



ÉCOLE CENTRALE

2023 September

Principal: Michelle Williams Vice Principal: Eric Miron
Administration Office: 589 Roch Street; Winnipeg, MB R2K 2P7; Phone: 204-667-7130
604 Day Street, Winnipeg, MB R2C 1B6 Phone: 204-958-6426; Fax: 204-222-4873; WWW.EC.RETSD.MB.CA

Dear Parents & Guardians,

A warm welcome back to our École Centrale community and a special welcome to our new students, parents, and staff! École Centrale is a special place and we wish every one of our students a wonderful year of learning. We hope all is well and families are safe. Hopefully the sun keeps shining throughout the month of September and we can begin to look forward to a wonderful fall season. Our office and teaching staff have been working hard to prepare for another exciting school year. We are so excited to continue our journey in your child's social, emotional, and academic growth and development.

A special thank you to our custodial team and the divisional custodial staff for their dedication and hard work in cleaning and preparing our school for the opening of the school year!

School Communication –monthly newsletters are emailed out with additional updates sent electronically every Friday. Newsletters are also posted on our school website. Please read these updates for information about what is happening at École Centrale.

Reminder: Meet the Teacher evening will be held on Wednesday, September 13, from 4:00 pm to 6:00 pm. We are excited to welcome all parents and guardians.

A warm welcome to our new staff member Malen Dufault who will be teaching grade 2.

We look forward to the year ahead working with our students, parents, and community members. Wishing everyone a fabulous school year!

M. Williams
Directrice/principal

E. Miron
Directeur adjointe/vice principal

A CARING COMMUNITY OF LEARNERS / UNE COMMUNAUTÉ DÉVOUÉE D'APPRENANTS

Remember NO CLASSES at École Centrale in 2023-2024 on the following dates:

Tuesday, Oct. 3	Co-ordinated Day NO SCHOOL
Monday, Oct. 9	Thanksgiving Day NO SCHOOL
Friday, Oct. 20	Co-ordinated Day NO SCHOOL
Friday, Nov. 24	Co-ordinated Day NO SCHOOL
Friday, Feb. 2	Co-ordinated Day NO SCHOOL
Monday, Feb. 19	Louis Riel Day NO SCHOOL
Friday, March 1,	Admin Day NO SCHOOL (EC ONLY)
Friday, March 15,	Co-ordinated Day NO SCHOOL
Monday, April 22	Co-ordinated Day NO SCHOOL
Friday, May 10	Admin Day NO SCHOOL (EC ONLY)
Monday, May 20	Victoria Day NO SCHOOL
Friday, June 7	Co-ordinated Day NO SCHOOL
Friday, June 28	Last day of classes Early Dismissal



BREAKS

CHRISTMAS BREAK DECEMBER 25, 2023-January 7, 2024
 SPRING BREAK MARCH 25-March 31, 2024

Your River East Transcona School Division Trustees

Ward 1	Ward 2	Ward 3	Ward 4	Ward 5
Colleen Carswell (chair) 204.222.1486 ccarswell@retsd.mb.ca	Rod Giesbrecht 204.661.5984 rgiesbrecht@retsd.mb.ca	Brianne Goertzen (vice-chair) 204.955.6782 bgoertzen@retsd.mb.ca	Susan Olynik 204.661.6440 solynik@retsd.mb.ca	Shannon Hiebert 204.771.8435 shiebert@retsd.mb.ca
Sheri Irwin 204.223.5079 sirwin@retsd.mb.ca	Sheri Hanson 204.915.7313 shanson2@retsd.mb.ca	Keith Morrison 204.795.3357 kmorrison@retsd.mb.ca	Brenda Bage 204.221.2951 bbage@retsd.mb.ca	

For more information about the board of trustees, visit: www.retsd.mb.ca > Your RETSD > Board of Trustees

Note that calendars are always subject to change, please consult the website regularly for updates



REMINDER

**It's not too late!
Don't Wait!**

If your child will be FIVE (5) years of age on or before December 31, 2023 he/she is eligible to register for kindergarten.

Please make sure to bring your child's Birth Certificate and Manitoba Health card.

Proof of residence is also needed, therefore you will need 2 pieces of identification with your current address

Food bank donations

If you are able to donate, to the Transcona Food Bank these are the items that are most in need.

- **Can fruit and veggies**
- **Pasta and sauce**
- **Peanut butter and jam**
- **Canned fish**
- **Oatmeal and cereal**

Donations can be dropped off outside of the Library.



Attention Parents:
Please inform the school by no later than 2:00pm if your child will not be taking the school bus. Parents may contact the school by phone or email or send a note for your child's teacher. Thank you.

Important Dates for ÉCOLE CENTRALE 2023-2024

September	Tuesday 5: Co-ordinated Day NO SCHOOL Wednesday 6: First day of classes Monday 25: Picture Day
October	Tuesday 3: Co-ordinated Day NO SCHOOL Monday 9: Thanksgiving Day NO SCHOOL Friday 20: Co-ordinated Day NO SCHOOL
November	Tuesday 14: Retake Day (Even picture day) Wednesday 22: Kindergarten Parent Teacher Interview Evening Thursday 23: Parent Teacher Interview Evening Friday 24: Co-ordinated Day NO SCHOOL
December	Tuesday 5: Winter Concert Wednesday 6: Winter Concert Friday 22: Last Day of Classes Before Break (early dismissal)
January	Monday 8: 1 st day of classes after Winter Break
February	Friday 2: Co-ordinated Day NO SCHOOL Monday 19: Louis Riel Day NO SCHOOL
March	Friday 1: Admin Day NO SCHOOL (EC only) Thursday 14: Parent Teacher Interview Evening Friday 15: Co-ordinated Day NO SCHOOL Friday 22: Last day of classes before Spring Break
April	Monday 1: 1 st day of classes after Spring Break Monday 22: Co-ordinated Day NO SCHOOL
May	Friday 10: Admin Day NO SCHOOL (EC only) Monday 20: Victoria Day NO SCHOOL
June	Friday 7: Co-ordinated Day NO SCHOOL Friday 28: Last day of classes Early Dismissal



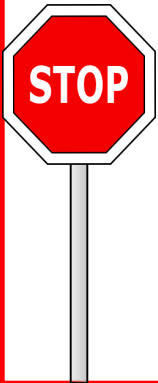
Parents & Guardians,

Allergy Awareness

École Centrale makes every effort to ensure a safe environment for all students, including those with life-threatening allergies. We have provided a list of the food being offered for hot lunch. To be confident you are getting accurate allergen information, please review the ingredient list prior to ordering. Please note that we cannot guarantee that this lunch option is allergen free. We have spoken to the food service provider and they have indicated that they have not used peanut/tree nut containing products in this lunch item. However, if your child has an allergy we encourage you to use this information to make the most appropriate decision for your child. This may mean providing lunch from home.



For parents with students without food allergies, please remember:



- Contact with even a tiny amount of an allergen can cause a severe reaction.
- Nuts are the most common allergen in the school.
- Check the food labels on food products that are sent to the school and avoid all nut products; including tree nuts, pine nuts, and sesame seeds
 - No peanut butter sandwiches.
 - If you are unsure of the ingredients, please do not send it with your child
 - If an allergy exists within your child's class, please avoid sending that food to school

We thank you for your help in keeping all students safe.

Attention: Parents & Guardians,

The school will **not** be providing utensils for use during lunch and snack. If your child requires a spoon/fork please send it in their lunch bag otherwise parents will be contacted. Your child's health and safety is of our utmost concern.



École Centrale Lunch Supervision Program is hiring for the 2023-2024 school year. The following position is available:

Lunch Program Supervisor

If you are interested, please send a resume or for more information please contact:

M Miron

204-958-6429



Note that calendars are always subject to change, please consult the website regularly for updates

Allergy Awareness

A number of our students have extreme allergies to different foods, in particular nuts and any nut product, oil or flour. The allergies range from mild to so severe that it may be life threatening. Some children may have a reaction if an item containing nuts is even in their proximity.

Staff members are aware of this situation and have been instructed in the correct procedures regarding anaphylactic shock.

Policy statement:

Prevention is the best approach and therefore, we request the cooperation of all parents in refraining from sending food products that contain any type of nut to school with your child. Students have been told not to share recess snacks or treats. They are also encouraged to bring healthy, nutritious snacks.

Thank you for your cooperation.

PLEASE



**NO PEANUTS
OR
NUT PRODUCTS**

WOW BUTTER

We have had several parental requests to allow the use of Wow Butter in our school for student lunches. For parents unfamiliar with this product, it is a spread made from soy beans that has a similar texture, consistency, and taste to peanut butter, BUT it is completely peanut free. It is made in a 100% peanut free, tree nut free, gluten free, egg free, and dairy free facility. Wow Butter allows for a lunch alternative while also protecting our students who have allergies.

In conversations with the Superintendents Department and with the parent council of École Centrale, we have received support for the informed introduction of this product.

All sandwiches made with Wow Butter must be in a plastic container/bag with the Wow Butter sticker attached. These stickers are found under the label of the jar.

PLEASE NOTE: If the sticker is not attached, the lunch room supervisors will NOT allow the sandwich to be eaten. This is because, without the sticker, the supervisors may not be able to discern a difference between peanut butter and this product.

All supervisors have received training and information regarding the use of this product in our school.



Welcome back to the library!

We are so excited to have readers back into our library! There will be lots of fun, learning and adventure as students explore the many French and English books available. We will do our best to get your child hooked on reading by helping them select books according to their interest.

Students will come to the library once a cycle for story time and book exchange. Please help your child to remember to bring their books back **ON TIME** because other children want to look at them too!

Books can be returned early if students are done with their books early.

Library lending will be:

Kindergarten 1 English book

Grade 1 – 1 English book AND 1 French book

Grade 2 – 1 English book AND 1 French book

Grade 3 - 1 English book AND 1 French book, may choose a 3rd book of any language

Grade 4 - 1 English book AND 1 French book, may choose a 3rd book of any language

Grade 5 - 1 English book AND 1 French book, may choose a 3rd book of any language

We understand our younger students cannot read the French books yet, but they can look at the pictures. We want to get English AND French books into the hands of all our students.

Music

Did you know?

Music training helps to develop language and reasoning skills. Students who have early musical training will develop the areas of the brain related to language reasoning. The left side of the brain is better developed and with music and song we can help imprint information on young minds.

Welcome back to another school year! I am so excited to be starting another year full of music here at EC. This newsletter will be my primary way of giving out important information related to the music program, so please be sure to check in.

You can also email me with questions at apoiron@retsd.mb.ca

RECORDER REMINDERS:

Students in grade 3 are asked to either bring a recorder labelled with their name to school or \$8 to purchase a recorder from the school. Recorders will be kept in the music so that we always have access to them when we are learning.

Students in grades 4 and 5 who took their recorders home for the summer are asked to please bring them back. If you have lost your recorder, please reach out and we can get you a replacement one.

Upcoming Events:

December 5 and 6

Winter Concerts for grades k, 1, and 2:

Mme Alyssah
Music Educator

CHEESE!



Hello Parents,

Picture Day is coming on **Monday, September 25** Day 3. Retakes and Even Picture Day is Tuesday November 14 Day 2.

After Picture Day, order your pictures on mylifetouch.ca using your Portrait ID and Access Code which can be found on your Picture Day order form.



Check out our new digital Community Bulletin Board to learn more about events, camps, and special offers for RETSD students and their families.

retsd.mb.ca/community



Concern Protocol

Your child's school will always try to make the learning experience a positive, safe and happy one for its students.

However, if you have a concern or an issue, please don't hesitate to let the school know. Open communication between home and school is very important to us.

1

Talk to the person most directly involved—your child's teacher. If you must leave a message, provide a day and evening phone number where the teacher can reach you.



2

If talking to the teacher doesn't resolve the issue, talk to the principal.



3

If you've talked to the principal, but the issue has not been resolved over a period of time, call the superintendent's department at 204.667.7130 or email communications@retsd.mb.ca.



4

If you disagree with the decision of the superintendent's department, you can make an appeal in writing to the board of trustees.



For more information:
Policy KE – Concern Protocol
Policy KE-R – Concerns and Complaints Process
retsd.mb.ca

PAC information

This is a list of our Parent Council Members.

As you can see, we have many spots that are vacant.

Co Chairpersons-Gisele Cox and Kelly Hebert

Vice Chairperson-Amber Kraus

Secretary-Chi Ngo

Treasurer-Ceilina Stardom

Special Events coordinator-Kimberley Teerhuis

Fundraising coordinator-Becky Clarke & Ceilina Stardom

Hot lunch coordinator-vacant

Volunteer coordinator– Melissa Storry

Playground coordinator–vacant

Yearbook coordinator-Amber Kraus

Social Media coordinator-Patricia Pare



If you are interested in joining PAC please let the school know.

Farm to School fundraiser

Information packets will go home about the Farm to School Fundraiser at the end of the week. Pick up will be after school on Thursday, October 5th.



Note that calendars are always subject to change, please consult the website regularly for updates

PHYSICAL EDUCATION

Class Program

We will be doing a lot of running activities at the grades 3 and 5 levels as we prepare for the Divisional Cross-Country running meet at Bird's Hill Park at the end of September. We will also be playing Flag Football. We will also explore the Mini Volleyball game inside.

Kindergarten to grade 2 students will be doing evaluations on the following basic motor skills: running, jumping, galloping and hopping. We have been playing many games to work on using our movement skills in different situations. Students will be going outside to learn how to play appropriately on the playground. We are also working on our personal space and proper use of the general space when playing games.

We are also testing our Kindergarten students on their Fundamental Motor Skills to create our motor skills club.

Intramurals

We will start with the Intramural Mini Volleyball in mid-October for the grades 3 and 5 students. We will be inviting grades 3 and 4 students to come do some running during the morning recesses so they can improve their fitness.

School Clubs

Leadership Club for our grade 4 students will be starting soon. We will be sending a registration form soon.

Mr. Boulley, Mr. Glowacki and Mr. Segal will be leading the Flag Football Club for grade 4 and 5 students. This club will be on Tuesday and Thursdays after school from 3:00 pm-4:30 pm. These students will be participating in the Divisional Flag Football tournament that will be held in early October, Registration forms will be sent out soon.



School Event

The National Terry Fox School event is planned for Monday, October 2, 2023. At École Centrale, we will be running and walking around Kern Park in the morning, Kindergarten students will have a different schedule, to be announced later. We are encouraging all students to bring a Loonie to support the Terry Fox Foundation for cancer research. Mr. Boulley and Ms. Burkart are challenging each class to have every student give a donation of any amount so that their class will get an extra gym class. More details will follow on those activities.



KEEP ACTIVE
M Gilles Boulley
Mme Samantha Burkart
Physical Education Teachers



SEPTEMBER 2023



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1
4 Labour Day NO SCHOOL	5 Jour 1 NO SCHOOL	6 Jour 2 First Day of Class	7 Jour 3	8 Jour 4
11 Jour 5	12 Jour 6 Bus Patrol training	13 Jour 1 Meet the teacher 4:00 pm-6:00 pm	14 Jour 2	15 Jour 3
18 Jour 4 Bus Evacuation 	19 Jour 5 Bus Evacuation 	20 Jour 6 Lunch program meeting 6:00 pm virtual	21 Jour 1	22 Jour 2
25 Jour 3 Picture Day	26 Jour 4	27 Jour 5 PAC meeting 6:30 pm In the library	28 Jour 6	29 Jour 1 Orange Shirt Day 

NOTE THAT CALENDARS ARE ALWAYS SUBJECT TO CHANGE, PLEASE CONSULT THE WEBSITE FOR UPDATED INFORMATION AT ALL TIMES.



October 2023



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Jour 2 Terry Fox Run 	3 Jour 3 Co-ordinated Day No Classes	4 Jour 4	5 Jour 5	6 Jour 6
9 Thanksgiving No School 	10 Jour 1	11 Jour 2	12 Jour 3	13 Jour 4
16 Jour 5	17 Jour 6	18 Jour 1	19 Jour 2	20 Jour 3 Co-ordinated Day No Classes
23 Jour 4	24 Jour 5	25 Jour 6	26 Jour 1	27 Jour 2
30 Jour 3	31 Jour 4 Halloween 			

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