

MATC

DESCRIPTION OF SERVICES

MATC provides a range of mental health services to children and adolescents who experience psychiatric and/or emotional disorders. A full continuum of programs and services, both community and hospital based, are available to children, adolescents and their families. Services range from brief interventions to intensive long-term treatment. Treatment is provided from a variety of perspectives and is delivered in partnership with parents and collateral agencies.

Centralized Intake Service – Mental Health – (165 St Mary’s Road) Ph: 958-9660 Fax: 958-9626

Centralized Intake provides a single point of entry for all services in the WRHA Child and Adolescent Mental Health Program. This service enables clients and families to access the appropriate programs and services based on the individual needs of the client and their family. Referrals for services can be made by families, caregivers, self-referrals, physicians, mental health professionals and other service providers.

Centralized Intake - Youth Addictions – (165 St Mary’s Road.) PH: 958-9692 Fax: 958-9656

Youth Addictions is a Provincial service that offers information and support to parents regarding The Youth Drug Stabilization (Support for Parents) Act. It serves to provide information regarding addiction services for youth in Manitoba.

NOTE: All requests for services for programs within WRHA as below are processed through Centralized Intake.

Student Mental Health Resource Team (SMHRT)-228 Maryland St.

Comprised of a multidisciplinary team, SMHRT was developed to address mental health/behavioral issues of children within the Winnipeg school system. The team can participate in classroom observation, school/parent consultation, and facilitate psychiatric assessments and other service interventions as identified.

Community Child and Adolescent Treatment Services (CCATS) – (228 Maryland St.)

CCATS provides community based treatment to children 3–18 years of age. Service may include individual, group, play or family therapy. Systems consultation and intervention, and psychiatric assessment and consultation are provided.

Early Childhood Clinic – (228 Maryland St.)

Assessment and treatment recommendations for families of children ages 18 months to 5 years.

Attention Deficit Hyperactivity Disorder Clinic (ADHD) – (228 Maryland St.)

ADHD provides consultation, assessment and treatment to children and youth who along with a diagnosis of ADHD may have other complicating diagnoses.

Neurodevelopmental Services – (228 Maryland St.)

MATC provides psychiatric support for children ages 6–18 years with complex neurodevelopmental issues. This service also provides assessment, education, consultation and support to families and community caregivers who are involved with children with Autism Spectrum Disorders. This is a collaborative multidisciplinary program, including staff from Education as well as mental health.

Early Psychosis Prevention and Intervention Service (EPPIS) – (505 – 180 King St.)

EPPIS provides psychiatric services to individuals between 13 - 35 years of age who are experiencing or recovering from an early episode of psychosis.

Youth Forensic Services (YFS) – (170 Doncaster St.)

YFS provides mental health assessments and treatment to adolescents involved with youth criminal justice.

Intensive Treatment Services - 12 – 18 years (120 Tecumseh St.)

The Intensive Treatment Service provides intensive treatment interventions with inpatient, day hospital and follow-up services for adolescents and their families from Manitoba and the North.

Day Treatment Program – 12 – 18 years (120 Tecumseh St.)

The Day Treatment Program serves 35 clients offering comprehensive/intensive treatment. The client base has complex, high-need psychosocial/mental health issues. The service operates Monday to Friday with a multidisciplinary team offering half-day school, half-day group therapy, and extended evening programming. Montcalm School is located at 120 Tecumseh and is administered through Winnipeg School Division No 1. The school accommodates approximately 35 students grades 7-12 involved in MATC’s Day Treatment Program.

1. ST. BONIFACE GENERAL HOSPITAL

DESCRIPTION OF SERVICES

St. Boniface General Hospital is a tertiary care University teaching hospital which provides mental health care delivery and research. Community linkages form an integral part of service delivery.

Adolescent and Child Collaborative Community Intervention Service (ACCCIS)

The ACCCIS provides consultation and education to staff and clients of a number of group homes in the Child and Family Services system, including treatment services to adolescents and their families experiencing significant difficulty as a result of psychological trauma. Staff provides service to a classroom in the St. Boniface School Division. ACCCIS is in partnership with community agencies and groups related to the client population.

Anxiety Disorders Service

The Anxiety Disorders Service provides consultation, assessment and treatment services to children and adolescents who are experiencing a broad range of anxiety disorders. Partnerships are formed with community agencies and groups related to the client population. Services are provided at home, in the school, community or at the hospital site by a multi-disciplinary team.

Tourette's Disorder Service

The Tourette's Disorder Service provides consultation, assessment and treatment services to children and adolescents who are experiencing symptoms of Tourette's Disorder in conjunction with associated disorders. Their families/caregivers are involved in the assessment and treatment. Services are provided where most appropriate, in the home, school, community, or at the St. Boniface site, by a multi-disciplinary team. The focus of the service is children and adolescents ages 0–17 years with limited services to 18-21 year old group for transition.

Not part of WRHA Services but an excellent resource:

Youth Emergency Education Service (YEES) operated by Macdonald Youth Services- Will come to the home to assist the youth in getting to school (issues of anxiety, depression, other). Staffed by Teachers- short term mandate PH 949- 4777

Child and Adolescent Mobile Crisis Unit -949- 4777

DESCRIPTION OF SERVICES

The Health Sciences Centre is a major acute tertiary care University teaching hospital. It has the only Children's Hospital in the Province. A need is perceived for more coordinated service to children, adolescents and families in crisis: in the community, in the emergency department, and on Children's Hospital in-patient wards.

Child and Adolescent Acute Assessment Services (CAAAS)

This service provides urgent assessments often as a follow-up to Emergency Room visits. Children, adolescents, families and systems are offered assessment and consultation with a view to short-term crisis intervention and stabilization and referral to the appropriate treatment service for ongoing care.

Intensive Child & Adolescent Treatment Services (ICATS)

ICATS offers intensive short-term psychiatric intervention for children, adolescents and families who are in crisis and do not require inpatient hospitalization. It is also a University of Manitoba, Department of Psychiatry teaching unit.

ICATS will provide consultation and intensive short-term (up to 3 months) management of emotionally and mentally disturbed children and adolescents. The goal is to provide rapid intervention and to return them to the community better able to cope and function or to refer them to intermediate/long-term treatment facilities or community agencies as necessary.

Interventions may include group therapy, family therapy, individual therapy, pharmacotherapy, educational programs, recreation/sports and meetings with agencies and schools.

Consultation-Liaison Service

This service provides consultation to Children's Hospital and the community regarding the mental health needs of patients with medical illnesses or surgical procedures. It includes direct assessment and treatment of children and families, as well as consultation and liaison with the medical team.

Outpatient Mental Health Services (OMHS)

Outpatient treatment services appropriate to a tertiary care setting, including complex, multi-system problems which require multidisciplinary and multi-modal therapeutic approaches. Services may include a wide variety of psychotherapies, pharmacotherapy, and social / functional interventions.

Eating Disorders Service

This service provides a new Day Treatment program for adolescents between the ages of 12 to 17 years with eating disorders. There is an outpatient service as well as follow-up for day treatment patients.

Inpatient Services

The two Inpatient Units of seven beds each provide safety, assessment and the beginning of treatment to children and adolescents who are in crisis and range from ages 5–18 years of age. This service works with the child or adolescent and their support systems to determine recommendations for the return to home and community and to promote appropriate ambulatory mental health continuing care as needed.

Children's Hospital Emergency Department

Anyone attending to Children's Hospital Emergency Department will be triaged by an Emergency Department Nurse and the Emergency Medical Officer (Physician) to determine whether a referral to Dept of Psychiatry will be made.