



ÉCOLE CENTRALE
2024
October

Principal: Michelle Williams Vice Principal: Lauren Telencoe

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Welcome Back!

September was an extremely busy month at École Centrale! Our first few weeks were filled with special events including Meet the Teacher, Strong Connections, and the National Day for Truth and Reconciliation (Orange Shirt Day). Over the past month our students and teachers have spent time getting to know each other and have settled into classroom routines. It is wonderful to see all of the excitement about learning new things when I walk into classrooms.

As we move into October, we have a lot to look forward to! We thank you for your support as we began a new school year and look forward to an incredible year working together!

I want to thank the staff for their dedication to making the school start up as smooth as possible. I hope that everyone has a wonderful Thanksgiving with your family and reflect on all the things we are thankful for.

COLDER WEATHER... Reminder

So far, we have been very lucky with fantastic weather. However, it is beginning to change and when students are not dressed appropriately, 30-minute recess can seem like a long time to be outside! Just a reminder that we can see a difference in temperature during the day, so please make sure the students are dressing in layers. Please have your child dress for the weather including proper wet/winter footwear, headwear, and gloves/mittens. It is very helpful for us when you put your child's name in their boots and clothing! It is important to have the children outside running around getting some exercise, breathing fresh crisp air, and engaging with friends during recess.

HALLOWEEN at school

Our Halloween classroom activities will take place on Thursday Oct. 31. Students are invited to dress up in costumes. When choosing Halloween costumes, please remember that **replica weapons** are **not permitted** at school (this includes replica guns, knives, axes, etc.). Halloween is fast approaching and while we will have opportunities for students to dress up and take part in celebrations and community building, we need to be clear that no one's culture or identity is to be used as a costume. **Costumes that involve cultural appropriation are not acceptable.** Students will be able to bring their own treat to have during their class activity, students are not allowed to share or give any treats to fellow classmates due to numerous allergies and food intolerances at school; **only packaged treats with a list of ingredients** will be allowed at school; or a fruit or veggie.

A CARING COMMUNITY OF LEARNERS / UNE COMMUNAUTÉ DÉVOUÉE D'APPRENANTS

Open House/Meet the Teacher

Thanks to all parents who came to our Open House/Meet the Teacher this year – it was a fabulous turnout! Thank you to all the parents who signed up to be on either the Parent Association Council or Lunch Program Parent Committee.

PBIS

Here at École Centrale, we have been/are implementing our classroom treaty within our PBIS framework. This is a division wide initiative. In designing classrooms and our school day, we seek to create spaces and systems that will enable students to be academically and emotionally successful. If we are going to maximize learning opportunities, we must create environments where children are able to process their emotions and transform their inner states. They must be enveloped by a responsive school culture that acknowledges their inner lives as well as their external behaviors and accomplishments.

A few important items for the upcoming month:

Lunch Program Registrations and Fees are now due. Lunch time at École Centrale is a program fee for service. These fees allow the Lunch Program Committee to determine and hire the number of lunch supervisors during the lunch hour. At present we have 330 students regularly for lunch but only 214 registrations and fees. This means we are short lunch program supervisors for this reason.

October 25 province wide in-service for teachers MTS-PD Day. (no classes)

October 31 Halloween classroom celebrations.

ATTENDANCE

If your child is going to be absent or late for school for any reason, please contact the office at **204 – 958 - 6426**. If you are unable to speak to us directly, you may leave a message on the voice mail system to report the absence. Please be specific when calling your child in. If it is an illness, we do need to know **the symptoms** the child is having as well as the best number to reach you at if we have any further questions.

Absences are considered "unexcused" if we do not hear from a parent/guardian by 9 am. A student who is absent less than 10 minutes of a day shall be recorded as tar-

dy. Please keep this in mind as you schedule appointments for your children. It is always best to schedule appointments during non-school hours. Students are expected to be in class from 8:20 am to 3:00 pm daily. As a child learns to read and acquires basic math skills, it is important that they practice those new skills daily. Regular attendance promotes new learning. Children begin to learn how to socialize with others, follow directions and solve problems creatively while at school. If a child is not part of the classroom, some of these social skills cannot be practiced. Something to keep in mind, if a child misses two classes a month times ten months that makes 20 days of schooling missed which comes close to whole month.



Michelle Williams

Directrice/Principal

Remember NO CLASSES at École Centrale in 2024-2025 on the following dates

Monday, Oct. 14	Thanksgiving Day NO SCHOOL
Friday, Oct. 25	Co-ordinated Day NO SCHOOL
Monday, Nov. 11	Remembrance Day NO SCHOOL
Friday, Nov. 22	Co-ordinated Day NO SCHOOL
Friday, Jan. 31	Co-ordinated Day NO SCHOOL
Monday, Feb. 3	Co-ordinated Day NO SCHOOL
Monday, Feb. 17	Louis Riel Day NO SCHOOL
Friday, Feb. 28	Admin Day NO SCHOOL (EC ONLY)
Friday, March 14	Co-ordinated Day NO SCHOOL
Friday, April 11	Co-ordinated Day NO SCHOOL
Friday, April 18	Good Friday NO SCHOOL
Friday, May 9	Admin Day NO SCHOOL (EC ONLY)
Monday, May 19	Victoria Day NO SCHOOL
Monday, June 9	Co-ordinated Day NO SCHOOL
Friday, June 27	Last day of classes Early Dismissal

BREAKS

Winter BREAK DECEMBER 23, 2024-January 3, 2025

SPRING BREAK MARCH 31, 2025-April 4, 2025

Your River East Transcona School Division Trustees

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For more information about the board of trustees, visit: www.retsd.mb.ca/BoardofTrustees

Note that calendars are always subject to change, please consult the website regularly for updates

École Centrale Merchandise is now available to order

The link to order will be open from September 27-October 11th.

All orders will be shipped to the school.

Please put child's name on the order as well as parents.

You can find the link below

[Promotional Products & Apparel](#)



PAC update

A HUGE thank you to everyone who participated in our first fundraiser - Farm to School. We raised almost **\$2,500** and as a school community donated almost 600lbs of vegetables to a local food bank. Thank you to all of the volunteers who helped count, sort or distribute vegetables. Pickup will take place Thursday October 10th from 3-6pm in the gym.

Our next fundraiser is the cookbook. Final dates for recipes is October 14th.

Hot lunch dates: October 10th, October 24th, November 1st, November 15th, December 5th and December 20th.

We are excited to host our first event of the year! Halloween Howl will be held Thursday October 24th from 6-8 pm. Come join us for dancing, Halloween stories, games and lots of fun!



If you have any questions for PAC or would like to contact anyone on the board, please feel free to email us anytime at ecolecentralepac@gmail.com

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September	Tuesday 3: Co-ordinated Day NO SCHOOL Wednesday 4: First day of classes Tuesday 24: Picture Day Monday 30: National Day for Truth and Reconciliation NO SCHOOL
October	Monday 14: Thanksgiving Day NO SCHOOL Friday 25: Co-ordinated Day NO SCHOOL
November	Monday 4: Retake Day (Odd Picture Day) Monday 11: Remembrance Day NO SCHOOL Thursday 21: Parent Teacher Conferences (evening) Friday 22: Co-ordinated Day NO SCHOOL
December	Tuesday 3: Winter Concert Wednesday 4: Winter Concert Friday 20: Last day of classes before Winter Break
January	Monday 6: First day of classes after Winter Break Friday 31: Co-ordinated Day NO SCHOOL
February	Monday 3: Co-ordinated Day NO SCHOOL Monday 17: Louis Riel Day NO SCHOOL Friday 28: Admin Day NO SCHOOL (EC ONLY)
March	Thursday 13: Parent Teacher Conferences (evening) Friday 14: Co-ordinated Day NO SCHOOL Friday 28: Last day of classes before Spring Break
April	Monday 7: First day of classes after Spring Break Friday 11: Co-ordinated Day NO SCHOOL Friday 18: Good Friday NO SCHOOL
May	Friday 9: Admin Day NO SCHOOL (EC ONLY) Monday 2: Victoria Day NO SCHOOL
June	Monday 9: Co-ordinated Day NO SCHOOL

Music



Music

Did you know? Music training helps to develop language and reasoning skills. Students who have early musical training will develop the areas of the brain related to language reasoning. The left side of the brain is better developed and with music and song we can help imprint information on young minds.

Welcome back to another school year! I am so excited to be starting another year full of music here at EC. This newsletter will be my primary way of giving out important information related to the music program, so please be sure to check in. You can also email me with questions at apoiron@retsd.mb.ca.

RECORDER REMINDERS:

Students in grade 3 are asked to either bring a recorder labelled with their name to school or \$8.00 to purchase a recorder from the school. Please, if possible, purchase a quality recorder from a reputable music store. Recorders will be kept in the music room so that we always have access to them when we are learning.

Students in grades 4 and 5 who took their recorders home for the summer are asked to please bring them back. If you have lost your recorder, please reach out and we can get you a replacement one.

Upcoming Events:

Tuesday, December 3-afternoon	Winter Concert for Odd Day Kindergarten Students
Tuesday, December 3-evening	Winter Concert for Grade 1
Wednesday, December 4-afternoon	Winter Concert for Even Day Kindergarten Students
Wednesday, December 4-evening	Winter Concert for Grade 2

Mme Alyssah,

Library News

We would like to say Goodbye to Mme Schultz, after 11 years as our Library Technion at EC. She will be greatly missed in the library and at all the extra activities she helped out with.

We would like to welcome Mme Hudzick to our staff, she will be at EC on School Days 1, 3, & 5. Welcome to the team.

Note that calendars are always subject to change, please consult the website regularly for updates

PHYSICAL EDUCATION

Did you know these benefits of physical activity for children?

- Better sleep patterns
- Increased self-esteem and confidence
- Improved concentration
- Building stronger bones and muscles
- Opportunities to make friends and enhance social skills

During the month of September many students in grades 3, 4, and 5 joined the EC Run Club. The practices took place during lunch time at Kern Park. At each practice the students were challenged to run longer or faster than the last practice. The Divisional Cross-Country Meet took place at Birds Hill Park on September 25th and it was a beautiful sunny day filled with good times and running! Merci Mme Camille, Mme Lee, Mme Allard, Mme Moreau, et Mme Tia!



Our Flag Football Club, for grades 4 and 5 started mid-September and the practices take place during lunch time. These terms are now becoming common terminology...

- End Zone
- Line of scrimmage
- Interception
- Snap
- Touchdown

Members will attend the Divisional Tournament on October 11th at the East Side Eagles Football Club. Merci Mme Camille, Mme Lee, M. Glowacki, et Mme Lise

Stay Active

Mme Camille

Mme Lee



Class Is In Session

Practical Learning for Parents

Throughout the 2024–25 school year, River East Transcona will be providing a variety of FREE learning sessions and resources for parents, some virtual and some in person. Topics will include:



VIRTUAL

Online Safety



IN-PERSON

safeTALK: Suicide Alertness & Safety Connection



IN-PERSON

Parenting for Prevention: A Crash Course in Substance Use



VIRTUAL

Overcoming Anxiety



IN-PERSON

Youth & Parent Transition Sessions: Students with Additional Needs



IN-PERSON

The Seeds of Prevention Start Now: How to Talk to Your Child About Substance Use in Early Years

Keep your eyes peeled this year for more information about these practical parent learning sessions!

safeTALK: A Suicide Alertness Training Session for Parents

River East Transcona School Division is offering a session in safeTALK, a half-day training in how to prevent suicide by recognizing signs, engaging someone, and connecting them to an intervention resource for further support.

When:

Saturday, October 5, 2024
9 a.m.–12:30 p.m.

Where:

Polson School (Mini Gym)

Registration deadline:

Wednesday, October 2, 2024

To register, please contact
Samantha Fuellbrandt
at: sfuellbrandt@retsd.mb.ca





October 2024



Monday	Tuesday	Wednesday	Thursday	Friday
	1 Day 2	2 Day3	3 Day 4	4 Day 5 Terry Fox run
7 Day 6	8 Day 1	9 Day 2	10 Day 3 Hats Off for Unit- ed Way Hot lunch Farm to School Pick up	11 Day 4 Last day to order EC merchandise
14 Thanksgiving No School 	15 Day 5	16 Day 6	17 Day 1	18 Day 2
21 Day 3	22 Day 4	23 Day 5	24 Day 6 Hot lunch	25 Day 1 Co-ordinated Day No Classes
28 Day 2	29 Day 3	30 Day 4	31 Day 5 Halloween 	

NOTE THAT CALENDARS ARE ALWAYS SUBJECT TO CHANGE, PLEASE CONSULT THE WEBSITE FOR UPDATED INFORMATION AT ALL TIMES.



November 2024



Monday	Tuesday	Wednesday	Thursday	Friday
				1 Day 6 Hot lunch
4 Day 1 Picture Day Retakes Odd Day Kindergarten Picture Day Vision and Hearing Screening	5 Day 2 Vision and Hearing Screening	6 Day 3	7 Day 4	8 Day 5
11 	12 Day 6	13 Day 1	14 Day 2	15 Day 3 Hot lunch
18 Day 4	19 Day 5	20 Day 6	21 Day 1 Parent Teacher Meetings	22 Day 2 Co-ordinated Day No Classes
25 Day 3	26 Day 4	27 Day 5	28 Day 6	29 Day 1

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