ÉCOLE CENTRALE

604 rue Day Winnipeg (Manitoba) R2C 1B6

Télephone (204) 958-6426

http://www.ec.retsd.mb.ca Télécopieur (FAX) (204) 222-4873

Michelle Williams
Directrice/ Principal

Dear Parents/Guardians,

Welcome to the École Centrale Club de Duathlon. Here is the registration package that you must fill out to complete the registration process for your child to be able to attend the Club de Duathlon. Please take the time to read all the information and a calendar is included showing the dates and times that the club will meet. Make sure to sign all the forms which are: a behavior contract form, a divisional liability form as well as the completed form on the back of this letter before returning to your child's homeroom teacher by Monday May 2 so that your child may attend the first session on Tuesday May 3. If the forms are not signed or completed, your child will not be able to attend the Club de Duathlon until this is all done. There could be some changes to the schedule at any time, but we would let you know ahead of time.

We are collecting five dollars for this club to help offset the cost of our wind-up celebration after the Kids Of Steel race at Bird's Hill on June 11th. Each club member is expected to sign up for this event. The organizers are making a special category to accommodate our event. If you believe that your child can swim the distance listed in the event description, then you can let me know and I will make sure the organizers know.

A reminder to parents that the sessions are not cancelled in case of bad weather. We would do our activities inside the gym. Please note that **a bike will be needed for every practice**, it is important to bring it to school even if the weather is not good in the morning (like raining) because it might change during the day, or we will simply stay inside and do running. I recommend that your child <u>lock</u> their bike on the racks at the back of the school. <u>I will not keep bikes inside</u> the gym during the day.

I would like to have your e-mail address and daytime phone number (see below) so I can let you know of last-minute cancellations (if I am sick or an urgent dismissal). I would also put a notice on CJOB in the cancellation section. We **must** be able to reach you **during the day** with the contact information you provide. If we know of a cancellation ahead of time, a note will be in your child's agenda.

We also invite you the parents to join us for any of those days. I always appreciate any help that you can give me. This helps me in delivering a safe program because of the extra supervision that is required for our activities. You will have to wear a bike helmet when cycling with the group.

Please fill out the volunteer survey on the next page.

Here is a list of equipment needed for all the sessions:

For cycling: A bike in good working order (brakes are working, tires are properly inflated, and seat is at the correct height) and well fitted bike helmet and a lock.

For running: A good pair of runners, shorts or sweats and a t-shirt.

I would like to thank you in advance for your support. Please contact me at school at 958-6426 or e-mail me at gboulley@retsd.mb.ca

River East Transcona School Division

My child will be picked up at the gym doors inside at 4:30pm by: might be picking up your child)				_(write th	ne name (of every a	adult who
My child goes to École Centrale daycare after:	YES or			NO			
My child can bike home after:	YES	or	NO				
Please fill out the volunteer survey	y below	<u> </u>					
I can volunteer my time for the Club de Duathlon on Write the dates available here:	the follow	ving dat	te(s):				
Name of the parents or adult volunteering:					_		
I would like to be part of a committee who will over	see organi	zing the	e wind-u	p. YES	or NO		
Emergency contact information:							
My e-mail address (which you would check during t	he day) is:	·					

Please fill out this section and send it back with all the other forms and \$5.00 to your child's homeroom teacher by

Monday May 2, 2022

Daytime phone number: _____