



ÉCOLE CENTRALE  
2023  
*October*

Principal: Michelle Williams Vice Principal: Eric Miron

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Happy Fall everyone!

As much as I hate the cold, the colours of the season this time of year make up for it. It's hard to believe that September has come and gone. Our focus this past month has been establishing routines and expectations, and most importantly building relationships with our students. A big THANK YOU to staff for all their hard work and dedication to start off the year as smooth as possible. We hope that everyone has a wonderful Thanksgiving with family and friends to reflect on all the things we are thankful for.

### **COLDER WEATHER... Reminder**

So far we have been very lucky with fantastic weather. However, as the season grows cooler, 30-minute recess can seem like a long time to be outside when not dressed appropriately for the weather. Please take in to consideration that the temperature changes drastically throughout the day and students should be dressed in layers. Proper footwear is also crucial this time of year for wet and cold conditions as well as hats, and gloves/mittens. Please label your child's boots and clothing! It is important for children to engage in outdoor play for exercise, breathing fresh air, and engaging with friends during recess.



### **HALLOWEEN at school**

Halloween classroom activities will take place on Tuesday October 31<sup>st</sup>. Students are invited to dress up in costumes. When choosing Halloween costumes, please remember that **replica weapons** are **not permitted** at school (this includes replica guns, knives, axes, etc.). Halloween is fast approaching and while we will have opportunities for students to dress up and take part in celebrations and community building, we would like to remind parents that no one's culture or identity is to be used as a costume. **Costumes that involve cultural appropriation are not acceptable.**

Students will be able to bring their own treat to have during their class activity. Students are not allowed to share or give any treats to fellow classmates due to numerous allergies and food intolerances at school. **Only packaged treats with a list of ingredients will be allowed at school** or a fruit or veggie.

*A CARING COMMUNITY OF LEARNERS / UNE COMMUNAUTÉ DÉVOUÉE D'APPRENANTS*

## OPEN HOURS/ MEET THE TEACHER

Thank you to all parents who came to our Open House/Meet the Teacher this year – it was a fabulous turnout! Thank you to all the parents who signed up to be on the Parent Association Council or Lunch Program Parent Committee.

## PBIS

Here at École Centrale, we are implementing our classroom treaty within our PBIS framework. This is a division-wide initiative. In designing classrooms and our school day, we seek to create spaces and systems that will enable students to be academically and emotionally successful. In order to maximize learning opportunities, we must create environments where children are able to process their emotions and transform their inner states; They must be enveloped by a responsive school culture that acknowledges their inner lives as well as their external behaviors and accomplishments.

### A few important items for the upcoming month:

- Lunch Program Registrations and Fees are now due. The lunch program is a fee-for-service program. These fees allow the Lunch Program Committee to determine and hire the correct number of lunch supervisors. At present we have 330 students regularly for lunch but only 248 registrations and fees. This means we are short lunch program supervisors.
- October 20–province wide in-service for teachers MTS-PD Day (no classes)
- October 31–Halloween classroom celebrations.

## ATTENDANCE

If your child is going to be absent or late for school for any reason, please contact the office at 204-958-6426. If you are unable to speak to us directly, you may leave a message on the voice mail system to report the absence. Please be specific when calling-in your child. If it is an illness, we need to know **the symptoms** the child is having as well as the best number to reach you at if we have any further questions.

Absences are considered "unexcused" if we do not hear from a parent/guardian by 9 am. A student who is absent more than 10 minutes of morning or afternoon attendance will be recorded as tardy. Please keep this in mind as you schedule appointments for your children. It is always best to schedule appointments during non-school hours. Students are expected to be in class from 8:20 am to 3:00 pm daily.

As a child learns to read and acquires basic math skills, it is important that they practice those new skills daily. Regular attendance promotes new learning. Children begin to learn how to socialize with others, follow directions, and solve problems creatively while at school. Something to keep in mind is if a child misses two classes per month over the course of ten months that equates to 20 days of schooling missed which comes close to a whole month.

M. Williams

E. Miron

Directrice/principal

Directeur adjointe/vice principal

**Remember NO CLASSES at École Centrale in 2023-2024 on the following dates:**

Tuesday, Oct. 3	Co-ordinated Day NO SCHOOL
Monday, Oct. 9	Thanksgiving Day NO SCHOOL
Friday, Oct. 20	Co-ordinated Day NO SCHOOL
Friday, Nov. 24	Co-ordinated Day NO SCHOOL
Friday, Feb. 2	Co-ordinated Day NO SCHOOL
Monday, Feb. 19	Louis Riel Day NO SCHOOL
Friday, March 1,	Admin Day NO SCHOOL (EC ONLY)
Friday, March 15,	Co-ordinated Day NO SCHOOL
Monday, April 22	Co-ordinated Day NO SCHOOL
Friday, May 10	Admin Day NO SCHOOL (EC ONLY)
Monday, May 20	Victoria Day NO SCHOOL
Friday, June 7	Co-ordinated Day NO <u>SCHOOL</u>
Friday, June 28	Last day of classes Early Dismissal



**BREAKS**

Winter BREAK DECEMBER 25, 2023-January 7, 2024

SPRING BREAK MARCH 25-March 31, 2024

**Your River East Transcona School Division Trustees**

**Ward 1**

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For more information about the board of trustees, visit: [www.retsd.mb.ca/BoardofTrustees](http://www.retsd.mb.ca/BoardofTrustees)

Note that calendars are always subject to change, please consult the website regularly for updates

# École Centrale Merchandise is now available to order

The link to order will be open from October 4-20.  
All orders will be shipped to the school.  
Please put child's name on the order as well as parents.  
You can find the link below.

<https://www.hitekpm.com/sr/2088116>

**Password 604**

## PAC update

Our first Parent Advisory Council (PAC) meeting of the year was held on September 27th. Thank you to everyone who came out and joined us! It was wonderful to have so many people attend.

We'd like to welcome Kristin Thompson and Leah McKee onto the board as our Hot Lunch Coordinators. They've already been hard at work and are looking forward to hosting our first hot lunch in October.

A HUGE thank you to everyone who participated in our first fundraiser - Farm to School. We raised almost \$3000, and as a school community donated almost 600lbs of vegetables to a local food bank. Thank you to all of the volunteers who helped count, sort or distribute vegetables. Pickup will take place Thursday October 5th from 3-6pm in the gym.

We are excited to host our first event of the year! Halloween Howl will be held Thursday October 19th from 6-8 pm. Come join us for dancing, Halloween stories, games and lots of fun! Watch for order forms coming home soon.

Our next PAC meeting will be held Wednesday, October 25th at 6:30 pm in the school library. Childcare will be available and we invite everyone to attend.



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# Music

*Did you know?*

*Studies show that when jazz pianists play, their brains have an extremely efficient connection between the different parts of the frontal lobe compared to non-musicians. That's a big deal — the frontal lobe is responsible for integrating a ton of information into decision-making. It plays a major role in problem solving, language, spontaneity, decision-making and social behavior.*

September has gone by so fast! Students in grades 3, 4, and 5 will be either beginning or returning to the recorder very soon. Students in kindergarten, grade 1, and grade 2 are starting to learn our repertoire for the winter concert. Stay tuned for this year's theme!

Our lunchtime choir will also be starting up again this year! It is open to any students in grades 3, 4, and 5. It will take place during lunch recess on day 3.

## **RECORDER REMINDERS:**

Students in grade 3 are asked to either bring a recorder labelled with their name to school or \$8 to purchase a recorder from the school. Recorders will be kept in the music room so that we always have access to them when we are learning.

Students in grades 4 and 5 who took their recorders home for the summer are asked to please bring them back. If you have lost your recorder, please reach out and we can get you a replacement one.

## **Upcoming Events:**

December 5 and 6                      Winter Concerts for grades k (afternoon), 1, and 2: time TBA

Mme Alyssah  
Music Educator

# Library News

## Library News

There are a lot of books not being returned this year. Please help your children to return their books **ON TIME!** All books are due back on the same day as library class. If your child is finished with their library books early, please send them back to school early.

If your child needs more time with a book they can bring the book back to school on library day to have it renewed.



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# PHYSICAL EDUCATION

## Class Program

- Grade 3 to 5 students will be working on their Mini Volleyball skills. We will be evaluating their football skills. We will be doing modified fitness tests.
- At the grade 1 and 2 levels, we continue working on and evaluation the following basic motor skills: running, jumping, galloping and hopping.
- Kindergarten students will continue learning the general routine. The following motor skills will be explored within simple games and activities: running, jumping and galloping.



## Intramural

- We are playing the Mini Volleyball tournament at the grade 3 to 5 levels.
- Mme Burkart is working with our Leadership Club to prepare stations for our grade 1 and 2 students.

## Clubs

- We have organized our Grade 4 Leadership Club. We are spending some lunchtime recesses to practice the various skills needed for their respective groups that they have signed up for.
- Club de Football Drapeau: We have two teams that are practicing after school in preparation for the divisional tournament that will be held on Thursday, October 12th at East Side Eagles Field near Kildonan East Collegiate.



## Special Events

- This year at École Centrale, we were asking every student to bring a Loonie for the Terry Fox Foundation which supports research for curing Cancer. We had a great Run/Walk on October 2nd.
- We have a large number of staff that have volunteered to do a crazy activity to raise money for Terry Fox Foundation. Check the website for more details.
- HOORAY!! Thank you to all the students and parents who donated online as well as sending cash to school. You can still donate online by using the link on the webpage.

Keep active

M. Bouley

Mme Burkart

# Food donations

**We continue to accept donations to the Transcona Food bank.**

**Donations can be dropped outside of the Library.**

**Please take a moment to read the kind letter we received from Transcona Food Bank.**



Ecole Centale

604 Day Street

Winnipeg, Manitoba

R2C 1B6

Dear Parents, Students and Staff:

On behalf of the Transcona Food Bank I would like to thank you for your recent donation **of 6 bags of food**. Food, clothing, and monetary donations are an important part of our ability to function. They are always welcome and greatly appreciated.

**Thank you so much Ecole Centrale Parents, Students and Staff for your continued support of our less fortunate families. Summary of Statistics for 2022: Families served: 1130. Adults served: 1966 Children served: 1382 Singles served: 273 Total People Served: 3298 Average People per Opening: 253.69. Average families per opening: 86.92 Due to the pandemic we only had 13 Openings this year.**

Food and monetary donations that we receive go towards supplementing that which is provided by Winnipeg Harvest. As far as possible, a balance among the four food groups is made available to the recipients.

Thank you for being Friends and Supporters of the Transcona Food Bank. We are pleased that you thought of us and appreciate your kindness.

Sincerely,

(Mrs) Midge Barry

Secretary,

Transcona Food Bank


## Parents & Guardians

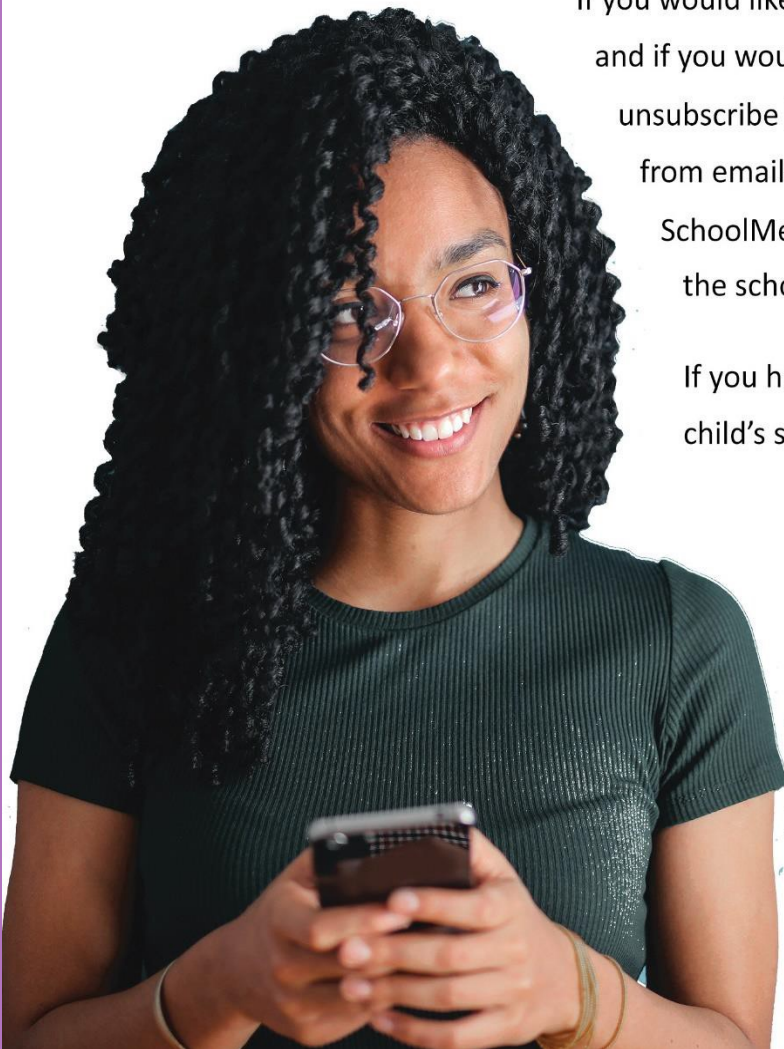
### Get texts and emails about bus delays right to your phone!

The RETSD transportation department uses SchoolMessenger to deliver texts and emails about bus delays, route cancellations, and more, directly to your child's primary contact with a cellphone number and email address in the system.

If you wish to continue receiving the texts and emails, no further action is needed apart from ensuring your contact information is up to date with the school(s), with a cellphone number and email address for the primary contact.

If you would like to opt out of texts, simply reply STOP, and if you would like to opt out of emails, click the unsubscribe link. **Please note:** If you unsubscribe from emails, you will be unsubscribed from all SchoolMessenger emails, including ones from the school that may pertain to your child(ren).

If you have any questions, please contact your child's school for assistance. 

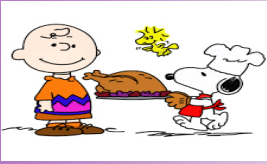








# October 2023



Monday	Tuesday	Wednesday	Thursday	Friday
2 Day 2 Terry Fox Run	3 Day 3 Co-ordinated Day No Classes	4 Day 4	5 Day 4 Farm to School Pick up	6 Day 6
9 Thanksgiving No School 	10 Day 1	11 Day 2	12 Day 3	13 Day 4
16 Day 5	17 Day 6	18 Day 1	19 Day 2 Last day to order EC merchandise Halloween Howl 6:00-8:00PM	20 Day 3 Co-ordinated Day No Classes
23 Day 4	24 Day 5	25 Day 6 PAC meeting 6:30 PM	26 Day 1	27 Day 2
30 Day 3	31 Day 4 Halloween 			

**NOTE THAT CALENDARS ARE ALWAYS SUBJECT TO CHANGE, PLEASE CONSULT THE WEBSITE FOR UPDATED INFORMATION AT ALL TIMES.**



# November 2023



Monday	Tuesday	Wednesday	Thursday	Friday
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		1 Day 5	2 Day 6	3 Day 1
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6 Day 2	7 Day 3	8 Day 4 Lunch Program Meeting 6:00pm	9 Day 5	10 Day 6
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13 Day 1	14 Day 2 Picture Day Retakes Even Kindergarten Picture Day	15 Day 3	16 Day 4	17 Day 5
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20 Day 6	21 Day 1	22 Day 2	23 Day 3 Parent Teacher Meetings	25 Day 4 Co-ordinated Day No Classes
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28 Jour 3 Vision and Hearing Screening K, Gr. 1 & 3	29 Jour 4 Vision and Hearing Screening K, Gr. 1 & 3	30 Jour 5		
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