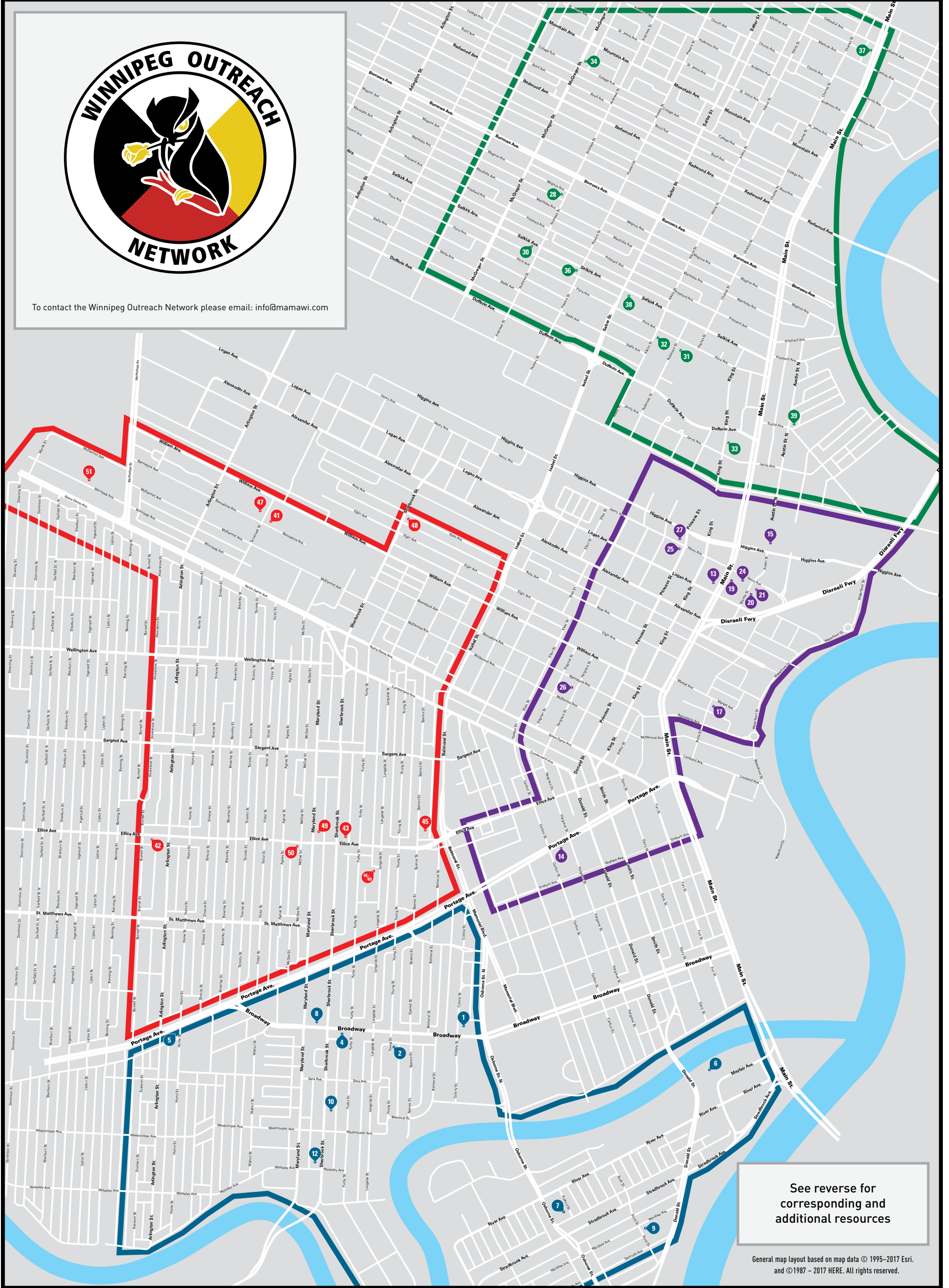




To contact the Winnipeg Outreach Network please email: [info@mamawi.com](mailto:info@mamawi.com)



See reverse for corresponding and additional resources

General map layout based on map data © 1995–2017 Esri, and ©1987 – 2017 HERE. All rights reserved.

All trademarks and logos are the properties of their respective owners and are used with permission.

March 2018

No copying or reproduction without permission.



<b>HOTLINES</b>	
Sexual Assault Hotline (Klinic):	870 Portage Ave., 204-784-4089
Suicide Prevention Hotline (Klinic):	870 Portage Ave., 204-784-4089
Willow Place Shelter for Women and Children:	204-615-0311
Sex Addicts Anonymous:	204-514-6310
Crisis Response Centre:	817 Bannatyne Ave., 204-940-1781
Men's Treatment Services:	146 Magnus Ave., 204-944-6209
Human Trafficking Hotline:	1-800-222-8477
Kids Help Phone:	1-800-668-6868
24-Hour Problem Gambling Toll Free:	1-800-463-1554
Manitoba Addictions Hotline:	1-855-662-6605
ANCR After Hours:	835 Portage Ave., 204-944-4200
AIDS/STI Information Line:	204-945-2437 or 1-800-782-2437
Klinic Crisis Line:	204-786-8686
Manitoba Suicide Line:	1-877-435-7170
Adult Mobile Crisis Unit:	204-940-1781
Youth Mobile Crisis Team:	204-949-4777
Ikwe-Widdjiitwin (for Domestic Violence):	1-800-362-3344
Teen Talk (non-crisis):	204-784-4010
Winnipeg Police Non-Emergency:	204-986-6222
Employment and Income Assistance — Intake:	204-948-4000
Street Connections:	204-981-0742
Residential Tenancies Branch:	204-945-2476
Health Links:	204-788-8200
Family Doctor Connection:	204-786-7111
AFM 24-Hours:	204-944-6200
Manitoba Addictions Helpline:	1-855-662-6605
Anxiety Disorders Association:	204-925-0600
Winnipeg Harvest:	204-982-3660
Sexual Assault Line (Klinic):	204-786-8631
Domestic Violence Hotline:	1-877-977-0007
Winnipeg Police Service Sex Crimes Unit:	204-986-6245
Child Abuse Hotline:	204-944-4050
or contact Winnipeg Police:	204-986-6245
Paramedics Emergency Medical Services:	911
Children's Advocate:	204-988-7440
Alcoholics Anonymous Self Help Groups:	204-942-0126
Victim Services:	204-945-6851

## ADDICTION SUPPORTS

### DETOX CENTRES:

<b>20</b>	Main Street Project Detox:	71 Martha St., 204-982-8260
	Addictions Unit:	820 Sherbrook St., 204-787-3843
	Aurora Recovery Centre:	20025 Lakeside Rd., Gimli, Man., 1-844-515-7867

### FIRST STAGE TREATMENT CENTRES:

	Teen Challenge:	414 Edmonton St., 204-949-9484
	Native Addictions Council (Pritchard House):	160 Salter St., 204-586-8395
	Addictions Foundation of Manitoba:	Multiple locations throughout Manitoba, 204-944-6209
	Anchorage Addiction Program:	180 Henry Ave., 204-946-9401
	Eyaa-Keen Centre Inc.:	547 Notre Dame Ave., 204-783-2976
	Nor West Coop.:	785 Keewatin St., 204-938-5900
	St. Raphael Wellness Centre:	225 Vaughan St., 204-956-6650
	Teen Challenge:	414 Edmonton St., 204-949-9484
<b>32</b>	Indigenous Women's Healing Centre:	105 Aikins St., 204-989-8240
	North Point Douglas Women's Centre:	221 Austin St. N., 204-947-0321
	Behavioral Health Foundation:	35 Avenue De La Digue, 204-269-3430
	Peguis Al-Care Treatment Centre:	Peguis, Man., 204-654-2666
	Laurel Centre (for women only):	104 Roslyn Rd., 204-783-5460
	Forward House:	407 Chalmers Ave., 204-661-8605
	Rosaire House Addiction Centre:	The Pas, Man., 204-623-6425
	Sagkeeng Mino Pimatiziwin Family Treatment Centre:	Sagkeeng, Man., 204-367-2172

### SECOND STAGE TREATMENT CENTRE:

	Tamarack Recovery Centre:	60 Balmoral St., 204-775-3546
	Aurora Recovery Centre:	20025 Lakeside Rd, Gimli, Man., 1-844-515-7867
	Esther House (for women):	204-582-4043
	Addictions Recovery Inc.:	93 Cathedral Ave., 204-586-2550
	Two Ten Recovery Residence (men only):	210 Maryland St., 204-219-5200
	Destiny House (for women):	204-415-2152 and 204-955-9210

### COMMUNITY SUPPORT GROUPS:

	Alcoholics Anonymous:	Main Office — 1856 Portage Ave., 204-942-0126
	Narcotics Anonymous:	For various locations and dates please call 204-981-1730
	Crystal Meth Anonymous:	3 St Vital Rd. Sat. at 8pm
	Al-Anon and Alateen Family Group:	107–2621 Portage Ave., 204-943-6051

### YOUTH ADDICTION SERVICES:

	Centralized Intake Youth Addictions Service:	1-877-710-3999
<b>47</b>	Manitoba Adolescent Treatment Centre:	120 Tecumseh St., 204-477-6391
	Addictions Foundation of Manitoba:	Multiple locations throughout Manitoba, 204-944-6209
	Resource Assistance for Youth (for youth age 29 and under):	125 Sherbrook St., 204-783-5617

### OPIATE CLINICS AND SUPPORTS:

	Opiate Addiction Treatment Services — Methadone Clinic OATS:	968 Main St., 204-589-3999
	Phoenix Recovery Centre:	542 Selkirk Ave., 204-746-3649
	Clearview Addictions Rehabilitation Institute (C.A.R.I.):	641 Broadway, 204-784-2840

### STREET OUTREACH

<b>10</b>	Resource Assistance for Youth:	125 Sherbrook St., 204-391-2209
	<i>Mon.-Fri. 5:30pm-9pm</i>	
<b>26</b>	Street Connections:	496 Hargrave St., 204-981-0742
	<i>Mon.-Sat. 6pm-12:30am</i>	
<b>36</b>	Ndinawemaaganag Endaawaad Inc.:	472 Selkirk Ave., 204-781-2691
	<i>Wed.-Sat. 6pm-1:30am</i>	
<b>33</b>	Ma Mawi Wi Chi Itata Centre:	445 King St., 204-791-4925
<b>46</b>	West End 24 (WE24):	430 Langside St., 204-333-9681
	<i>Fri./Sat. 11pm-7am and all school holidays</i>	
	Community Homeless Assistance Team (CHAT):	426 Portage Ave., 204-958-4640
	Main Street Project Van Patrol:	204-982-8245
	Mama Bear Clan:	204-947-0321
	Bear Clan:	509 Selkirk Ave., 204-918-8958
	North Point Douglas Women's Centre:	221 Austin St. N., 204-947-0321
	Downtown Winnipeg Business Improvement Zone:	429 Portage Ave., 204-958-4640
	WRHA — Homeless outreach community support (HOCS):	204-794-3804
	Sage House (through Mount Carmel):	886 Main St., 204-582-2311
	St Boniface Street Links:	311 Provencher Blvd., 204-615-5557 or 204-294-7637

## SHELTERS (FOR ADULTS)

	Willow Place Shelter for Women and Children:	204-615-0311
	Ikwe Crisis Centre:	1-800-362-3344
	Bravestone Centre Inc.:	St. Norbert, Man., 204-275-2600
	Red Road Lodge:	210-611 Main St., 204-880-0771
<b>24</b>	The Salvation Army (Booth Centre):	180 Henry Ave., 204-946-9400
	Sunrise Village (The Salvation Army) (shelter for individuals with children):	204-946-9471
<b>21</b>	Main Street Project:	75 Martha St., 204-982-8260
	Pan Am Place (transitional housing for at-risk youth men):	88 Arthur St., 204-515-2048
	Emergency Shelter for Men:	115 Pulford St., 204-415-6796 ext.250
<b>25</b>	Siloam Mission:	300 Princess St., 204-956-4344
	Indian Metis Friendship Centre of Winnipeg (only in winter):	45 Robinson St., 204-586-8441

Augustine United Church:	444 River Ave., 204-284-2250
<i>Opens at 10pm daily</i>	

## SHELTERS (FOR YOUTH)

<b>6</b>	Macdonald Youth Services Youth Resource Centre/Shelter:	159 Mayfair Ave., 204-477-1804
<b>48</b>	Rosbrook House:	658 Ross Ave., 204-949-4090
<b>46</b>	West End 24 (WE24):	430 Langside St., 204-333-9681
	<i>11pm-7am, Fri./Sat. and all school holidays</i>	
<b>36</b>	Ndinawemaaganag Endaawaad Inc. Youth Resource Centre:	472 Selkirk Ave., 204-589-5545

## SHELTERS FOR WOMEN FLEEING FAMILY VIOLENCE

	Alpha House:	204-982-2011
	<i>(Non-crisis, year long residential program)</i>	
	Willow Place:	204-615-0311
	<i>(24 hours)</i>	
	Ikwe-Widdjiitwin Inc.:	204-987-2780 or 1-800-362-3344
	<i>(24 hours)</i>	
	Nova House:	Selkirk, Man., 204-482-1200
	<i>(24 hours)</i>	

## COMMUNITY SITES

<b>45</b>	Ma Mawi Wi Chi Itata Centre:	443 Spence St., 204-925-0348
		318 Anderson Ave., 204-925-0349
<b>34</b>		363 McGregor St., 204-925-6816
<b>33</b>		445 King St., 204-925-0300
<b>10</b>	Resource Assistance for Youth (for youth age 29 and under):	125 Sherbrook St., 204-783-5617
	<i>Mon.-Fri. 1pm-3pm; Mon./Wed. 5:30pm-8:45pm; Sat. 12pm-4pm</i>	
<b>36</b>	Ndinawemaaganag Endaawaad Inc. Youth Resource Centre:	472 Selkirk Ave., 204-589-5545
	Chinese Cultural and Community Centre:	180 King St., 204-943-2627
<b>48</b>	Rosbrook House:	658 Ross Ave., 204-949-4090
	Win Gardner Place:	363 McGregor St., 204-989-4108
	Indian Metis Friendship Centre:	45 Robinson St., 204-586-8441
	Inner City Youth:	418 Aberdeen Ave., 204-582-8779
	Boys and Girls Club of Winnipeg:	929 Main St., 204-982-4940
	Andrews Street Family Centre:	220 Andrews St., 204-589-1721
<b>38</b>	North End Women's Centre:	394 Selkirk Ave., 204-589-7347
<b>12</b>	Wolseley Family Place:	691 Wolseley Ave., 204-788-8052
<b>2</b>	Broadway Neighbourhood Centre:	185 Young St., 204-772-9253
	Circle of Life Thunderbird House:	715 Main St., 204-940-4240
<b>49</b>	Spence Neighborhood Association:	615 Ellice Ave./430 Langside St., 204-783-5000
<b>7</b>	Men's Resource Centre:	115 Pulford St., 204-415-6797
<b>50</b>	Central Women's Resource Centre:	640 Ellice Ave., 204-774-8975
	Kivalliq Inuit Services:	310 Burnell, 204-989-1021
	Indian Family Centre:	470 Selkirk Ave., 204-586-8393
<b>16</b>	Eagle Urban Transition Centre:	501-286 Smith St., 204-954-3050
<b>31</b>	Indian Metis Friendship Centre of Winnipeg: 45 Robinson St., 204-586-8441	
	Turtle Island Rec. Centre (for children & youth):	510 King St., 204-986-7812
	Kivalliq Development Corporation:	310 Burnell St., 204-944-7110
	Winnipeg Clubhouse:	172 Sherbrook St., 204-783-9400
	Sunshine House:	646 Langside St., 204-783-8565
<b>39</b>	North Point Douglas Womens Centre:	221 Austin St., 204-947-0321
	Freight House:	505 Ross Ave., 204-772-4107
	Youth for Christ (for children & youth):	333 King St., 204-669-4205
<b>8</b>	Nine Circles Community Health Centre:	705 Broadway, 204-940-6000
<b>4</b>	Crossways in Common:	222 Furby St., 204-783-0128
	Ka Ni Kanichihik:	455 McDermot Ave., 204-953-5820
	Indigenous Family Centre:	470 Selkirk Ave., 204-586-8393
	Flora House:	739 Flora Ave., 204-586-5494
	North End Family Centre:	1344 Main St., 204-582-7927
	North Y Youth Centre:	363 McGregor St., 204-989-4109

## MEDICAL

<b>13</b>	Access Downtown:	640 Main St., 204-940-1626
	<i>Mon.-Thurs. 8am-6pm; Fri. 8am-5pm; Sat. 8:30am-4:45pm</i>	
<b>41</b>	Crisis Response Centre:	817 Bannatyne Ave., 204-940-1781
	<i>Open 24/7</i>	
	Manitoba Health:	300 Carlton St., 204-786-7101
	Health Links:	204-788-8200
<b>8</b>	Nine Circles Community Health:	705 Broadway, 204-940-6000
	<i>Drop-in Wed. 1pm-7pm</i>	
	Aboriginal Health and Wellness Centre:	181 Higgins Ave., 204-925-3700
	Healthy Child:	1-877-945-4777
	FASD/ Prevention Program:	1-888-848-0140
	Mount Carmel Clinic:	886 Main St., 204-582-2311
<b>5</b>	Klinic:	870 Portage Ave., 204-784-4090
	Women's Health Clinic:	419 Graham Ave., 204-947-1517
	Hope Centre Health Care:	240 Powers St., 204-589-8354
	<i>Mon./Tues./Thurs./Fri. 9am-4pm; Wed. 10am-4pm</i>	
	Youville Centre Diabetes Centre:	33 Marion St., 204-233-0262
	<i>Mon./Fri., 9am-5pm; Tues.-Thurs. 9am-9pm</i>	
	Youville Community Health Resource Centre:	6-845 Dakota St., 204-255-4840
	<i>Mon./Fri. 9am-5pm; Tues.-Thurs. 1pm-9pm</i>	
	Pan Am Clinic:	75 Poseidon Bay, 204-925-1550
	Envoy Medical Centre:	481 William Ave., 204-786-4444
	<i>Walk-in Tues./Thurs. 9am-11am</i>	
	Family Doctor Connection:	204-786-7111
	QuickCare Clinic:	2-363 McGregor St., 204-940-1963

## VICTIM/CRISIS SERVICES

	Klinic-Evolve Family Violence Counselling:	870 Portage Ave., 204-784-4090
	Klinic Crisis Line:	204-786-8686 or 1-888-322-3019
	Youth Mobile Crisis Service:	204-949-4777
	Youth Crisis Stabilization:	204-949-4777 or 1-800-383-2776
	Manitoba Suicide Crisis Line:	1-877-435-7170
	Crisis Response Centre:	817 Bannatyne Ave., 204-940-3633
	First Nations and Inuit for Wellness Helpline:	1-855-242-3310
	Seneca Mental Health Warm Line:	204-942-9276
	<i>7pm-11pm</i>	
	Victim Services Winnipeg Law Courts:	408 York Ave., 204-945-6851
	Child Victim Supports Services:	1410-405 Broadway, 204-945-0662
	<i>Mon.-Fri. 8am-4:30pm</i>	
	Sexual Assault Crisis Counselling:	204-786-8631 or in person 204-784-4049
	Aboriginal Court Worker Program:	311-408 York Ave., 204-945-0029
	Kids Help Phone:	1-800-668-6868
	Winnipeg Police Service Sex Crimes Unit:	204-986-6245

## LGBT2SQ

	Like That Drop-in Program at Sunshine House:	646 Logan Ave., 204-783-8565
	<i>Mon./Wed. 6:30pm-8:30pm</i>	
<b>9</b>	Rainbow Resource Centre:	170 Scott St., 204-474-0212 ext. 201
	<i>For Counseling: call Mon. 10am to book an appointment for the week;</i>	
	<i>Youth group: Wed. 7pm-9pm</i>	
	Sexuality Education Resource Centre (SERC):	200-226 Osborne St. N., 204-982-7800
	Rainbow Pride Mosaic (University of Manitoba Students):	180 Helen Glass Centre, University of Manitoba, 204-890-4139
	Sage House (through Mount Carmel):	422 Dufferin Ave., 204-943-6379
	<i>Mon.-Fri. 1pm-5pm</i>	
<b>8</b>	Nine Circles Community Health Centre:	705 Broadway, 204-940-6000
	Sexual Health Info Line:	204-945-2437
	<i>Mon.-Fri. 9:30am-5pm</i>	

## EXPLOITATION SERVICES

	Counter Exploitation Unit Winnipeg Police Service:	204-986-3464
--	--	--------------

	Sage House:	422 Dufferin Ave., 204-943-6379
	<i>Mon.-Fri. 1pm-5pm</i>	
<b>42</b>	Our Place Safe Space (Daniel McIntyre St Matthews Community Association):	838 Ellice Ave., 204-774-7005
	<i>Fri. 4pm-7pm</i>	
<b>33</b>	Ma Mawi Wi Chi Itata Centre:	445 King St., 204-791-4925
	Dream Catchers:	870 Portage Ave, 204-784-4042
	TERF (for youth):	500-717 Portage Ave., 204-786-7051 ext. 5311
<b>26</b>	Street Connections:	496 Hargrave St., 204-981-0742
	Ndinawemaaganag Endaawaad Inc. Outreach Team:	204-781-2691
	Dignity House:	1977 Norris Rd., 204-421-5818
	Winnipeg Police Service Sex Crimes Unit:	204-986-6245
	All Nations Coordinated Response Network:	835 Portage Ave., 204-944-4200
	Ka Ni Kanichihik Inc.:	455 McDermot Ave., 204-953-5820
	Cybertip.ca:	1-866-658-9022
	Need Help Now:	www.needhelpnow.ca

## SUPPORTS FOR FREE CLOTHING

<b>46</b>	Magnus Eliason Recreation Centre:	430 Langside St., 204-783-5000
<b>25</b>	Siloam Mission:	309 Princess St., 204-956-4344
	<i>Appointment necessary, 1 time per week, 15 minute time allowance in clothing bank, open 9am-4pm Mon.-Thurs.</i>	
<b>10</b>	Resource Assistance for Youth:	125 Sherbrook St., 204-783-5617
	<i>For youth age 29 and under, open Mon.-Fri. 1pm-3pm</i>	
<b>12</b>	Wolseley Family Place:	691 Wolseley Ave. (lower level), 204-788-8052
	<i>Open Mon./Tues./Thurs./Fri. 9am-12pm and 1pm-4pm; Wed. 1pm-4pm</i>	
	Koats for Kids:	3172 Portage Ave., 204-586-5628
	<i>Open Sept. to mid-Feb. Mon.-Thurs. 9am-4pm</i>	
	Adventist Community Services:	95 Stadacona Ave., 204-663-2278
	<i>Open Mon. 1pm-4pm and Tues.-Fri. 9:30am-12pm</i>	

## SUPPORTS THAT OFFER MEALS

<b>2</b>
----------