, try outs take place in the first day of school in the gym area. This sport is also made up of four teams which are the Junior Varsity boys and girls, and Varsity boys and girls team. The volleyball season usually lasts until the end of November, teams compete with other teams city-wide, they are also always guaranteed to make the playoffs every season, no matter what their regular season standing is.

Hockey in the other hand is very different from Basketball and Volleyball, the regular season is a lot longer, they play in more tournaments, and they need a certain amount of wins in order to get into playoffs. Once they're in the playoffs, they are required to win two out of the three games they play to make it to the next round. Hockey tryouts start mid September, once the team is made, guys from grade 9 to 12 are picked, making a team of no more 23 players. Players are also required to buy their own equipment in order to be able to participate on games. The home games of Titan's hockey takes place at East End Arena in the Transcona area.

Lacrosse is also one of the main sports at TCI, tryouts start at the end of March. At the end of the tryouts, 22 players from grade 9 to 12 are chosen. Players are required to purchase their own equipment such as; sticks, cleats, lacrosse helmet, gloves, and upper body pads. In the regular season the team plays a total of 8 games, they also play in some tournaments hosted by different schools.

There are plenty of other sports to join in to like; Cross-country, track and field, soccer, golf, and many more. In my experience of playing for the Titans for four years, not only did I stay active, I also developed and made a lot friendships because it is one way of meeting and socializing with new people I have never met before.

Easy, healthy breakfast ideas

By Madissen Clarke

Busy school mornings can be time consuming and you may not always have time to cook yourself a nutritious breakfast, you could be running around the house looking for your keys and be 5 minutes late while your stomach is making noises, but you run out anyways so you can catch your first class. Or your alarm clock doesn't go off and you're trying to finish last night's assignment. These recipes are great for these situations -they're quick and easy 5 min recipes to give yourself a good start to the day while being on time for your morning.

This first recipe is great for anyone who is usually rushed in the morning you can make it while you are making your morning coffee or when you are 5 minutes from the door. Since this recipe is not used through a straw the toppings are limitless. These different recipes might even encourage people who don't enjoy eating in the mornings to start off the day with the energy to get them through the day.

Smoothie Bowls

To make a smoothie that is eaten with a spoon its best to make it thick. Adding ingredients as you mix through the blender then adding the toppings as you please. You can also change it up with different flavours.

Ingredients:

Yogurt
Milk
strawberries
bananas
almonds
blueberries
kiwi
Pineapple

Cont'd on next page

Smoothie Bowl Directions

Putting about 1 cup of your favourite yogurt into the blender while measuring out half a cup of milk. Adding less liquid is what makes the smoothie thicker. After blending these two together, add as you please: strawberries, bananas. After you blend these two fruits into your blender at a good blending level of about 2-3, you pour the smoothie into your bowl. Cutting up your toppings to put on top of your smoothie bowl such as blueberries, kiwi, pineapple, as well as sprinkling some almonds on top for a healthy start to your day.

Other delicious toppings are:

Coconut, mango, black sesame, quinoa and dragon fruit



Banana Oatmeal Bars

These bars are great for when you crave something sweet or when you need something a bit heartier. Recipes like these are best when you make them the night before so they're easy to grab in the morning.

½ cup unsweetened applesauce
½ cup of white sugar

3 cups of old fashioned oats
2 large eggs, beaten
1 ¼ cup of milk
1 tsp baking powder
1 over ripe banana, mashed
½ tsp of ground cinnamon
2 tsp brown sugar

Preheat oven to 350*

Grease A 8x8 baking dish, beat the applesauce and the white sugar together in a bowl until smooth Add milk, eggs and baking powder to applesauce mixture. Stir banana into mixture. Then pour batter into baking dish

Create the topping by mixing the brown sugar and cinnamon together; sprinkle over the batter



GRAD CHECKLIST



CONVOCATION

Transcona Colligate's Convocation Ceremony takes place at The North Kildonan Mennonite Brethren Church at 1315 Gateway Rd. Grade 12 students are expected to be there no later than 8:15am, and the doors open for friends and family at 9:15am. The ceremony begins at 10:00am.

Convocation is a formal gathering to celebrate the students' achievements over their last 4 years of high school. At convocation diplomas, scholarships and other awards are given out to deserving students.

All family and friends of the graduates are welcome to come, and no tickets are required. Please note, there are no food, drinks, or hate allowed in the sanctuary.

Attire For Graduates - Women

Graduates are encouraged to dress semi-formally. For women, we suggest sundresses, skirts, or dress pants with a blouse. Do not wear flip flops, or you will not be permitted on stage. Please wear proper sandals or heels, but be mindful that you will be walking up and down stairs. Ladies, make sure your hair is down with no ponytail or bun due to the graduation cap. It is suggested to also bring extra bobby pins.

Attire For Graduates - Men

Graduates are encouraged to dress semi-formally. For men, it is encouraged to wear dress pants, dress shirt, dress shoes and a tie. Shorts are not permitted. The gown you will be wearing is dark green, so be mindful of the color of your collar. You will also be wearing a cap, so style your hair accordingly.

By Deanna Lussier & Tesa Dunits

Dates to remember

~ Grad Ticket Sales - TCI RM 402

June 6th - 10th at Lunch

~ Grad Rehearsal - TCI GYM

June 27th at 9:00am

~ Convocation - North Kildonan Mennonite Brethren Church

June 28th at 10:00am

~ Dinner and Dance - Delta Hotel

June 29th at 5:30pm - 12:00am

~ Safe Grad - Cowboys Nightclub

June 29th at 12:00am - 4:00am



DINNER AND DANCE

T.C.I.'s Dinner and Dance is being held at the Delta Hotel, 350 St. Mary Avenue. The doors open at 5:30pm, and the ceremony begins at 6:30pm. Dinner is served at 7:00pm.

When you enter the hotel, the room is up the escalator to the left. There, you will see TCI staff members and the upcoming grad chairs. Here, they will collect your tickets, check your bags, wristband you (if over 18 years) and lead you to the party!

This years dinner is going to be chicken and vegetables with a parfait served as dessert. Outside the ballroom, there is coat check and a bar.

After the dinner and dance, the graduates go to Safe Grad. This years Safe Grad is being held at Cowboys Nightclub, 1034 Elizabeth Road. This years Safe Grad theme is Sharpie Party. Graduates are instructed to bring a change of clothes, including pants/shorts, shoes and a white shirt to write on. Bring these clothes along to the dinner and dance, you will be given the opportunity to get changed shortly before the busses arrive.

The busses will arrive at 12:00am and take the graduates and their dates to Cowboy's. The safe grad celebration goes on until 4:00am. At 4:00am all graduates will need to be picked up by their pre-arranged designated driver.

It's all starting
to feel super
surreal!

- Shayla Davidson

2016 TCI Grad Chairs
Shayla Davidson & Kaylan Everton



EXTRA TIPS

Transportation - Many graduates like to rent a limousine for the day of their grad. Prices range from \$380 - \$830, depending on the company you book from. Most limo company's require at least a 3 hour minimum. It is suggested to book your transportation ASAP while company's are still available.

Photos - It is important to get lots of pictures of your special day! Some graduates like to hire a professional photographer. This will cost \$200 - \$300. Some of the most popular locations for grad photos are The Legislative Building, Kildonan Park, and The Forks.

Clothing - This is the night to dress to the 9's! For the graduating women, the usual is a fancy gown, heels, and extravagant hair and makeup. For the graduating men, the usual is a suit, or tux, and dress shoes. To this event, parents and other guest often dress formal as well.



Transcona Collegiate
1305 Winona Street
Winnipeg, Manitoba

Open 8:00am-
2:30pm

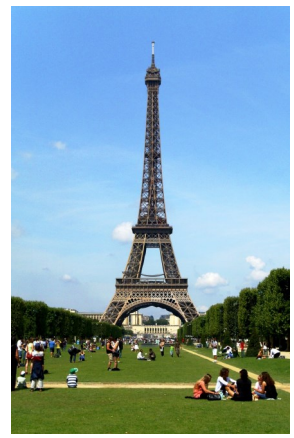
TCI CANTEEN

Have you tried the
pizza at the TCI
Canteen? It's
something you
definitely want to
experience!!!!



**There are 2 kinds of Pizza—
Cheese or Pepperoni—\$3.00/**

Europe Itinerary



Brooke Dooley, Carrie Dela Cruz

Day 1: Fly overnight to England

Day 2: London, England

London Bridge, House of Parliament, Great Britain's royal tradition and rich history. Drive through the Museum District and admire Royal Albert Hall. Check out the lively five-way street intersection at Piccadilly Circus as well as some street entertainment in Covent Garden. Lastly, take a walking tour of London: Westminster Abbey; Trafalgar Square.

Day 3: London, England

See the Changing of the Guard. Take a tour of London, starting at Borough Market. Pass by Shakespeare's Globe, a reconstruction of the original Globe Theatre. Visit the Tower of London.

Day 4: London, England | Paris, France

Enjoy a free morning in London or ride the London Eye. Then take the Eurostar train to Paris.

Day 5: Paris, France

Sightseeing tour led by the tour director. Pass the Arc de Triomphe and the Eiffel Tower, and see the Palais Garnier, home of the Opéra de Paris. Spend some free time roaming Paris or visit Versailles.

Day 6: Paris, France | Night Train

Visit the Louvre, and take a guided tour through the Latin Quarter. Admire the beautiful Notre Dame Cathedral's sculptured façade. The cathedral's bells are said to be the most famous church bells in the world, with the largest bell, weighing over 13 tons. Finally, travel by night train to Florence, Italy.

Day 7: Florence, Italy

Arrive in Florence, Italy. Enjoy the view from Piazzale Michelangelo or Michelangelo Square. Take a guided tour of Florence, Italy: Piazza della Signoria; Ponte Vecchio; Chiesa di Santa Croce; Gates of Paradise.

Day 8: Rome, Italy

Travel to Rome. Take a guided tour of Vatican City, visit the Sistine Chapel, and St. Peter's Basilica.

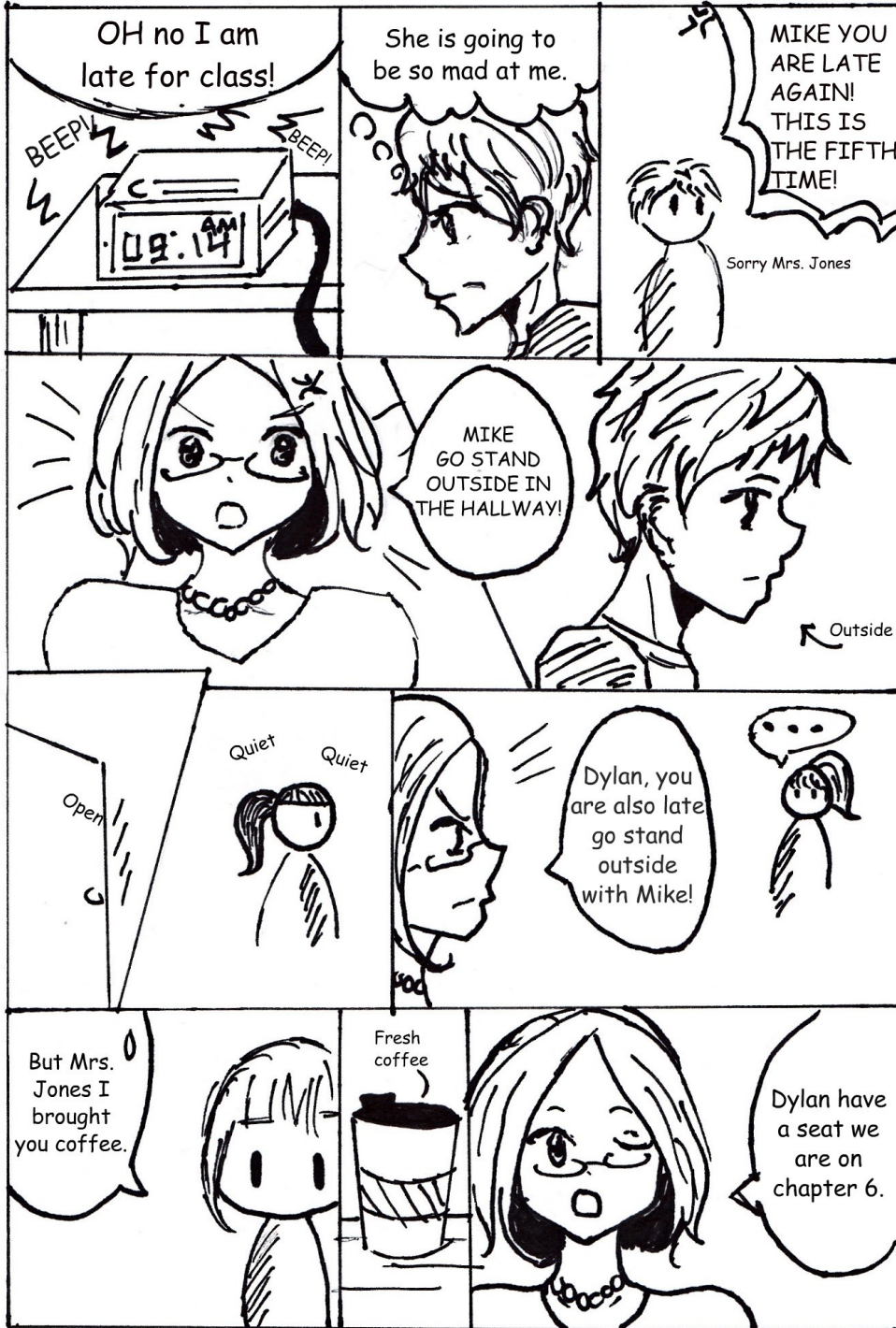
Day 9: Rome, Italy

Take a guided tour of Rome. Visit the Colosseum. Enjoy free time in Rome, Italy: Trevi Fountain; Pantheon; Piazza Navona; Spanish Steps.

Day 10: Depart for home

LATE FOR CLASS

By: Tiffany Pham



Ideas for You On Your School Breaks

By Jessica Stepler

Are you one of those people who literally have nothing to do on your breaks off of school? If your answer is yes, then this is the perfect article for you. If your answer is no, well you should still read this article for some fun tips and activities to add to your summer bucket list. This article is going to give you ideas for summer, spring break, and even on your cold winter break where all you want to do is snuggle up in bed and drink hot chocolate. I advise you read this article so you don't complain to your parents that you're bored all break and you have nothing to do, because there is an on going list of fun things to do on your breaks.

Winter Break is the first break of the year; meaning you've been waiting for this break to come because you're already so tired of school even though second semester hasn't even started yet. Winter break can be a bit harder to plan ideas to do because its normally cold out so you will be constantly stuck inside unless you bundle up. Things you can do inside are: Re-do your room/clean it up and reorganize everything, read a new book, have a spa day and just relax inside while watching movies or listening to your favourite music, learn to cook something you've never cooked before or have a new friend come over and lounge with you.

As for things to do outside the list can go on and on. You can build a snowman or have a snowball fight with a sibling or friend. You can go ice skating, or visit the fountains and go skating. You can go tobogganing, or go visit some beautiful Christmas lights that are set up downtown and at a place called "Winnipeg's Winter Wonderland". Or just go and take a walk when the sun is shining and its not too cold out, because Winnipeg can be beautiful at times.

Next is Spring Break which is a little easier to plan things to do because the weather is starting to become nicer. If you want to stay inside, then I would recommend doing the same thing indoors that you can do for winter break that I just mentioned. Things to do on spring break outside are: take a walk with your dog or go for a walk alone, go for a bike ride, a run or a rollerblade. You can take your car (if you have a license) or a bus to the museum, the zoo or the mall to shop or see a movie.

Lastly is Summer break which is your nice long 2-month break. This is when students get bored the most because the break is so long and all they will end up doing is staying up late gaming or watching tv or movies, sleeping and then eating. The cycle keeps going over and over and over. So what can stop this cycle you ask? Well first start by taking a shower, and then get dressed in something that isn't your pajamas and think of ideas to do for the day. (That's what I'm here for) I'm not even going to mention things to do inside because it's now summer and it's time for you to get up and enjoy some fresh air and the beautiful weather. Invite a friend over and play some basketball outside or go do something physical. Get a gym membership for the summer and see how you like it, or go look around and start applying at places and get a job and make some money!!! If this is not something that interests you; maybe you're a more outdoorsy person then go to the beach for the day or if you have a trailer or cabin then take a drive out there with your friends (with your parents permission of course). If you are 18 consider having a bonfire with your friends (once again with your parent's permission) but don't have any minors if you're drinking (because I'm not telling you to break the law). If you aren't 18 and can't drink, then just have a bonfire with friends and eat chips and smores and play some good music.

There is an endless list of things to do instead of sitting on your computer gaming on all of your breaks. The last thing I'm going to recommend is save up some money and go on a trip, get out of town for awhile, even a few days is better than nothing. Summer break, winter break, and spring break are not meant for sitting around and doing nothing. You have no school and you are free, so go out and enjoy your break and do something you've never thought you'd do. Try new things and meet new people.



Weekly Astrology Readings

By Taylor Lavoie

Aries

As a fire sign you feel a deep sense of leadership. It's time to take charge of a difficult situation in your life, as an enthusiast you can push through. Don't let your short temper get a hold of you, analysing your current situation and thinking through a plan will benefit you. The world is your playground, it's time to conquer it.

Taurus

By far the most sensible sign, you do not like to rush into things. However, you are very persistent and hard working in your endeavours and its time to take the next step. It's time to bring your mark to an A, ask that special person out or even gain a promotion at work. As your ruling planet Venus is in the right orbit for self improvement. It's time to make your move.

Gemini

As the steadiest of the air signs you seek a vast understanding of how things work, looking into a topic that you've taken an interest in can only benefit you this month. However, your talkative nature may get the better of you, keeping quiet about a current project will benefit you.

Cancer

Emotional and sensitive, you're ruled by your feelings. Recently a new situation has arisen or will soon arise for you, for your own benefit whether the situation be positive or negative keep your emotions in check and do not panic. As a water sign things tend to find a way to flow through your life without causing damage. The tides may change soon, brace yourselves.

Leo

As a Leo you are always supportive of the people you love so long as they think the way you do. You're usually rather stubborn in your beliefs and will try to make people view and accept them as their own. It's time to back down and accept other beliefs. Your warm and loving nature will soon attract someone new romantically. Keep an eye out.

Virgo

With your ruling planet being Mercury you have a strong need to have things done in a methodical style. As a perfectionist you're, your own worst critic. Take a minute to relax, your extremely high standards for yourself and the people around will start to push them away. Finding a new hobby in which to express your perfectionist style and analytical mind, would both benefit you and your loved ones.

Libra

As the diplomat sign you do everything possible to keep the peace. You try to avoid conflict as much as possible and tend to sort it out when given the opportunity. Currently you may be facing an inner conflict which you can't avoid, as the sign of balance it's time to assess your situation and improve it for your own well being. You have the mind of a warrior and the soul of a poet.

Scorpio

As the eighth sign with the ruling planet Pluto you are the most magnetic of the signs. Your very aura attracts people to you, it may be time to open your arms to new people and new situations. As a power sign you need to experience new situations and people constantly. Do something you haven't before but are curious about, people will instantly be drawn to you.

Sagittarius

By far the calmest of the fire signs as a Sagittarius you are a free going spirit whom emits joy wherever you go. You may be feeling tied down momentarily, which is the exact opposite of your free going idealistic views. It may be time for a change in your life. Of all the star signs you are most driven to improve your lot in life, so chase whatever opportunities that arise.

Capricorn

As the ultimate realists of the sign something may feel off, but you're hard working and diligent views will only help you improve. Keep honesty in your relationships to keep things working, if you're honest they will rebuke with the same honesty. Keep a clear conscience.

Aquarius

As another flowing air sign your original and unconventional charm will bring good options into your life. Don't be tied down it counteracts your progressive and independent life style. Observe your surroundings and pounce on your chance for improvement. Lending a humanitarian view may change someone's views of you

Pisces

It's time to reconnect with nature, paying attention to your outer environment will benefit your own psychological health. Running from your current difficulties will only bring you further down it's time to face them dead on. Keep your own emotions in check, your flitting personality may render this difficult but backing down is no longer an option.



How maintain and take care of your bagpipes

By Alex Cave

Your pipes and you are one of the closest connections that will be in your life. Most importantly for maintaining your pipes is rehemping your drones, oiling your stalks, drones and chanter if it is wood, moisture control and proper care of your reeds to obtain optimum tone, pitch and definition of the note or tone.

The set of pipes used in this article are based on a set of Gibson bagpipes with selbie reeds, Gortex medium bag, plastic Mccallum and Gibson chanter and a rubber tube water trap.

When choosing the best products for your pipes you don't want to skimp out on quality. Your choose in quality is up to you and your budget, but with quality comes durability and longer life of the product. The hemp will come in two colours and two styles. Waxed and unwaxed. un waxed hemp requires the user to put wax on the hemp before using it, most commonly bees wax is used because of its versatility and availability. Waxed hemp comes out of the package waxed and ready to be used.

When oiling your pipes there is a few products that are good to use on your pipes. The best is bore oil. Its hard to find and quite expensive. An alternative to this is almond oil, available at any health food store and is fairly cheap for the size of bottle you'll receive. The other odd things you'll need are a pull cloth, basically a string with a wad of cloth on the end, a knife, a cloth and some paper towel if your messy.

If your pipes are in dire need of new hemp because they aren't holding in the stalks or its old and miscoloured and disgusting or just flat out old, the best route is brand new hemp. To remove the old hemp, scour the hemp and gently push while you cut t slowly digging further and further each time you cut it. After you have a nice cut use the knife and start pulling the hemp off to the side so you can hold it and peel it off. Remove all the hemp and clean the surface with a cloth soaked in warm water so the surface is clean. If you're only replacing the hemp jump to the very end of this article, if not do not re hemp until the end.

Once your hemp is removed and the drone or stalk is clean, your now ready to oil the wood. To do so take your pull cloth and put the string down the bore of what your oiling, and put a couple of drops of oil on the cloth. Once you have a grasp of the string pull it through the bore slowly trying to get as much of it as you can. Once its pulled through repeat the process only without oil if the cloth is damp. Repeat this process for the remaining bores. When oiling a wooden chanter, you'll need a stick small enough to be put into the chanter. When putting the cloth inside make sure the string hangs out the bottom of the chanter so you can pull it out, the chanter requires less oil as it is smaller than the drone or stalk bore. Once you have put oil in repeat the process just like the drone bore till your satisfied that its oiled Thoroughly, wipe an excess oil off and let it drip out if there is remaining.

Now that your pipes are oiled and cleaned you can now set them aside and work on the bag. Moisture in the pipes is both good and bad. Good because it keeps the reeds at a good moisture content so they stay in pitch and require less tuning, but also bad because to much moisture causes mold and will make the reed sound like crap if it is over saturated and will also make you sick. If you are playing with a leather bag, moisture is your friend, the skin will absorb the moisture and keep it hydrated so it wont crack and become useless since it won't hold air.

The best way to avoid this is to use bag seasoning, it smells horrible, but will keep your bag from becoming a useless hide. For moisture control in a hide bag, you don't usually need a water trap but if you're a wet blower, you'll want to invest in a water trap, basically a rubber tube with two holes in it that prevent too much water from getting in the bag. If you're using a hybrid bag such as a bannityne, ross or a gortex bag, moisture control is a must. The best system for these are usually a canister system or a ross system. These will go from the blow pipe into a box that dries the air, into the bag then into valves that direct the air into the drones.

Some times the Ross system fails and the pipes have to be taken apart and the tubes to the drone removed but are usually reliable. The canister system on the other hand is very versatile. It gets pushed on the blow pipe and into a filter directly in the bag and into the drones. After you have either cleaned yours or replaced it, take a damp cloth and wipe the inside of the bag to clean any dirt that may be in there. Now that your bag is cleaned, your moisture control system is clean and your drones are oiled your now ready for rehemping and assembly.

When rehemping use a waxed hemp when completing this process. Unwaxed will not hold the same seal as waxed. To wrap hemp, start from the top holding the end of hemp under your thumb just above the ferrule that sits above the stalk. Wrap it in a clock wise style and continue, making sure the wrap is tight and even until the drone section fits tight into the stalk.

Please note that if your doing this in the summer the wax will heat up and make the drone stick in the stalk making it very difficult to remove and may cause cracking to the parts. Do the same for the remaining parts, making sure that the drone slides are snug but still loose enough where you can still move it with one hand with the pipes on your shoulder. If you are playing a set of pipes with metal ferruling's, you want to polish the metal with a chrome polish or a polishing compound. If your pipes have a chrome plating you can use the same polishing technics as those used on chrome on a vehicle. If they are nickel, Green tarnish can build up on nickel plating over time. To remove it, apply a little WD40 directly to the stained area. Let it sit for about a minute before scrubbing the spot with a patch of fine steel wool, using small circular motions.

You should not clean the entire surface of the nickel plating in this manner. However, since steel wool can scratch and damage nickel plating if not used properly. Test this method on a small spot that is not visible from the front before attempting it on prominent areas of the nickel plating. If the plating is especially thin, steel wool could cause damage. As such, it is better to test the steel wool on a hidden portion of the nickel to learn whether or not it will be safe to use on more visible areas. After cleaning your nickel, you can use the same chrome polish as that on the chrome pipes.

Now that your pipes are cleaned and polished, assemble them and start playing them. You should know how to get your drones into tone with your chanter. Your chanter is usually best around 480-488mhz. if the notes are sharp you can use pipe tape or electrical tape cut in half to cover the hole slightly to lower the pitch and bring the chanter down into the sweet spot for pitch and tone. If the entire chanter is flat, remove the chanter and hold the reed by the staple, turning it in as you sink it into the chanter, too much and it will all be quite high and unbearable. Not enough and it will still be flat.

This is a timely process that can take quite a few minutes. Once you achieve your preferred pitch, you can start tuning your drones in. starting from the outside tenor, then the bass and finally the inner tenor. To tune this, you can play a tune to see where it is and then adjust it in or out making the tone even with the chanter on low "A". After the outer tenor is in, you can tune the bass to the tenor, when tuning the bass on the very top section there should be about 1/8-1/4 inch of hemp showing as this can earn you a great sound. Finnish tuning the drones and your set for months more of playing

You have now successfully and properly tuned and maintained your pipes.



Must Dos In Winnipeg This Summer By Mika Banaag



The Red River Exhibition Park

Due to the fact that it does not open until summer, this is one of the things you must not miss in Winnipeg this coming June! It opens annually in this month; they offer a wide variety of rides that is appealing for both kids and adults. There is a portion of the park that is suitable for kids where the rides are not too extreme. Their rides are not the only thing you would want to see in Red River Exhibition Park; they also have shows and attractions, music festivals, family stuff, and a variety of competitions like dog shows. Not to mention, they have a number of good food stalls which you must not miss because it only comes in this time of the year.



Glow in The Dark Mini Golf

Just right next to Mc Philips Station Casino, you will find U-Puttz Amusement Centre that has the best glow in the dark mini golf in the city that will only cost you \$7.50 Don't forget to wear a light coloured shirt to see how cool luminescence light brings an impressive glow. In each level in the mini golf, you would be able to play in different themed golf course that will surely fascinate you. Personally, my favourite is the Jurassic Park because it will take you millions of years back into the past with the tyrannosaurus rex, the pterodactyl, and the long neck brontosaurus! The Amusement Centre also includes laser tag, bumper cars, and expanded arcade.

Sky-zone with Your Friends

Sky Zone is the world's first indoor trampoline park. They are known to be the inventors of "fun & fitness" and the makers of trampolines as far as the eye can see. They offer a variety of the greatest workouts ever combined with awesome, healthy fun like open jump, a SkySlam court, SkyRobics fitness classes, and Ultimate Dodgeball. Sky zone believes fitness can be fun and play can be smart. You can burn up to 1,000 calories just by jumping for an hour. As Sky Zone says "Getting to the gym can be a challenge, but Sky Zone makes exercise a joy!" Jumping improves circulation and cardiovascular health, balance and coordination detoxification, and immune system health.





Take a walk around The Forks with Your Family

The Forks is one of Winnipeg's most beloved places. It has been proved that The Forks has one of the most number of food stalls and boutiques in the city. In whatever mood you are in, you will surely find a spot that will satisfy your cravings; from desserts to mouthwatering heavy meals. This is an all seasons park; be it winter, spring, summer or fall. The Forks is a must see for a notable experience, a number of entertainment and events, and many unique attractions that are historic and man-made like the Human Rights Museum that is a collection of both. You might as well go to this newly opened museum right across the street and get to know more about the only museum in the world devoted to human rights awareness and education.



Assiniboine Park & Zoo

There are over 80 park-like acres to explore in Assiniboine Park & Zoo! They allow people to interact with animals from all corners of the world where the zoo help to conserve. It is of one the favourite destination for the people of Winnipeg for over 100 years. The zoo is undergoing major renovations at the moment and it includes to meet modern standard, enhanced facilities and a more visible and active environmental and wildlife education; one of the reasons why they offer an animal conservation talk within the park and educate people how Assiniboine Zoo plays a part on this. They have 150 species of animals in the park.

Keep up to date!

By Brooke Dooley and Carrie Dela Cruz

April dates

- April 4th Classes resume
- April 6th Early Dismissal at 2:45
- April 11th Parent Council meeting 7:00 pm – 8:00 pm
- April 14th Music Parents Meeting
- April 18th Bus Evacuation practice
- April 19th Provincial Election
- April 20th-25th Banff Music trip
- April 21st Parent Teacher interview
- April 22nd No classes
- April 25th-29th Spirit week

May dates

- May 2nd Music Monday
- Parent Council meeting 7:00 pm – 8:00 pm
- May 5th Community clean up
- Spring Concert
- May 9th U of M Next Steps Meeting (In Library)
- 1:15 pm – 2:20 pm
- May 10th U of W Next Steps Meeting (In Library)
- 9:55 pm – 11:00 pm
- May 11th Early Dismissal
- May 12th Jazz Spring Concert
- May 13th Human Rights Museum
- Voluntary Course withdrawal 8:45 am – 2:30 pm

Keep up to date! (Cont'd)

June dates

June 8th Music Parent meeting 7:00 pm – 8 pm
June 14th Gr.12 Pre-Calculus Achievement exam 8:45 am – 12:35 pm
June 15th Gr.12 Essential Math Achievement exam 8:45 am – 12:10 pm
June 16th Gr.12 Applied Math Achievement exam 8:45 – 12:10 pm
June 17th-23rd Semester 2 exams (No classes)
June 24th No classes
June 27th Grad Rehearsals 9:00 am
June 28th Grad Convocation 10:00 am
June 29th Grad Dinner and Dance
June 30th Last Day of School
Report cards issued 9:00 am – 10:00 pm



Playlists for everyone. Anytime. Anyplace.

Having an appropriate playlist is extremely important. Save time and use the playlists below, created for everyone, for any occasion, anytime. Many people become isolated to one genre of music and don't listen to anything else. These playlists feature a lot of different genres of music that will help you discover new styles and sounds. This list is a good starting place, and is designed to introduce you to different types of music that you might otherwise not have come across.

These playlists are short but will give you a sound that you can later add to. Apple music, Spotify, YouTube and other music streaming services will give you song and playlist suggestions based on the things you listen to. By listening to these playlists on those streaming services, you will be able to find more music in the same style and genre.

This first set of songs is for the time when you want to hear some quality rap and hip-hop. This is a good morning drive playlist that will keep you awake.

Note: The lists are numbered, but the songs are in no particular order.

Morning Drive

1. Need To Know (feat. Chance The Rapper)- Macklemore & Ryan Lewis
2. Let's Eat (feat. XP)- Macklemore & Ryan Lewis
3. Downtown (feat. Melle Mel, Grandmaster Caz, Kool Moe Dee & Eric Nally)- Macklemore and Ryan Lewis
4. untitled 06 | 06.30.2014.- Kendrick Lamar
5. untitled 02 | 06.23.2014.- Kendrick Lamar
6. Feelin'- Q-Tip
7. Do You Dig U? - Q-Tip
8. Sucker MC's- Run-DMC
9. Peter Piper- Run-DMC
10. It's Tricky- Run-DMC

The next playlist is a collection of beautiful music from different genres. Some songs are instrumental and others have tear-jerking lyrics that really get to you.

Tear-jerkers

1. Enigma Variations (1st movement)- Edward Elgar
2. I've Been Loving You Too Long- Seal
3. Sorry Seems to be the Hardest Word- Elton John
4. Hurt- Christina Aguilera
5. Body and Soul- John Coltrane
6. It's a Wonderful World- Louis Armstrong
7. Bohemian Rhapsody- Queen
8. Please Forgive Me- Bryan Adams
9. Georgia On My Mind- Ray Charles
10. I Don't Want to Miss a Thing- Aerosmith

This playlist is one of my favourites, it's the one that has the funk, the groove the soul and the character. It's a great playlist for hanging out, a party, a dance or to get you through tedious house work. This playlist features old music, new music and anything else that grooves.

Groovy Tunage

1. Ain't no stopping us now- McFadden & Whitehead
2. Celebration- Kool & the Gang
3. Greased Lightnin'- John Travolta
4. Hound Dog- Elvis Presley
5. I Got You (I feel Good)- James Brown
6. Johnny B. Goode- Chuck Berry
7. Mambo No. 5- Lou Bega
8. Play that Funky Music White Boy- James Brown
9. Uptown Funk- Mark Ronson ft. Bruno Mars
10. U Can't Touch This- MC Hammer



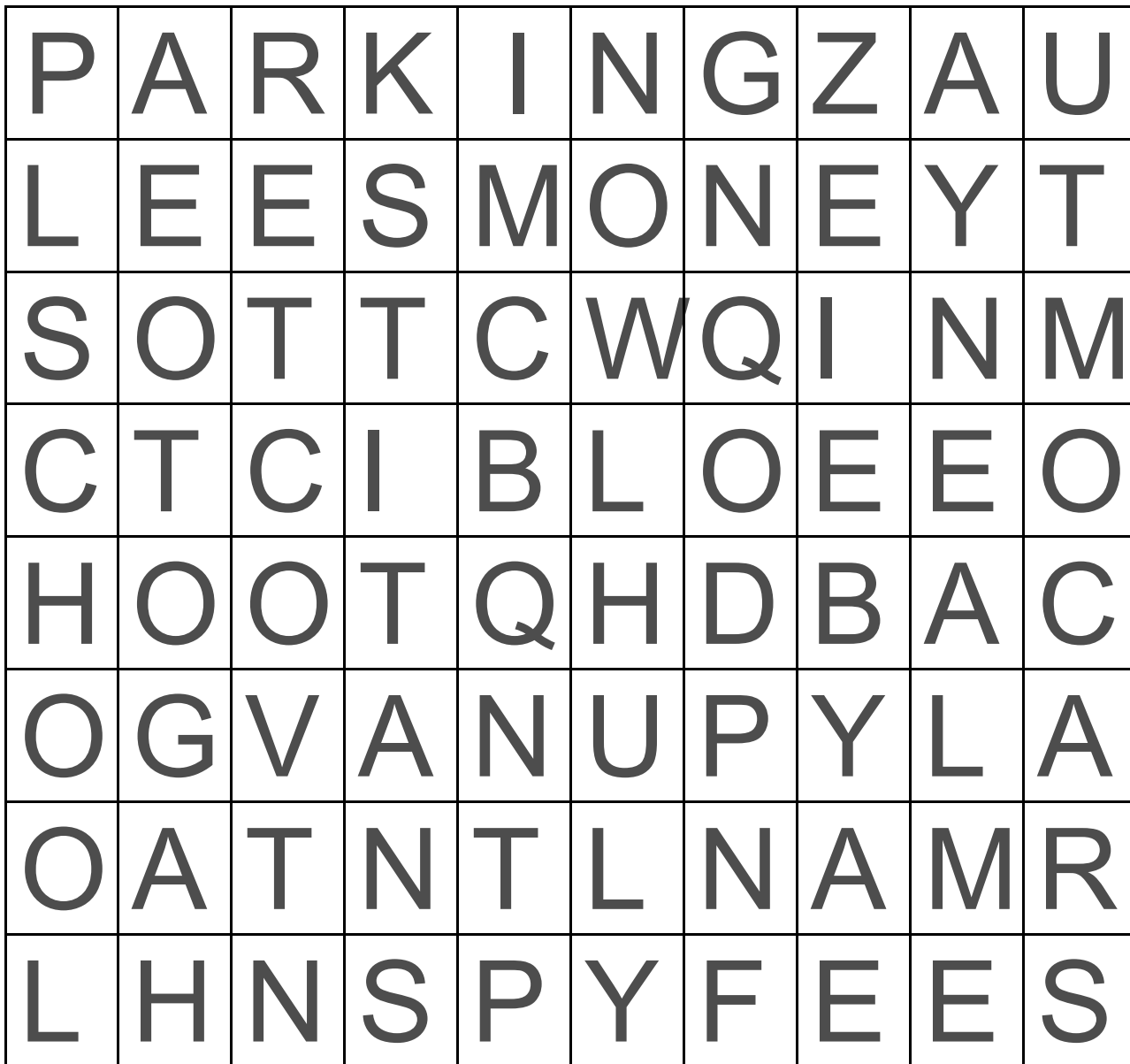
Lastly, here is a playlist that will make you think and pay attention to what you are listening. Sometimes it will annoy you, make you mad or bored. Although this will only happen if you stop paying attention to the music, and stop trying to figure out what is happening. This playlist is jazz music. By definition, Jazz is the art of spontaneous composition. There are so many layers in jazz, that if you've never heard it before, it will sound like noise because your brain won't be able to separate and discern the individual parts of the music. Below you will find Swing from the 30's, jazz from the 60's and modern jazz.

Music for the Juicy Brain

1. Night in Tunisia- Art Blakey & the Jazz Messengers
2. Jumpin' at the Woodside- Count Basie Orchestra
3. Can't We Be Friends- Ella Fitzgerald and Louis Armstrong
4. Bags' Groove- Oscar Peterson Trio
5. Moanin'- Charles Mingus
6. Strasbourg St. Denis- Roy Hargrove
7. All of Me- Ella Fitzgerald
8. Blue Bossa- Dexter Gordon
9. Dat Dere- Bobby Timmons Trio
10. Neph- Trombone Shorty

TITAN WORD SEARCH

MACKENZIE HUNTER AND SABRINA DESROSIERS



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