Transcona Collegiate



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2019-2020

Parent Advisory Council
Chair: Brenda Hrycyk
For more information call TC at
204-958-6440



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Ward 1

Colleen Carswell (chair) 204.222.1486 ccarswell@retsd.mb.ca Jerry Sodomlak (vice-chair)

204.999.1409 jsodomlak@retsd.mb.ca

Ward 2

John Toews 204.663.0475 jtoews@retsd.mb.ca

Rod Giesbrecht 204.661.5984 rgiesbrecht@retsd.mb.ca

Ward 3

Keith Morrison 204.795.3357 kmorrison@retsd.mb.ca

Brianne Goertzen 204.955.6782 bgoertzen@retsd.mb.ca

Ward 4

Susan Olynik 204.661.6440 solynik@retsd.mb.ca

Peter Kotyk 204.668.4181 pkotyk@retsd.mb.ca

Ward 5

Michael West 204.990.3228 mwest@retsd.mb.ca

For more information about the board of trustees, visit: www.retsd.mb.ca/BoardofTrustees



Principal's Message

As we begin a new year together, I would like to wish everyone a Happy New Year.

Since arriving to Transcona Collegiate in the fall I have marveled at everything our staff and students do to create student success and contribute to the TITAN attributes. It has been a pleasure to consider myself a part of the Transcona Collegiate learning community. I look forward to working together with all of you.

Our students and staff have engaged in many terrific learning opportunities in numerous capacities in academics, music, sport and building character throughout our first semester. Our music program hosted two concerts that featured incredible performances from our jazz bands, choirs and concert

bands. Stay tuned for more information on our upcoming music celebration fundraiser on January 31st. Also, March 2020 will not disappoint as our students feature the Drama Musical Presentation of "Frozen II"

Basketball is just beginning as we end our successful volleyball season. Many of our community members continue to cheer on both our girls and boy's hockey teams. The boys hockey team enjoyed a successful trip to Tampa Bay Florida earlier this year. All year long our students enjoy intramural games and grade war events over the lunch hour and participate in numerous tournaments throughout the year. We are grateful to our staff and volunteer community coaches who volunteer countless hours to provide these opportunities for our students.

School pride is evident in the student leadership at Transcona Collegiate! Our student council have hosted many successful events including a kick off BBQ to welcome our students new to the school. They hosted a successful spirit week, created a school Instagram account and have supported numerous events within our school. Our students continue to demonstrate their TITAN values as they packaged and delivered hampers to families in need prior to our winter break. Although initiated by our Leadership Program, all students participated by donating food or non-perishable items. The great efforts of student groups such as Global Issues, TADD, Teens for Tomorrow and Philanthropy promote the importance of generosity, hope and caring throughout the year.

Our students are working diligently to complete their first semester and prepare for exams. January is a very important month in the life of a student and time management is crucial! Exams begin on January27 for all students in the school where exams are part of the assessment process. Our schedule has been posted on the school website. The Grade 12 students begin much earlier, with the English 40S Comp Exam starting the first week back. The Math 40S exams take place during the week of January 20. We encourage you to consult the Exam Calendar to be aware of your child's obligations. As well, reinforce the message with your child that completing all the required expectations in their course work is extremely important.



The school has developed a parent email distribution list. The purpose of this list is to send emails informing parents of upcoming events. If you aren't on the list and would like to be please email your email address to our school administrative assistant, Mrs. McLaughlin @ cmclaughlin@retsd.mb.ca.

Thank you for your continued support!

Mrs. C. Anderson

Graduation Information 2020

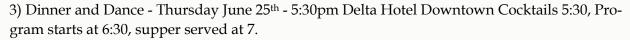
Dear Parents, Guardians and Grads,

Below I have listed all the important dates for grad this year. It may seem like June is far from now but it will be here before you know it! If there are any questions, please send me an email at tromu@retsd.mb.ca and I'll get back to you as quick as I can. Please remember that there are still some more fundraising opportunities coming up.

Grad Info 2020

- 1) Grad Rehearsal Wednesday June 24th 9 am TCI Rehearsal for convocation Attendance MANDATORY
- 2) Convocation Monday June $29^{\rm th}$ 10 am North Kildonan Mennonite Brethren Church on the corner of Gateway and

Springfield Grads there no later than 8:30 Parents and guests will not be admitted until 9:15 No ticket necessary Dress is semi-formal. No flip flops or runners. Pants and a collar shirt for the guys, spring dress or dress pants and blouse for girls.



Dress is formal.

ID MUST BE PRESENTED

Ticket required for admittance

4) Ticket Sales - June 1st to 5th ONLY

Must have the DD Form filled out before buying tickets.

Tickets will only be sold at lunch in room 403 CASH ONLY

\$80 per ticket, each grad gets 4 tickets, one of which must be for the grad.

If you require extra tickets, they will be sold first come first served on Friday at lunch.

You can choose where you sit. There are only tables of 10 with set number of tables available.

If you plan on going to safe grad, you must attend the Dinner and Dance.

Sincerely,

Tracy Romu

Math/Science Department Head

Chem 30S/40S, Applied Math 30S/40S, Grad Co-Ordinator



Student Council 2019-2020

Student Council has had a busy and fun start to the year. We started off the year with a free student barbeque for the Grade 9's with hotdogs, drinks and a beverage for all! We hope the grade nines felt welcomed to our school community.

In the month of October, Student Council held a long-waited event being a half day of Halloween fun! Morning classes were as usual; TADD handed out themed candy grams with some winning a surprise goody under a specific student's seat. By lunch, The Titan Tavern was selling spooky treats and there were activities spread out throughout the school to peak everyone's interests. There was a Fear Factor activity where you blindly touched random objects, cookie decorating, a Halloween movie playing, as well as the library and computer lab had been available. The biggest, most exciting asset to this day was the dance held in the gym. The dance and Halloween overall seemed to be enjoyed by all.

In November, Global Issues collected socks to send to families to provide warmth during these cold winter months. A drive for the Northern Indigenous community was also held to collect items such as jackets, boots, other warm clothing for layering, as well as some books for education purposes. Both of these donation opportunities were efficient and successful!

At the end of November, we gave students/teachers the opportunity to buy pizza for a sweet price and many seemed to appreciate the chance to treat themselves to some delicious pizza!

The 30-hour famine was held at the beginning of December to raise money and awareness for families in need. Also in December, we had a spirit week of fun to dress accordingly to the designated day being either Tik-Tok, ugly Sweater, Twin, Time Traveler, or wearing your grade colours to get in the spirit of the Grade Wars. The spirit committee had plenty of exciting, new activities for everyone to play! Within the following months and for the rest of the year, we have a variety of school wide events to keep the year fresh and exciting for all of the students!

By Shayna Christie (Student Council Secretary)

Student Council Executive 2019-2020

Student Council Executive Staff Advisors

President: **Austin Cripps**

Vice President: **Ethan Cripps** C. Duffield Treasurer: Lexie Desjarlais K. Fewer

Secretary: Shayna Christie



Committee Chairs

TADD:

Publicity/Advertising Austen Gosselin Awards: Nadia Hossain

Titans 4 Tomorrow: David Londono, Global Issues: Hannah Cole, Larissa O'Neil

Bill Benson Lacee O'Neil

TV Promotion: Student Council Exec. Grad: Deluca Klatt, Yearbook:

Makenna Lorentz **Titan Tavern:** Adam Hoes, Kushi Chugh, Titan Pride:

Chantal Robertson Chantal Robertson, Darian

Austen Gosselin Lagman, Tracey Pham **Spirit Committee:** Darian Lagman, Tracey

Pham

Philanthropy: Preet Kaur, Shayna Christie

Harvey Salvador

Sports Chair: Dalton Reidke, Christine

Kolbuk

Alvssa Schudel

Christmas Hampers

Once again, Transcona Collegiate was successful in providing Christmas hampers for 16 families in the Transcona community. We would like to thank all the staff and students who brought in food items, money donations and or sponsored a child with a gift. This has become an annual event in which it provides a little bit of relief and joy to families in our community. We would like to extend a special appreciation for the generous donations from Counsellor Shawn Nason, Superstore on Regent, Kub Bakery, and the staff at Inter Graphic Design. There were a handful of students that helped with shopping, packing and delivering the hampers. We thank those students for stepping up to carry out significant roles of kindness. Please keep this tradition alive next year by contributing what you can. Thank you.



Counsellor's Corner - January 2020

Welcome to the Counsellor's Corner

This year has been exciting and busy with lots of opportunities for students to participate in school activities as well as explore what their next steps might be after high school.

In the fall the University of Winnipeg, University of Manitoba and Red River Community College were here to talk to the grade 11 and 12 students about courses of study and programs that might interest them. Also in the fall, the grade 9 students had a chance to participate in the national "Take Our Kids to Work" day on Wednesday, November 6th. Many experiences

on that day opened up future work/career exploration possibilities for the grade 9 students.

December 2019 was the third year that the Counselling Department presented *Everyone Matters Manitoba* – a youth suicide prevention/fostering resilience program. All students in grade 9 had the chance to learn key concepts regarding their well-being and were provided with resources to help them take care of and promote their mental health.

During the month of February 2020, grade 11 and 12 students will have the change to attend the Open Houses at the Universities of Manitoba and Winnipeg as well as Red River College.

In March 2020 our grade 10 students will attend the Rotary Career Symposium – where they will have the chance to interact with a wide variety of successful business and trades people and learn what "a day in the life of …" might look like.

The *Tri-School Career Fair* is now in it's fifth year and will return to Transcona Collegiate on April 14, 2020 – from 6-8pm. This event continues to expand as we offer students and families in the area an opportunity to explore career choices and/or make career changes. Participants from a variety of local, regional and national businesses, post-secondary institutions as well as local, regional and national services will be in attendance to answer questions and provide information about study or employment opportunities.

As we wind down the first semester we want to encourage everyone to do well on their final exams. Practice good study habits, start reviewing early on and get plenty of rest. Remember that we are here to help – exams can be a stressful time.

Have an awesome second semester and take care of yourself – kindness is one of the greatest gifts you can give yourself!

Checkout the <u>Transcona Collegiate website</u> for Scholarship information.

<u>Click here</u> to go directly to the Scholarship page.

Music Notes - January 2020

Hello Parents:

Our Flute Quartet performed at the Solo & Ensemble Festival January 18th and received a Superior Performance award. Congratulations on your hard work and awesome performance ladies!!

Our grade 10-12 Concert Band is performing at the Optimist Festival February 21 at 2:00pm. Parents are welcome to come to the Convention Centre and watch!

Our Jazz Bands are performing at Jazz Optimist Festival at the beginning of March. Grade 9 (March 1 @ 1:40pm), Grade 10 (March 1 @ 6:30pm), Grade 11/12 (March 2 @ 8:00pm)

All payments for our Camp Nutimik Band Retreat need to be in to Mr. Steinhilber on Monday, February 5.

Our next Banff payment is due February 16 (\$150). At that point, students should have paid \$600.

Thanks,

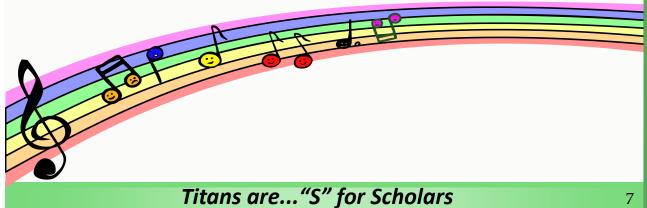
Dan Steinhilber Music Teacher

Transcona Collegiate 204.958.6440, ext. 2805 Teacher Website Link

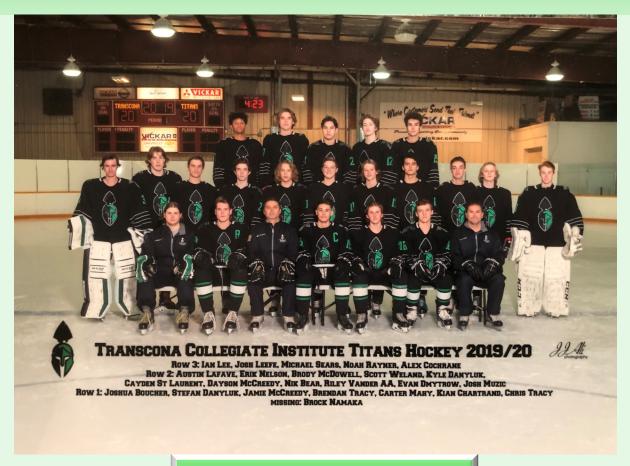
Click here for Mrs. Amato's website

Click here for Mr. Steinhilber's website





TC Boys Hockey



TC Boys Hockey

Austin Lafave Josh Muzic **Scott Weland** Kyle Danyluk **Evan Dmytrow** lan Lee Erik Nelson Stefan Danyluk Riley Vander Aa Noah Rayner **Brody McDowell** Alex Cochrane **Kian Chartrand Dayson McCreedy Brendan Tracy** Cayden St. Laurent **Michael Sears** Josh Leefe Nik Bear **Carter Mahy**

TC Girls Hockey



TC Girls Hockey

Jenna Eori
Isabella Jones-Ramirez
Danielle Smith
Riley Bennett-Fleming
Kennedy Roulston
Morgan Manchester
Mckenna Lorentz
Catherine Sippola
Reece Boughen
Megan Tokar
Lexi Starr
Destiny Wilby
Mackenzie Pauley

Winter Bus Cancelation Rules

GENERAL RULE

buses are cancelled.

All of Metro Winnipeg School Divisions follow one system. At about 6:10 a.m. River East School Division (RETSD) will consult the Environment Canada weather information – either on television or via its WEBSITE.

If the wind chill is -45° C or colder at the Winnipeg Airport, RETSD will cancel buses, but schools usually remain open.

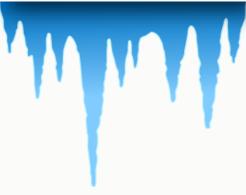
WHERE TO GO FOR INFORMATION AFTER 6:30 a.m.

Please listen to the major radio stations. Generally, they broadcast cancellations about every 15 minutes.

Additionally, tune into television Stations CKY, or CITY TV.

Also, if you have access to a computer, please click on the RETSD Website (www.retsd.mb.ca) to see whether or not





Dog Therapy



The therapy dog program provides an opportunity for students to:

Talk with the volunteer and the dog. Feel, touch, pet and cuddle the dog. Receive unconditional love from the dog.

Carry-out or practice an activity in the presence of the dog. The program offers many benefits, improving quality of lives.

Some of the reported benefits include: Greater social engagement

with individuals/students talking more, participating more in activities, and smiling more.

Stress relief and distraction from pain, Comfort and calming Improved self-confidence and self-esteem

Therapy Dogs: Skye, Carmon and Bentley (picture above)

Thank you to Caroline and Carrie for their dedicated work.



Uncomplicated Banking



The Titan Credit Union is a youth branch of Casera Credit Union located in room 102 of Transcona Colligate, running its 21st successful year in the school. The branch was the first of its kind in Manitoba to open a credit union in a high school. The youth branch is fully running, organized, and operated by students in the school as part of the schools Life/Work Transitions course.

The program has benefited students with the work experience and leadership skills as well as all in the school who have been involved with the program over the years.

The Titan Credit Union also known as the TCU is available and open for all staff and students in the school as well as other people in the community. The TCU is open every day during lunch hours with a full staff ready to help. When opening an account, we can ensure you that your money is safe and secure with us. Here at the TCU people can access their money and make transactions, for all that have an account with us. You can also get a debit card from Casera when opening an account. For people with accounts and ones desiring to open an account, there are monthly promotions, where you can entire in draws and get the chance to win gift cards, treats and other amazing prizes. As of January 2019, our monthly promotion is for all grade 9 and 10 students- they get a free five dollars when opening a new account. The TCU is always a welcoming place with new and exciting promotions each month, so make sure to come check us out and open an account today.

TC 2018-19 Honour Roll

Titan Tavern



The Tavern team is off to a great start, this year. Come in and enjoy a TCBY frozen yogurt or a bowl of noodles. Our team is friendly and the store is stocked with tasty snacks and beverages, so the next time you are in the building over lunch hour stop by and say 'hello'.

The Addictions Foundation of Manitoba

AFM contact: Jeremy Hennessay Ph # 204-223-9952 AFM Youth Services, 200 Osbourne Street North Phone # 204-944-6235

Grade 9 Honour Roll

Athenna Alfonso
Franchesca Alminana
Taryn Armishaw
Riley BennettFleming
Ava Bicknell
Dawson Bollenback
Marissa Chisholm
Cassandra Cruz

Cassandra Cruz
Zachary Daignault
Dania Del Rosario
Jezerie Domingo
Kaylee Evoy
Brooke-Lynn Flis
Raven Laing
Steven Kory
David Lukashenko
Connor Martin
Jacob McGinnis
Monica Muiro
Nicole Ngwalla
Quaid Parkinson

Tammy Pham
Gabrielle Ragos
Ruby Shields
Simardeep Sidhu
Temilade Solaja
Summer Wagner
Carolyn Wang
Halle Wirth
Mara Zazula

2018-2019



RETSD is on Facebook and Twitter! Like and follow us to stay up-to-date on what's happening in the division.







Chistan Abdullah Katrina Andrade **Kurt Batac** Chellewin Benavidez Jasmine Bissell Hannah Cole Jed Delotavo Ashley Drysdale Holly Drysdale Connor Elyk Shianne Evoy **Ernest Gonzales** Reid Hepworth Thomas Hepworth Keira Hurley Samantha Jack Landon Johnston Benjamin Judson Harmony Komadowski Terik Kozakowski Lior Levin Richgel Leyva Amanda Lopez Erika Munnik Franck Nayituriki

Lacee O'Neil

Larissa O'Neil Owen Wilgosh

Rheine Paguio Julliana Parale Francesca Pasion Karson Paulev Evan Piec Frederick Reyes Megan Roberts Vince Roman Kristenelle Salvado **Carley Sanders Ara Nicole Santos** Alyssa Schudel Ryan Schwerinski Gabriella Serek Kyra Serek Kaylyn Skelton Jordan Strachan Lizelle Tamondong Ali Thiessen Tuan An Tran Jamie van de Laar

Grade 11 **Honour Roll**

Kyla Abdullah Carlota Aguilar Hailey Allen Tyler Bezpalko **Brittany Chan** Kaylee Charriere Shayna Christie **Austin Cripps Ethan Cripps** Ghia Cruz Kaden Davis Elizabeth Delacruz Lexie Dejarlais Madison Deubrouck Jezreel Domingo Sarah Drewry Cassandra Friesen Anne Gomez Ben Guina Mackenzie Hartle Adam Hoes Nadia Hossain Caroline Hunter Manpreet Kaur Jesse Klaverkamp

Christine Kolbuck Brandon Kowalchuk **Austin Lafave** Darian Lagman Paige Leach Mckenna Lorentz Carter Mahy **Richard Marinas** Hailey Muzik Dang Nguyen **Karson Pauley** Tracey Pham Dalton Reidke Richard Reyes Ryan Ritter Ethan Rojas Harvey Salvador **Connor Shields** Steven Simmonds Jessica Sokoloff Eric Stechkewich Reine Tahimic **Brendan Tracy** Robin Wachal Madison Zadro Eric Zarecki

2018-2019

2018-2019

Titan Sports Report - Winter 2019-2020

Volleyball

This was the first year that TCI was eligible to qualify for 'AAA' Provincials. Our JV Boys, Varsity Boys, and Varsity girls all qualified to compete in Provincials this year. Christine Kolbuck, Mackenzie Hartle, Deluca Klatt and Dalton Reidke were all named as a Volleyball Manitoba Graduating Allstar. The JV Girls made it to the KPAC Tier 2 final, losing a heartbreaker to Springfield.

The JV Boys continued to improve throughout the season and had a great showing at the Provincials.

The Varsity Girls made it to KPAC Tier 1 semi-final and the quarter finals at Provincials.

The Varsity Boys had success this year at a number of tournaments and were strong competitors in the league playoffs and provincials.

The Varsity teams co-hosted the Transcona Invitational Volleyball tournament with Murdoch Mackay. The boys and girls both made it to the tournament final with the boys taking home the tournament champion-ship.

Thank you to all the coaches who put in the time and effort to coach our amazing teams this year.



Halle Wirth
Gedil Aviles
Mara Zazula
Athena Alfonso
Dania Del Rosario
Brooklyn Nakita
Taryn Silvari
Megan Tokar
Betty Tefay
Ephone Laku
Tammy Pham

Junior Varsity Girls VB

Athenna Alfonso
Dania Del Rosario
Makenna Jaques
Chloe Jessop
Lea Kim
Sara Kolbuck
Brooklyn Nicchitta
Mackenzie Pauley
Tammy Pham
Ashlyn Ray
Catherine Sippola
Cassandra Watcher
Mara Zazula

Junior Varsity Boys Volleyball

Josh Pretula
Cole Shymko
Quaid Parkinson
Chap Kon
Malakai Villamar
Steven Kory
Carter Osiowy
Ethan Robertson
Sam Kehal
Ebenezer Tesfay
Athan Shave
Will Chaban

Varsity Girls Volleyball

Christine Kolbuck
Mackenzie Hartle
Jessica Pretula
Deluca Klatt
Lexi Desjarlais
Halle Wirth
Destiny Wilby
Jersey Anderson
Ava Terleski
Kristinelle Salvador

Varsity Boys Volleyball

Brayden Edel
Dalton Reidke
Dhemir Punay
EJ Rivera
John Obi
Jordan Kleyh
Kurt Batac
Nick Vinnik
Ralph Navidad
Terik Kozakowski
Tyler Pruden
Moyo Adewunmi



Titan Sports Report - continued

Basketball News

Our basketball season officially kicked off on the weekend of December 6th and 7th, with all four teams playing in a pre-season tournament. Mr. Korkosh and Mr. Fossen hosted a tournament at TCI for both our Junior Varsity Boys and Girls teams on December 6th and 7th. Our girls fin-

ished 2nd, while our boys finished 4th in the Transcona Invitational Classic.

Mr. Korkosh and Mr. Fossen will host an additional tournament in February for our varsity boys.

All schedules for our regular season games can be found at www.kpac.ca

Another excellent source for basketball results for our conferences, as well as across the entire province is www.mhsaa.ca

Outside the physical education office there are schedules posted for each tournament, regular season games, as well as a complete practice schedule. Student athletes are encouraged to take a picture of all schedules that pertain to themselves.

Congratulations to the following student athletes who will be representing TCI this year on the basketball court:

Junior Varsity Girls Basketball

Andrea Bricklin
Anne Reyes
Ashley Tamondong
Cassie Cruz
Chloe Jessop
Gabi Ragos
Isabella Gumany
Luiza Giesbrecht
Nicole Ngwalla
Nieve Wesa
Sanjunee Morrison
Senna Sedik
Temi Solaja

Varsity Boys Basketball

Bernard Manishimwe
Bill Benson
Dalton Reidke
Josiah Uminga
JR Bacquinao
Nick Vinnik
Acy Cani
Braiden Ojah
Evan Piec
Dehmir Punay
Gavyn Bernardo
Kurt Batac
Ty Pruden

Junior Varsity Boys Basketball

Adrian Dela Pena Nick Nsamba Ethan Robertson Jacob McGinnis JN Domingo David Ogunlana Cole Shymko Malaki Villamar Kade Chartrand Steven Kory Zane Natch

Varsity Girls Basketball

Emma Moar
Claire Gecolea
Brooke Hiddleston
Janelle Daniels
Kathleen Omega
Jenna Eori
Morgan Manchester
Tya Viner
Cassie Friesen
Meghyn Dumas
Destiny Wilby
Jersey Anderson
Lizelle Tamondong
Kristinelle Salvador

Golf

Mike Sears, Brendan Tracy, Josh Leefe and Austin Lafave competed in the KPAC Zone Championship. Thank you to Mr. Wiebe for coaching.



Titan Sports Report - continued



Every month a Titan athlete or athletes are selected by their coaches as the Titan Athlete of the Month. The following are the recipients for this school year thus far:

Dalton Reidke - Grade 12 Varsity Boys Volleyball

Dalton is a grade 12 setter in his 4th year as a Titan Athlete, and is one of the captains of the Varsity Boys volleyball team. His decision making, leadership, commitment, and effort have helped him lead his team to a third place finish at the Calvin Christian tournament and to a solid start to the league season. Dalton's effort off and on court communication is contagious, and he has helped everyone play better as a result. Congratulations Dalton.

Ethan Robertson - Grade 9 Junior Varsity Boys Volleyball

Ethan has demonstrated from day one the commitment to continually improve his own game play. He comes to practice with the attitude of playing hard. He encourages his team mates on and off the volleyball court. Ethan is focused to be the best and leads the others towards striving towards being the best team players that they can be.

Mackenzie Pauley - Grade 9 Junior Varsity Girls Volleyball

Mackenzie has displayed an outstanding work ethic to begin the season. She is an extremely coachable player who is developing into one of the most dependable players on the court whether it is for an attack or on defence. Mackenzie is playing a key role as a part of the JV girls team while also playing for the Titans girls hockey team.

Lexie Desjarlais - Grade 12 Varsity Girls Volleyball

Lexie has made the transition to full time setter this season and has shown extreme determination and work ethic to perform at her very best. Lexie is putting in the work and improving every game. This has shown by the team's 8-1 start to the season, a tournament win and being ranked as the #1 team in the province!!!

For the most up to date information regarding our Athletic Program including a calendar of events and announcements please go to the <u>Transcona Collegiate Athletic Website.</u>

Parents, please be sure to take a moment at the end of the season to shake your child's coaches hand and thank them for the time, energy and commitment they have put into coaching your son or daughter.



Titan Sports Report—Continued

Brayden Edel - Varsity Boys Volleyball

Brayden consistently did whatever the team needed him to do this season. Whether it was playing front row, back

row, coming in to serve, or calling lines from the side—Brayden was happy to help out his team, anyway he could. Brayden was also an essential part of the varsity boys qualifying for provincials this year, stepping up and playing lights out against R.D. Parker Collegiate. Congratulations Brayden

Christine Kolbuck - Varsity Girls Volleyball

Christine has been a versatile player all year. Whether it's getting a kill, a perfect pass or a perfect set, Christine has come through time and time again this year! Congrats Christine.

Quaid Parkinson - Junior Varsity Boys Volleyball

Quaid has been our most improved player this season on and off the court! His game play was a reflection of his hard work and dedication in practice. His positive attitude and desire to e a team player makes him the most deserving player on the team!

Brendan Tracy - Boys Hockey

Brendan has been a dominant force at centre Ice for the Titans this year. He leads the team in points this year, but more importantly, he leads the team by example. He leads through work ethic and by the way he appropriately carries himself on and off the ice. **Congrats** Brendan.

Carter Mahy - Boys Hockey

Carter laced up the skates again in grade 12 to help the Titans hockey team. He's worked hard to improve his skills and is a quiet, positive leader on the team that helps his teammates trust him and feel comfortable around him. He's an uncomfortable, relentless forechecker. One of his teammates is quoted as saying, "he's so annoying to play against because he works so hard".

Jacob McGinnis - JV Boys Basketball

Jacob has been an important player for the JV boys basketball team thus far. He's been a great teammate, key contributor and has been putting in the work before school hours daily, to improve his basketball skills. His efforts are very deserving of this award early in the season!



Titan Sports Report—Continued

Catherine Sippola - Girls Hockey

Catherine is Competitive, Aggressive and Tenscious. This high school rookie comes to every game ready to play. There is lots

to look forward to in her future high school hockey career. Not to mention her booming shot from the point!

Bernard Manishimwe - Varsity Boys Basketball

Bernard is having a great start to the 2019-2020 season! He leads by example with his effort on the court, and has been a vocal leader on the defensive end of the floor.

Emma Moar - Varsity Girls Basketball

Emma has done a phenomenal job stepping up as team captain and a leader for all our younger players. She is dedicated, always working to better herself, and makes an effort to work with her teammates to help them better themselves as well! She is a joy to coach and all around a great athlete and person!

Luiza Giesbrecht - JV Girls Basketball

Luiza has been a leader from the start. Through her hard work and dedication she has quickly become a person the team looks to, not only off the court but on the court. She can handle the ball, shoot it and pass it with ease! Congrats Luiza!

Cassandra Watcher - JV Girls Volleyball

Cassandra is a versatile player who always displays a positive attitude on and off the court. Her willingness to improve her skills has enabled her to grow as a key player for the JV Girls team. Cassandra values the understanding that volleyball is both a physical and mental sport, and she brings clear focus to all practices and games. She has made incredible improvements since September, especially with her blocking and net play. Her consistent passing has allowed our setters the opportunity to make smart plays on the court as well. All season she has displayed an encouraging attitude that has, without a doubt, helped her team during our more challenging matches. Cassandra exemplifies what a true team player should be.

Chap Kon - JV Boys Volleyball

Chap has been our backbone on the volleyball court. He shares the role of setter but also dominates at the net with his hitting. He is dedicated to do his best and leads the team with positive attitude and a desire to be a humble leader on and off the court.

Mackenzie Hartle - Varsity Girls Volleyball

Mackenzie has continually improved throughout the season from her dedication at practices and games. Through her attacking, serving and defense, she has been a key contributor to the success of the team. She has helped the Varsity Girls to be ranked #2 in the province, 2

Titan Sports Report - continued

Continued...

Tournament championships and taking down some of the best teams in KPAC. Congrats Mackenzie



Morgan Manchester - Girls Hockey

In the inaugural year for Transcona Collegiate female hockey, there are lots of new faces to the team. Morgan has made a smooth transition from being a solid defensive player to an aggressive winger who is tough to stop. Morgan's leadership on and off the ice has been noticed by her teammates as she was noted the captian of the team. After 5 games into the season Morgan is 3rd in the Division for points and is the leading goal scorer.

Kurt Batac - Varsity Boys Volleyball

Kurt has been solid on the leftside this year for the #7 ranked varsity boys. He has put in the time and effort to continually improve. His attacking and passing get better every single day and shows in the teams impressive league games and tournament finishings. Kurt is always level headed and a source of positivity on the team! Congrats Kurt!!!!



Wesmen Add Versatile Transcona Middle, Christine Kolbuck

Grade 9 Boys Basketball

Coach: Mr. Korkosh

Cole Shymko
Jacob McGinnis
JN Domingo
Kade Chartrand
Malakai Villamar
Noah Kaatz
Rhys Zahorodny
Steven Kory
Zane Natch

Titan Sports Report - continued



Mr. Korkosh is coaching the grade 9 boys team. They will be playing in the KPAC

league along with another 9 schools from our conference. The boys started their season by hosting a preseason tournament at TCI where they opened their season with a tournament win defeating Elmwood 46-44 in the Championship Final . The boys will have a second tournament in February at Tech Voc high school.

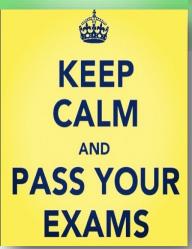
A full schedule of all KPAC basketball games including results can be found at www.kpac.ca.

Players are reminded to check the paper schedule outside the gym office for any last minute updates to practices or games.

Parents, please be sure to take a moment at the end of the season to shake your child's coach-

es hand and thank them for the time, energy and commitment they have put into coaching our son or daughter.





How to Ace your Exams!

START EARLY!

These are the top ten things that you need to know to ace exams!

- 1) **Give yourself plenty of time.** Cramming doesn't work. It just doesn't. When you start to study weeks ahead, you have plenty of time to read everything. It also gives you time to ask questions about anything you don't fully understand.
- 2) Use an Agenda. Write your study time in your agenda, even if it's only 20 minutes a night. An agenda is one of the

best organizational tools you have to help you prepare for your exams.

- 3) **Set up a study stadium.** Okay, it doesn't have to be an actual stadium—just an area where you can leave your notes, your pencils, and your dictionary. A place where you are comfortable and where there is little distraction—that means no TV or blaring music!
- 4) **Look at the big picture.** How many pages in total do you have to study? How much time? If you have 50 pages to cover in 10 weeks, then that is only 1 page a night on weekdays, with weekends off. That's not so bad! You can even write down what pages to study on what night.
- 5) **Study a little bit every night.** When you start early enough you can easily avoid the stress and anxiety of pulling an all-nighter. And, you can move at a steadier pace 20 minutes a night is easier to handle than 7 hours the night before. By the week before the exam you'll have read everything at least once and you'll be prepared!
- 6) Make your own notes. Look at the chapter or unit or section. What are the titles, heading and subheadings? Are there any bolded words? Write these down. These are key words, and they are great indicators to help you know what the material is about.
- 7) **Put it in your own words.** This is known a paraphrasing and it's a great technique to help you really understand the material. Memorization and rote repetition? That's for robots! You need to understand the material to succeed!
- 8) Cover, recite and check. But how do you paraphrase? It's as easy as reading over a page, a paragraph, or a sentence, then covering it up, and saying it back in your own words!
- 9) **Don't study the stuff you know well.** Start with the most challenging sections and move on from there. There is no point studying material that you are confident you know. A quick review to make sure you remember everything is enough.
- 10) Make classroom time active learning time. The best study tip is one that doesn't even involve studying, but happens way before studying—in the classroom. The secret to easy studying is to be an active learner in the classroom. Raise your hand. Ask questions. Participate in discussions. Don't just sit and wait for the teacher

Exam Schedule January 2020

	DATE	TIME	EXAM	Laurica	
		TIME		Location	١.
Provincial	Tuesday, January 7	8:30 - 11:30 Class Time	Grade 12 English Grade 12 English	English Classroom	8
	Wednesday, January 8 Thursday, January 9	Class Time	Grade 12 English		, o
	Friday, January 10	Class Time	Grade 12 English		Addiional Coverage
	Thursday, January 23	8:30 - 11:30	M40SP-1 (Valainis)	RM 110	iệ
	Wednesday, January 22	8:30 - 11:30	M40SE-1 (Valainis)	RM 110	A
	Tuesday, January 21	8:30 - 11:30	M40SA-1 (Romu)	RM 209	
Г	Monday, January 27	9:00-12:00	E20F-1 (Ilchyna)		
			E20F-2 (Ilchyna)	MPR	PALC
			E20F-3 (Ilchyna)		
			E30SCF-6 (Martens)	305	Duffield
			E30SCF-5 (Martens)	306	Korkosh
				209	Haider
			E30SCF-1 (Adamson)	400	Jonasson
			B40S-1 (Maki)		Martin
			B40S-2 (Maki)	402	Shannon
		1:00-3:30	M10F-A (Rouire)	MPR	
			M10F-B (Rouire)		Eori
			M10F-C (Rouire)		
			M10F-D (Rouire)	409	Rodrigue
			P30S-1 (Buffie)	401	Wiebe
ions			M10F-E (Tratch)	206	Young
ntet			M10F-F (Tratch)	207	Amato
ě			HE40SFN -1 (Winiarz)	406	Stienhilber
9.0				400	300.000
rtfo	Tuesday, January 28	9:00-12:00	CCW10F-B (Wiebe)		
/ Po			CCW10F-A (Bedard)	MPR	
ents			CCW10F-F (Bedard)		
Ě			M20SE - 1 (Wilde)	302	
SSe			B305-1 (Ducharme)	402	Fewer
ice /			BL405-1 (Grieve)	309	
E		1:00-3:30	HC30F-1 (Adamson)	100	ue .
rfor			HC30F-3 (Adamson)	MPR	Winiarz
s/Pe			M20SI-1 (Tratch)	206	Knutson
mex					
School Exams/Performance Assessments/ Portfolio Presentations	Wednesday, January 29	9:00-12:00	520F-2 (Buffie)	MPR	MARTIN SHAUNA
Scho			520F-1 (Buffie)		
٠,			520F-6 (Tratch)	206	Flaten
			C40S-1 (Romu)	403	
			M30SE-2 (Wilde)	302	Klassen
			M30SE - 1 (Wilde)	304	Jajam
			M30SP - (Valainis)	110	Pufahl
		1:00-3:30	S10F-C (Ducharme)	MPR	
			S10F-D (Maki)		
			S10F-E (Ducharme)	l	
l				463	
	Thursday, January 30	9:00-12:00	C30S-2 (Romu)	401	Stubler
			C30S-1 (Romu)	403	Stolar
			PSY40S-1 (Amato)	310	Haider
		1:00 - 3:30	Conflicts	l	
			<u> </u>		

coverage for breaks

Library

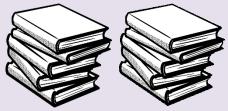
The library is a great place for students to study, read, relax, collaborate, and connect with peers. There is plenty of seating and five computer workstations available to students throughout the day.

Hoping to unwind at lunch or take a break from a hectic day during a spare?

Games are fun way to connect with peers, regroup, and prepare for the rest of the day. Challenge yourself and your friends in a game of Scrabble, Uno, Skip-Bo, Unstable Unicorns, the oh so popular board game Pandemic, and more! Games are available in the library every day, all day!

OVERDUE BOOKS

Can a lost or overdue book still be returned?



Absolutely! The library will gladly welcome back overdue or lost books at any time. Returning misplaced books to the library allows for them to be placed back on the shelf for another happy reader to enjoy!

What about a long-lost book from my child's middle school?

That's okay, simply bring it in to the library and we will make sure it finds its way home.

EXTENDED HOURS FOR EXAM PREP

Looking for a place to get some studying done for upcoming exams? Come to the library, where extended hours will be in effect to support students in their exam preparation.

Library hours will be 8:30 a.m 5:30 p.m. on the	
Mon. January 20	Mon. January 27
Tues. January 21	Tues.January 28
Wed. January 22	Wed. January 29
Thurs.January 23	

Divisional Policy Vaping / E-Cigarettes

Dear Parents/Guardians and Families,

As I am sure that you have noticed, the use and popularity of e-cigarettes and "vaping" has been increasing in Manitoba. These trends come after years of decreasing smoking rates across the province, particularly among youth.

This trend is concerning as the use of e-cigarettes is not without risk, with evidence emerging around addiction potential and harmful chemicals contained in the vaping liquid. Therefore, as a province, we want to ensure we are being proactive and that tobacco use is not simply being replaced by e-cigarettes.

My office has provided a reminder to all schools that the use of e-cigarettes (as with conventional cigarettes) in any enclosed public space, including schools, is prohibited under The Smoking and Vapour Products Control Act. This prohibition is important to ensure that smoking, be it tobacco or e-cigarettes, is not normalized or thought of as a risk-free activity.

As e-cigarettes are a relatively new technology, we want to ensure that parents are also able to access clear and balanced information to be able to talk to their children. We know that nobody is more influential on a young person's decisions than their parents and would therefore like to encourage you to explore the resources available from

Health Canada - www.canada.ca/en/services/health/publications/healthy-living/talking-teen-vaping-tip-sheet-parents.html

Please take the time to examine this information and to share it with others.

Best wishes for a successful and enjoyable school year.

Kelvin Goertzen Minister Education

#YellowIsForHello

RETSD Talks Mental Health

Please join us for a free evening focusing on building student resiliency and positive mental health.

Our guest presenter is Sam Fiorella, co-founder of The Friendship Bench, the not-for-profit organization behind the #YellowisForHello hashtag. The bright yellow benches link students to mental health resources and have been appearing in high schools and universities nationwide.

In October 2014, Sam's son Lucas took his own life after suffering from depression in silence. After his death, Sam and other family members discovered Lucas was a great support to friends and classmates who suffered from anxiety and depression, reaching out to them when he sensed they needed help. Each conversation started with a "hello" and in each case, Lucas gave them the courage they needed to speak with family or get help from professionals. Sam is continuing Lucas's legacy and helping to spread awareness and education about youth mental health.

Sam will be helping us launch the #YellowIsForHello campaign in some of our RETSD schools. This initiative is to help reduce stigma, encourage peer-to-peer conversations about mental health, and link our students to local mental health resources.

For more information, please contact our divisional Mental Health Team at mentalhealth@retsd.mb.ca or visit thefriendshipbench.org.

Date & Location

Jan. 23, 2019
6:30 p.m.—Doors open for snacks & mental health information resources

7–8:30 p.m.—Presentation Kildonan-East Collegiate 845 Concordia Ave.

Presenter

Sam Fiorella
Co-Founder—The Friendship Bench















PARENT INFORMATION EVENINGS 2019 (SENIOR YEARS)

Collège Pierre-Elliott-TrudeauFeb. 19 at 7 p.m.Kildonan-East CollegiateFeb. 19 at 7 p.m.Advanced Placement EnglishFeb. 19 at 7:30 p.m.Literature & CompositionFeb. 19 at 7:30 p.m.

Miles Macdonell Collegiate

Academic, French Immersion Feb. 20 at 6:30 p.m. International Baccalaureate Feb. 20 at 7:30 p.m.

Murdoch MacKay Collegiate

Advanced Placement Feb. 19 at 6:30 p.m. Academic & Vocational Feb. 19 at 7 p.m.

River East Collegiate

Academic Feb. 20 at 7 p.m.
Advanced Placement Feb. 20 at 8 p.m.

Transcona Collegiate Feb. 21 at 7 p.m.

By becoming better informed, parents can help their children make appropriate course selections that will lead to realistic and meaningful career choices.

PARENT INFORMATION EVENINGS 2019 (MIDDLE YEARS)

Arthur Day Middle School Feb. 13 at 6 p.m.

Chief Peguis Junior High Feb. 20 at 6 p.m.

École Regent Park School Feb. 25 at 7 p.m.

John Henderson Junior High School Feb. 19 at 6:30 p.m.

John Pritchard School Feb. 12 at 6:30 p.m.

John W. Gunn Middle School Feb. 19 at 6 p.m.

Munroe Junior High School

Gr. 6 English, Late French Immersion Feb. 6 at 6 p.m.

Robert Andrews School Feb. 13 at 6:30 p.m.

Salisbury Morse Place SchoolFeb. 7 at 6 p.m.Valley Gardens Middle SchoolFeb. 12 at 6 p.m.

By becoming better informed, parents can help their children make appropriate course selections that will lead to realistic and meaningful career choices.







KINDERGARTEN PARENT INFORMATION EVENINGS

If your child will be FIVE years of age on or before December 31, 2019, they are eligible to register for kindergarten. A divisional information evening will be held:

January 16, 2019—7 p.m. Bernie Wolfe Community School 95 Bournais Dr.

Information will be provided about kindergarten programming.

Kindergarten registration begins on Monday, March 4, 2019 at your child's designated school. For designated school information visit www.retsd.mb.ca or contact 204.667.7130.

RETSD offers full-day every-other day kindergarten at all 27 early years schools



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SCHOOL-BASED LANGUAGE PROGRAM INFORMATION EVENINGS

Choices available for language programs

- English
- English-German Bilingual
- · English-Ukrainian Bilingual
- French Immersion

English-German Bilingual Program

Entry at kindergarten and Grade 1

Princess Margaret School

367 Hawthome Ave. (204.663.5073) Language program catchment: All areas south of Springfield Rd., east of the Red River, including the north side of Springfield Rd. from Henderson Hwy. to Rothesay St. and north of the Perimeter Hwy., west of Mowat Rd.

Donwood Elementary School

400 Donwood Dr. (204.668.9438) Language program catchment: all other areas, including Transcona

Information evening for Princess Margaret School and Donwood Elementary School:

Princess Margaret School 367 Hawshome Ave. February 7, 2019-6 p.m.

English-Ukrainian Bilingual Program

Entry at kindergarten and Grade I

Springfield Heights School 505 Sharron Bay (204.663.5078)

Information evening: February 7, 2019–6:30 p.m. Language program catchment: River East area

Bernie Wolfe Community School

95 Bournals Dr. (204,958,6532) Contact school for program information Language program catchment: Transcona area

French Immersion

Entry at kindergarten and Grade 1

Neil Campbell School

845 Golspie St. (204.661.2848) Information evening: February 7, 2019-6:30 p.m. (French immersion & English programs) Language program catchment: East Kildonan (south of McLeod Ave. - west of Gateway Rd.), the western part of Valley Gardens area, Oakwood Estates

Springfield Heights School

505 Sharron Bay (204.663.5078) Information evening: February 7, 2019-6:30 p.m. (French immersion & English programs) Language program catchment: North Kildonan (north of McLead Ave., south of the Perimeter Hwy, and west of Gateway Rd.), Harbourview South, Kildonan Estates

Salisbury Morse Place School

795 Prince Rupert Ave. (204.668.9304) Information evening: February 21, 2019-6:30 p.m. (French immersion & English programs) Language program catchment: Morse Place area, the eastern part of Valley Gardens area, Keenleyside, Almey, Ravelston area

Sun Valley School

125 Sun Valley Dr. (204.663.7664) Information evening: February 7, 2019-6 p.m. (French immersion & English programs) Language program catchment: east of Gateway Rd., north of Springfield Rd., all areas north of the

École Centrale

604 Day St. (204.958.6426)

Information evening: February 7, 2019-6 p.m. Language program catchment: East of Plessis Rd. and south of Kildare Ave.; south of Regent Ave.

École Margaret-Underhill

25 Regina PL (204.958.6832) Information evening: February 20, 2019-6 p.m. Language program catchment: East of Plessis Rd. and north of Kildare Ave.: west of Plessis Rd. and north of Regent Ave.

