## **Returning to School:**

You've made your decision to return to school. You want to succeed. However, as in most things, making success happen is a long-term series of smaller decisions and emotional issues met head on. Courses at McLeod and Transcona are 5 months long, usually with two 2 and a half or 3 hour meetings a week involving homework, assignments and tests. It can be very hard to fit this commitment into an already busy adult life that is full of conflicting priorities. Many students stumble once reality sets in – some decide to lighten their course load, others even to drop out and try again when their plate is less full, or when their goal has become more pressing. Staying motivated and positive is a major challenge, especially when you may discover your academic skills are rustier than you thought. Take heart though – most Adult Learning Centre students have faced these challenges, most have overcome them, and you can too. Here are some tips that previous students shared with us and that they voted most likely to lead to success.