



RAINFOREST CLUB RECESS

What is it?

Outdoor play in the rain! Recess continues outside when raining. Kids simply dress appropriately for the weather.

Why?

Because the rain shouldn't stop kids from enjoying the outdoor play they need! Access to active play in nature and outdoors is an important part of healthy child development.

Principles:

- Participation is voluntary.
- Parental consent is required.
- Students who have consent can participate in all or none of the recess breaks.
- Students must be dressed appropriately, including a raincoat or umbrella and rainboots.
- Students can go back inside at any time.
- Staff supervision will be provided.
- All students will remain inside when there is thunder and/or lightning.

Please see school website or contact the school for more information.

RAINFOREST RECESS INFORMATION & CONSENT

As part of River East Transcona School Division, your child's school is implementing a Rainforest Recess Club. Rainforest Recess is an activity that permits students to go outside for recess when they would typically be indoors. The school and the division believe that providing students with as many opportunities as possible to be physically active is an important aspect of life.

By implementing a Rainforest Recess Club strategy, we will be allowing students, with parental consent, to have additional outdoor time when otherwise rainy weather would dictate an indoor recess.

Principles:

- Participation is voluntary.
- Parental consent required.
- Students who have consent can participate in all or none of the recess breaks; this is limited to AM, and PM recesses.
- Students must be dressed appropriately. This includes a raincoat/poncho, umbrella, and rubber boots.
- Students can go back inside at any time.
- Staff supervision will be provided.
- All students will remain inside when there is thunder and/or lightning storm.

Parental/caregiver consent:

By signing below, I am consenting to allow my child, _____, to participate in the Rainforest Recess Club for the current school year and that I commit to ensuring my child has the necessary attire.

Parent/caregiver name

Parent/caregiver signature

Date