Daily Menu for Sep 22 – 26

MONDAY

Soup: Cuban Black Bean & Pork

Meal: Beef Stroganoff on egg noodles

Fast Food: Buffalo Chicken Ranch Wraps

TUESDAY

Soup: Minestrone

Meal: Albacore Tuna Tonkatsu Rice Bowl with edamame beans and julienne vegetables

Fast Food: Smoked Chicken & Havarti Panini

WEDNESDAY

Soup: Cream of Mushroom

Vegetarian Meal: Eggplant Parmigiana on

Fettuccini Alfredo

Pizza: Cheese / Perogy / Pepperoni & Mushroom

THURSDAY

Soup: Tomato Rice

Meal: Hot Turkey Sandwich with mashed potatoes

and buttered peas and carrots

Fast Food: Meatball Sub

FRIDAY

Soup: Chicken and Lime Tortilla

Meal: Shrimp, Sausage & Chicken Gumbo

Fast Food: Chicken Burger & Spicey Chicken Burger

