Winter Newsletter

# Transcona Collegiate



### Varsity Boys Volleyball Tier 2 Champions

The varsity boys volleyball team enjoyed a successful season on their way to becoming KPAC tier 2 champions. Only one week into the season, the boys had already finished 3rd at a tournament and were holding a nifty 2-0 record. The boys went on to capture 3rd place at another tournament at Tec Voc, and later finished the regular season with a record of 9 wins and 3 losses. 2 of the 3 losses the boys had during the regular season came at the hands of the River East Collegiate Kodiaks. However, on Friday, November 13th in the KPAC final, TCI's squad defeated River East for the first time. After losing the first set 25-18, the boys rallied back to win the next three 26-24, 25-18, 25-18. Congratulations goes out to all of the players for their commitment, accomplishments, and dedication to one another. Special thanks also goes out to all of the family and friends that gave support to our student athletes throughout the season

...where character counts!



2015-2016 Parent Advisory Council Chair: Brenda Kauk For more information call TCI at 204-958-6440

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#### January 2016

### **Principal's Message**

Transcona Collegiate is the home of the TITANS and where character counts. At Transcona Collegiate we are Trustworthy, Inspirational, Team players, Ambitious, Nice and Scholars.

Semester 1 is quickly coming to a finish. Students have been involved in a lot of activities inside and outside of the classroom to show their TITAN Spirit. As we end this term, I encourage all students to be scholarly and prepare for their exams and ensure that they have completed all assignments to complete their courses.

Exams begin on January 29th for all students. The Grade 12 students begin much earlier, with the ELA Provincial Exam being performed from January 11th to 14th, and the Provincial Math

Exams during the week of January 26th. Please see the exam calendar on the <u>school website</u> and on page 19 for the Exam Schedule. Check out "How to Ace Your Exams" on page 18.

Mid-term reports were issued on November 20th with parent teacher interviews held on the 26th. Thank you for the efforts that parents/guardians are taking to contact teachers regarding their son/daughter's progress and to teachers for communicating the same to parents.

Congratulations to all those students who achieved Honour Roll Status for the 2014-15 school year. Their names are published in this newsletter on pages 8 and 9. Students receiving Honour Roll Status must have an average of 80% with no mark lower than 70%. Congratulations to all recipients.

On October 30, thirty of our students attended 'WE' Day at the MTS Centre. We're looking forward to the work that these inspired students will do in support of a global issue. This will be a yearlong venture.

On November 4th River East Transcona School Division and The Winnipeg Symphony Orchestra hosted an evening of music at the Centennial Concert Hall. Ninety six students from Transcona Collegiate participated in this event.

In the month of December we are reminded of the needs around us. Thank you to the many staff and students who donated non perishable food items and have assisted the leadership students. The leadership students were able to deliver 25 food hampers to families in need in the Transcona area, see page 10 for more details.

Ms. S. Dzuba, Principal, Transcona Collegiate

### **Graduation Information 2016**

Dear Parents, Guardians and Grads,

Below I have listed all the important dates for grad this year. It may seem like June is far from now but it will be here before you know it! If there are any questions, please send me an email at tromu@retsd.mb.ca and I'll get back to you as quick as I can. Please remember that there are still some more fundraising opportunities coming up.

Grad Info 2016

- 1) Grad Rehearsal Monday June 27th 9 a.m. TCI rehearsal for convocation attendance MANDATORY.
- Convocation Tuesday June 28th 10 a.m. at the North Kildonan Mennonite Brethren Church on the corner of Gateway and Springfield. Grads to be there no later than 8:30 Parents and guests will not be admitted until 9:15. No ticket necessary, Dress is semi-formal. No



will not be admitted until 9:15. No ticket necessary, Dress is semi-formal. No flip flops or runners. Pants and a collar shirt for the guys, spring dress or dress pants and blouse for girls.

- 3) Dinner and Dance Wednesday June 29th 5:30 p.m. at the Delta Hotel Downtown Cocktails 5:30, Program starts at 6:30, supper served at 7 p.m. Dress is formal. ID MUST BE PRESENTED. A ticket is required for admittance.
- 4) Ticket Sales June 6<sup>th</sup> to 10<sup>th</sup> ONLY.
  - Must have the DD Form (Designated Driver Form) filled out before buying tickets.
  - ♦ Tickets will only be sold at lunch in room # 403. "CASH ONLY".
  - \$75 per ticket, each grad gets 4 tickets, one of which must be for the grad.
  - If you require extra tickets, they will be sold first come first served on Friday at lunch.
  - You can choose where you sit. There are only tables of 10 with set number of tables available.

\*\*If you plan on going to safe grad, you must attend the Dinner and Dance.\*\*

Safe Grad Parent's Meeting, Thursday, January 21, 2016 at 6:30 p.m. in the Library.

Sincerely,

Tracy Romu Math/Science Department Head Chem 30S/40S, Applied Math 40S, Grad Co-Ordinator





### Student Council 2015-2016

Student Council was off to a busy start this year. In September, we hosted a BBQ for all the grade nines. With help from the leadership class, we provided lunch of a hotdog, chips, and a drink for each student. There were also door prizes and entertainment to welcome the grade nines into the school.

The first spirit week was the week of October 26-30<sup>th</sup> with dress up days and activities. On October 29<sup>th</sup>, we held our first pep rally. Members of the current sport teams and the various student council committees were acknowledged. It was the first opportunity for students to participate in some challenges and accumulate points toward the best grade competition. On Friday, October 31<sup>st</sup> we had a dress up day for Halloween and prizes were awarded for best costumes.

The Titans for Tomorrow committee collected "Koats for Kids" and did henna tattoos to raise money for the United Way. The Titan Pride committee made a hamper for food donations and a used clothing drive for the homeless teens.

In November, TADD (Teens Against Distracted Driving) had a speaker come in to talk about the risks and the consequences of distracted driving. In addition, the Global Issues committee held a 30 hour famine at the school and raised \$1400 for World Vision.

We had our second spirit week from December 14<sup>th</sup>-18<sup>th</sup>. With the cold weather, it was a perfect time to have a pajama day, and a Holiday Wear Day. On the Tuesday, the student council organized a pizza lunch and subsidized the costs in order to sell for \$1.00 per slice. Thirty pizzas were gone within a flash!

On the last Friday before break, we held our first major Grade Wars competition with each grade competing in their grade color and challenging other grades in fun competitions in the gym. There was also a special tribute to Mr. Badiou. He has been at the school for 38.5 years, and even he taught gym to some of our parents. We wish him the best in his future endeavors as he retires at the end of the first semester.

Looking ahead to next semester, we have plans for more special lunches, Valentine Day activities, another spirit week with a Grade Wars competition and our annual Spring BBQ.

We would like to thank everyone who organized and participated in the events so far! Hope everyone had a great break and are looking forward to some exciting events in the next semester.

### Student Council Executive 2015-2016

#### **Student Council Executive**

President: Vice President/Treasurer: Secretary:

Brooke Dooley Andrew Kawaler Tesa Dunits

#### **Committee Chairs**

Awards	Kristen Fraser
Blood Donor	Jessica Steppler
Global Issues	Alexa Bennett &
	Megan Borsa (co-chairs)
Grad	Shayla Davidson &
	Kaylen Everton
NoH8	Alanna Hurd
Pep Rally/Spirit	Keely Lyons &
	Josh Maniacco
Philanthropy	Carmen Huang &

iesa Dunits	C. Toung
	Committee Chairs
Kristen Fraser	Publicity/Advertising
Jessica Steppler	TADD
Alexa Bennett &	Titans 4 Tomorrow
Megan Borsa (co-chairs	)
Shayla Davidson &	TV Promotion
Kaylen Everton	Yearbook
Alanna Hurd	Titan Tavern;
Keely Lyons &	General Manager
Josh Maniacco	Finance Manager
Carmen Huang &	Personnel Manager
Megan Borsa (co-chair	s) Inventory Manager

Staff Advisors

D. Ball

K. Fewer C Young



g Martha Kanyinda Nicole Lesage Sem Perez & Mika Pineda (co-chairs) Candace Stacey Alexa Bennett

Carmen Huang Tetyana Harischuk Hailey Silk Cassandra Tymchen

### Global Issues 2015 - Semester 1

During the months of September to January, Global Issues has been a part of multiple successful fundraisers and events. In October, Global Issues ran a neon bake sale as a part of spirit week, selling cupcakes and chocolate covered strawberries. The proceeds from that bake sale were just over \$112!

On November 20th, Global Issues and other non-committee

students took part in the 30 Hour Famine. Over 20 students took part in this event, fundraising around \$1400 that went towards World Vision Canada. This event took place at Transcona Collegiate, and included movies, video games, an INTENSE scavenger hunt, and basically everything besides food!

In December, Global Issues had their second bake sale during the second spirit week of the semester. The bake sale took place on "Holiday Theme" Day. The committee sold holiday Pillsbury cookies and chocolate covered strawberries. Approximately \$130 was fundraised. Global Issues plans to donate the money from the bake sales, and future events, to both the Kenyan Education Fund, which gives scholarships to Kenyan girls to attend high school, and the Virunga National Park, a conservation park in the Democratic Republic of the Congo dedicated to saving the endangered mountain gorillas.

The committee and its chairs look forward to seeing what they can do in the second semester!

Titans are..."A" for Ambitious





### **Counsellor's Corner - January 2016**

On February 17th grade 11 and 12 students will have an opportunity to explore either the University of Winnipeg, University of Manitoba or Red River Community College campuses. Signup sheets will be in the counseling area starting the week of February 8th. All three post-secondary facilities are more than willing to set up private tours if you are unable to attend their open houses. Check their websites for more information as many of them also have an evening open house as well.

Just a reminder that the deadline to apply for admission and qualify for early entrance scholarships is March 1st for both the University of Manitoba and the University of Winnipeg. Students may apply for Red River College at any time. Actual regular admission deadlines go until August.

"NEW" – On the evening of Feb 23rd TCI will be holding our first ever "Career Fair" in conjunction with our Open House. This event will be held in the gym starting at 6:30 p.m. and will feature over 20 different schools, services, trades, and other post–secondary employment! This is an excellent opportunity for students and parents to explore multiple career options in one setting.

On March 10th at 11:30 a.m. Mrs. Young and Ms. Knutson will meet with all grade 12 students interested in applying for school based scholarships. Our school offers more than \$65,000.00 in scholarship monies. Please call her directly for further information or check the "Scholarships" link on the school website. Deadline for the application is April 14th.

On May 4th the Rotary Career Symposium will be held at the Royal Bank Convention Center. We will be taking all grade 10 students to this event. Further registration details will be provided in Feb and March. You may visit the following link for more information about the symposium at <u>http://careersymposium.ca</u>.

Just a reminder that our AFM Counsellor is Jeremy Hennessey. He is at TCI on Tuesdays from 8:45a.m until 3:30p.m. His office is located at the end of the first floor. Jeremy can be reached at 204-958-6440 on Tuesdays. Students may refer themselves or be referred by an adult. Students may also be required to participate in a mandatory assessment if they have been suspended under the Divisional Drug and Alcohol policy.

Checkout the <u>Transcona Collegiate website</u> for Scholarship information. <u>Click here</u> to go directly to the Scholarship page.

### **Music Notes - January 2016**

The first term was a busy time in the Music department at TCI. The year started off at a run for our Choirs as they prepared for their performance in November with the Winnipeg Symphony Orchestra. Our Grade 11/12 Jazz Band also had a busy November, preparing for and attending the Winnipeg Jazz Orchestra Big Band Workshop at Maples Collegiate.

During the same time, our Music Parents Association was busy facilitating Sobey's Gift Card, Epicure and Booster Juice fundraisers for our students.



In December we combined our regular concert with our Jazz concert for one great performance with all of our students. Thank you to the students and parents for the opportunity to share the music with you!

Throughout the fall term, we were excited to have the TCI Flute Trio (Ainsley Brown, Sydnee Chiborak, Genesis Cabungcal) performing at a variety of events, including the TCI Open House, Devonshire House and the Royal Winnipeg Ballet.

Over the next few months we're looking forward to a few events:

- January 14 First Music Parents meeting of the New Year.
- January 15 Solo and Ensemble Festival Our Flute Trio will represent TCI.
- January 16 Rhythm Section Workshop at U of M. All of our Jazz Band rhythm section players will head to the U of M to work with the Jazz Faculty there.
- February 10-12 Grade 9 & 10 Concert Bands at our annual Band Retreat at Camp Nutimik.
- February Our bands will be heading out to our feeder schools to give the younger students a taste of music at the high school level.
- Thursday, March 3 Grade 9 and Grade 10 Jazz Bands performing at the Optimist Jazz Festival.
- Friday, March 4 Grade 11/12 Jazz Band performing at the Optimist Jazz Festival.
- March 10 Music Parents meeting.
- April 20-25 TCI Music Tour to Banff for the Canadian Rocky Mountain Music Festival. Grade 10-12 Concert Choir and Grade 11/12 Concert Band will perform.
- May 2 Music Monday concert at TCI in the gym. All of our area elementary and middle schools will join us for a celebration of music.
- May 5 Spring Concert Concert Bands and Choirs.
- May 12 Jazz Concert All Jazz Bands and Vocal Jazz.

Please see <u>Mr. Steinhilber</u> or <u>Mrs. Amato's</u> teacher websites for forms and information regarding trips and other music events at TCI. We'll also have our next fundraiser uploaded soon.

We look forward to learning and making music with our students for the rest of this year – if you ever have any questions, please fire us an email or give us a call!





### Drama

TCI's Improv. team continues to perform and rehearse at lunches in preparation for upcoming interschool evening gigs and the TCI Fringe Festival. The festival is set for May 16th to the 19th with theme night details to follow.

With improv, it's a combination of listening and not trying to be funny. — *Kristen Wiig* 

### Grade 9 Honour Roll

Danielle Nicole Alcala Brooklyn Apostle **Ireland Bayrak** Hayden Brander Ainsley Brown Rosa Capobianco Braeden Chiborak Khylne Cruz Caitlin Davidson Sarah Delacruz Tyler Drozdowski Megan Dyck **Dylan Elias** Paige Kauk Anastasia Kory Matthew Labarre Michael Laden Noah Lorentz Mitchell Macleod Hayden Mahy

Devon Matsumoto Viktoria Matyas Braden McIvor Adrian Mendoza Georgine Mitongo **Christina Natoc** Ayden Offenloch Darby Peacock Lilith Perun Stefan-Nemanja Petroman Mandy Preece Justin Ray Nicholas Raynes Andrea Reimer Jack Richards Jack Sears Mercedes Oliviera-Sousa Jordyn Spitula Elyza Villar

**Titan Tavern** tavern

The Tavern team is off to a great start, this year. Come in and enjoy a fresh cup of coffee or follow us on social media. On Instagram, we are Titantavern and, on twitter, we are Titan\_tavern. Our team is friendly and the store is stocked with tasty snacks and beverages, so the next time you are in the building over lunch hour stop by and say 'hello'.

The Addictions Foundation of Manitoba AFM contact: Jeremy Hennessay Ph # 204-223-9952 AFM Youth Services, 200 Osbourne Street North Phone # 204-944-6235

2014-2015

An investment in knowledge pays the best Interest - Benjamin Franklin

### **Badminton**



Dreaming of that perfect smash or killer return of serve? Remember that badminton season is not far away. We will re-convene early in March and start preparing for the KPac in the third week of April.



### Grade 10 Honour Roll

Sheila Barnabe **Dillon Barr Caylin Beauchamp Reinhard Gwyn** Bernardo Tyler Champagne **Carlier Chartier** Marissa Chernoff Sydnee Chiborak Francesca Dalmacio Sabrina Simmonds **Carmel Flores** Tori Gebhardt Teo Hoppe Lily Huang Elaina Ingimundson Mikayla Kolansky

Stephen Libarnes Montana Patrick Aeriel Rivera Angela Rivera Stanley Roulette Alyzza Mae Salvador Kelsey Schillberg **Tyler Schmidt** Sharmayne Socorro **Robert Sokoloff Keely Stoesz** Samantha Szyszkowski Hailey Yuskin

### Grade 11 Honour Roll

Mikaella Angela Banaag Alex Bennett Megan Borsa Johnmarc Brucal Keren Chheang Carrie Lynn Dela Cruz **Brooke Dooley Tesa Dunits** Tetyana Haraschuk Sem Rafael Perez **Carmen Huang** Taylor Hurrie Martha Kanyinda Andrew Kawaler Joshua Kjaarsgard Dylan Klish Kyle Lamoureux Nicole Lesage Lean Angelo Leyva

Johnson Liang Connor Lloyd **Bethany Lundberg** Deanna Lussier **Renz Genesis** Marinas Katrina McIvor **Taylor Mitchell** Zoha Muhammad **Charles Nguyen** Mika Angelika Pineda Halle Procewiat Kayla Rosenthal Megan Stephen Cody Topnik Cassandra Tymchen Bryanna Wall

2014-2015

2014-2015

#### Character is a long standing habit - Plutarch



### **Christmas Hampers**

For the 5th year in a row, Transcona Collegiate was successful in providing hampers for 20 families within the community. This was a huge effort spearheaded by the Leadership class, but relied heavily on past and present students, along with several businesses within the area, including Superstore, Winnipeg Elevator Group Inc., Rona, Kub Bakery and councillor Russ Wyatt.

Some highlights include 2 students who graduated roughly 4 years ago, returned to the school to provide the majority of items for one hamper. All presents were provided by students or parents of T.C.I.. A big thank you to the Titan's Hockey team for their support each year. Winnipeg Harvest is another winner in this as they will be receiving 2000 lbs. of produce from Peak of the Market, representing 100 lbs. per hamper.

Therefore, as you can see, a lot goes into this tradition, but so much more comes out of it for the students who served in leadership roles, and the families for whom we brought warm season greetings to. Hopefully it inspires others to give back to the community in any way that they can. Please consider contacting the school next year to take part in this annual tradition.



### Titan Hockey Team 2015 - 2016

The Transcona Collegiate Titans are playing in the Winnipeg Free Press division (B) this year. This year's team is young and exciting. The team works hard every night and is working at getting more consistent so they can finish every game with the steady play needed to come out with a favourable result.

The majority of the team is made up of grade 10 students. This is a good base going forward and should mean some great results for the team in the upcoming seasons.

As for this year, the boys are pushing through the busiest point in their season, with 8 games in January. This month's schedule, included a victory over the first place Westwood Warriors, which should prepare the team for a good playoff run.

#### Click here to go to the Titan's Hockey Team 2015 - 2016 schedule on the TCI website

The final forming of a person's character lies in their hands. - Anne Frank

### Winter Bus Cancelation Rules

#### **GENERAL RULE**

All of Metro Winnipeg School Divisions follow one system. At about 6:10 a.m. River East School Division (RETSD) will consult the Environment Canada weather information either on television or via its WEBSITE.

If the wind chill is -45° C or colder at the Winnipeg Airport, RETSD will cancel buses, but schools usually remain open.

#### WHERE TO GO FOR INFORMATION AFTER 6:30 a.m.

Please listen to the major radio stations. Generally, they broadcast cancellations about every 15 minutes. Additionally, tune into television stations CKY, or CITY TV.

Also, if you have access to a computer, please click on the RETSD Website (www.retsd.mb.ca) to see whether or not buses are cancelled.



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A full and fair discussion is essential to democracy. - George Soros

# **Uncomplicated Banking**

Your child's chance to save for the future and learn about money management.

#### What is TCU?

Titan Credit Union is a youth branch of Casera Credit Union. It was established in October of 1997. We have proudly served students and staff at Transcona Collegiate for over 18 years.

Welcome To



#### How TCU works?

The Winners of November **Promotion** Carmen Sebastian Candice

Titan Credit Union runs similar to any other Credit Union. Board and staff comprised of students under supervision of a teacher work together to provide their customers an excellent banking experience.

#### **Services**

TCU offers the staff and students of TCI a variety of different services, all of which can be accessed within the school. Students or teachers who already have their account with Casera Credit Union can access their account at Titan Credit Union. You can open an account with \$5 share, all of which will be put towards a share in the company. Students who graduate, their accounts are transferred to Casera Credit Union. We provide small loans to our members Tesa (\$5-\$50). For more details regarding services, please visit our website at TCI's home page. Hailey

#### Promotions

#### Work at TCU?

TCU offers different promotions to its members. We have new promotions for every month. Members of TCU entered a draw to win Tim Hortons gift cards in November.

TCU will board of directors for year 2016-17 in May.

hire January Promotions

TCU is giving grade 9 and 10 students a golden chance to open accounts for free (become partners in business without a share!). Only first 10 students will get a chance to open accounts for free. FIRST COME, FIRST SERVE! For more information visit our website or come see us in Room 102.

#### A penny saved is a penny earned - Benjamin Franklin 12

### **Titan Sports Report - Winter 2016**

#### **Cross Country**

The Cross Country Running team had a very successful year fielding a very young group of runners. There were standout performances from James Laycock and Manjyot Kalkat this season.



<u>Cross Country Team:</u> Shaylene Robinson, Martha Kanyinda, Umu Senesie, James Laycock, Manjyot Kalkat Coach: Mr. Badiou

#### **Volleyball**

Congratulations to our volleyball teams on a great season. The Grade 9 Girls team were the B side Champions in the RETSD league and the Varsity Boys won the KPAC Tier 2 Championship. Thanks to all the coaches for the time and guidance they gave to our teams this season.

<b>Grade 9 Girls Volleyball</b> Bennett, Mackenzie Ellis, Raihanne Gebreezgi, Jersalem Getty, Brooklyn Hrem, Kristen Jessop, Kaila Paluch, Trinity Parkinson, Hannah Schaefer, Piper Senesie, Umuhawa Traverse, Shaylene Wirth, Danae Wood, Brooklyn Coach: Ms. Martin	Junior Varsity Girls Volleyball Mercedes Oliveira-Sousa Brooklyn Apostle Aryel Reidke Taylor Lavallee Brittney Seievwright Brittney Dengl Shaelynn Jones Caitlin Davidson Chloe MacDonald Ela Sadovski Thelma Hernandez Coaches: Ms. Ilchyna Ms. Keenas	Junior Varsity Boys Volleyball Iqbal Bhumber Hayden Brander Braeden Chiborak Manjyot Kalkat Sebastian Naungayan Colton Smith Stefan Petroman Travis Willerton Nicholas Andrade John Gomez Ryan Maniacco Thanh Thuong Coaches: Mark Maclaren Ms. Rohringer				
Varsity Girls Volleyb Sabrina Simmonds Cassandra Tokar Natalie Coad Caity Jeske Alyssa Sawatzky Megan Dyck Shaylene Robinsor Keely Lyons Hailyn Garrioch Brooklyn Ramnawa Coach: Evan Maltm	ac Tier 2 Champion	Varsity Boys Volleyball Josh Maniacco Josh Kjarsgaard Johnmarc Brucal Andrew Kawaler Brennan Hill Keren Chheang Franz Natoc Tyler Zahorodny Eddie Bashir Brian Villanueva Marc Courteau Coach: Chad Duffield				

I enjoyed being involved in team sports and making close friendships. - Brian McBride 13



#### Curling

The curling season is underway and the girls team is working hard to make TCI proud.

Girls Curling Team: Shayla Davidson, Caitlin Davidson, Emily Bishop and Ainsley Brown, **Coach:** Mr. Valainis

#### **Basketball**

Our basketball program is underway with all of our teams working hard to get ready for the start of the season. All of our teams will be a part of the KPAC conference and will be competing with 10 other high schools. Each team member was provided a schedule of all of their tournaments, games and practices. A full schedule of all KPAC basketball games including results can be found at <u>www.kpac.ca</u>.

Please refer to the athletics <u>Transcona Collegiate website</u> for extra copies of practice schedules.

#### Grade 9 Girls Basketball

Adriana Proppe Alexis Cardinal Brooklyn Kutzan Brooklyn Wood Emma Wedlake Genessa Ruffeski Mackenzie Bennett Mary Geodisico Roselle Abella Tyra Dunits Umu Senesie Coaches: Adam Wedlake Bill Wedlake

#### Junior Varsity Girls Basketball

Brooklyn Apostle Khylne Cruz Megan Dyck Shaylene Robinson Taylor Lavallee Brooklyn Getty Jersalem Gebreezgi Kristen Hrem Kaila Jessop Raihanne Ellis Jaden Popiel Thelma Hernandez Coach: Breanna Jones Nehemiah Mekonen Colton Smith Nathan Tan Braeden Chiborak

Junior Varsity Boys Basketball

Iqbal Bhumber Manjyot Kalkat Reuben Mistas Kohley Dennis Joseph Catagas Jacob Braun Ron Horowic Michael Merene **Coaches:** Mr. Tan Tanisha Tan

Year book

2014—2015 Titan Yearbooks are in. Pick up your copy in the school office.

Titans are..."T" for Trustworthy

#### **Basketball - Continued**

Our JV teams finished third in the Transcona Invitational Classic in December. The varsity teams will be competing in the Transcona Invitational Classic Feb. 5<sup>th</sup>-6<sup>th</sup>, 2016.

	<u>Varsity Boys Basketball</u> Eddie Bashir
Varsity Girls Basketball	
	Gwyn Bernardo
Denise Sta. Ana	John Brucal
Deanna Lussier	Cameron Chanthavong
Dakota Faryon	Ezekiel David
Ravyn Johnson	Тео Норре
Arantxa Dumas	Hassan Kamara
Danielle Henry	Andrew Kawaler
Martha Kanyinda	Franz Natoc
Tesa Dunits	Colten Platschick
Mackenzie Hunter	Samuel Vedoya
Brooklyn Ramnawaj	Brian Villanueva
Shaira Socorro	Marco Banaag
Coach: Mr. Korkosh	Damian Henry
	Deng Jok
	Coach: Mr. Janzen

#### Indoor Track

Indoor track practices are on Mondays, Wednesdays and Fridays at 7:40am in preparation for the KPAC Zone Meet at University of Manitoba on Thursday, February 18<sup>th</sup>.

#### Athlete of the Month

Every month a Titan athlete or athletes are selected by their coaches as the Titan Athlete of the Month. The following are the recipients for this school year thus far:

#### James Laycock - Grade 11 Cross Country

James was one of the top twelve finishers in the KPAC meets. His excellent work ethic is leading him to better results in every race. James will be competing in the Cross Country Provincials at Spruce Woods Provincial Park on October 14.

### Caity Jeske - Grade 11 Varsity Girls Volleyball

As a Grade 11 on the varsity girls team, Caity is proving to be a key player in the team's success. She is an offensive threat with a back row attack and the cornerstone of the Titans' defence. Caity's aggressive serving and blocking makes her a force to be reckoned with on the court.



#### **Athlete of the Month - continued**

Every month a Titan athlete or athletes are selected by their coaches as the Titan Athlete of the Month. The following are the recipients for this school year thus far:

#### Josh Kjarsgaard - Grade 12 Varsity Boys Volleyball

Josh has always been an outstanding attacker throughout his 4 years as a TCI Titan. He has also become one the team's best passers and servers. Josh has developed into a strong leader as one of the two captains of the team. He consistently communicates on and off the court to help his teammates be better prepared. Lastly, no one will ever question the intensity he brings to every practice and game. Josh never has, and probably never will give anything less than his absolute best.

### Megan Dyck - Grade 10 Varsity Volleyball

As a Grade 10 student, Megan has seamlessly made the adjustment to playing at the varsity level. Megan has grown as an all-around player, leading the team in digs and consistently serving strategically to her opponents. She is always thinking on the court and has a bright volleyball future ahead of her.

### Braeden Chiborak - Grade 10 Junior Varsity Volleyball

Braeden has led the team in kills all season, posting more than double any other player. He has a strong leadership role on the team as the captain. Braeden is strong defensive player and has great volleyball sense.

### Brooklyn Apostle - Grade 10 Junior Varsity Volleyball

Brooklyn is an integral part of the JV team this year. Her outstanding vertical has enabled her to dominate in blocking and hitting. When the going gets tough the team can count on Brooklyn to help get some key points.

### Josh Maniacco - Grade 12 Varsity Volleyball

Josh has worked very hard over the last four years to become the volleyball player he is today. His relentless effort, determination, and commitment over that time have allowed him to become an excellent player. Josh is the team's setter and also one of the captains. His leadership on and off the court has led his team to success, and his commitment and determination will surely continue to lead him to success in the future.

### Raihanne Ellis - Grade 9 Girls Volleyball

Raihanne was a valuable member of the Grade 9 girls volleyball team this season. She is a positive team player who has great volleyball sense on and off the court. Raihanne is a strong hitter and has an excellent serve. She was a major contributor on the team that led to the Grade 9 girls B Side Championship.

### Titans are..."T" for Team Players

#### Athlete of the Month - continued

Every month a Titan athlete or athletes are selected by their coaches as the Titan Athlete of the Month. The following are the recipients for this school year thus far:

#### *Thomas Raynbird* - Grade 10 Hockey

Thomas gives 110% every time he steps on the ice and has been the team's hardest worker. He is a very coachable player who continues to improve his game. Thomas always comes to the rink with the right mindset and is proud to be a Titan.

For the most up to date information regarding our Athletic Program including a calendar of events and announcements please go to the <u>Transcona Collegiate Athletic Website</u>.

### Vacation Time?

Are you going away for vacation with your student for a week or more? If so have your student pick up the "Student Leave of Absence Form" from the office. Have it completed and returned to the office at least two weeks prior to leaving for the vacation. Please note that semester one exams start January 29th for all grades while grade 12 math exams starts on the 26th of January. The 2nd semester starts Monday, February 8th. The

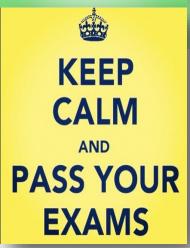
spring break starts Thursday, March 24th return to school Monday, April 4th.

Spring break - that's when kids work on their tans and teachers work on their sanity.

Titans are..."A" for Ambitious







### How to Ace your Exams!

**START EARLY!** 

These are the top ten things that you need to know to ace exams!

1) **Give yourself plenty of time.** Cramming doesn't work. It just doesn't. When you start to study weeks ahead, you have plenty of time to read everything. It also gives you time to ask questions about anything you don't fully understand.

2) **Use an Agenda.** Write your study time in your agenda, even if it's only 20 minutes a night. An agenda is one of the best organizational tools you have to help you prepare for your exams.

- 3) Set up a study stadium. Okay, it doesn't have to be an actual stadium—just an area where you can leave your notes, your pencils, and your dictionary. A place where you are comfortable and where there is little distraction—that means no TV or blaring music!
- 4) Look at the big picture. How many pages in total do you have to study? How much time? If you have 50 pages to cover in 10 weeks, then that is only 1 page a night on weekdays, with weekends off. That's not so bad! You can even write down what pages to study on what night.
- 5) **Study a little bit every night.** When you start early enough you can easily avoid the stress and anxiety of pulling an all-nighter. And, you can move at a steadier pace—20 minutes a night is easier to handle than 7 hours the night before. By the week before the exam you'll have read everything at least once and you'll be prepared!
- 6) **Make your own notes.** Look at the chapter or unit or section. What are the titles, heading and subheadings? Are there any bolded words? Write these down. These are key words, and they are great indicators to help you know what the material is about.
- 7) **Put it in your own words.** This is known a paraphrasing and it's a great technique to help you really understand the material. Memorization and rote repetition? That's for robots! You need to understand the material to succeed!
- 8) **Cover, recite and check.** But how do you paraphrase? It's as easy as reading over a page, a paragraph, or a sentence, then covering it up, and saying it back in your own words!
- 9) **Don't study the stuff you know well.** Start with the most challenging sections and move on from there. There is no point studying material that you are confident you know. A quick review to make sure you remember everything is enough.
- 10) **Make classroom time active learning time.** The best study tip is one that doesn't even involve studying, but happens way before studying—in the classroom. The secret to easy studying is to be an active learner in the classroom. Raise your hand. Ask questions. Participate in discussions. Don't just sit and wait for the teacher to teach you, get involved in learning!

The more responsibility you take for your education, the easier studying (and learning) will be!

#### Source; Oxford Learning.

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### Board of Trustees 2015-2016

Our division – including its schools and school system – is governed by a board of nine trustees, who are accountable to the public for the safety, quality and cost of education via human resource practices, policies and budgetary decisions.

Trustees are elected every four years during municipal elections and meet the first and third Tuesday of each month, 6:30 p.m. at the Administration Offices. (589 Roch St.)

