

# RADISSON SCHOOL

SEPTEMBER 2018  
NEWSLETTER

Website - [www.rad.retsd.mb.ca](http://www.rad.retsd.mb.ca)  
Email- [rad@retsdb.ca](mailto:rad@retsdb.ca)

## PRINCIPAL'S MESSAGE

The school year is in full swing and students and staff have settled into the school routine. Welcome to all of our new families who joined the Radisson community. There will be many opportunities to volunteer and be involved in school life at Radisson.

This newsletter is dedicated to highlighting divisional policies that are shared as reminders each September.

As always, we ask the adults in our school community to support these guiding principles; **Be Safe, Be Respectful, Be Responsible** by being an example for our students. These principles are reflected in the matrix expectations in our classrooms, hallways, playground, assemblies and lunch hour.

**Be Safe** by obeying traffic and parking rules at the school:

- Do not use the school parking lot or front street (note bus loading times) for pick up or drop off. Instead, park your vehicle on a side street and encourage your child to walk to the school. Please choose safety over convenience.

**Be Respectful** by treating all school staff and community members with patience and kindness:

- If there is a concern with your child, please contact the teacher by agenda or telephone to discuss your concern or arrange a meeting.
- Encourage your child to be respectful to the adults at school and remind them that all school personnel are here to support them.

**Be Responsible** by making you sure communicate with us:

- Give the school proper telephone numbers where you can be reached in case of emergency and let us know if these numbers change.
- Make sure you have a reliable emergency contact person listed who can be reached in case of an emergency.
- Notify the school office if your child is going to be away.
- Send in permission slips on time and check your child's agenda daily for notes and information.

You are your child's first teacher and they are watching and learning from you. We thank you for your support in working to create a safe and inclusive school environment for our children.

Kind regards,  
A. Folkerts

## September 2018 Issue 1

**Principal: Ms. A. Folkerts**

Phone Number:----204-958-6591  
Fax Number:-----204-222-5037  
24-Hour Absence Line: 958-6591

River East Transcona School Division  
589 Roch St. Winnipeg, MB, R2K 2P7  
Phone: 204-667-7130

### School Times:

School Start Time -----8:45 am  
Lunch Begins----- 11:40 am  
Lunch Ends----- 12:40 pm  
Dismissal -----3:25 pm

## RETSDB Board of Trustees 2018-19

Colleen Carswell 204-222-1486 Ward 1  
[ccarswell@retsdb.ca](mailto:ccarswell@retsdb.ca) (Board Chair)

Jerry Sodomlak 204-999-1409 Ward 1  
[jsodomlak@retsdb.ca](mailto:jsodomlak@retsdb.ca)

John Toews 204-663-0475 Ward 2  
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Eva Prysizney 204-668-3501 Ward 3  
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Brian Olynik 204-661-6440 Ward 4  
[bolynik@retsdb.ca](mailto:bolynik@retsdb.ca)

Michael West 204-990-3228 Ward 5  
[mwest@retsdb.ca](mailto:mwest@retsdb.ca) (Board Vice-Chair)

## AS WE START OF THE NEW SCHOOL YEAR...

- Parents/guardians are reminded to call the school office if your child(ren) are absent or arriving late. Please leave a message on our 24-hour answering machine.
- Please remember that after school, only parents/guardians are in the front entry to pick up students. Older siblings can be in entry if accompanied with parent/guardian. **Students attending other schools must wait outside for their sibling to exit.** Students cannot wait in the front entry/use this area as a public space unless they are current Radisson School students.
- Thank you for your patience in regard to transportation bus routes. This is the busiest time of the year for our Transportation Department, and they are working diligently to make bus schedules work.
- A reminder that students must be picked up at the end of the school day, 3:25 p.m. Parents are responsible to make arrangements for child care, if needed. School staff do not provide supervision after 3:25 p.m.
- Please send student fees and money to school clearly labelled with your child's name in an envelope or plastic bag.

## RADISSON SCHOOL STAFFING - 2018/2019

Mrs. Bell (days 1, 3 5)	Kindergarten A
Mrs. Hornung (days 2, 4 6)	Kindergarten B
Mrs. Hoskins	Grade 1
Miss Stengel	Grade 1
Mrs. Gibbons am	Grade 2
Mrs. Isaak pm	Grade 2
Mrs. A. Hildebrand	Grade 2/3
Mrs. Kristinnson am	Grade 3
Miss Kraynyk pm	Grade 3
Mrs. Banks-deRoo (September 4 - December 21)	Grade 4
Mrs. Paulson (January 7 - June 28)	Grade 4
Miss Eichler	Grades 4/5
Miss Brnjas	Grade 5
Mrs. Gibbons pm	Reading Recovery
Miss Friesen	Physical Education
Mrs. H. Hildebrand (days 1, 2 5)	Music
Mrs. Bell (days 3, 4 6)	Teacher Librarian
Mrs. Ennis	Resource
Mrs. Wiebe	Resource
Mrs. Solar (days 3,4, 6)	Library Technician
Mrs. Strempler	Community Connector
Mrs. Neufeld	Literacy Facilitator
Mrs. Karnefel	ENIP / Numeracy Facilitator
Mrs. Lamoureux	Secretary
Mr. McKay (day) Mr. Nash & Ms. Topham (evening)	Custodial Staff
Our Educational Assistant staffing is still being determined. Please see our next newsletter for updates.	

You are invited to Radisson School's

# OPEN HOUSE

Wednesday, September 19, 2018

5:30 - 7:00 p.m.

**Pizza:** starting at 5:30 p.m.

(Pizza, drink & snack = \$2, 1 slice of pizza = \$1)

**Classroom Visits:** 6:00 - 7:00 p.m.

Children are invited to take parents and caregivers to their classrooms to meet their teacher and learning environments.

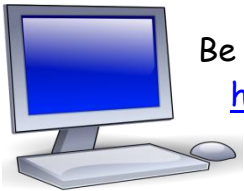
**Community Partners:**

In the gym will be information from some of Radisson's community supports and partners.



We look forward to seeing you!

## RADISSON WEBSITE



Be sure to check out our school website @

<http://retsd.mb.ca/school/rad/Pages/default.aspx> for the latest news and calendar updates! Add it to your favourites for easy access.








### School Wide Behaviour Expectations:








The Radisson School matrix expectations are for all students, in all our learning environments.

Teachers also are respectful of our students. Our goal is that the climate of Radisson School is quiet and respectful.

Our school motto is:

**“We Care, We Share,  
We Play Fair”**

On the Playground Matrix		
Be Safe	Be Respectful	Be Responsible
Hands and Feet to Self 	Use Kind Words Please  Thank You 	Enter Promptly and Calmly at the Bell 
Use Equipment Properly 	Listen to all Adults 	Play in Designated Areas 

In the Assembly Matrix		
Be Safe	Be Respectful	Be Responsible
Enter and exit gym quietly one class at a time. 	Listen to the speaker. 	Participate in conversation and share ideas when asked. 
Stay seated and keep to your personal space. 	Share ideas when asked. 	Raise hand before you speak. 
Keep hands and feet to ourselves. 	Use appropriate clapping and responses. 	Clean up after yourself. 

## PLAYGROUND SUPERVISION



Our school hours and times for recess are listed on the first page of this newsletter. In the mornings, outdoor supervision does not start until 8:35 a.m. At lunch, for students not participating in the Radisson Lunch Program and go home for lunch, outdoor supervision begins at 12:30 p.m. Early arrivals who registered as occasional users in the Lunch Program are charged the supervision fee at that time. Please contact Mrs. Wilson, Radisson School Lunch Director for more information (radlpdirector@gmail.com).

## COMMUNITY CONNECTOR

Welcome back to a new school year! My name is Janice Strempler and I am the Community Connector at Radisson School.



As a new school year begins, so does FREE Preschool Programming. For the Fall season Radisson will host 3 Stay and Play programs in the Family Room, room 3. They will be starting Monday afternoons, September 17<sup>th</sup> at 1:00-3:00, Tuesday mornings, September 18<sup>th</sup> at 9:30-11:30 and Thursday mornings, September 20<sup>th</sup> at 9:30-11:30. At the program there will be free play with lots of toys, a craft, gym time, a healthy snack and circle time at the end. The program is for children ages infant - 5 years old. This is a drop-in program so no registration is required. Please come and join us for lots of fun, laughter, and making new friends!

Janice Strempler  
Community Connector

## RADISSON STUDENT SERVICES

Fidget tools are specialized learning tools and can be useful for students to help with self-regulation, focusing and calming. When we introduce a specialized learning tool such as a fidget, the Radisson Student Services Team will consult and collaborate with the school clinicians (Occupational Therapist, Speech Therapist, Physiotherapist etc...) to introduce a fidget or learning tool that has been specifically chosen for the student who may require it.



Radisson's Student Services Team are asking parents to NOT send any type of fidget tools from home to school without discussing your concerns with the classroom teacher and/or resource teacher.

## RADISSON LUNCH PROGRAM

We will be offering a paid lunch program again this year operated by our Radisson School Lunch Committee. The Radisson Lunch Program Committee for this year are:

Carrie McLaughlin (Chair)  
Deidre Morawecki (Vice-Chair)  
Michelle Mahy (Treasurer)  
Kristy Trauzzi (Secretary)  
Miriam Wilson (Director)  
Arlis Folkerts (Principal)



If you want more information about our program, you are invited to attend our monthly Lunch Program meetings in Room 3. Our next meeting is Thursday, September 20th, 6 p.m. in Room 7.

## RADISSON PARENT ADVISORY COUNCIL (PAC)

### PAC NEEDS YOU!

It's hard to believe summer is already over and another school year is here. We would love to add some new members to our very small group. We meet once a month for about an hour to discuss a variety of items within the school. We organize school events such as the Halloween Dance, hot lunch days and fundraisers to support school-based activities, special events, supplies and equipment. We understand that families are busy, have other commitments and many work full time jobs. You do not have to attend every meeting to help us out. Meetings are open to all families of Radisson School to attend. If you would like more information on PAC or feel free to contact me directly at [zaphod7@mymts.net](mailto:zaphod7@mymts.net).

### Radisson School Parent Advisory Council Fall Cash Calendar fundraiser

Radisson School PAC will be holding a cash calendar raffle for their fall fundraiser. Calendars will be coming home in the next few weeks with students. Calendars will be sold for \$10.00 each. The calendar will have 31 days of prizes with a variety of gift cards, cash prizes, products, and services. Thank you for your support in advance with this fundraiser.

### Halloween Dance

This year's Halloween event will be a dance! The event will be on Thursday October 25, 2018 at 6:00 - 8:00 p.m. in the Radisson School Gym. Students and their families are welcome to attend the show (**children require an adult to attend**). Watch for more information on the event closer to the date. Mark your calendars, it should be a fun night!

Chair - Jeanette Phillion

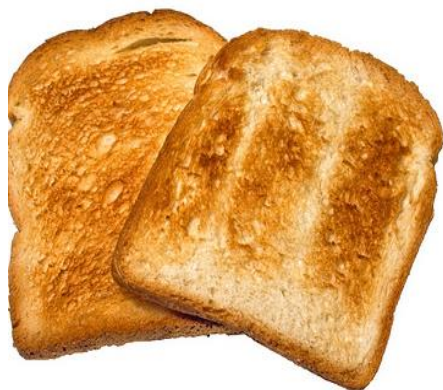
Treasurer - Megan Eekhoudt

Secretary - Angie MurdockHot

Lunch - Kristy Trauzzi



## BREAKFAST PROGRAM



Radisson School is happy to announce we will be partnering again with two local churches to offer our Breakfast Program. This free program is open to all students and will begin on September 24. The program operates Mondays, Wednesdays and Fridays from 8:15-8:45 a.m. in Room 3.

Students who registered and participated last year are welcome to continue in the program this year, without registration. We are accepting new registrations. Thank you to Abundant Life Baptist Church and Transcona Memorial United for their support of this program.

## BOOSTER SEATS

As many of you may be likely aware, new provincial legislation came into effect on August 8, 2013 related to the use of booster seats.

The provincial law requires children to remain in booster seats until they are at least 145 cm (4' 9") AND 36 kg (80 lb) **OR** nine years old.

Given that schools will have students (possibly up to Grade 3) who do not meet the above criteria, it will not be possible for schools to transport these students in private vehicles (unless the vehicle belongs to the parent/guardian of the child being transported). This is inclusive of field trips and transporting individual or small groups of students to various functions/events. If you require clarification, please contact Ms. Folkerts.

## MEDICAL CONCERNS

Thank you to all the families who submitted student medical information in a timely fashion. Your immediate attention to these forms allows us to provide staff members with important health and safety information for your child. Mrs. Wiebe is our school contact for URIS applications and serious medical concerns.

Parents are reminded that according to divisional policy, non-prescription medication cannot be administered by school staff. Prescription medication for short-term illnesses must be given to your child at home. Unfortunately, there have been too many requests of this nature for school staff to accommodate.



## What is a concussion?

A concussion is a brain injury that cannot be seen on routine X-rays, CT scans, or MRIs. It affects the way a child may think and remember things, and can cause a variety of symptoms.

## What are the signs and symptoms of a concussion?

**Your child does not need to be knocked out (lose consciousness) to have had a concussion.** Your child might experience one or more of the following:

Thinking Problems	Child's Complaints	Other Problems
<ul style="list-style-type: none"> <li>• Does not know time, date, place, details about a recent activity</li> <li>• General confusion</li> <li>• Cannot remember things that happened before and after the injury</li> <li>• Knocked out</li> </ul>	<ul style="list-style-type: none"> <li>• Headache</li> <li>• Dizziness</li> <li>• Feels dazed</li> <li>• Feels “dinged” or stunned; “having my bell rung”</li> <li>• Sees stars, flashing lights</li> <li>• Ringing in the ears</li> <li>• Sleepiness</li> <li>• Loss of vision</li> <li>• Sees double or blurry</li> <li>• Stomachache, stomach pain, nausea</li> </ul>	<ul style="list-style-type: none"> <li>• Poor co-ordination or balance</li> <li>• Blank stare/glassy-eyed</li> <li>• Vomiting</li> <li>• Slurred speech</li> <li>• Slow to answer questions or follow directions</li> <li>• Easily distracted</li> <li>• Poor concentration</li> <li>• Strange or inappropriate emotions (i.e., laughing, crying, getting mad easily)</li> <li>• Not participating well</li> </ul>

It is harder for infants, toddlers, and preschoolers to communicate how they are feeling. If you have a young child, you might notice any of the following: crying more than usual; unsteady walking; lack of interest in favourite toys; changes in nursing, eating or sleeping patterns; or loss of new skills, such as toilet training.

**Get medical help immediately if your child has any “red flag” symptoms** such as neck pain, repeated vomiting, growing confusion, seizures, and weakness or tingling in their arms or legs. These may be signs of a more serious injury.





## What causes a concussion?

Any blow to the head, face or neck, or a blow to the body which causes a sudden jarring of the head may cause a concussion (e.g., a ball to the head, colliding with another person).

## What should I do if I suspect my child has a concussion?

**In all suspected cases of concussion, your child should stop the activity right away.** Continuing increases their risk of more severe, longer-lasting concussion symptoms, as well as increases their risk of other injury.

The [Concussion Recognition Tool 5 \(CRT5\)](#) can be used by anyone to help recognize the signs and symptoms of a possible concussion.

Your child should not be left alone and should be seen by a doctor as soon as possible that day.

If your child loses consciousness, call an ambulance to take them to the hospital right away. Do not move your child or remove any equipment such as a helmet.

Your child should not return to play the same day.

## How long before my child gets better?

The signs and symptoms of a concussion often last for one to four weeks but may last longer. In some cases, children may take many weeks or months to heal. If your child has had a concussion before, they may take longer to heal.

If your child's symptoms are persistent (i.e., last longer than four weeks in youth under 18 years old), they should be referred to a healthcare professional who is an expert in the management of concussion.

## How is concussion treated?

After an initial short period of rest (24 to 48 hours), light cognitive and physical activity can begin, as long as these don't worsen symptoms. A medical doctor, preferably one with experience managing concussions, should be consulted before beginning step-wise [Return-to-School](#) and [Return-to-Sport](#) Strategies.

As your child is recovering from concussion, they should not do any activities that may make their symptoms worse. This might mean limiting activities such as riding their bike, play wrestling, reading, working on the computer or playing video games.

Recovering from concussion is a process that takes patience. If your child goes back to activities before they are ready, it is likely to make their symptoms worse, and their recovery might take longer.

## When should my child go to the doctor?

Anyone with a possible head injury should be seen by a doctor as soon as possible. If your child is diagnosed with a concussion, the doctor should schedule a follow-up visit within the next one to two weeks.

Take your child back to the doctor immediately if, after being told they have a concussion, they have worsening symptoms, such as:

- being more confused
- headache that is getting worse
- vomiting more than twice
- not waking up
- having any trouble walking
- having a seizure
- strange behaviour

## When can my child return to school?

Your child may find it hard to concentrate in class, may get a worse headache, or feel sick to their



stomach. Your child should stay home from school if being in class makes their symptoms worse. Once they feel better, they can try going back to school part time to start (i.e., for half days) and if they are OK with that, then they can go back full time.

On average, children with concussion miss one to four days of school. Each concussion is unique, so your child may progress at a different rate than others.

The [Return-to-School Strategy](#) provides information on the stages of returning to the classroom. Return to school must come before full return to sport.

## When can my child return to sport and physical activity?

It is very important that your child does not go back to full participation in sport if they have any concussion signs or symptoms. Return to sport and physical activity must follow a step-wise approach.

In this approach:

- Each stage is at least 24 hours.
- Your child moves on to the next stage when they can tolerate activities without new or worsening symptoms.
- If any of your child's symptoms worsen, they should stop and go back to the previous stage for at least 24 hours.

**Stage 1: After an initial 24 to 48 hours of rest, light cognitive and physical activity** can begin, as long as these don't worsen symptoms. Your child can start with daily activities such as moving around the home and simple chores, such as making their bed.

**Stage 2: Light aerobic activity** such as walking or stationary cycling, for 10 to 15 minutes. Your child shouldn't do any heavy lifting or resistance training (e.g., bodyweight exercises, weight training).

**Stage 3: Individual physical activity with no risk of contact** for 20 to 30 minutes. Your child can participate in simple, individual activities, such as going for a walk at recess or shooting a basketball. Your child shouldn't do any resistance training.

**Stage 4: Begin practising with no contact** (no checking, no heading the ball, etc.). Add in longer and more challenging physical activity. Start to add in resistance training (if appropriate for your child).

**Get clearance from a doctor before moving on to Stages 5 and 6.**

**Stage 5: Participate in full practice with contact**, if your child plays a contact sport.

**Stage 6: Full game play or competition.**

The [Return-to-Sport Strategy](#) provides more information on the stages of returning to sport.

## Your child should not return to sport until cleared by a doctor!

Returning too soon before full recovery from concussion puts your child at higher risk of sustaining another concussion, with symptoms that may be more severe and last longer.

### Additional Resources

#### Return-to-School Strategy

<http://horizon.parachutecanada.org/en/article/parachutes-return-to-learn-protocol>

#### Return-to-Sport Strategy

<http://horizon.parachutecanada.org/wp-content/uploads/2017/06/Concussion-ReturnToSport.pdf>

#### Canadian Guideline on Concussion in Sport

<http://www.parachutecanada.org/guideline>

#### Concussion: Baseline Testing

<http://www.parachutecanada.org/downloads/injurytopics/BaselineTesting-FactSheet-Parachute.pdf>

## FAIR NOTICE - RETSD DIVISIONAL POLICIES

Parents are asked to review RETSD policy JICH - Alcohol and other Drug Use by Students (<http://www.retsd.mb.ca/yourretsdpolicies/documents/JICH.pdf>) as well as policy JIH-R Search Procedures (<http://www.retsd.mb.ca/yourretsdpolicies/documents/JIH-R.pdf>).

To access these and other divisional policies please go to the RETSD website and click **Your RETSD** and look under the heading **Policies**.

## RIVER EAST TRANSCONA SCHOOL DIVISION POLICIES

Families are encouraged to become familiar with these policies and contact the school with any questions or concerns.

### **Life-Threatening Allergies**

As in the past, there are several students with life threatening allergies in Radisson School. Several of these students have their allergy to nuts and/or nut products. Specific information has been sent home with the appropriate classes. However, we would like to ask all families to consider the following in the interest of safety:

- Contact with even a tiny amount of an allergen can cause a severe reaction
- Check the labels on food products that are sent to school (no nut products)
- No peanut butter sandwiches or bringing any nut products to school
- Talk to your child to not share lunches or snacks

**THANK YOU** for helping us to provide a safe environment for all our students.

### **Anaphylaxis Policy**

The division recognizes that some students attending schools may require the administration of medication in response to an acute allergic reaction. Therefore, for the safety of students, staff, and parents/guardians, —Anaphylaxis Procedures and —Anaphylaxis Avoidance Strategies must be followed within the division. The complete policy is available on the website at:

<http://www.retsd.mb.ca/site/about/policy/j/JLCG-R1.pdf> and JLCG-R2.

### **Drug and Alcohol Policy**

As you may be aware, the Division has a policy on drug and alcohol use. The complete policy is available on the web at: <http://www.retsd.mb.ca/site/about/policy/j/JICH.pdf>. The policy has been adopted in the interest of the health, safety, social and emotional well-being of all students. The policy outlines 3 key areas: prevention, intervention and consequences. Families are encouraged to become familiar with this policy and contact the school with any questions or concerns.



## Search Policy

In addition, the Division has a policy guiding actions in the event a student and/or his/her possessions require searching. The complete policy is available at [www.retsd.mb.ca/site/about/policy/j/JIH-R.pdf](http://www.retsd.mb.ca/site/about/policy/j/JIH-R.pdf)

## Concern Protocol

<https://www.retsd.mb.ca/yourretsd/Policies/Documents/KE.pdf>

## Concern & Complaints Procedures

<https://www.retsd.mb.ca/yourretsd/Policies/Documents/KE-R.pdf>

The River East Transcona School Division has established this policy to ensure effective steps in communication of concerns and/or questions between parents/guardians, adult students, members of the community and divisional staff and between staff members.



### If you have a concern at your child's school...

Your son or daughter's school will always try to make the learning experience a positive, safe and happy one for its students. However, if you have a concern or an issue, please don't hesitate to let the school know. Open communication between home and school is very important to us.

#### Here are the steps to follow:

1. Talk to the person most directly involved—your daughter or son's teacher. If you must leave a message, please be sure to provide a day and evening phone number where you can be reached.
2. If talking to the teacher doesn't resolve the issue, talk to the principal.
3. If you've talked to the principal and, over a period of time, the issue still has not been resolved, call the superintendents department.
4. If you disagree with the decision of the superintendents department, you can make an appeal in writing to the board of trustees.

#### Policy KE—Concern Protocol

#### Policy KE-R—Concerns and Complaints Procedures

*The River East Transcona School Division exists to educate students to be inspired, skilled, responsible citizens.*

**Administration Offices**  
589 Roch St.  
Winnipeg, MB R2K 2P7  
Tel: 204.667.7130  
Fax: 204.661.5618  
[www.retsd.mb.ca](http://www.retsd.mb.ca)

**River East Transcona**  
SCHOOL DIVISION  
*creating student success*





## Radisson School

1105 Winona Street, Winnipeg, Manitoba, R2C 2P9

Principal: Mrs. Arlis Folkerts, Phone: (204) 958-6591 Fax: (204) 222-5037 Email: [rad@retsd.mb.ca](mailto:rad@retsd.mb.ca)

Dear Parents/Guardians,

Your son/daughter's safety is very important to us. We have policies and procedures in place at both the divisional and school level to support their safety. In the last several months our school division has been working with the Winnipeg Police Service, (as well as referencing materials from the RCMP and Manitoba Education and Advanced Learning), in order to review and strengthen the procedures we have in place to protect students and staff in the event of a safety threat at school. We would like to share details of these updated procedures with you now.

Safety procedures now fall into two categories: **Hold and Secure, and Lockdown.**

**Hold and Secure** will be activated if there is a *potential threat outside the school*. In these situations, the police typically contact the school and direct the school to go into Hold and Secure. When there is no longer a threat outside the school building, the police inform us that we can resume regular activities.

If our school is in Hold and Secure, the following procedures will apply:

- All exterior doors will be locked.
- NO ENTRY signs will be placed on each door.
- No one will be permitted to leave or enter the school until school administration announces that Hold and Secure is over.

**Lockdown** will be activated if there is a *potential threat inside the school building*. If the school is in Lockdown, the following procedures will apply:

- All students and staff will proceed to the nearest classroom or office.
- All doors to classrooms and offices will be locked and/or barricaded by the supervising adult.
- Students will be kept away from windows and doors and instructed to remain silent and still.
- No one will be permitted to leave their room until the Lockdown is over.

**Effective September 1, 2015, all schools in RETSD are required to hold at least two Lockdown and one Hold and Secure practice drills each school year. The purpose of the drills is to provide training for staff and students, so everyone knows what to do in the event of a safety threat. Everyone in the school building will participate in these drills. Students, staff and parents will be informed in advance of these practice drills.**

If your son/daughter arrives at school during a Hold and Secure or Lockdown procedure, he or she must proceed to the school evacuation site, sign in and remain there until directed otherwise by administration or police. **The evacuation site for your son/daughter's school is: John W. Gunn Middle School.**

If you arrive at the school during a Hold and Secure or Lockdown, **DO NOT ATTEMPT TO ENTER THE SCHOOL.** Instead, please proceed to the parent/guardian information site where divisional personnel will be available to assist you. **The parent information site for your son/daughter's school is: Westview School.**



If you hear about a serious emergency at your son/daughter's school through media reports or other means, DO NOT PROCEED TO THE SCHOOL. Instead, proceed immediately to the parent information site identified above.

Please DO NOT CALL YOUR SON/DAUGHTER'S CELL PHONE during an emergency, particularly in a Lockdown situation where it is critical to remain silent and still and not draw attention from any threat makers that may be in the building.

In closing, our purpose in sending this letter is to reassure you that we regularly review our divisional safety procedures to ensure that we are doing our best to maintain the safety of your son/daughter's learning environment. We do this through proactive planning and practice of emergency procedures in all our schools.

If you would like to read more information about safety policies in RETSD, please visit [www.retsd.mb.ca/YourRETS/Policies](http://www.retsd.mb.ca/YourRETS/Policies) and scroll to Section E: Support Services.

If you have any questions about the procedures described above, please feel free to contact me.

Sincerely,  
Ms. Folkerts

## RETSD'S CODE OF CONDUCT

RETSD's Code of Conduct is central to the division's commitment to fostering safe, caring and inclusive schools. Originally created in 2008, this code was revised to more closely align with the Code of Conduct from Manitoba Education and Advanced Learning. The main changes include a revised definition of bullying and the addition of new technology forms.

The Code of Conduct is found on RETSD's website at:

[http://www.retsd.mb.ca/Lists/Publications/code\\_conduct.pdf](http://www.retsd.mb.ca/Lists/Publications/code_conduct.pdf)

## NUTRITION POLICY



Radisson School is striving to promote an active healthy lifestyle for our students at school and in cooperation with the home. Students are continually presented with information on healthy eating, recognizing the important role proper nutrition plays in the total development and performance of the individual. Learn more about our RETSD's Nutrition Policy at

<https://retsdb.ca/yourrets/Policies/Documents/EFBA-R.pdf>

### Rationale:

Nutrition plays a significant role in growth and development, resistance to disease, and physical and mental health. It is important for children to have food that is nutritionally well balanced. Research demonstrates a relationship between nutrition and children's physical, emotional and intellectual readiness to learn. The school will promote and foster an active healthy lifestyle for all students.

## NO CHILD WITHOUT

Our school is involved in the Canadian MedicAlert Foundation's **No Child Without** program. There is no cost for students who attend our school and are between the ages of 4 up to their 14<sup>th</sup> birthday to join MedicAlert through this program. If your child has a medical condition, allergy or is required to take medication on a regular basis, then you should consider this program. A child's MedicAlert identification can alert school staff, friends, coaches and others about your child's medical condition should an emergency occur.



For further information go to [www.nochildwithout.ca](http://www.nochildwithout.ca). To register your child, you will need a **No Child Without** brochure available at the school office.

If your child is already part of the **No Child Without** program and there have been changes to their medical condition, medications or emergency contact information, call MedicAlert at 1-800-668-1507 to update your child's file.

## LIBRARY NEWS

Welcome back Radisson families. We have an exciting year ahead of us, and here at the library we look forward to seeing all the familiar and new faces of our students.

With the new school year upon us, we just wanted to give everyone a refresher of your child's library routine. Every class has a scheduled time for book exchanges once during a 6-day cycle. Classes will have a story read to them and will have an opportunity to look at and sign books out. This year's schedule is as follows:

- DAY 3:** Kinder A (1,3,5), Room 18, Room 13, Room 17, Room 10, and Room 2  
**DAY 4:** Room 11, and Room 1  
**DAY 6:** Room 4, and Kinder B (2,4,6)

Each library class, the children will return their books and will then be able to sign out new items. If the student has forgotten their book, they will get a reminder of what is signed out so that you can help them locate these misplaced items. Remember, reading is an important part of your child's education, and lost books are costly to the library so please help your children to return books on time and to take good care of our school's library items so that they do not miss out on any library privileges.

Over the summer, we added some amazing new titles to our collection, and are excited to share these with the students over the next few weeks. In addition to some great library programs planned for this year, we will once again be holding 2 book fairs in conjunction with parent teacher conferences. The first one will be happening in November, so watch for more information coming home with your child in late October, early November.

Thank you Radisson, we look forward to another great year! And remember, "We read to know we are not alone" (C.S. Lewis). - Ms. Bell and Mrs. Solar



## RETSD COMMUNITY BULLETIN

As the second largest school division in the province, we receive many requests from various community organizations, groups, and companies to distribute promotional materials on their behalf to students in our division.

Going forward, the approved materials will now be posted on our new digital [Community Bulletin Board](#). This can be found on the RETSD website under "Community" with a link on our school site under "Parents & Community".



**Check out our new digital  
Community Bulletin Board to  
learn more about events, camps,  
and special offers for RETSD  
students and their families.**

**[retsd.mb.ca/community](https://retsd.mb.ca/community)**



*Exciting news—RETSD is now on Facebook and Twitter!  
Like and follow us to keep up to date on what's  
happening in the division.*





## **FIVE REASONS TO WALK OR BIKE TO SCHOOL:**

### **1 - TO IMPROVE SAFETY CONDITIONS AROUND SCHOOL**

Walking and biking to school reduces traffic congestion at arrival and dismissal times, which in turn increases safety for all children commuting to school.



### **2 - TO INCREASE HEALTH AND HAPPINESS**

The Public Health Agency of Canada recommends that children get 60 minutes of physical activity every day. Physical activity has been linked to better mood, health, and overall quality of life by numerous studies (1).



### **3 - TO INCREASE ACADEMIC ACHIEVEMENT**

Walking or biking to school provides a concentration boost that lasts more than half the school day (2).



### **4 - TO HELP THE ENVIRONMENT**

One child walking or biking to school rather than driving can save one pound of CO<sub>2</sub> emissions per mile (3).



### **5 - TO INCREASE INDEPENDENCE IN CHILDREN**

Children who walk or bike to school are more likely to walk or bike to other neighbourhood destinations (4).



The Green Action Centre's Active and Safe Routes to School program helps schools achieve their goals in active transportation. Get in touch and see how our organization can work for you.

- School Travel Planning
- AT Student Participation Surveys
- AT Safety and Barrier Assessment
- Bike Safety Education
- Provincial and Municipal Lobbying
- General Bike and Pedestrian Resources

1 <http://www.phac-aspc.gc.ca/hp-ps/hl-mvs/pa-ap/06paap-eng.php>  
2 <http://hastebc.org/blog/omar/link-between-kids-who-walk-or-bike-school-and-concentration-pt-2>  
3 <http://www.epa.gov/climatestudents/calc/index.html>  
4 Merom et.al. (2006), Health Place, 12(4) 678-87



## RADISSON SCHOOL 2018-2019 YEAR AT A GLANCE

Sept 17	Picture Day
Sept 19	Meet the Teacher Open House 5:30 - 7:00 p.m. Patrol Training
Sept 20 pm	Terry Fox Walk & Run, 2:20 p.m.
Sept 28	RETSD Cross Country Event at Birds Hill Park
Oct 5	Coordinated Day - <b>NO SCHOOL</b>
Oct 8	Thanksgiving Day - <b>NO SCHOOL</b>
Oct 9 & 10	Vision and Hearing Screening for Grades K, 1, 3, 5
Oct 10	<b>Early Dismissal, 2:40 pm</b>
Oct 19	Provincial Coordinated Day - SAGE - <b>NO SCHOOL</b>
Oct 31	Operation Halloween
Nov 6	Picture Retakes, 9 am only
Nov 12	Coordinated Day - <b>NO SCHOOL</b>
Nov 11	<b>Early Dismissal, 2:40 pm</b>
Nov 22	Student-led Conferences after school and evening
Nov 23	Classes am/- <b>Student-led Conferences pm, (No pm classes)</b>
Dec 11	Christmas Concerts 1:30 & 6:30 pm
Dec 11	<b>Last Day of School before Break - Early Dismissal 2:25 p.m.</b>
January 7	First Day of School in the New Year
January 16	Early Dismissal, 2:40 pm
Feb 1	Coordinated Day - <b>NO SCHOOL</b>
Feb 18	Louis Riel Day - <b>NO SCHOOL</b>
Feb 20	<b>Early Dismissal, 2:40 pm</b>
March 1	Classes am/- <b>Report Card Writing in pm (No pm classes)</b>
March 15	Coordinated Day - <b>NO SCHOOL</b>
March 25 - 29	Spring Break
April 1	First Day of School after Spring Break
April 10	<b>Early Dismissal, 2:40 pm</b>
April 19	<b>Good Friday, No School</b>
April 26	Coordinated Day - <b>NO SCHOOL</b>
May 3	Transcona BIZ Community Clean-up
May 8	<b>Early Dismissal, 2:40 pm</b>
May 10	Transcona BIZ Community Clean-up Rain Date
May 20	Victoria Day - <b>NO SCHOOL</b>
June 6	RETSD Grade 4 & 5 Track & Field at Radisson
June 7	Report Card Writing - <b>NO SCHOOL</b>
June 11	RETSD Grade 4 & 5 Track & Field at Radisson, Rain Date
June 20	Grade 5 Farewell, 9:15 am
June 27	Year-End Farewell, 9:15 am
June 28	<b>Last day of School, early dismissal 2:25 pm</b>
June 28	Student Report Cards published to Parent Portal

