

# Transcona Collegiate



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2018-2019

Parent Advisory Council

Chair: Brenda Hrycyk

For more information call TCI at

204-958-6440



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For more information about the board of trustees, visit: [www.retsd.mb.ca/BoardofTrustees](http://www.retsd.mb.ca/BoardofTrustees)

## Principal's Message



### **TRANSCONA COLLEGIATE** ***...Where Character Counts***

Transcona Collegiate is the home of the TITANS and where character counts. At Transcona Collegiate we are Trustworthy, Inspirational, Team players, Ambitious, Nice and Scholars.

Semester 1 has quickly come to a finish. Students have been involved in a lot of activities inside and outside of the classroom to show their TITANS Spirit. As we end this term, I encourage all students to continue to be scholarly so that they may experience success in their academics.

Exams began on January 28<sup>th</sup> for all students. The Grade 12 students begin much earlier, with the ELA Provincial Exam being performed from January 8<sup>th</sup>—11<sup>th</sup> and the Provincial Math Exams during the week of January 22<sup>nd</sup>. Reports for semester 1 will be available on the parent portal February 8<sup>th</sup>.

Mid-term reports were issued on November 16<sup>th</sup> with parent teacher interviews held on the 22<sup>rd</sup>. Thank you for the efforts that parents/guardians are taking to contact teachers regarding their son/daughter's progress and to teachers for communicating the same to parents.

Congratulations to all those students who achieved Honour Roll Status for the 2017-18 school year. Their names are published in this newsletter. Students receiving Honour Roll Status must have an average of 80% with no mark lower than 70%. Congratulations to all recipients.

In October, students from our Global Issues group attended MyMTS Day at the MTS Centre. We're looking forward to the work that these inspired students will do in support of communities in need. This will be a yearlong venture.

In the month of December we are reminded of the needs around us. Thank you to the many staff and students who donated non perishable food items and have assisted the leadership students. They were able to deliver 20 food hampers to families in need in the Transcona area.

If any parents are interested in attending our Parents Association they are welcome to attend. Please check the website for dates.

Our open house for the 2018-19 school year will be held on February 21. On this evening we have information sessions on the different streams of mathematics, as well as a presentation on High School Apprenticeship Program.



***Ms. S. Dzuba, Principal,  
Transcona Collegiate***

## Graduation Information 2019

Dear Parents, Guardians and Grads,

Below I have listed all the important dates for grad this year. It may seem like June is far from now but it will be here before you know it! If there are any questions, please send me an email at [tromu@retsd.mb.ca](mailto:tromu@retsd.mb.ca) and I'll get back to you as quick as I can. Please remember that there are still some more fundraising opportunities coming up.



### Grad Info 2019

- 1) Grad Rehearsal - Tuesday June 25<sup>th</sup> - 9 am TCI Rehearsal for convocation Attendance MANDATORY
- 2) Convocation - Wednesday June 26<sup>th</sup> - 10am North Kildonan Mennonite Brethren Church on the corner of Gateway and Springfield Grads there no later than 8:30 Parents and guests will not be admitted until 9:15 No ticket necessary Dress is semi- formal. No flip flops or runners. Pants and a collar shirt for the guys, spring dress or dress pants and blouse for girls.
- 3) Dinner and Dance - Thursday June 27<sup>th</sup> - 5:30pm Delta Hotel Downtown Cocktails 5:30, Program starts at 6:30, supper served at 7.

Dress is formal.

ID MUST BE PRESENTED

Ticket required for admittance

- 4) Ticket Sales - June 3<sup>rd</sup> to 7<sup>th</sup> ONLY

Must have the DD Form filled out before buying tickets.

Tickets will only be sold at lunch in room 403 CASH ONLY

\$80 per ticket, each grad gets 4 tickets, one of which must be for the grad.

If you require extra tickets, they will be sold first come first served on Friday at lunch.

You can choose where you sit. There are only tables of 10 with set number of tables available.

**\*\*If you plan on going to safe grad, you must attend the Dinner and Dance.\*\***

Sincerely,

Tracy Romu

Math/Science Department Head

Chem 30S/40S, Applied Math 30S/40S, Grad Co-Ordinator



## Student Council 2018-2019

The 2018-2019 Student Council has had a very busy first semester. We started off the school year with the Grade 9 BBQ on September 5<sup>th</sup>. The students were able to get comfortable in the school without any upperclassmen there, as well as participate in a scavenger hunt.

They were served a hotdog lunch prepared by the Student Council and Leadership students, and then played some games in the gym. October was full of fun activities. On October 12<sup>th</sup> we showed our school spirit at the pep rally, organized by the Spirit Committee. Global Issues hosted a green themed bake sale at lunch and students dressed in green to celebrate our teams. On Halloween, the Spirit Committee organized games in the gym as well as a costume parade. TADD sold Halloween themed mocktails and Titan Pride sold bags of candy by the gym.

On November 9<sup>th</sup> we paid our respects to those who have served our country at the Remembrance Day ceremony. The grade 10, 11, 12 band played a prelude to the ceremony as well as O' Canada, and the vocal jazz group sang Remember Me. Then on November 16<sup>th</sup> the student council ran a taco in a bag hot lunch that everyone enjoyed, we ended up selling out in half an hour!

In December we had a spirit week as well as a holiday week. Spirit Week ran from December 10<sup>th</sup> to the 14<sup>th</sup> and was filled with theme days like pajama day, twin day, backwards/inside out day, and sports day. On the 12<sup>th</sup> Titans for Tomorrow had a basketball shootout in the gym with all proceeds going towards Kids Sport Winnipeg that was a huge success. On Friday the 14<sup>th</sup>, the Spirit Committee organized an incredible Grade Wars with games that everyone enjoyed.

Holiday week ran from the 17<sup>th</sup> to the 21<sup>st</sup>. Students dressed up in green and red and showed off their festive sweaters and accessories for the entire week. Leadership did Santa photos on the 18<sup>th</sup>, TADD sold hot chocolate and the Bible Discussion Group sold popcorn on the 19<sup>th</sup>, and there was Christmas Karaoke in the stage area on the 20<sup>th</sup>. We hope that next semester will be as much fun as the first!

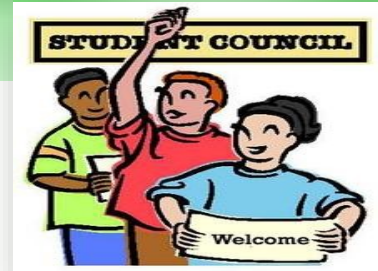
## Student Council Executive 2018-2019

### Student Council Executive

President:	Lyle Arcinas
Vice President:	Quinton Vander Aa
Treasurer:	Mackenzie Bennett
Secretary:	Erica Ritter

### Staff Advisors

D. Ball
C. Duffield
K. Fewer



### Committee Chairs

Awards:	Mary Geodisico	Publicity/Advertising	Avery Keen, Emma Wedlake
Global Issues:	Genessa Ruffeski, Brooklyn Kutzan & Tyra Dunits	Titans 4 Tomorrow:	Umuhawa Senesie Sabrina Phrakonekham
Grad:	Brooklyn Kutzan & Tyra Dunits	TV Promotion:	Student Council Exec.
Titan Pride:	Marina Saunders, Eden Valenzuela	Yearbook:	Marielle Leyva
Spirit Committee:	Thelma Hernandez & Chloe MacDonald	Titan Tavern:	Sabrina Phrakonekham
Philanthropy:	Raihanne Ellis	<u>Committee Chairs</u>	
TADD:	Carmeline Silva	Sports Chair:	Umuhawa Senesie, Sabrina Phrakonekham

## Global Issues 2018-2019

Global Issues has had a fun filled first half of the year! So far, we have had a bake sale to raise money to aid in the Carolina Flooding. A large group of us attended "WE DAY" and were inspired to continue raising awareness of those in need. In addition, we collected and filled Christmas boxes with a variety of items for children overseas to open up on Christmas morning. Finally, we had a very successful 30 Hour Famine and were able to contribute over \$800 to World Vision.

In 2019, we plan to continue our journey in helping and raising awareness of issues and concerns in our world!





## Counsellor's Corner - January 2019



This year has been exciting and busy with lots of opportunities for students to participate in school activities as well as explore what their next steps might be after high school.

In the fall the University of Winnipeg, University of Manitoba and Red River Community College were here to talk to the grade 11 and 12 students about courses of study and programs that might interest them. Also in the fall, the grade 9 students had a chance to participate in the national “Take Our Kids to Work” day on Wednesday, November 14th. Many experiences on that day opened up future work/career exploration possibilities for the grade 9 students.

In early October and mid-December 2018, the TCI Counselling Department partnered with the WPS to offer Online Safety and Drug and Alcohol Awareness presentations to our student body, with the goal of providing accurate and timely information.

December 2018 was the second year that the Counselling Department presented *Everyone Matters Manitoba* – a youth suicide prevention program. All students in grade 9 had the chance to learn key concepts regarding their well-being and were provided with resources to help them take care of and promote their mental health.

In March 2019 our grade 10 students will attend the Rotary Career Symposium – where they will have the chance to interact with a wide variety of successful business and trades people and learn what “a day in the life of ...” might look like.

The 2019 *Tri-School Career Fair* will take place on April 4<sup>th</sup>, 2019 at College Pierre Elliot Trudeau. This event continues to expand as we offer students and families in the area an opportunity to explore career choices and/or make career changes. Participants from a variety of local and national businesses, post-secondary institutions as well as local and national services will be in attendance to answer questions and provide information about study or employment.

During the week of April 22- 26, 2019 we will be hosting our second *Mental Wellness Fair* at Transcona Collegiate. Last year’s premiere was well received by the whole school so a plan was hatched to make it a sustainable event. There will be a variety of sessions, lessons, workshops and hands on activities, where students will have an opportunity to participate in a variety of activities that strengthen their abilities to take care of their mental well-being. Lunchtime activities during the week will also offer students more choices to do the same.

As we wind down the first semester we want to encourage everyone to do well on their final exams. Practice good study habits, get plenty of rest, and remember that we are here to help – exams can be a stressful time.

Have an awesome second semester and take care of yourself – kindness is one of the greatest gifts you can give yourself!

Mrs. Young and Ms. Knutson

Checkout the [Transcona Collegiate website](#) for Scholarship information.  
[Click here](#) to go directly to the Scholarship page.

## Music Notes - January 2019

Hello Parents:

Our Flute Quartet performed at the Solo & Ensemble Festival January 18th and received a Superior Performance award. Congratulations on your hard work and awesome performance ladies!!

Our grade 10-12 Concert Band is performing at the Optimist Festival February 21 at 2:00pm. Parents are welcome to come to the Convention Centre and watch!

Our Jazz Bands are performing at Jazz Optimist Festival at the beginning of March. Grade 9 (March 1 @ 1:40pm), Grade 10 (March 1 @ 6:30pm), Grade 11/12 (March 2 @ 8:00pm)

All payments for our Camp Nutimik Band Retreat need to be in to Mr. Steinhilber on Monday, February 5.

Our next Banff payment is due February 16 (\$150). At that point, students should have paid \$600.

Thanks,

**Dan Steinhilber**  
**Music Teacher**

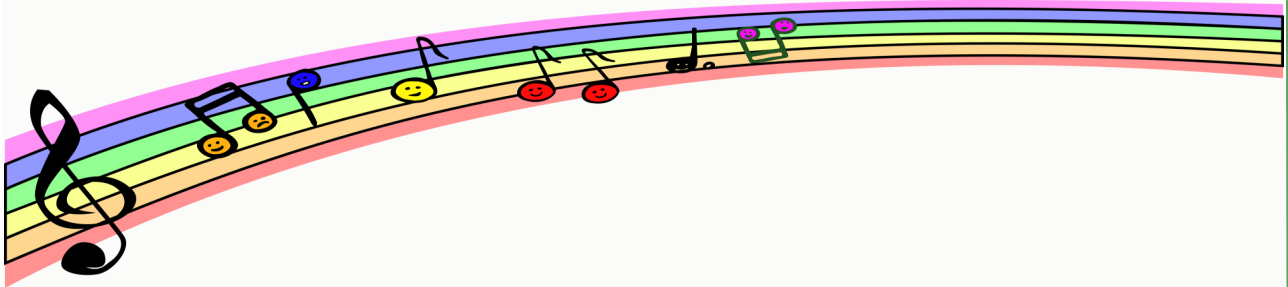
Transcona Collegiate  
204.958.6440, ext. 2805

[Teacher Website Link](#)



[Click here for Mrs. Amato's website](#)

[Click here for Mr. Steinhilber's website](#)





## Christmas Hampers

. The Leadership class would like to thank the efforts of those who contributed to our 20 Christmas hampers this year.

We could not have accomplished this task without the support of businesses in the community, alumni families, and the general staff and student body of TCI. Each of the hampers were designated for families in the Transcona area, and in addition to the hampers, spare food was dropped off at the Transcona Food Bank.

It was great to see a few Leadership students step up and take on a more active roll of coordinating all the different pieces that go into providing almost 1800 lbs of food, and close to 45 presents - thank you! Please keep us in mind for donations during next year's hamper drive.

## Europe Trip 2018





## Winter Bus Cancellation Rules

### GENERAL RULE

All of Metro Winnipeg School Divisions follow one system. At about 6:10 a.m. River East School Division (RETS) will consult the Environment Canada weather information – either on television or via its [WEBSITE](#).

If the wind chill is  $-45^{\circ}\text{C}$  or colder at the Winnipeg Airport, RETSD will cancel buses, but schools usually remain open.

### WHERE TO GO FOR INFORMATION AFTER 6:30 a.m.

Please listen to the major radio stations. Generally, they broadcast cancellations about every 15 minutes.

Additionally, tune into television Stations CKY, or CITY TV. Also, if you have access to a computer, please click on the RETSD Website ([www.retsd.mb.ca](http://www.retsd.mb.ca)) to see whether or not buses are cancelled.



## Dog Therapy



The therapy dog program provides an opportunity for students to:

Talk with the volunteer and the dog.

Feel, touch, pet and cuddle the dog.

Receive unconditional love from the dog.

Carry-out or practice an activity in the presence of the dog. The program offers many benefits, improving quality of lives.

Some of the reported benefits include: Greater social engagement with individuals/students talking more, participating more in activities, and smiling more.

Stress relief and distraction from pain,

Comfort and calming

Improved self-confidence and self-esteem

Therapy Dogs: Skye, Carmon and **Bentley** (picture above)

Thank you to Caroline and Carrie for their dedicated work.



# Uncomplicated Banking



The Titan Credit Union is a youth branch of Casera Credit Union located in room 102 of Transcona Colligate, running its 21<sup>st</sup> successful year in the school. The branch was the first of its kind in Manitoba to open a credit union in a high school. The youth branch is fully running, organized, and operated by students in the school as part of the schools Life/Work Transitions course.

The program has benefited students with the work experience and leadership skills as well as all in the school who have been involved with the program over the years.

The Titan Credit Union also known as the TCU is available and open for all staff and students in the school as well as other people in the community. The TCU is open every day during lunch hours with a full staff ready to help. When opening an account, we can ensure you that your money is safe and secure with us. Here at the TCU people can access their money and make transactions, for all that have an account with us. You can also get a debit card from Casera when opening an account. For people with accounts and ones desiring to open an account, there are monthly promotions, where you can entire in draws and get the chance to win gift cards, treats and other amazing prizes. As of January 2019, our monthly promotion is for all grade 9 and 10 students- they get a free five dollars when opening a new account. The TCU is always a welcoming place with new and exciting promotions each month, so make sure to come check us out and open an account today.

# Badminton



Please keep badminton in mind for the spring! The Badminton season will start in the last week of March. I know that sounds like a long time from now, but it will be here before you know it. Our practices involve mini lessons, conditioning, and a lot of round robin competition. It is a fun way to improve fitness and skills so I hope to see a lot of students out this spring!



## Grade 9 Honour Roll

Chistan Abdullah	Erika Munnik
Jersey Anderson	Franck Nayituriki
Katrina Andrade	Lacee O'Neil
Kurt Batac	Larissa O'Neil
Chellewin Benavidez	Rheine Paguio
Gavyn Bernardo	Julliana Parale
Jasmine Bissell	Francesca Pasion
Hannah Cole	Karson Pauley
Ashley Drysdale	Benjamin Pugh
Holly Drysdale	Celia Raposo
Connor Elyk	Megan Roberts
Shianne Evoy	Vince Roman
Ernest Gonzales	Kristinelle Salvador
Reid Hepworth	Carley Sanders
Thomas Hepworth	Ara Santos
Samantha Jack	Alyssa Schudel
Landon Johnston	Ryan Schwerinski
Benjamin Judson	Gabriella Serek
Braylin Karnafel	Kyra Serek
Abhinav Kaushal	Kaylyn Skelton
Harmony Komadowski	Jordan Strachan
Jocelyn Kotlarchuk	Kathleen Tetrault
Terik Kozakowski	Ali Thiessen
Erica Labarre	Kevin Vellinga
Richgel Julius Leyva	
Amanda Lopez	

**2017-2018**

## Titan Tavern



The Tavern team is off to a great start, this year. Come in and enjoy a TCBY frozen yogurt or a bowl of noodles. Our team is friendly and the store is stocked with tasty snacks and beverages, so the next time you are in the building over lunch hour stop by and say 'hello'.

### The Addictions Foundation of Manitoba

AFM contact: Jeremy Hennessay Ph # 204-223-9952  
AFM Youth Services, 200 Osbourne Street North  
Phone # 204-944-6235

## Grade 10 Honour Roll

Kyla Abdullah	Angelo Lanticse-Peralta
Luis Baquiano	Paqige Leach
Brianna Betts	Mckenna Lorentz
Kaylee Charriere	Carter Mahy
Shayna Christie	Morgan Massett
Austin Cripps	Emma Moar
Ethan Cripps	Hailey Muzik
Ghia Cruz	Kade Osadchuk
Kaden Davis	Tracey Pham
Lexie Desjarlais	Dalton Reidke
Sarah Drewry	Richard Allen Reyes
Cooper Dyck	Harvey Salvador
Juan Elegado	Braden Shellenberg
Cassandra Friesen	Connor Shields
Anne Gomez	Jessica Sokoloff
Ben Guina	Eric Stechkewich
Tamara Hickey	Reine Tahimic
Caroline Hunter	Brendan Tracy
Manpreet Kaur	Autumn Wachal
Anouk Kidd	Jeremy Watcher
Deluca Klatt	Madison Zadro
Jesse Klaverkamp	Eric Zarecki
Christine Kolbuck	
Brandon Kowalchuk	
Darian Lagman	
Jerome Lagman	

**2017-2018**

## Grade 11 Honour Roll

Roselle Abella	Chloe MacDonald
Ali Boru	Ryan Maniacco
Earl Alminana	Delaney Martin
Nicholas Andrade	Kelly Martin
Mackenzie Bennett	Francisco Milan
Braden Bileski	Cabrera
Nicholas Brown	Jason Nguyen
Genesis Cabungcal	Erica Ritter
Irene Chan	Haylee Rolland
Debora Cunha dos Santos	Genessa Ruffeski
Dennis Del Rosario	Ela Sadovski
Tyra Dunits	Nyl Salvador
Raihanne Ellis	Marina Saunders
Jade Fontaine	Amanda Schmidt
Mary Geodisico	Coleton Seniuk
Thelma Hernandez	Karla Trejo Esqueda
Shaylene Karnafel	Emma Wedlake
Avery Keen	Danae Wirth
Marielle Leyva	Brooklyn Wood
Jose Linsangan	
Juan Lopez Villalobos	

**2017-2018**



## Titan Sports Report - Winter 2018-2019

### Volleyball

This year at TCI we were able to run 5 volleyball teams which include a grade 9 Girls team, a JV Girls Team, Varsity Girls, JV Boys and Varsity Boys, who all had successful seasons. We would like to thank Ms. Ilchyna, Mr. Dasch, Mr. Zborowsky, and Mr. Duffield for volunteering their time and knowledge of the game in order for our athletes to reach their full potential.

Our Varsity Boys held their own in the toughest volleyball conferences in the province, winning their first-round playoff game before they eventually lost a hard fought battle to the #1 ranked team in KPAC. Congratulations to the Varsity Boys Volleyball Team.

Our Varsity Girls had a strong finish to their season which included winning their final two tournaments of the year and being ranked #10 in the province. They fought their way into the KPAC semi finals before losing to the eventual champion. Congrats on the season ladies.

Our Junior Varsity Boys had a very impressive season! After a 5-3 finish to the season, the boys upset the #2 ranked team in the semi finals before losing a close match in the finals. Congrats on your 2nd place finish!

The Junior Varsity Girls finished the season 7-2 which was good for 2nd place in the conference. They came together and steam rolled their competition advancing all the way to the KPAC Finals before a heart-breaking match. Congrats on your successful season, finishing second.

Our grade 9 girls gelled immediately which led to a fun and successful campaign. They got better and better as the season and advanced to the KPAC semifinals. They continued to build and the even entered the provincial championships and finished 5th in Manitoba. Congrats on your successful run ladies!



#### Grade 9 Girls Volleyball

Halle Wirth  
Gedil Aviles  
Mara Zazula  
Athena Alfonso  
Dania Del Rosario  
Brooklyn Nakita  
Taryn Silvari  
Megan Tokar  
Betty Tefay  
Ephone Laku  
Tammy Pham

#### Junior Varsity Girls Volleyball

Hannah Cole  
Destiny Wilby  
Jersey Anderson  
Jenna Eori  
Larissa O'Neil  
Morgan Manchester  
Kristinelle Salvador  
Lacee O'Neil  
Danielle Smith  
Ava Terleski

#### Junior Varsity Boys Volleyball

Cole Shymko  
Malakai Villmar  
Chap Kon  
Quaid Parkinson  
Dhemir Punay  
Josh Pretula  
Dennis Kombo  
Kurt Batoc  
Tyler Pruden  
Terik Kozakowski

#### Varsity Girls Volleyball

Carlota Aguilar  
Christine Kolbuck  
Ela Sadovski  
Thelma Hernandez  
Mackenzie Hartle  
Madison Zadro  
Lexi Desjarlais  
Jessica Pretula  
Deluca Klatt  
Raihanne Ellis  
Linda Soloman

#### Varsity Boys Volleyball

Ryan Maniaccio  
Dalton Reidke  
Brayden Edle  
Nick Andrade  
EJ Rivera  
Moyo Adewunmi  
Nick Vinnik  
Michael Merene  
Jordan Kleyh  
Harvey Salvador



# SPORTS



## Titan Sports Report - continued

### Basketball News

Our basketball program is underway with our teams working hard as we are approaching the mid season mark for many of our teams.



Transcona Collegiate will be hosting three basketball tournaments this season in our building. Our junior varsity teams hosted the weekend of December 7/8, the grade 9 boys hosted January 11/12 and the varsity teams will host on February 1/2.

We are very appreciative of our volunteer coaches who are providing countless hours to provide an opportunity for our students to participate as part of the Titan Athletic program.

Thank you to Coach Tibbs who is in his second year as our varsity boys head coach. The varsity boys and Coach Tibbs will have a very busy season. They have been training since the fall in preparation for this season. They are playing Tier 1 in the KPAC basketball league along with participating in 5 tournaments so they will be eating, sleeping and breathing basketball over the next month.

We are very lucky to have Coach Jones as our varsity girls head coach. Coach Jones is a Transcona Collegiate Alumni and has been coaching since she graduated from TCI. Her team will be very competitive within the KPAC Tier 2 league. The varsity girls are playing in 3 tournaments this season.

Coach Lopez is in his second season as a coach at Transcona Collegiate. He coached our grade 9 boys team and moved up with them to coach them this year in our junior varsity league. The junior varsity boys is not tiered this year so the boys will get to play all 11 high schools that are part of KPAC. The boys were consolation finalists at our tournament in December and will be travelling to Westwood for a tournament in February.

Coach Rosie is in her first year as head coach of our junior varsity girls team. Coach Rosie played varsity basketball for TCI last year and was a key player in her team being KPAC Finalists. Coach Rosie was also the assistant coach to the grade 9 girls last season. The junior varsity girls finished fourth at their own tournament in December and will be participating at the Maples tournament in January.

Players are reminded to check the paper schedule outside the gym office for any last minute updates to practices or games.

### Varsity Girls Basketball

Jersalem Gebreezie  
Meghyn Dumas  
Emma Moar  
Madison Zadro  
Cassie Friesen  
Jessica Pretula  
Umu Senesie  
Thelma Hernandez  
Kahlin Lutz  
Shaliz Koviazi  
Destiny Wilby

### Varsity Boys Basketball

Anton Villafranca  
Bernard Manishnwe  
Bill Benson  
Dalton Reidke  
David Londono  
Gabriel Benson  
Harvey Salvador  
Jacob Braun  
Josiah Uminga  
JR Baquiano  
Michael Merene  
Ralph Navidad  
Boru Ali

### Junior Varsity Boys Basketball

**Coach: Mr. Korkosh**

#1 Acy Cani  
#3 Dhemir Punay  
#4 Gavyn Bernardo  
#5 Braiden Ojah  
#6 Tyler Pruden  
#7 Franck Nayituriki  
#14 Evan Piec  
#20 Dennis Kombo

Parents, please be sure to take a moment at the end of the season to shake your child's coaches hand and thank them for the time, energy and commitment they have put into coaching your

## Titan Sports Report - continued



### **Athlete of the Month**

Every month a Titan athlete or athletes are selected by their coaches as the Titan Athlete of the Month. The following are the recipients for this school year thus far:

#### ***Destiny Wilby* - Grade 10 Junior Varsity Basketball**

Destiny shows her dedication to basketball by always coming to practice and giving it her all every time. This work ethic during practice transfers to games as she never gives up and leads by example

#### ***Josiah Uminga* - Grade 11 Varsity Boys Basketball**

Josiah has been off to a great start to the 2018-19 season! He has been a constant threat to defenses in KPAC at the PG position. With a lightning quick first step he's able to get to the rim and finish, draw a foul, or make the right read and set up a teammate. Josiah capped off December with 19pt performance at home against River East. He is a great teammate and has perfect practice attendance. The hard work is paying off! Congrats, Josiah.

#### ***Halle Wirth* - Grade 9 Girls Volleyball**

Halle has proven to be a dominant player and leader on and off the volleyball court. Her diverse skillset allowed her to be an offensive and defensive threat in multiple positions leading the grade 9 girls volleyball team as their captain. Great Work!

#### ***Jordan Kleyh* - Grade 11 Varsity Boys Volleyball**

This Titan didn't miss a single practice in the month of November and his game on the court showed it. Jordan was often asked to play out-of-position on the right side and he rose to the occasion every time, including helping his team to a tournament final. Jordan was named one of the team's most improved players, and he will certainly be a force on the court next season.

#### ***Temí Solaja* - Grade 9 Girls Basketball**

Temí has been an excellent teammate this season so far. She not only works extremely hard, but she does it with a smile and encourages her teammates to get the best out of them. Temí will be a key player for the girls in their up coming season.

#### ***Steven Kory* - Grade 9 Boys Basketball**

Steven has shown the ability to get to the rim and score efficiently. He has been the effective player in the team's first two games. This success comes from his drive to be the best he can at practice and his ability to push everyone around him to be their best. Good luck with the rest of the season Steven!

***For the most up to date information regarding our Athletic Program including a calendar of events and announcements please go to the [Transcona Collegiate Athletic Website](#).***



## Titan Sports Report - continued

Mr. Korkosh is coaching the grade 9 boys team. They will be playing in the KPAC league along with another 9 schools from our conference. The boys started their season by hosting a pre-season tournament at TCI where they opened their season with a tournament win defeating Elmwood 46-44 in the Championship Final. The boys will have a second tournament in February at Tech Voc high school.

A full schedule of all KPAC basketball games including results can be found at [www.kpac.ca](http://www.kpac.ca).

Players are reminded to check the paper schedule outside the gym office for any last minute updates to practices or games.

Parents, please be sure to take a moment at the end of the season to shake your child's coaches hand and thank them for the time, energy and commitment they have put into coaching our son or daughter.

### Grade 9 Boys Basketball

**Coach: Mr. Korkosh**

Cole Shymko  
Jacob McGinnis  
JN Domingo  
Kade Chartrand  
Malakai Villamar  
Noah Kaatz  
Rhys Zahorodny  
Steven Kory  
Zane Natch





# KEEP CALM AND PASS YOUR EXAMS

## How to Ace your Exams!

### START EARLY!

These are the top ten things that you need to know to ace exams!

- 1) **Give yourself plenty of time.** Cramming doesn't work. It just doesn't. When you start to study weeks ahead, you have plenty of time to read everything. It also gives you time to ask questions about anything you don't fully understand.
- 2) **Use an Agenda.** Write your study time in your agenda, even if it's only 20 minutes a night. An agenda is one of the best organizational tools you have to help you prepare for your exams.
- 3) **Set up a study stadium.** Okay, it doesn't have to be an actual stadium—just an area where you can leave your notes, your pencils, and your dictionary. A place where you are comfortable and where there is little distraction—that means no TV or blaring music!
- 4) **Look at the big picture.** How many pages in total do you have to study? How much time? If you have 50 pages to cover in 10 weeks, then that is only 1 page a night on weekdays, with weekends off. That's not so bad! You can even write down what pages to study on what night.
- 5) **Study a little bit every night.** When you start early enough you can easily avoid the stress and anxiety of pulling an all-nighter. And, you can move at a steadier pace—20 minutes a night is easier to handle than 7 hours the night before. By the week before the exam you'll have read everything at least once and you'll be prepared!
- 6) **Make your own notes.** Look at the chapter or unit or section. What are the titles, heading and subheadings? Are there any bolded words? Write these down. These are key words, and they are great indicators to help you know what the material is about.
- 7) **Put it in your own words.** This is known as paraphrasing and it's a great technique to help you really understand the material. Memorization and rote repetition? That's for robots! You need to understand the material to succeed!
- 8) **Cover, recite and check.** But how do you paraphrase? It's as easy as reading over a page, a paragraph, or a sentence, then covering it up, and saying it back in your own words!
- 9) **Don't study the stuff you know well.** Start with the most challenging sections and move on from there. There is no point studying material that you are confident you know. A quick review to make sure you remember everything is enough.
- 10) **Make classroom time active learning time.** The best study tip is one that doesn't even involve studying, but happens way before studying—in the classroom. The secret to easy studying is to be an active learner in the classroom. Raise your hand. Ask questions. Participate in discussions. Don't just sit and wait for the teacher

Exam Schedule January 2019

	DATE	TIME	EXAM	Location			
Provincial	Tuesday, January 8	8:30 - 11:30	Grade 12 English	English Classroom	Additional Coverage		
	Wednesday, January 9	Class Time	Grade 12 English				
	Thursday, January 10	Class Time	Grade 12 English				
	Friday, January 11	Class Time	Grade 12 English				
	Thursday, January 24	8:30 - 11:30	M40SP-1 (Valainis)	RM 209			
Wednesday, January 23	8:30 - 11:30	M40SE-1 (Ball)	RM 110				
Tuesday, January 22	8:30 - 11:30	M40SA-1 (Romu)	RM 209				
School Exams/Performance Assessments/Portfolio Presentations	Monday, January 28	9:00-12:00	E20F-1 (Martens)	MPR	EORB		
			E20F-2 (Martens)		ZABK		
			E20F-3 (Martens)		KORR		
			E30SCF-1 (Ilchyna)		303	PALC	
			E30SCF-3 (Ilchyna)		304		
			E30SCF-2 (Adamson)		209		
			B40S-1 (Page)		400		
		1:00-3:30	E10F-1 (Klassen)	MPR	RODC		
			E10F-2 (Klassen)			AMAK	
			P30S-1 (Bailes)			YOUC	
			E10F-3 (Matwichuk)			308	WIEM
			E10F-4 (Matwichuk)			305	STED
			E10F-5 (Fewer)			307	
			E10F-6 (Fewer)			310	
	HE40SFN -1 (Winiarz)	M406					
	Tuesday, January 29	9:00-12:00	M20SI-1 (Ball)	MPR	STED		
			M20SI-2 (Ball)		WIEM		
			CCW10F-1 (Bedard)		302	JONB	
			CCW10F-2 (Bedard)		304	ZABK	
		1:00-3:30	PSY40S-1 (Amato)	310	STUM		
			HC30F-1 (Grieve)	MPR	EORB		
			HC30F-2 (Grieve)		107	PALC	
			BL40S-1 (Grieve)				
			F20F (Bedard)				
			F30S-1 (Bedard)				
	Wednesday, January 30	9:00-12:00	S10F-3 (Dasch)	MPR	STOC		
			S10F-4 (Dasch)		YOUC		
S10F-6 (Dasch)			RODC				
C30S-1 (Romu)			401		JONB		
C40S-1 (Romu)		403					
S10F-5 (Page)		400					
S20F-2 (Bailes)		MPR	KNUJ				
S20F-3 (Bailes)							
B30S-1 (Dasch)							
1:00-3:30	S20F-1 (Jajam)	310					
	Thursday, January 31	9:00-12:00	M30SP-1 (Ball)	MPR	STUM		
M30SA-1 (Romu)							
M30SE-1 (Jajam)							
M20SE - 1 (Wilde)		302					
1:00 - 3:30	Conflicts						



# #YellowIsForHello

RETSD Talks Mental Health

Please join us for a free evening focusing on building student resiliency and positive mental health.

Our guest presenter is Sam Fiorella, co-founder of The Friendship Bench, the not-for-profit organization behind the #YellowIsForHello hashtag. The bright yellow benches link students to mental health resources and have been appearing in high schools and universities nationwide.

In October 2014, Sam's son Lucas took his own life after suffering from depression in silence. After his death, Sam and other family members discovered Lucas was a great support to friends and classmates who suffered from anxiety and depression, reaching out to them when he sensed they needed help. Each conversation started with a "hello" and in each case, Lucas gave them the courage they needed to speak with family or get help from professionals. Sam is continuing Lucas's legacy and helping to spread awareness and education about youth mental health.

Sam will be helping us launch the #YellowIsForHello campaign in some of our RETSD schools. This initiative is to help reduce stigma, encourage peer-to-peer conversations about mental health, and link our students to local mental health resources.

*For more information, please contact our divisional Mental Health Team at [mentalhealth@retsd.mb.ca](mailto:mentalhealth@retsd.mb.ca) or visit [thefriendshipbench.org](http://thefriendshipbench.org).*

## Date & Location

Jan. 23, 2019

6:30 p.m.—Doors open for snacks & mental health information resources

7–8:30 p.m.—Presentation  
Kildonan-East Collegiate  
845 Concordia Ave.

## Presenter

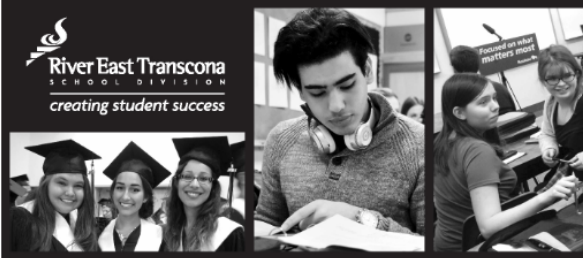
Sam Fiorella  
Co-Founder—The Friendship Bench

yellow is for  
**hello**



  
River East Transcona  
SCHOOL DISTRICT  
creating student success





### PARENT INFORMATION EVENINGS 2019 (SENIOR YEARS)

<b>Collège Pierre-Elliott-Trudeau</b>	Feb. 19 at 7 p.m.
<b>Kildonan-East Collegiate</b>	Feb. 19 at 7 p.m.
<b>Advanced Placement English Literature &amp; Composition</b>	Feb. 19 at 7:30 p.m.
<b>Miles Macdonell Collegiate</b>	
Academic, French Immersion	Feb. 20 at 6:30 p.m.
International Baccalaureate	Feb. 20 at 7:30 p.m.
<b>Murdoch MacKay Collegiate</b>	
Advanced Placement Academic & Vocational	Feb. 19 at 6:30 p.m.
	Feb. 19 at 7 p.m.
<b>River East Collegiate</b>	
Academic	Feb. 20 at 7 p.m.
Advanced Placement	Feb. 20 at 8 p.m.
<b>Transcona Collegiate</b>	Feb. 21 at 7 p.m.

*By becoming better informed, parents can help their children make appropriate course selections that will lead to realistic and meaningful career choices.*



### PARENT INFORMATION EVENINGS 2019 (MIDDLE YEARS)

<b>Arthur Day Middle School</b>	Feb. 13 at 6 p.m.
<b>Chief Peguis Junior High</b>	Feb. 20 at 6 p.m.
<b>École Regent Park School</b>	Feb. 25 at 7 p.m.
<b>John Henderson Junior High School</b>	Feb. 19 at 6:30 p.m.
<b>John Pritchard School</b>	Feb. 12 at 6:30 p.m.
<b>John W. Gunn Middle School</b>	Feb. 19 at 6 p.m.
<b>Munroe Junior High School</b>	
Gr. 6 English, Late French Immersion	Feb. 6 at 6 p.m.
<b>Robert Andrews School</b>	Feb. 13 at 6:30 p.m.
<b>Salisbury Morse Place School</b>	Feb. 7 at 6 p.m.
<b>Valley Gardens Middle School</b>	Feb. 12 at 6 p.m.

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## KINDERGARTEN PARENT INFORMATION EVENINGS

If your child will be FIVE years of age on or before December 31, 2019, they are eligible to register for kindergarten. A divisional information evening will be held:

**January 16, 2019—7 p.m.**  
**Bernie Wolfe Community School**  
**95 Bournais Dr.**

Information will be provided about kindergarten programming.

Kindergarten registration begins on **Monday, March 4, 2019** at your child's designated school. For designated school information visit [www.retsd.mb.ca](http://www.retsd.mb.ca) or contact 204.667.7130.

**RETS D offers full-day every-other day kindergarten at all 27 early years schools**



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### SCHOOL-BASED LANGUAGE PROGRAM INFORMATION EVENINGS

#### Choices available for language programs

- English
- English-German Bilingual
- English-Ukrainian Bilingual
- French Immersion

#### English-German Bilingual Program

*Entry at kindergarten and Grade 1*

**Princess Margaret School**  
367 Hawthorne Ave. (204.663.5073)  
Language program catchment: All areas south of Springfield Rd., east of the Red River, including the north side of Springfield Rd. from Henderson Hwy. to Rathesay St. and north of the Perimeter Hwy., west of Mowat Rd.

**Donwood Elementary School**  
400 Donwood Dr. (204.668.9438)  
Language program catchment: all other areas, including Transcona

**Information evening for Princess Margaret School and Donwood Elementary School:**  
Princess Margaret School  
367 Hawthorne Ave.  
February 7, 2019—6 p.m.

#### English-Ukrainian Bilingual Program

*Entry at kindergarten and Grade 1*

**Springfield Heights School**  
505 Sharron Bay (204.663.5078)  
Information evening: February 7, 2019—6:30 p.m.  
Language program catchment: River East area

**Bernie Wolfe Community School**  
95 Bourmais Dr. (204.958.6532)  
Contact school for program information  
Language program catchment: Transcona area

#### French Immersion

*Entry at kindergarten and Grade 1*

**Neil Campbell School**  
845 Golspie St. (204.661.2848)  
Information evening: February 7, 2019—6:30 p.m.  
(French immersion & English programs)  
Language program catchment: East Kildonan (south of McLeod Ave.—west of Gateway Rd.), the western part of Valley Gardens area, Oakwood Estates

**Springfield Heights School**  
505 Sharron Bay (204.663.5078)  
Information evening: February 7, 2019—6:30 p.m.  
(French immersion & English programs)  
Language program catchment: North Kildonan (north of McLeod Ave., south of the Perimeter Hwy. and west of Gateway Rd.), Harbourview South, Kildonan Estates

**Salisbury Morse Place School**  
795 Prince Rupert Ave. (204.668.9304)  
Information evening: February 21, 2019—6:30 p.m.  
(French immersion & English programs)  
Language program catchment: Morse Place area, the eastern part of Valley Gardens area, Keenleyside, Almey, Ravelston area

**Sun Valley School**  
125 Sun Valley Dr. (204.663.7664)  
Information evening: February 7, 2019—6 p.m.  
(French immersion & English programs)  
Language program catchment: east of Gateway Rd., north of Springfield Rd., all areas north of the Perimeter Hwy.

**École Centrale**  
604 Day St. (204.958.6426)  
Information evening: February 7, 2019—6 p.m.  
Language program catchment: East of Plessis Rd. and south of Kildare Ave.; south of Regent Ave.

**École Margaret-Underhill**  
25 Regina Pl. (204.958.6832)  
Information evening: February 20, 2019—6 p.m.  
Language program catchment: East of Plessis Rd. and north of Kildare Ave.; west of Plessis Rd. and north of Regent Ave.